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A Guide for Active
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Importance of maintaining family traditions through the holidays

Holiday celebrations are a time for family, food, and fun. Part of what makes each holiday a special occasion are the family traditions that are celebrated and passed down each year.

Research shows traditions are important to families because they build strong relationships between generations. Because these customs are so cherished, children often remember these special experiences from the holiday season more than the toys or gifts they receive. Additionally, traditions can teach children about important values like family and community.

Here are a few reasons why traditions matter and how they create lasting memories:

*** Traditions bring people together** - There's nothing like preparing a holiday recipe that's been handed down from one generation to the next. It's a wonderful time to reminisce about how the recipe brings back fond memories of holidays past while at the same time creating new memories as you prepare and enjoy the dish with the help of family and friends.

"Traditions are an important part of celebrating the holidays," says Marneley Rodriguez-Murray, of the food blog Cooking with Books. "Many of them revolve around special-occasion food - and those familiar tastes and smells have the ability to bring families of all shapes and sizes together."

*** Traditions can evolve over time** - As families change, so do traditions. Embrace these changes by creating new traditions or refining old ones. You can help make the holidays more special and memorable by giv-



ing others a chance to make suggestions for starting new and improving existing traditions.

"Millions of family traditions include sharing Hickory Farms gifts filled with signature sausages and cheeses before a holiday meal, when entertaining or while unwrapping gifts," said Rodriguez-Murray. "This year, start a new one by secretly dropping a piece of their new Signature Chocolate Collection into someone's hot cocoa when they aren't looking. They'll be both surprised and delighted."

Available at www.hickoryfarms.com and at Hickory Farms Holiday Market locations nationwide, these products can become a new family holiday tradition.

*** Traditions are just plain fun** - Traditions produce long-lasting memories for everyone, like the annual family Thanksgiving football game or everyone opening their matching pajamas on Christmas Eve, because they have the ability to make people laugh and smile. What's more, these joyful traditions give family members something additional to look forward to each and every year. The repetition of these moments over time builds anticipation as each holiday season returns, enhancing the excitement, joy and fun for all.

Make this holiday season special by creating and preserving family traditions that will last a lifetime. (BPT)



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Bank of New Hampshire customers tour National Parks

Bank of New Hampshire recently traveled with 88 Prestige Plus customers and visited five of America's most splendid National Parks.

The tour began in Scottsdale, Arizona, and then headed north to Sedona with its amazing rock formations and artist colony, before ending at beautiful Lake Powell where the group visited the Glen Canyon Dam. A highlight of the National Parks tour was the spectacular Grand Canyon, where Prestige Plus members enjoyed the rustic cabins on the North Rim and the beautiful sunset and sunrise offering magnificent views overlooking the canyon.

The next stop included two very distinct and equally beautiful National Parks, Zion and Bryce.

Zion National Park takes you down into the park where the huge red and white sandstone cliffs rise above you in sheer magnitude and color. Bryce National Park in contrast is seen from the side of the cliffs and the formations, called Hoodoos, with their natural orange and red hues, are a beautiful sight that resembles castle spires.

Next was the beautiful "City of Saints," Salt Lake City where members enjoyed Temple Square. This beautifully landscaped 10 acre square showcases the incredible 6-spired granite Salt Lake Temple. Prestige Plus members went on to enjoy a tour of downtown Salt Lake City and the Great Salt Lake.

From Utah, the tour entered Wyoming and the cowboy town of Jackson Hole. Jackson Hole is a mecca for shopping, art, river rafting and hiking. The trip would not be complete without a visit to Jackson's famous Million Dollar Cowboy Bar with its iconic "saddle" bar



stools.

Passing through the Grand Teton National Park was a highlight for the Prestige Plus members. The Grand Tetons rise to 13,770 feet and is the youngest range in the Rockies. The snow covered peaks of the Grand Tetons made for beautiful viewing and many photographs.

The final days of the National Parks tour traveled to the amazing Yellowstone National Park, where the group was greeted by the work-famous Old Faithful Geyser. The tour ended with a stay in South Dakota and visits to the

Buffalo Billy Historical Center, The Crazy Horse Monument and the great symbol of the United States, Mount Rushmore.

"We plan all of our trips months in advance and customize them to meet the needs of our valued Prestige Plus members," stated Valerie Drouin, SVP – Prestige Plus Manager for Bank of New Hampshire. "With 25 years of experience in the bank travel industry, our customers know when they sign up for a trip, the quality will be unsurpassed. We plan and arrange these trips as a way to thank our members for choosing Bank of New Hampshire."

SENIOR *Lifestyles!*

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You don't always get what you pay for; eyeglasses online

With busy lives and tight budgets, Americans continuously try to find ways to save time and money, which is why online shopping has become so common. However, some purchases are better taken offline to help ensure a person's health and safety, especially when it comes to your vision.

Purchasing prescription eyeglasses online may offer convenience to consumers, but the American Optometric Association (AOA) warns that the consequences of making an incorrect or uninformed purchase could end up costing you more time and money in the long run.

An AOA study published in 2011 with the Optical Laboratories Association and The Vision Council reinforces the drawbacks of online orders. The study revealed:

- Of 200 glasses ordered online, only 154 pairs were received;
- 44.8 percent had incorrect prescriptions or safety issues;
- 29 percent had at least one lens fail to meet required prescription;
- 19 percent of adult lenses failed impact resistance testing; and
- 25 percent of children's lenses failed



impact resistance testing.

Eyeglasses are an investment in a person's health and must be custom-fit not only to be comfortable, but also to meet particular prescriptive needs. Before purchasing eyeglasses it's worthwhile to do some homework and consider the following factors:

The fit and material of the eyeglasses

How eyeglasses fit is critically important. - If the fit is incorrect a patient can experience discomfort, such as pinching, headaches and additional vision problems. Consumers also need to consider the various lens options available, and determine what is best for their particular prescription

and lifestyle. Other considerations include the different coatings and treatments available such as non-glare coatings and photochromic lenses.

The accuracy of the prescription

Just because eyeglasses "look right" on a person's face doesn't mean the measurements are correct. People need the help of an eye doctor to measure the pupil distance (PD) to determine where to place the center of each lens in eyeglass frames to customize the optics and prescription to each patient's eyes.

The policies of online retailers

If prescription eyeglasses are ordered online, it's important to be familiar with the online retailer's policies, including returns, warranties, shipping, pricing, insurance and maintenance.

Whether consumers shop on the Internet or use the services of an eye doctor, it's important to be informed, so you can make the necessary selections and measurements to enhance your vision with a look that fits and provides comfort. For more information regarding the risks associated with purchasing eyeglasses online, visit www.aoa.org. (BPT)

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Wilmot Dec. & Jan. Senior Luncheons dates scheduled

The next Luncheon for Wilmot Seniors is scheduled at noon on Thursday, December 18 at the WCA Red Barn in Wilmot.

A hearty ham or turkey supper with home-baked cookies for dessert is on the menu. The entertainment will be provided by Susan Cancio-Bello who will play seasonal favorites on the piano. And, there are going to be door prizes.

The January luncheon is scheduled for Thursday, January 15. Don't miss this chance to schmooze with your friends over a hot lunch hosted by members of the Wilmot Ladies Aid Society, CAP and the WCA. In the case of bad weather, please use your best judgement about traveling.

Luncheon organizers will make every effort to let you know ahead of time if the event is cancelled but a good guide is whether Kearsarge Regional Schools are closed.

Luncheons will be cancelled if that is the case. Call Margaret Doody at least a week ahead at 768 3805 to make reservations.



Dolly Fowler of Wilmot and table mates enjoying the fare at the October Senior Luncheon in Wilmot.

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**Parker's Maple Barn Restaurant closing for the season on
December 21 at 4PM. Corn Crib Gift Shop open until
December 24 at 2PM. Will re-open February 04, 2015.
Online store always available. Also closed Thanksgiving Day!**

Celebrate Christmas at Canterbury Shaker Village

Christmas at Canterbury will be held on Saturday, December 6 and 13, 2014 from 3:00-8:00 pm at Canterbury Shaker Village. Tickets are \$18 for adults, \$8 for children age 6-17; children under 5 free. Member admission is half price.

Christmas at Canterbury is a chance to experience the delights of Christmas in a simpler era by taking a candlelight stroll through the Village, watching an old-time 19th Century magic show or riding in a horse drawn wagon. This classic holiday event will also include musical performances by Kevin Siegfried, Jeff Warner (on December 6) and Shindy, with Randy Miller and Roger Kahl (on December 13). Families can enjoy Shaker stories, cookie decorating, hands-on craft activities and demonstrations, hot cider and refreshments. Attendees also have the



Experience Historic Delights During Christmas at Canterbury Saturday December 6 & 13: Special holiday event features candle light stroll, an old-time magic show, horse drawn wagon rides, live music, storytelling, crafts, cookie decorating and more!

Company, Rowley Agency, Public Service Company of New Hampshire, Meredith Village Savings Bank, FairPoint Communications, Milestone Engineering & Construction, and CGI Business Solutions.

"Christmas at Canterbury is a chance to embrace the spirit of the holiday season as it was in a simpler era," noted Funi Burdick, Executive Director. "We invite you to rethink your holiday traditions and make Christmas at Canterbury part of your holiday ritual this year."

The Shaker Gift Shop, which features a wide selection of high quality, Shaker inspired products,

will be open for Holiday shopping during Christmas at Canterbury. For more information, to become a member or to purchase tickets in advance, visit www.shakers.org.

option of having dinner at The Shaker Table, where reservations are required. Christmas at Canterbury is sponsored by Merrimack County Savings Bank, Lincoln Financial Group, Nathan Wechsler &



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Hospice team helps people get the most out of life's final moments

Many people agree that it's the people they encounter throughout their lives that really make it worth living. But can the people you meet in your final months truly have that much of an impact?

For many hospice patients, including Houston Hospice El Campo patient Bryan Caldwell, the answer to this is clearly "yes." On a daily basis, he's come to realize that choosing hospice is about much more than choosing the services it offers. It's about the people who truly care and strive to make special moments happen for him.

Caldwell is a former NFL player, surfer and rancher who was diagnosed with Hodgkin's Lymphoma shortly after celebrating his 50th birthday. When his disease became unresponsive to treatment, he sought the support of hospice in order to "keep moving and keep living each moment that comes along." Since that decision, Caldwell's hospice team and family have given him the strength and ability to do the things he loves, like fishing, gardening and raising birds.

Caldwell's hospice team includes nurses, social workers and physicians to provide all of the medical expertise and support he needs. Other hospice team members can include health aides, trained volunteers, clergy, counselors, and speech, physical and occupational therapists.

For Caldwell - and many other patients - the hospice nurse is one of the most vital parts of the hospice experience. Caldwell's nurse visits him each week and has become part of his hospice family. Nurses make routine visits to the patient's home, making sure that pain and other distressing symptoms are well-managed and reporting back to the physician and other team members. Hospice nurses are available 24 hours a day, seven days a week, making them an accessible and important resource for the patient and family.

Social workers are another key ingredient to the hospice team. Caldwell's social worker was able to reintroduce him to his hobby of raising pigeons. Social workers' responsibilities can vary from patient to patient. They often help patients and family caregivers navigate a range of practical and financial matters, including information about insurance and health care decisions. Perhaps most importantly, they can coordinate activities for patients to help them stay involved in the things that are most important to them.

Another cornerstone of hospice care is involving the patient's family. Hospices rely on family members as part of their care plan to increase the patient's comfort and quality of life. Caldwell's wife, Krista, is with him every day, and the hospice team supports her in caring for his needs and participating with him in what he calls his "timeless time." In many cases, hospice organizations educate family members so they can be more comfortable caring for their loved ones. Being comfortable at home on hospice allows Caldwell to enjoy more time with the rest of his family, including his children, grandchildren and four dogs.

Hospice is often described as specialized medical care, but that is only part of the story. As Caldwell has experienced, it is often the people who provide this care that make hospice the best choice for getting the most out of life's final moments.

To find your local hospice, and to see more of Caldwell's story called *Finishing Strong*, visit MomentsOfLife.org. (BPT)

Better late than never for retirement planning

If you're within 10 years of retirement and haven't done any appreciable planning, you're not alone. Nearly half of Americans age 50 and older expect to retire later than they hoped, citing financial concerns, according to a 2013 study by the Associated Press-NORC Center for Public Affairs Research. And while you may be part of that group, keep in mind, it's better to plan late than never. A good benchmark on retirement readiness is the ability to replace at least 75 percent of your pre-retirement income at the age you qualify for full Social Security benefits, which is 66 or 67 for most people. Retirement income can come from a variety of sources, including Social Security, savings and a pension, if you have one. To help you make the most of your retirement planning, follow the tips below.

First, take stock of where you are. Meet with a financial professional who can evaluate your retirement resources and project how much income you can expect if you retire at a certain age. Many 401(k) plans offer online tools to help you determine where you stand and how likely you are to replace your income based on your current assets and saving habits.

Make the most of matching contributions. Say your employer matches contributions to your 401(k) plan up to 5 percent of your salary and you only contribute 2 percent, you're turning down free money. Make sure you save enough to at least get the full match.

Talk to your tax advisor about whether you should contribute to your 401(k) on a before- or after-tax basis. Pre-tax contributions may make it affordable to save a higher percentage of your pay by deferring some of your tax liability until retirement. After-tax contributions may reduce your tax liability in retirement.

Take advantage of catch-up contributions. If you're age 50 or older at the end of the calendar year, you are eligible to contribute up to an additional \$6,000 to your retirement plan in 2015. That's on top of the \$18,000 limit for younger employees. Matching contributions from your employer do not count toward your contribution limit.

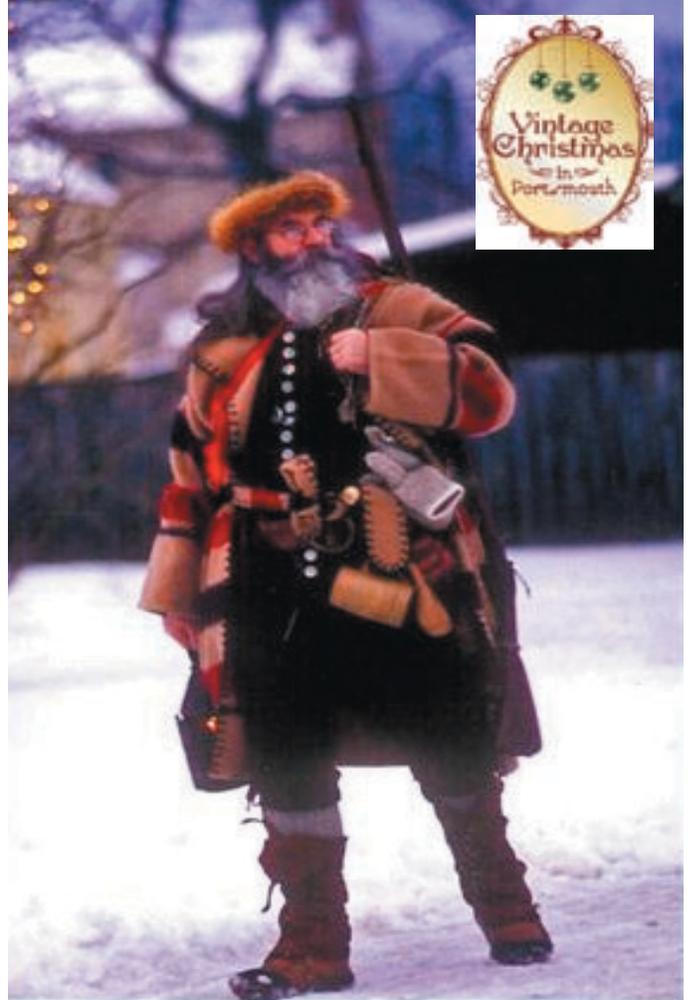
Optimize Social Security. You can begin taking Social Security retirement benefits as early as age 62. But should you?

"It depends on a lot of things - your health, medical history, current cash needs, and future financial obligations, to name a few," says Farnoosh Torabi, best-selling author and personal finance coach. "But one thing is certain: the longer you delay your application, the bigger your benefit will be." The maximum benefit from Social Security starts at age 70. You can estimate your retirement benefit by using the Social Security Administration's Retirement Estimator at ssa.gov/estimator.

Don't forget your pension. If you are entitled to a pension, this is an important source of income that should factor into your retirement planning. Your pension pays you a benefit at retirement based on factors such as your years of service and salary. Your plan administrator will have specific information about your plan. "When it comes to saving for retirement, don't let a late start dissuade you," Sarsynski says. "Becoming more financially disciplined and making the most of your resources can go a long way toward helping you retire on your own terms."

For more information about planning your retirement, go to www.RetireSmart.com. (BPT)

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Holiday magic returns to The Rocks Estate this season

**Farm opens for shopping November 3,
for Christmas trees November 22**



BETHLEHEM, N.H. - There's no better place to get into the holiday spirit than Christmas Lane, address of The Rocks Estate. With row upon row of perfect Christmas trees, a fire pit for munching s'mores and sipping cocoa, two shops filled with gifts and decorations, horse-drawn wagon rides and its very own Green Father Christmas, The Rocks is brimming with holiday magic.

The Rocks Marketplace and the Gift Shop open for early shoppers Nov. 3 and will be open 10 a.m.-4 p.m. daily through Christmas Eve. Christmas tree shoppers may select a tree from the farm's retail lot or wander the fields to Cut-Your-Own Christmas tree beginning Nov. 22. The Rocks will be closed Thanksgiving Day, but otherwise open daily through Dec. 24.

"Each year we welcome new customers and visitors who return every Christmas, year after year, to find their tree at The Rocks," said Rocks Estate Manager Nigel Manley. "We love being part of the holiday traditions of so many families. It's impossible not to get swept up into the joy and magic of the season when you're here."

In addition to Christmas trees, The Rocks also offers an array of classic and whimsically decorated handmade wreaths, garland, ornaments, and Christmas tree accessories. The farm boasts two shops, brimming with unique gift items and holiday décor.

"There really is something for everyone in our shops, and we try to balance proven favorites and exciting new items when we stock the shelves each year" said shop manager Carleen Quinn. "We're proud to offer a high percentage of locally and regionally made items, including many from area crafters and artisans, as well as American-made goods from a bit further afield."

The Marketplace is filled with an array of U.S.A.-made and locally-crafted items, from home goods and holiday decorations to jewelry and hand-made soaps, including hundreds of new Christmas ornaments. Marketplace favorites include the selection of Ginger Cottages, handcrafted in Virginia and complete with display lights, as well as a line of wine and cocktail glasses etched with moose images, and designer bottles of maple syrup.

New this year are beautiful Advent calendars depicting classic New England scenes, whose artful appeal will extend beyond the holiday season. Offerings by local crafters and artisans extend from New

Hampshire-themed chocolates and unique preserves to handmade soaps and pottery.

The Gift Shop shelves are filled with Rocks maple syrup, as well as ornaments, decorations, and tee-shirts. Both shops are open daily (closed Thanksgiving Day) beginning Nov. 3, from 10 a.m.-4 p.m.

The Rocks opens for the Christmas tree season Nov. 22. Weekend visitors will find a variety of festive activities, from horse-drawn wagon rides through the beautiful historic Estate to roasting marshmallows around the fire pit and visiting with The Rocks' own Green Father Christmas.

Wagon rides will be offered Nov. 22, Nov. 28-30, Dec. 6-7, Dec. 13-14, and Dec. 20. Father Christmas will be at the farm visiting with shoppers and presenting fir tree seedlings to children Saturdays from 10 a.m.-2 p.m.

The Rocks will again be supporting the Trees For Troops program and its national campaign to deliver 17,000 farm-grown Christmas trees to members of the United States military and their families at home and abroad this holiday season.

Can't make a trip to The Rocks this season? Don't fret; the shopper-friendly Rocks Estate online store offers a variety of Christmas trees and holiday wreaths, along with ornaments, garland, and tree accessories, as well as The Rocks' own maple syrup. All items include free shipping, and customers may create a holiday wish list and ship to multiple addresses with one order. Mail order shopping is open through Dec. 16.

The Rocks Estate has been featured in media outlets from the Boston Globe and Martha Stewart's Living to WMUR's Chronicle and Good Morning America.

The Rocks is the North Country Conservation and Education Center of the Society for the Protection of New Hampshire Forests ([HYPERLINK "http://www.forestsofnewhampshire.org/"](http://www.forestsofnewhampshire.org/) www.forestsofnewhampshire.org). The Forest Society is a non-profit membership organization founded in 1901 to protect the state's most important landscapes and promote wise use of its natural resources.

The landmark 1,400-acre Rocks Estate includes numerous buildings listed on the National Register of Historic Places and offers Agri- and Eco-tourism opportunities throughout the year. For more information please visit [HYPERLINK "http://www.therocks.org/"](http://www.therocks.org/) www.therocks.org For reservations and other inquiries e-mail [HYPERLINK "mailto:info@therocks.org"](mailto:info@therocks.org) info@therocks.org or call 603-444-6228.



OUT & ABOUT

The 2014 Choreography Showcase

12/5/2014 (7:00PM)

Event Fee: Free

An engaging evening of original modern dance works choreographed by dance students and performed by dancers from across the Keene State campus. Free. *The event will take place in the Mabel Brown room of the Student Center at Keene State College.

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A Christmas Carol

12/5/2014(7:30PM)

Event Fee: Tickets range from \$15.00 to \$45.00.

The annual Palace Theatre tradition continues with Charles Dickens' classic story of Scrooge and Tiny Tim, filled with lively song and dance and featuring over fifty actors. Scrooge, known for his penny

pinching ways, is visited by three ghosts on a snowy Christmas Eve. These ghostly visits reveal Scrooge's past, present and future to him and fill him with newfound hope and joy in the Christmas season! Voted Best Live Theatrical Production and Best Theatre Event of the Year in Manchester by Hippo Press readers, this show has become an audience holiday favorite at the Palace.

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Majestic's 9th Annual Auction & Performance

12/5/2014 (7:00PM)

Event Fee: \$20 per person, \$35 per couple. Come support The

Majestic Theatre on December 5th as they present Winter Wonderland: Majestic's 9th Annual Auction and Performance. Stroll into Majestic's Winter Wonderland, take a chance

at raffles, bid on live and silent auctions, and enjoy a musical revue of your favorite winter and holiday songs of yesterday and today! Held at The Manchester Community College this is a great chance to do some holiday shopping and support The Majestic Theatre all at the same time. Majestic's auction is sponsored by The McLane Law Firm, Central Paper, the Radisson Hotel Manchester Downtown, and St. Mary's Bank. You won't want to miss this exciting event. Funds raised will support future family-oriented productions and educational programs. For more information and to view a list of items up for auction visit our website. For more information, for raffle tickets or to donate an item to Majestic's Auction contact Karen at 603.669.7469 or email karen@majestictheatre.net.

Manchester Community College
1066 Front Street

Manchester, NH 03102

Phone: 603-669-7469

Email: karen@majestictheatre.net

Website: www.majestictheatre.net

City Center Ballet: Clara's Dream, A Nutcracker Story

12/5/2014 (7:00PM)

Event Fee: \$18 (adult) \$15 (senior, 60+) \$12 (children 12 & under); tickets are \$5 more day of show.

The crisp December air heralds the return of Clara's Dream, a nutcracker story, to the Lebanon Opera House stage. New choreography lends fairytale magic to our version of The Nutcracker, a timeless classic that brings the season's dreams to life. With ever-changing backdrops and costumes that shimmer with winter's crystalline beauty, you will find your heart dancing with the City Center Ballet performers as Clara and the Nutcracker Prince overcome obstacles on their way to the Land of Sweets.

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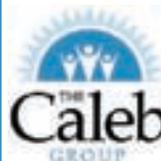
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25 Morgan Street,
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Or call

603-883-6770 Ext 134
tscott@thecalebgroup.org



OUT & ABOUT

51 N Park St., Lebanon, NH 03766
 Phone: 603-448-0400
 Email: info@lebanonoperahouse.org
 Website: www.vendini.com

5th Annual Festival of Trees

12/5/2014 (5:00PM)
 Event Fee: Free
 Be transported to a winter wonderland as 30 elaborately decorated holiday trees are on display in the Dover City Hall Auditorium. Each tree can be won and taken home that night through a silent auction. There is also a scavenger hunt, raffle prizes, holiday carolers and more. Festival of Trees is free to attend and open to the public.
 288 Central Avenue, Dover, NH
 Phone: 603-742-2218
 Email: michael@dovernh.org
 Website: http://www.dovernh.org/festival-of-trees

Gift of Lights

12/5/2014 (4:30PM)
 Event Fee: Cost per car Mon-Thurs - \$15 Fri-Sun & Holidays - \$20
 Spanning over two miles, the Gift of Lights features over 60 holiday scenes and over 400 light displays. The course winds around the outside of the track's grandstands

and includes a portion of the NHMS Road Course. It also has the super-popular Tunnel of Lights, which measures over 250 feet in length.
 -- Closed Days The Gift of Lights will NOT be open on the following days: Mon., Nov. 24 Tues., Nov. 25 Mon., Dec. 1 Tues., Dec. 2 Mon., Dec. 8 Tues., Dec. 9 Thurs., Dec. 25 (Christmas Day). 1122 Route 106 North, Loudon, NH 03307
 Phone: 603-783-4931
 Email: fansfirst@nhms.com
 Website: http://www.nhms.com/events/gift_of_lights/

4th Annual Christmas in Bethlehem

12/6/2014 (9:00AM)
 Event Fee: Free events
 Kick off your Christmas season "hometown style" with a wholesome, homespun holiday festival the whole family will enjoy! Bethlehem means "house of bread" but you won't need much bread to afford the no cost nostalgic events, games, entertainment and food on offer. Ringed by snow covered balsams and stunning views of Mt Washington and the Presidentials, breathe in the clear mountain air of the highest elevated town east of the Rockies while the quaint Main

Street becomes an old-fashioned Winter Wonderland. Your days will be merry and bright as you join us in "lighting up the night" the North Country way! Downtown Bethlehem Bethlehem, NH. Email: christmasin-bethlehemnh@gmail.com
 Website: http://www.christmasin-bethlehemnh.com

Holiday Parade and Tree Lighting

12/6/2014 (5:00PM)
 The 2014 Portsmouth Illuminated Holiday Parade and Downtown Tree Lighting will be Sunday, December 2. This year's theme is "A Caring Christmas" celebrating the work of non-profits. Parade participants and attendees are encouraged to bring food items for a Food Drive benefitting local organizations. The Tree Lighting ceremony begins at 5 p.m. in Market Square with music from the Portsmouth Middle School Band, concluding at 5:30 p.m. with the official tree lighting. The Holiday Parade begins at 6 p.m. from Plaza 800 and travels a route through downtown to the South Mill Pond parking lot. Market Square, Portsmouth, NH
 Phone: 603-610-7281
 Email: parade@cityofportsmouth.com

Website: www.cityofportsmouth.com/mayor/holiday-parade-2011.htm

Annual Alpaca Holiday Tour

12/6/2014 (10:00AM)
 Event Fee: no admission, donations accepted. Come get a taste of winter in New England, with a small farm atmosphere and rural agriculture. Visit our animals in their festive barn, sip cider or cocoa by the fire in our shop while listening to holiday music while perusing, featuring NH Made products by us! Feed the animals, Photo Opportunities. Enjoy watching the new crias and listening to the (Alpaca) Humms of the Holidays here at Someday Farm! 65 Pickard Road Canterbury, NH 03224
 Phone: 603-783-9436
 Email: somedayfarmnh@aol.com
 Website: www.somedayfarm.com

Jingle Bell Chocolate Tour

12/6/2014 (11:00PM)
 Event Fee: \$25 Jingle Bell Chocolate Tour Sleigh Rides and \$10 for Recipe Book. Nestlenook Estate and the Jackson Area Chamber of Commerce invite you to make your

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OUT & ABOUT

reservations early for the Jingle Bell Chocolate Tour. Named one of the 5 "Tasty Tours of New England" by the Concord Insider "Engage all your senses". This Horse Drawn Austrian Sleigh Ride through the Village of Jackson is so popular that each year it sells completely out. We recommend you book early to assure your chance to attend. Just call a lodging member listed on our website www.JacksonNH.com book your stay and let them secure your seats today. Reservations are reserved for visitors staying in one of Jackson New Hampshire's premiere properties. Upon arrival at Nestlenook Estate you will be presented with your Jingle Bell, your first Chocolate Treasure and a Christmas Goodie Bag that you can store any Chocolate Treasures you do not eat along the way. You will Board the Sleigh and begin your special journey through Jackson Village stopping at the Inn at Jackson, the Chamber of Commerce, The Backcountry

Bakery, The Wentworth, An Elegant Country Inn, J-Town Deli & Country Store, the Snowflake Inn, Flossie's General Store and returning you to Nestlenook Estate. As you approach each stop you ring your Jingle Bells and the owner or a representative of the hosting property will meet your sleigh, tell you about themselves and the decadent Chocolate Treasure they are about to gift you. The 2014 Jingle Bell Chocolate Tour Recipe Book will be on sale again this year. Tickets for Adults and Children are \$25. Call the Jackson Area Chamber of Commerce any time to make your reservations before it is to late... 603-383-9356. Dinsmore Road, Jackson, NH 03846 Phone: 603-383-9356 Email: kathleen@jacksonnh.com Website: www.jacksonnh.com

Christmas At The Rocks

12/6/2014 (10:00AM)
Event Fee: Free
Celebrate Christmas with the

Society for the Protection of New Hampshire Forests at their tree farm in Bethlehem. Harvest your own trees, hand made wreaths, New Hampshire Market Place, wagon rides, marshmallow roasting and food. 4 Christmas Tree Lane, Bethlehem, NH. Phone: 603-444-6228 Email: info@therocks.org Website: www.therocks.org

Candlelight Stroll

12/6/2014 (5:00PM)
Event Fee: Tickets Available check strawberybanke.org
Stroll through life in a simpler time as 350 years of American history, winter traditions, and holiday celebrations unfolds around you in New Hampshire's oldest waterfront neighborhood. Various Streets Portsmouth, NH 03842 Phone: 603-610-5510 Website: goportsmouthnh.com

Homestead Christmas

12/6/2014 (12:00PM)
Event Fee: \$5/person; ages 4 & under, FREE

Christmas past meets Christmas present! Celebrate the holidays and winter season in Tamworth Village. As part of Tamworth's "Christmas in the Village" Event, Remick Country Doctor Museum & Farm will offer an open house-style event, featuring tours of the seasonally decorated Captain Enoch Remick House (on the National Register of Historic Places), along with samples of Victorian Christmas cookies and syllabub. The Main Museum will feature seasonal exhibits and demonstrations. Take-home crafts, fiber art demonstrations, hands-on history activities, 19th century open-hearth and wood stove cooking (with samples) will also be available. Costumed interpreters. Farmhouse Kitchen foods and locally made goods will be for sale in the Museum Store. 58 Cleveland Hill Rd., Tamworth Village, NH 03886 Phone: 603-323-7591 Website: www.remickmuseum.org

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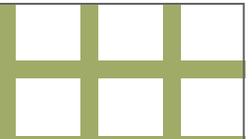
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OUT & ABOUT

New Castle Village Christmas Fair

12/6/2014 (8:00AM)
 Event Fee: free. Join us for the best Christmas Fair on the Seacoast Start your morning off right at the New Castle Village Christmas Fair with steaming coffee and delicious homemade baked goods. Get into the holiday spirit as you check out the great selection of wreaths, greens, boxwood trees, and rings, handcrafted gifts and ornaments. Highlights include: Candy Store, the famous New Castle Cookbook, Jewelry and Red Elephants, Gift Baskets, and Silent Auction. Santa Claus will be visiting! Enjoy fish chowder or lobster rolls for lunch, followed by some incredible desserts. The folks in New Castle really know how to cook! New Castle Recreation Bldg., 301 Wentworth Road, New Castle, NH 03854
 Phone: 603-431-4456
 Email: jethammond@gmail.com

Holiday Tree Festival at Settlers' Green

12/6/2014 (10:00AM)
 Live caroling music, festive trees decorated by locals competing for cash awards, free hot chocolate

& candy canes, free horse-drawn wagon rides with Santa, Cranmore miniature snow-tubing park and much more! 2 Common Court Unit C13, North Conway, NH 03860
 Phone: 603-356-7031
 Email: info@settlersgreen.com
 Website: www.settlersgreen.com

Vintage Christmas in Portsmouth

12/7/2014 (5:00PM)
 Event Fee: Varies. 35th Annual Candlelight Stroll at Strawberry Banke Museum is part of the three weekends of Vintage Christmas in Portsmouth, a month-long celebration in its 10th year. Also live holiday shows at The Music Hall, free Vintage Christmas trolley provided by the City of Portsmouth and festive decorations. Strawberry Banke Museum, The Music Hall, Portsmouth. Phone: 603-433-1100.
 Email: info@strawberrybanke.org

"Christmas Joy - Bells, Voices and Music"

Holiday Pops
 12/13/2014 (7:30PM)
 Event Fee: Adults \$15.00, Students \$8.00. Featuring "Granite State Ringers" and "Concord Community

Chorus" with Lakes Region Symphony Orchestra. Sunday matinee is at 3:00pm. Inter-Lakes Community Auditorium, 1 Laker Road Meredith, NH. Phone: 603-496-5690
 Email: info@lrso.org
 Website: www.lrso.org

Christmas Spirit Open House

12/13/2014 (1:00PM)
 Event Fee: Contact for details. To support L.I.F.E. Ministries Food Pantry Collection. Participating shops and businesses will offer specials or discounts with your donation. Entertainment, Music, Refreshments & more! Holiday Shopping in Wolfeboro! Entertainment and Fun!! Main Street Wolfeboro, NH 03894
 Phone: 603-569-2200
 Email: mary@wolfeborochamber.com
 Website: wolfeborochamber.com

10th Annual Currier & Ives Cookie Tour

12/13/2014 (11:00AM)
 Event Fee: \$12.00 per person
 On this self guided tour you will visit local businesses to enjoy homemade treats and refreshments. Tickets and maps will be

available December 1, or you can buy them the day of the event. A portion of the proceeds will be donated to local charities. For a list of the participants visit www.currierandivescookie.com. 460 Monadnock St., Troy, NH 03465
 Phone: 603-242-6495
 Email: cookie.com
 Website: currierandivescookie.com

Christmas in Amherst Village House Tour

12/13/2014 (10:00AM)
 Event Fee: \$30 in advance; \$40 the day of the tour. This classic tour returns to historic Amherst Village with five houses beautifully decorated by professional florists and designers for the holiday season. 11 Church Street, Amherst, NH
 Phone: 603-673-3231
 Website: <http://ccamherst.org/cav>

Holiday Festival of Harmony

12/13/2014 (7:00PM)
 Event Fee: Adult: In advance \$8. \$12 at the door. Traditional and annual event for the Cheshiremen Chorus - in the sanctuary hall of the beautiful United Church of Christ, with lots of Christmas decor, warm ▶



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- A home without a security system is **3 times more likely to be burglarized**.³
- **85% of Police Officials surveyed** believe home alarms deter burglary attempts.⁴

1. Federal Bureau of Investigation, 2008 National Crime Report http://www.fbi.gov/news/stories/2009/june/ncr_stats06109
 2. http://www.fbi.gov/news/stories/2009/june/ncr_stats06109
 3. FBI, 2008 National Crime Report http://www.fbi.gov/news/stories/2009/june/ncr_stats06109
 4. <http://www.beyondidentitythef.com/home-security-statistics.html>

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OUT & ABOUT

and with lots of harmony! Take a break and enjoy an evening of holiday harmony with the Cheshiremen Chorus - and a special surprise (really!) guest music group!
23 Central Square, Keene, NH 03431
Phone: 877-312-7467
Email: info@cheshiremen.org
Website: www.cheshiremen.org

A Christmas Carol National Tour

12/20/2014 (7:00PM)
Event Fee: \$25/Adults, \$20/Seniors, \$16/Children. This winter's NATIONALLY TOURING production of A Christmas Carol is performing at sixteen different venues from Virginia to Texas to Florida and back home again at Jean's Playhouse on December 21 and 22. This joyous retelling emphasizes the spectacle and the wonder of Charles Dickens' holiday classic. A Christmas Carol will be the biggest production in this theatre's 28-year history! Dec 20 at 7:00 PM, Dec 21 at 2:00 & 7:00 PM. 34 Papermill Drive, Lincoln, NH
Phone: 603-745-2141
Email: info@jeansplayhouse.com
Website: www.jeansplayhouse.com

A Victorian Christmas on the Farm

12/20/2014 (10:00AM)
Event Fee: \$10 adult, \$5 child. Museum members \$6/\$3.
Experience an Old-fashioned Christmas on the Farm at the New Hampshire Farm Museum. Bundle up and enjoy a horse drawn sleigh or wagon ride according to the weather. Tour the beautifully decorated historic Jones Farmhouse with costumed role players and experience a Victorian Christmas. Roast chestnuts over the fire, visit the farm animals, make a hand-dipped candle to take home and enjoy gingerbread and hot cider. Visit the museum's country store for holiday shopping. 1305 White Mountain Highway/Rt. 125 Milton, NH. Phone: 603-652-7840
Email: info@farmmuseum.org
Website: www.farmmuseum.org

First Night Wolfeboro

12/31/2014 (2:00PM)
Event Fee: Buttons are \$15.
First Night Wolfeboro is a community-wide, alcohol-free celebration of the performing arts. Entertainment at various venues around town (all indoors). Entertainment starting at noon. Enjoy our parade and fireworks at 6:15 pm. Come join Us! 32 Central Avenue

Wolfeboro, NH 03894
Phone: 603-569-2200
Email: mary@wolfeborochamber.com
Website: wolfeborochamber.com

Special Fireworks Displays

12/31/2014 (9:30PM)
Come watch 17 spectacular fireworks displays shot from Hampton Beach over the ocean, this family event is free of charge and is always fun for all ages. Wednesdays and Holiday at 9:30 on the beach near the Sea Shell Stage. 170 Ocean Blvd., Hampton Beach, NH 03842
Phone: 603-926-8718 Email: hamptonbeachinfo@comcast.net
Website: www.hamptonbeach.org

First Night Portsmouth

12/31/2014 (1:00PM)
Event Fee: See website for details
Lauder those longjohns and knit some new mittens because it's time to cold roll-in a new year. Give up on 2014. Just drag-n-drop your To-Do list into your 2015 calendar, grab the cam, put on some glam and cram your family into the crowd in market Square for one final frozen piece of December. The entire Pro Portsmouth schedule is on the website for the taking. See

you there. Market Square
Portsmouth, NH 03820
Phone: 603-433-4398
Website: www.proportsmouth.org

Pats Peak New Year's Eve Party Family Celebration

12/31/2014 (6:00PM)
Event Fee: Party and Skiing: Adult: \$90; Junior/Senior: \$50. Party Only: Adult: \$70; Junior/Senior: \$35.
This New Year's Eve Celebration will feature skiing, snowboarding, snowtubing, 2-hour comedy show, Monte Carlo for raffles prizes, dancing to a live band, tasting stations, party favors, champagne toast and a midnight fireworks display. The party begins at 6pm, and the slopes are open until 10pm. Guests are invited to enjoy a range of entertainment that's suitable for families. A "Party & Skiing" ticket allows access to every activity. "Party Only", "Skiing Only" and "Tubing Only" tickets are also available. Check out www.patspeak.com. This is an all weather event. Tickets are non-refundable. 686 Flanders Rd., Henniker, NH
Phone: 603-428-3245
Email: info@patspeak.com
Website: www.patspeak.com

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