

THE Messenger

"Your Local Weekly Since 1869 ♦ A Tradition Worth Keeping"

Free ♦ Our 150th Year ♦ Issue 16 ♦ April 19, 2019

Haley - Navy musician

The U.S. Pacific Fleet Band would like to welcome Musician Seaman Lilly Haley. Originally from Hillsborough, Seaman Haley earned a Bachelor of Music from the University of NH, a Master of Music from Indiana University Jacobs School of Music and a Doctor of Music from Florida State University.



LaChapelle honored

LRGHealthcare presented its Franklin based, Sally Proctor Award to Franklin's retired Fire Chief, Kevin LaChapelle. Kevin started with Franklin fire in 1988 and spent the last seven years of his career as fire chief and emergency management director. Throughout his career, Kevin worked with other local rescuers to form the Three Rivers WET Team; worked closely with clinicians and advocacy groups within the opioid misuse crisis; and lead his department to create EMS360, a private and public partnership that will enhance the financial stability of EMS funding for Franklin Fire Department.



Daughters Kenley and Lucca Persechino brought mom, Sara to see the Easter Bunny at Hopkinton's Harold Martin School.

Newport meeting meltdown

Sparks fly during heated discussion of state report

During the Public Forum section of the recent Newport School Board meeting, frequent critic Bert Spaulding Sr. challenged the filing of the MS 26 form by the Newport School District to the New Hampshire Department of Revenue Administration.

Spaulding said it was filed prior to the School District Deliberative Session and improperly included appropriations for three articles totaling \$295,000, which were later defeated at that meeting. "Do you want to litigate a whole bunch of things?" Spaulding asked. To which Acting Business Administrator George Caccavaro countered, "Bert, I think you're barking up the wrong tree again." And, it went downhill from there. "I expect more, George," Spaulding replied. "You'll

get more Bert, you can count on that," Caccavaro retorted. Spaulding then told Caccavaro to "shut up." School Board Chairman Linda Wadensten joined in, after Spaulding asked if her son had a birthday party in the school cafeteria.

Wadensten fired back, "How dare you bring up my son; that's the lowest blow and shameful," she said. "Don't bring that up again, it's shameful, shameful. I have lost my respect for you." Kurt Minich then added "We have a dysfunctional administration. Give (Superintendent) Cindy (Gallagher) three months severance pay and don't let the new Superintendent or Business Administrator get near her. "Either you're part of the problem or the solution," Wadensten cautioned.

No leads in search for missing Hillsborough woman

As the search for a missing Hillsborough woman heads into its second week, investigators are requesting the public's assistance. Linda Minery, 53, was first reported missing on April 7 after she left home at roughly 2:30 a.m. without telling her 78-year-old mother where she was going. She left her car in the driveway and took

off on a bicycle in the area of Henniker Street. Hillsborough Police Sgt. Mark Philibert says the department has so far received no leads or tips on Minery's whereabouts.

Those with information about Minery's whereabouts should call the Hillsborough Police Department at 464-5512.



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Neighbor shoots through ceiling - hits 2-year-old Newport girl

A 2-year-old girl who was shot in the leg while she lay sleeping is recovering and the downstairs neighbor who allegedly fired the shot through his bedroom ceiling is now charged with felony reckless conduct with a deadly weapon.

The girl and her parents live in an upstairs apartment on Laurel St. Police reports indicate that their downstairs neighbor, Timothy Hale, lives alone in an apartment strewn with empty beer bottles and loaded guns. The shooting happened about 11:30 p.m. Sunday as Cynthia Belrose and John Martioski were in bed and their 2-year-old daughter was asleep in her bedroom. The couple heard a loud bang and rushed into their child's room to find her bleeding and crying. Hale came to their door right after the shooting to apologize, saying it was an accident.

Police got to Laurel Street to find Belrose outside crying and holding her bleeding child. The girl suffered a gash in her leg from the shotgun blast and was taken to Dartmouth-Hitchcock Medical Center in Lebanon.

Hale told police he had a six-pack of beer before going to sleep. He awoke believing there was someone in the apartment so he grabbed one of his shotguns and fired.

While police did not find any intruder, they did find many beer empties, as well as loaded and unloaded shotguns and ammunition, placed throughout the apartment. Hale also had a loaded .45 caliber pistol underneath the pillows on his bed.

Superior Court Judge Brian Tucker freed Hale, who is disabled with arthritis, on personal recognizance bail with the

conditions that he not own any guns, stay away from drugs and alcohol, and that he

move out of the Laurel Street apartment and stay with his sister in Georges Mills.



Timothy Hale is led into Court by Sullivan County Sheriff deputies.

Hillsborough man denied bail for second-degree murder

Matthew Fay, 28, of Hillsborough, charged with fatally stabbing another man at a mobile home in December, will remain in jail without bail on a second-degree murder charge. Fay was arrested March 28th after being discharged from the state psychiatric hospital in Concord. He told police that he stabbed Brett Wilson on Dec. 22nd in a trailer where Fay lived with his grandfather because he thought Wilson was there to harm them. New Hampshire State Police Sgt. William Bright testified that investigators had trouble questioning Fay at the police station, describing him as irrational and paranoid at times before he was taken to a hospital for a mental health evaluation.

Bright said relatives told investigators that Fay had a history of mental illness since childhood and had called 911 multiple times in the weeks before the stabbing, claiming others were after him for being a "snitch" or passing along information to police. Associate Attorney General Jeffery Strelzin said Fay's statements and evidence showed that he knew what he was doing when he killed Wilson, who was stabbed in the back three times and once in the neck — also from behind. "He may have been delusional about why he did it, but he fulfills the mental state of reckless indifference," Strelzin said while asking Anderson to order Fay remain in custody without bail.

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Yesteryear Local history as reported in The Messenger

April 20, 2018

Innkeeper suing Bradford Police Chief & Town Clerk
Canadian energy giant purchasing Antrim Wind project
New Boston Police add one officer, promote another
Washington man dies in Antrim one-car accident

April 21, 2017

New Boston man leaves one accident for another
Merrifield confirmed as Labor Commissioner
Hopkinton 6th grader raises \$4,100 to save Kimball Cabins
Warner shooting range has Regional Impact

April 15, 2016

Goffstown man shoots his brother
Bow's Memorial Day committee cancels parade
Henniker residents tell Dollar General "Not in my town"
Sunapee Police Chief to attend FBI Academy

April 10, 2015

Newport's Parlin Field will not be sold
Bow Selectmen adopt street numbering
Goffstown man arrested for kidnapping 13-year-old
Sullivan replaces Campbell as Bennington Police Chief

April 11, 2014

Dream of New London Community Center dashed
Board rejects Hopkinton Fair's PILOT Agreement
Dunbarton man arrested twice in a week for OWI
Ice skater collapses at Blodgett Landing

April 12, 2013

More complaints filed against David Seastrand
Newport student wins Rotary's 4-Way Test Contest
Moving performance dedicated to suicide prevention
New England College conducts "Active Shooter Drill"

April 13, 2012

Hopkinton Guidance Counselor arrested
Antrim man ejected from car on Route 1-89
Already out on bail, woman arrested again
Over 300 attend Newport Peeps Diorama Contest

April 12, 2011

New London throws a party for Jesse Levine
Newport turns out to honor Dan O'Neill
Henniker, Newbury & Newport landmarks preserved
New London Police arrest 173 at booze party

April 11, 2010

Armed robbery at Peterborough's TD Bank
Hillsboro-Deering Board challenged on openness
Antrim teen threatens to kill ConVal teacher
Andover Selectmen trimming the budget

April 10, 2009

Panarello sues Hillsborough Police over invalid arrest
Deering Selectmen upset with police chief
Two men hurt in Newbury accident
Powers family testifies at Liquor Commission hearing

**Coming up: Administrative Assistants Day
TO INCLUDE YOUR BUSINESS CALL 464-3388**



At its annual banquet in Concord, the NH Wildlife Federation presented Hillsborough's Walter Morse with a plaque signifying his selection as the "2019 Sportsman of the Year."

Antrim woman was found guilty of felony


Kayla Phillips, 22, of Antrim, has been convicted of dragging a man out of her apartment in September 2017 after he overdosed. Phillips was found guilty of one felony count of falsifying physical evidence during a jury trial last month. Phillips, along with her mother, Geneva Niskala and her mother's boyfriend, Shawn Lagasse, were arrested after police alleged the three had lied about carrying Thomas Belcher, 31, of Bennington, out of their apartment after he overdosed. Phillips told police that Belcher had come over to hang out and left but she later saw Belcher leaning out of his car in the parking lot "in distress." Later, police uncovered a video that showed Phillips, Lagasse, and Niskala carrying an unconscious Belcher from the apartment to the parking lot and placing him near his car and also showed Phillips "staging the scene."

Bennington's new cruiser at a bargain price

Bennington Police Chief Bret Sullivan announced that the department took delivery of a fully-loaded 2019 Ford Explorer on Friday, an expedited process due to Bennington resident and Global Public Safety LLC President and CEO Keith Nason. In addition to speeding up the process of bringing in a new cruiser, Sullivan said Nason was able to save the town at least \$8,000 to \$10,000.

Bennington man arrested for four felonies

Brandon Guillemette, 29, of Bennington was arraigned recently on felony charges of aggravated sexual assault. Guillemette was arrested on a warrant by Bennington Police on four felony charges; aggravated felonious sexual assault, witness tampering, criminal threatening and reckless conduct. According to Bennington Police Chief Brett Sullivan, the case remains under investigation and more charges may be forthcoming.



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LOSS OF FIRST BABY TOOTH A POSITIVE EXPERIENCE FOR CHILDREN



Dr. Esin Narli-Trangaris

Scared, ashamed, happy or proud—how do children feel when they lose their first baby tooth? Researchers have found that children’s feelings are predominantly positive. The study also reveals that previous visits to the dentist as well as parental background and level of education affect how children experience the loss of their first tooth.

Deciduous teeth, more commonly known as milk or baby teeth, are the first set of teeth that develop in children. These teeth usually fall out and are replaced by permanent teeth. Children generally lose their first baby tooth when they’re about six years old: The tooth comes loose and eventually falls out, leaving a gap which is then permanently filled by its replacement tooth. This gradual process is probably one of the first biological changes to their own bodies that children experience consciously. The emotions that accompany this milestone are extremely varied, ranging from joy at having finally joined the world of grownups to fear about the loss of a body part.

The scientists surveyed parents of children who had already lost at least one of their milk teeth. Of the nearly 1,300 responses received for the study, around 80 percent of parents reported positive feelings, while only 20 percent told of negative emotions.

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TAKE YOUR MEDICINE



BY SARAH CHAPIN

An article recently published in *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology* reviewed the existing evidence between various psychotic symptoms such as hallucinations, problems with concentration or anxiety with methylphenidate, a drug commonly prescribed as a treatment for attention deficit hyperactivity disorder (ADHD) and narcolepsy. Methylphenidate is a stimulant that increases the activity of the central nervous system, helps to combat fatigue, improves attention and maintains alertness. Its medical use began in 1960 and has continued to grow since, reaching global consumption of 2.4 billion doses in 2013. Currently, around 5.3% of children and adolescents worldwide suffer from ADHD. Psychostimulants, including methylphenidate, are a first-choice drug treatment. The research suggests that adverse symptoms may affect around 1.1% to 2.5% of ADHD patients treated with methylphenidate.

Is the standard treatment for hypothyroidism — insufficient thyroid hormone — inadequate in controlling some crucial aspects of the condition? That’s the provocative question asked, and answered affirmatively with objective data, in a study in *The Journal of Clinical Endocrinology & Metabolism*. A research team found higher cholesterol levels in the blood of hypothyroid patients treated with appropriate doses of levothyroxine (LT4) — a synthetic version of the human thyroid hormone that is the standard treatment for hypothyroidism — than in healthy control subjects. The statistically significant difference held both in terms of total cholesterol (TC) and serum low-density lipoprotein (LDL), the so-called “bad cholesterol,” which increases the risk of heart disease.

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The Boston Symphony Orchestra welcomed Stark students.

Stark students at Boston Symphony Orchestra

John Stark Regional High School students were able to attend an open rehearsal on April 11 with one of the five major American symphony orchestras commonly referred to as the “Big Five.” The Boston Symphony Orchestra was founded in 1881.

Newport Farmers Market seeks new vendors

The Newport Farmers Market is accepting vendor applications for the 2019 season. The season will run every Friday from 3 to 6 pm, rain or shine, from May 17 to October 11. The market’s 2019 letter and accompanying application can be downloaded from the website www.newportfarmersmarketnh.com/vendor-application/ For more information email newportfarmersmarketnh@gmail.com, or call Richard Scheuer (603) 304-8328. It is not too late to sign up. The market is seeking agricultural, prepared food and artisan vendors. Electricity is available at the location on the Newport Common. Full time vendor cost is \$135 (\$140 via credit card) for the 21week season. Part-time vendors fees are \$25 per week. Vendors may also be listed on our website with information about their offerings.

Warner home burglarized in broad daylight

Police in Warner are looking for two men who broke into a home in broad daylight in a crime that was caught on camera. The burglary took place on Poverty Plains Road in a rural area of town. The homeowners watched the crime live Friday morning after being alerted by their Furbo Dog Camera. The homeowners called police during the crime, but the burglars were gone by the time officers got there. They got away with about \$2,500 in cash and jewelry. Their faces were covered, but investigators hope the video of the crime will lead to arrests.

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New London Outing Club wants a Kearsarge-Lake Sunapee Center


New London Outing Club President Laura Pillsbury, Board Member Andy Deegan and Steering Committee Representative Joe Cardillo met with the Select Board Monday evening to update the Board on the club's desire to build a center to support seniors, adults and youth of the Kearsarge

& Lake Sunapee Regions.

One option is to build at their site at Woodward Park. This site may present issues with their abutters so they are also looking into alternative sites. They are in discussions with Continuum (the developers of New London Place - the senior community that is planned near NL Hospital) to possibly partner with them to build a center

somewhere in New London (not the Outing Club property). Because discussions are ongoing they were not at liberty to say exactly where at this time.

It will be a regional center as they serve the greater Kearsarge community. Although at the early stages of planning the Board appreciated the update and looks forward to hearing of further progress.



Amanda Bastoni, Director of the Nashua Technology Center for Nashua High School North (a former ConVal teacher), received the first New Hampshire Career Technical Education Leader of the Year Award.



Hopkinton's Cracker Barrel Store has reopened while major renovations continue. Although supplies are currently limited, the donut case is full.

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Recreation Director JP Lovely gladly accepted the pledges.

Friends of Newport Rec pledge another \$20K

Members of Friends of Newport Rec were on hand at the Town of Newport Selectboard meeting to present the Board and PJ Lovely, Newport's Rec Department Director, with a check pledging \$20,000 towards the building of the new community center. This pledge was made possible through donations to and participation in many fund-raisers sponsored by Friends of Newport Rec.

Goffstown home is heavily damaged in fire

A Goffstown home was heavily damaged by smoke last Wednesday in a fire that rekindled after being put out by firefighters in the morning. Firefighters arrived at a two story home on Tibbets Hill Road, to find heavy smoke and flames showing. Nobody was home at the time, said interim Fire Chief Steve Tower. Tower said the fire is under investigation but there was no reason to believe it was suspicious. Firefighters were called back to the home about 3:15 p.m. after receiving reports the fire had rekindled. The fire was extinguished at about 5 p.m.

Kearsarge Teacher wins McAuliffe Sabbatical

Kearsarge Regional Elementary School teacher Kristin Lizotte, who has taught first and second grade for 26 years, was awarded the 2019 Christa McAuliffe Sabbatical from the New Hampshire Charitable Foundation. The sabbatical, created in 1986 in honor of the Concord High School teacher and astronaut, gives an exemplary New Hampshire teacher a year off with pay and a materials budget to bring a great educational idea to fruition.

Greenfield man was arrested in New Boston

On April 5th New Boston Police arrested Kitenge Tshomba, 45, of Greenfield, for Reckless Operation. Police reports indicate Tshomba passed two vehicles, including a school bus transporting children, across a double yellow line and within a construction zone while approaching the work area that was limited to a single lane of travel.



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Hillsboro-Deering considering joining ConVal's suit against the state

The Hillsboro-Deering School Board had a lengthy meeting with Attorney Will Phillips from the NH School Boards Association discussing the recent ConVal District suit against the State of NH over state funding. Phillips made it clear that he could not recommend a course of action,

but could outline H-D's options, which are: 1. Do Nothing; 2. Send a letter of support; 3: Join with ConVal, either as an intervenor or with a companion suit.

The Board was divided on the issue. Rich Pelletier and Chair Kathryn McGinn wanted to join in the suit, while Paul Plater, Hurla Iadonisi and Chris Bober wanted to wait until the full ramifications of joining

were learned. It was decided to have the Board's attorney brief them on any potential cost involved in becoming a party to the suit.

In other action, the Board approved spending up to \$50,000 with Comfort Systems USA to replace 12 sinks and 2 bubblers which show signs of lead contamination.



HDES student gave teacher Veronica Hytner a great send off as she left to run in the Boston Marathon where she raised \$10,000 for Tufts Medical Center.



Hillsborough Chamber of Commerce President Kyle Knapton (c) welcomed Police Chief David Roarick (l) and Fire Chief Ken Stafford (r) for a round-table discussion at the Chamber's April Breakfast Meeting.

<p>SALE</p> <p>14⁹⁹</p> <p>RED HOT BUY</p> <p>Resin Whiskey Barrel Planter</p> <p>20-1/2" diam. x 12-1/4" H. 7218282 Plants not included.</p> 	<p>SALE</p> <p>11⁹⁹</p> <p>RED HOT BUY</p> <p>Preen® Garden Weed Preventer, 5.625 Lb.</p> <p>Limit 2 at this price. 16 Lb., 7195332 ... SALE \$ 23.99 - \$ 4. With Ace Rewards Card,* You Pay \$ 19.99. Limit 2 at this price.</p> 	<p>SALE</p> <p>19⁹⁹</p> <p>RED HOT BUY</p> <p>NEBO® Z-Bug™ Lantern + Light</p> <p>360° bug-zapping electric grid. 8014062</p> 	<p>Big April Savings!</p> <p>Valid April 1-30</p>	
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Around Our Towns



Hopkinton 3rd graders had a wonderful (and educational) time with Chanel 9 weatherman Kevin Skarupa this past Monday.



Kearsarge Regional's production of Seussical Jr. by the Bradford Shining Stars Theater Co. was a huge success last weekend.



The Newport Women's Group came out to create art together at The Library Arts Center.



Goffstown's SAU#19 Purpled Up to show support and thank military children for their strength and sacrifices. Wearing purple is way to support military youth.



The Hillsborough Fire Department's Rabies Clinic was a big hit on Saturday.



The Easter Bunny visited New Boston where 3200 eggs were gathered and prizes awarded to many for their creative bonnets.



Hopkinton children flocked to the Harold Martin School for an Easter Egg Hunt on Saturday.



This crew put on another successful Henniker Rotary Club Rabies Clinic on Saturday.



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Good Eats

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(BPT) - Whether you are trying to reduce carbs or eat more protein, eating well on the go can be a challenge.

Quality carbohydrates like whole-grain breads, milk, yogurt, fruits and legumes are an important part of a balanced diet, especially for children and teens. For adults, reducing the amount of empty carbs you eat can be a great way to meet your personal wellness goals. It's important to replace those carbs with lean meats, healthy fats and nutrient-dense vegetables. Here are a few simple suggestions to eat on the go while still following your current diet.

Keto-style

A ketogenic diet, also known as keto, is a popular diet that balances protein, fat and carbs roughly in the following breakdown:
* 10 percent or less of their calories from carbs
* 70 to 80 percent of their calories from fat
* 10 to 20 percent of their calories from protein

One good way to follow a ketogenic diet is with a salad starting with a lean meat such as rotisserie-style chicken, turkey breast, steak or roast beef. Add in some veggies like lettuce, spinach and onions. Then top it all off with a dressing that has less than 2 grams of carbs like ranch, savory Caesar, oil and vinegar or Chipotle Southwest.

Carb-conscious

If keto sounds too ambitious for you, there are other simple ways to reduce carbs in your diet, like asking for a lettuce wrap instead of a sandwich. You can make any Subway sandwich into a nutritious salad with five servings of veggies.



Visit subway.com and use the nutrition chart to see how your favorite salad stacks up, or try these favorites:

* "Spicy" Steak Salad: Order a steak salad with your favorite veggies plus jalapenos, shredded Monterey Cheddar and Chipotle Southwest sauce. This has 380 calories, 17 grams of carbs and 21 grams of protein.

* "Cobb-style" Oven Roasted Chicken Salad: Try a salad with oven roasted chicken, guacamole, your favorite veggies and top it off with ranch dressing. This has 420 calories, 20 grams of carbs and 21 grams of protein. You could also add a strip of bacon for an additional 35 calories.

If you're in the mood for a sub but would like to cut down on carbs, you can always ask to have your bread scooped out.

Quality carbs

Trying to improve the overall nutrition quality in your diet, but don't want to cut carbs? Try these easy swaps:

- * Swap white bread for wheat. Select whole grain-certified 9-Grain Wheat
- * Swap sweet sauce for savory. Try mustard, oil and vinegar or mayo
- * Swap sweet drinks for water. Choose bottled water or unsweetened fountain drinks



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STAFF

Leigh Bosse: Publisher

Joyce Bosse: Editor

Christi Macomber: Advertising Design

Gail Stratos: Publication Design & Layout, Advertising Design, Production & Website

Deborah Belanger: Account Rep.

Mary Yuryan: Account Rep.

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IN New Hampshire

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Senior Lifestyles

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Publisher's Perspective *by Leigh Bosse*

Welcome Back - The Villager

It is good to see that George Maidrand is up and around and bringing back The Villager. In recent months George has suffered a series of setbacks ranging from injury an illness to a stab in the back from his former employees and "friends."

After spending a prolonged stay in the hospital with a serious infection, he returned home only to break his leg. In such circumstances you would expect his "friends" and employees at The Villager and Hillsborough Reborn to rally around and help him through this difficult time. In fact, the

opposite is true.

George tells me that Michael Pon never approached nor spoke to him before trashing The Villager and partnering with George's Reborn "friend" Meg Curtis of Stone Bridge B&B and his landlord, Dwight Gould to launch the Stone Bridge Post.

With "friends" like these, who needs enemies.

Through it all, George has kept his positive spirit and love of Hillsborough. We wish him better luck with his revived business venture.



Letters to the Editor

Dear Editor:

In the past I have been a critic of the lack of service of our Veterans at the VA Medical Center in Manchester until recently. When the new Director Al Montoya took over he stated that his prime goal was to improve "customer service" to our Veterans and their healthcare. He is a man of his word! I recently contacted him to help me with one of my constituents, a disabled Veteran who needed an all-terrain scooter to replace his damaged one. Director Montoya told me that he would call the Veteran to get the details. He not only called him but had his staff get the paperwork done to have the scooter replaced. Last week the scooter was delivered to the Veteran and he is now able to resume a more normal life and enjoy being outdoors with his child. I want to thank Director Montoya and his staff for their help and for him keeping his word. Our Veterans deserve the best medical care we can give them and it is apparent to me, and to many of our Veterans, that under Director Montoya's leadership "customer service" has improved. Thank you Sir!

Hon. JP Marzullo, Chairman of the Board, Liberty House State Representative Deering/Weare Member of the Veterans Affairs Committee

Dear Editor:

It never ceases to amaze me as to how well supported we are by the community of Hillsboro. OSRAM Sylvania held a food drive on Thursday April 11th and collected 301 items of nonperishable food items. Thank you so much to all the OSRAM Sylva-

nia employees! We would also like to thank Jonathan Rheault for his donation of \$500, Clare and James Fedolfi for their donation of \$200, Walter A. and Bonita Morse for their donation of \$100, Janet Crews for her donation of \$50, and Patricia M. Currier for her donation of \$25. Every penny gets us closer to our goal of \$10,000. Again thank you from the board at Hillsboro District Food Pantry.

Gene Gould, Hillsboro

Dear Editor:

I am writing to add my support for the one-time funding of \$1.5 million to the city of Franklin for construction of our whitewater park.

On March 21, N.H. Senate Majority Leader Dan Feltes was quoted by NHPR as saying that he would prefer to see the state's money spent on "real support for local property taxpayers, including increased state education funding and increased revenue sharing."

I believe this \$1.5 million is real support to the property taxpayers of Franklin and neighboring communities, and will definitely allow increased education funding to our schools.

The funding of social and educational programs by the state is important to all communities, but this funding must be continuous and sustainable, and likely renewed annually.

For a city to develop a way to generate funds on its own, without continuous state funding, should be a goal for all, for it will allow that community to help itself.



Peterborough's Annual Earth Day Roadside Pick-up is coming up Friday, April 19th, and running through Tuesday, April 23rd. Last year, Sheila Kirkpatrick's 2007 South Peterborough Kindergarten students adopted the bike path near Noone Falls as part of the annual Earth Day pick-up.



Letters to the Editor cont.

With this one-time funding, the city of Franklin will be helping our taxpayers and our surrounding community realize tangible economic growth through the development of an exciting new 365-day recreation venue that will positively impact vacation opportunities throughout New Hampshire.

This park will be the first of its kind in New England and will be a reason to head to New Hampshire for summer water sport activities.

Franklin struggles as a property-poor community with 28 percent of our population below the poverty line; 65 percent of our students on subsidized lunch programs; and an assessed property value per capita of \$80,805. Similar trends exist in Tilton and Northfield. Estimates from state agencies have put the positive economic impact of this water park to the city of Franklin as \$6.8 million in direct and \$4.8 million of indirect spending in our community.

With this economic growth, the city can better address its problems.

Travel and tourism data measured by Plymouth State University has shown that 35 percent of direct spending is on food and accommodations. With a 9 percent rooms

and meals tax, \$215,000 would be collected annually. Therefore, this \$1.5 million appropriation or investment in Franklin would be paid off in seven years through new state revenues.

Franklin has found a way forward to help pull itself up from the economic turmoil caused by mill closings and recessions. The governor recognized this effort in a one-time – repeat, one-time – investment in Franklin that will pay for itself in seven years.

With the restoration of these monies to the budget, Franklin and other communities will be encouraged to look beyond traditional economic growth venues to new ideas that will grow their communities and encourage a more diverse population to consider New Hampshire as their recreation destination.

With the additional funds, our city schools and infrastructure will be stabilized and upgraded, and our city will have the potential to attract the businesses and population to sustain the positive growth this one-time investment can provide.

I sincerely appreciate your positive consideration of restoring this one-time allocation/investment in Franklin.

Jo Brown, Ward 1 Councilor, Franklin

THE Messenger

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Andover: Jake's, Circle K, Pizza Chef, Bank

Antrim: Antrim Marketplace, Rick & Dianne's, Edmunds, T-Bird

Belmont: Irving, Brookside Pizza, Yolk, Town Office, Village Store

Bennington: Albertos, Harris Convenience, General Store

Boscawen: Alan's of Boscawen, Franklin Savings, Sunoco, Cumberland Farms, Kapelli's Pizza

Bow: Town Office, Mobil, Chen Yang Li, Library, Blue Seal Feeds

Bradford: Bradford Marketplace, Bank, Post Office, Applesseed, Pizza Chef

Chichester: Z1 Express, Speedway, Country Store, Town Office

Claremont: Hannaford, Market Basket, Huberts

Concord: Shaws (2), Hannaford

Contoocook: Dimitri's, Colonial Market, The Everyday Cafe, Covered Bridge Restaurant, Merrimack County Savings, Mr. Mike's

Dunbarton: Pages Corner, Town Office

Epsom: Circle Market, Town Office, Pizza Shop, Smoke Haven

Francesstown: General Store, Town Office

Franklin: Hannaford, City Hall, Franklin Savings Bank, Franklin Studio, Pizza Chef, JJ's

Georges Mills: Georges Mills Market

Goffstown: Sully's, Sawyers, Hannaford, Goffstown Ace Hardware, Dollar Tree, Village Trestle, Shell, Cumberland Farms, China Gourmet, Putnam's

Greenfield: Harvester Market, Town Office

Guild: Dorr Mill Store

Hancock: General Store, Fiddleheads, Hancock Inn, Town Office

Henniker: Harvester Mkt., Henniker Pharmacy, All In One Market, Henniker Farm Store, Edmunds

Hillsborough: Shaws, Post Office, Diner, JD Foods, Bar Harbor Bank & Trust, Santander, Bank of NH, McDonalds, Subway, Dunkin' Donuts, William's Store

Hooksett: Shaws

Hopkinton: Town Hall, Cracker Barrel

Keene: Price Chopper, Hanaford, Toadstool, News Stand, Monadnock Co-op

Loudon: Village Store, Eggshell, Subway, Penguin

Manchester: Hannafords (2)

Newbury: Marzelli's, Bubba's, Town Office, Post Office

Newport: Shaws, Coronis Market, T-Bird, Circle K, Quick Stop, Senior Center

New Boston: Dodges General Store, New Boston Hardware, Library, Town Office, Molly Stark

New London: Hannaford, Hospital, Pizza Chef, Library, Liquor Store, Pharmacy, Jake's Market

Northfield: Community Center, Wash & Fold, Ciao Pasta, Park & Go Pub

Penacook: Dunkin Donuts, Constantly Pizza, Szechuan Garden, Laundrymat, Newell Post Restaurant, CC Tomatoes, Subway, Tedeski's, Thirty Pines, Cheney's Furniture, Sam's, Chief's Place

Peterborough: Shaws, Toadstool Bookstore, Mr Mike's, Hospital, Dunkin' Donuts, Brady's, Roy's, Nonnies

Sunapee: Mini Mart, Town Hall, Library, both Banks

Tilton: Post Office, Market Basket, The Onion, Cumberland Farms, Cyr Lumber, Shell

Warner: Market Basket, Foothills Restaurant, Circle K

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Weare: Town Office, Dimitri's, Country 3, Lanctots, Subway, Blackbird Market & Deli

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Sports

BASEBALL

John Stark 13, Milford 2: Brett Patnode went 3-for-3 with four runs scored and two steals while Jake Cole and Aaron Robertson each had two hits for John Stark.

John Stark 6, St. Thomas 2: Brett Patnode led John Stark of Weare, going 2-for-4 at the plate with two RBIs and a steal and pitching five innings.

Sunapee 10, Hinsdale 1: Tom Frederick's Lakers opened up with a nice victory to start 2019. Gabe Hastings pitched 3 innings, allowing 2 hits, striking out 3 and allowing 1 run. Harper Flint pitched 3 innings and had 4 strikeouts. Darren Hulton came in to close in the seventh, striking out one.

Sunapee 7, Wilton-Lyndeborough 4: The Laker boys improve to 2-0 on the young season with the road win.

Hopkinton 7, Raymond 6: Kevin Newton-Delgado broke a 6-6 tie when he scored from third on a wild pitch in the seventh inning.

Hopkinton 12, Conant 2 (5 innings): Sam Crawford earned the win on the mound and collected two hits, including a two-run home run. Crawford pitched all five innings, struck out four and allowed four hits. He threw 64 pitches.

Bow 2, Hanover 0: The Marauders had the bases loaded in the top of the sixth, but Matt Lamy, just a freshman, worked out of the jam with a strikeout sandwiched between two ground balls.

Manchester West 8, Kearsarge 7: Eddy Rojas had three hits, drove in three and scored twice as West won its Division II opener.

Exeter 3, Goffstown 0: Will Soucy and Connor Hujsak had Goffstown's only two hits.

Fall Mt. 11, Newport 0: FM looked like a new team on Tuesday, beating Newport 11-0 in five innings, including scoring nine runs in the top of the third.

BOYS' LACROSSE

Goffstown 11, St. Thomas 9: in Goffstown, Griffin Cook's six goals paced the Grizzlies (1-1). Nick Mason had two goals and an assist.

Goffstown 16, John Stark 2: Konnaugh Donovan collected four goals and Griffin Cook finished with three goals and three assists to lead the Grizzlies. Kayden Easter scored twice for Stark.

John Stark 13, Oyster River 4: Kayden Easter scored five goals, Peyton Marden had three goals and an assist, Aiden

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Sports

Moser had two goals and an assist, and Owen Jones scored two for the Generals.

Derryfield 18, ConVal 4: The Cougars received three goals and an assist from Henry Howe and stretched their winning streak to 57 games. Jaden Smith scored twice for ConVal.

Central 13, Bow 11: Alex Hawkom had seven goals and an assist to highlight Central's victory.

SOFTBALL

Goffstown 10, Alvirne 7: Shannon Gifford hit two home runs for the Grizzlies in their season-opening win.

Hinsdale 11, Sunapee 10: Ellie Frederick's solo home run (first of two on the day) got things started for the Lakers in the third inning as they began their climb back into the game.

Bishop Brady 8, Hillsboro-Deering 1: Abby Santis homered twice and drove in six to lead the Giants.

St. Thomas 15, ConVal 3: Maddie Predaris had three hits, including a home run, and scored three runs for the Saints

Trinity 11, Hillsboro-Deering 4: In Manchester on Tuesday, Marie Hamill threw a three-hitter with 12 strikeouts.

Exeter 12, Goffstown 0: Riley Griem earned the win in the circle, allowing four hits and striking out five over five innings.

Fall Mt. 18, Newport 4: It started in the first inning for FM as they plated two quick runs off Newport ace Lacey McNeel.

Wilton-Lyndeborough 17, Sunapee 5: The Lakers were up 5 to 1 going into the second inning, before letting the game slip away with walks and errors.



The team and their mentors with the Excellence in Engineering Award presented to them at the FIRST District competition at WPI last weekend.

Stark/Hopkinton Robotics 12th in the world

The John Stark/Hopkinton robotics team, 1922 Oz-Ram, now ranks 12th out of the 203 New England FIRST Robotics teams after competing in the District competition this past weekend at Worcester Polytechnic Institute (WPI). They've now earned a spot at the FIRST Championships at the Cobo Center in Detroit from April 24-27. The team also took home the Excellence in Engineering award at this weekend's District competition, the same award they won at the robotics event at UNH earlier this year. The team is currently fundraising to attend the FIRST Championships as the cost of registration is \$5,000, plus travel. If you would like to donate, they have a GoFundMe page, <http://www.ozram1922.org/gofundme.html>.

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Daniel McCall, (c) with his parents Eric and Christine of Peterborough.

Peterborough student wins Oratorical Contest

On Sat. April 13th at Saint Anselm College, Daniel McCall was the first place winner in the American Legion's Junior Oratorical Department of NH state contest. Daniel had won the District 2 contest on Mar. 30, and was sponsored by Post 5 Peterborough. He is an 8th grade student at South Meadow school, and is shown with his parents, Eric & Christine McCall of Peterborough. The Junior contest is a constitutional speech contest, and student winners from the 8 Districts are eligible to compete in the state finals. They must speak for 3-5 minutes on any aspect of the constitution, and then must speak for 2-4 minutes on an assigned topic, drawn at random. The Junior contest acts as a feeder for the High School contest where students compete for scholarship money. At the Junior contest, Daniel was awarded a check for \$500 for his excellent presentation.

Antrim Scholarship applications deadline

The Antrim Scholarship Committee welcomes 2019 applications from Antrim students planning to continue their education beyond high school, and also from town residents already studying at the college level or furthering their professional credits. Applications for financial assistance for the 2019-20 academic year are available at the Antrim Town Hall; or online at the town's website (www.antrimnh.org); or at the ConVal High School guidance office. Note: The committee also will be accepting the CVHS Common Application (deadline May 1). Completed applications (including a transcript of current grades and a short essay) must be postmarked no later than May 1, or stamped as received at Antrim Town Hall by May 1. Successful applicants will be notified of their award in early June. Last year, six Antrim residents received a total of \$26,410 in scholarships from these funds.

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Henniker to consider separate residential & commercial sewer rates

With two members absent, Vice Chair Tia Hooper led the Henniker Select Board through a lengthy and varied agenda Tuesday evening.

Craig Tiffs from the Central NH Regional Planning Commission updated the Board on plans to map and connect various ATV/OHRV trails in the town. Hooper suggested that he and Mike Lambert of the Henniker Trails Committee hold a hearing for public input on the project.

Margaret Blank of Underwood Engineering presented an outline of a Wastewater System Asset Management Plan.

After being briefed by Finance Director Russ Roy, the Board voted a slight increase in sewer fees. Hooper suggested and members agreed to study splitting rates between residential and commercial users to help homeowners.

Jen McCourt of the ATV Club received permission to apply for a grant to repair three trails. Also approved was \$168,200 to purchase a wheeler excavator for the Highway Department and \$19,813.20 for spring maintenance at the Wastewater Plant.

On Hooper's initiative, the Board held a first reading on a revised Military Leave

Policy, ensuring that full-time employees retain their job, seniority and benefits when deployed for active duty. Currently

Henniker has two employees who also serve in the military, Administrator Matt Henry and Police Officer Steve Dennis.



The Antrim/Bennington Lions Club hosted a Forum on the State Budget with area representatives (L-R) Jonathan Manley, Chris Balch, Marjorie Porter, Moderator Jim Creighton, Jim Fedolfi, and Dan Pickering.

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Five towns assist Henniker in battling dangerous propane leak

Firefighters from Henniker and surrounding communities spent more than five hours Sunday containing a propane leak after a contractor accidentally drove over the relief valve from an underground fuel tank, fire officials said.

There were no injuries and there was relatively little damage, said Henniker Fire Chief Jim Morse, who credited all the departments involved with preventing a potential disaster.

The emergency call to 104 Diamond Drive came around 8:30 a.m. after the contractor, who was doing some work on the home, drove his pickup around to the back yard; he clipped the dome covering the valve that extends from the underground 1,000-gallon tank, Morse said.

The contractor and residents of the home evacuated, leaving the pickup where it was above the tank leaking the volatile gas.

"When we got there, we had a large leak underneath the truck and we had to shut down the electricity," Morse said. "There was no fire at all. All we had was gas vapors."

Firefighters directed vapors coming from the leak away from the house, which was about 18 feet away, and other teams worked

to move the truck without turning on the ignition, using large airbags and wooden beams to raise the vehicle and remove it without sparking an explosion. "The big thing is we don't want any open flame or sparks there," Morse said.

Departments from Weare, Bradford, Warner, Hillsborough and Deering assisted in the three alarm call along with a hazardous materials team from Concord, due to the risk of fire, Morse said. Crews remained at the scene until after 2 p.m.



A contractor's truck clipped the top of a buried propane tank causing a major leak.

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Senior Lifestyles

Preparing for longevity—we don't need to become frail as we age

Age-related frailty may be a treatable and preventable health problem, just like obesity, diabetes, and cardiovascular disease, highlights a review in *Frontiers in Physiology*. In the recent article, researchers reviewed over one hundred publications on recognizing, treating, and preventing frailty, with the aim of raising awareness of this growing health problem.

Frailty encompasses a range of symptoms that many people assume are just an inescapable part of aging. These include fatigue, muscle weakness, slower movements, and unintentional weight loss. Frailty also manifests as psychological and cognitive symptoms such as isolation, depression, and trouble thinking as

quickly and clearly as patients could in their younger years.

These symptoms decrease patients' self-sufficiency and frail patients are more likely to suffer falls, disability, infections, and hospitalization, all of which can contribute to an earlier death. But, as the review highlights, early detection and treatment of frailty, and pre-frailty, may help many of the elderly live healthier lives.

The review shows ample evidence that the prevalence and impact of frailty can be reduced, at least in part, with a few straightforward measures. Unsurprisingly, age-appropriate exercise has been shown to be one of the most effective interventions for helping the elderly stay fit. Careful monitoring of body weight and diet are also key to ensuring that older patients are not suffering from malnutrition, which often contributes to

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On Thursday, April 11th, the TRIP Senior Center in Franklin celebrated National Volunteer week with a delicious luncheon and recognition ceremony to thank our hard working volunteers for all they do to make the center such a wonderful place.

frailty. Socialization is another critical aspect of avoiding the cognitive and psychological symptoms of frailty. Loneliness and loss of purpose can leave the elderly unmotivated and disengaged, and current social programs could improve by more thoroughly addressing intellectual and social needs, as well as physical.

To advertise your business in the next **Senior Lifestyles Special Section** please call 603-464-3388 and ask for Mary.



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Events: Community Bulletin Board

SATURDAY APRIL 20

EGG HUNT: Antrim's Boy Scouts Troop 2 is hosting an Easter Egg Hunt at Memorial Park. We start the Easter Egg hunt promptly at 10am. The Easter Egg hunt is divided into three age groups; 0-2, 3-5 and 6-10. There will be some prize eggs that can be traded in for prizes. Some refreshments will be available at the Band Stand. Please bring some snacks to share if you can. The Easter Bunny may just be hopping around to say hello and for pictures, too. There is no cost for your children to partake in this event. Rain location - Town Gym.

FLEA MARKET: from 9am-2pm the 2019 annual Indoor Warner Flea Market, inside Warner Town Hall on Main Street in Warner to benefit the sponsor, the Pillsbury Free Library. Antiques, used items, art and crafts. Spaces are all currently booked. A snack bar will be selling beverages and baked goods, and there will be a raffle.

EGG HUNT: Come join Sunapee Recreation Dept. and its annual Easter Egg Hunt! 9:30am sharp in Sunapee Harbor. Open to all ages 9 yrs and younger. Bring your own basket. Pictures with the Easter Bunny too. (In case of rain this event will be

held inside the Sherburne gym).

BINGO: The nonprofit South Weare Improvement Society (SWIS) will hold a bingo game at Osborne Memorial Hall, 16 Deering Ctr. Rd., Weare, and on every third Saturday of each month through October. A homemade dinner of ham and beans (\$7), desserts and beverages will be available beginning at 5:30pm. Bingo sheets, carryover coveralls, and pull-tabs may be purchased starting at 6pm. The games begin at 7pm sharp. Proceeds benefit renovations to the hall. No one under 18 is allowed.

EGG HUNT: Weare Lions Club Breakfast with the Easter Bunny, Weare Center Woods School from 9-11am Egg Hunt starts at 11am. Bring your own basket. \$5/person \$20/family.

EGG HUNT: Shaws in Hillsborough, children ages 2-10. 8am. Bring your own basket. Find the golden egg-in a prize.

SUNDAY APRIL 21

EASTER SUNRISE SERVICE: 6:30am. Church Lawn 2234 East Washington Rd., East Washington. All are welcome. Sponsored by East Washington Baptist Church. Followed by coffee at Purling Beck Hall.

EASTER SERVICE: Valley Bible Chapel will be having an Easter service to celebrate the resurrection of Jesus Christ from the dead! 10am at Valley Bible Chapel, we would love to see you there.

TUESDAY APRIL 23

BLOOD DRIVE: Antrim Fire Department, 1-6pm. Call 1-800-RED CROSS for an appointment.

FULLER LIBRARY: Join Fuller Public Library for a Sky Watch with the NH Astronomical Society. We will begin at 7:30pm at the Library for a short program, then move to Grimes Field for the Sky Watch. The Library will be closing (for check ins and outs) at 7pm so that staff can participate. Rain/cloud date is April 30th.

HILLSBOROUGH SENIORS: Trip to the Heights. We'll stop at Walmart, Ocean State Job Lots, Target and Aldi's. We'll stop for lunch along the way. Leaving Shaw's at 10am. Call Pat Mathison at 464-5029. Cost \$6.

WEDNESDAY APRIL 24

HILLSBOROUGH SENIORS: Walker Series "Scott Kirby & Friends" Join us for an evening with this homegrown talent. Leaving Shaw's at 6:30pm.

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Events: Community Bulletin Board

Transportation \$5. The event is free. Call Pat Mathison at 464-5029 to reserve your place.

THURSDAY APRIL 25

MEET YOUR ELECTED OFFICIALS: State Senators Jeanne Dietsch and Ruth Ward with Executive Councilor Andru Volinsky join us to talk about what's going on in government at the state level. Come with your concerns, questions and curiosity. 6:30-8pm James A. Tuttle Library 45 Main St. in Antrim. Open to All. lwvboroplus@gmail.com

FULLER LIBRARY: A Medicare for All, Fuller Public Library at 2pm. Presented by the Granite State Chapter of Physicians for a National Health Plan. A national healthcare presentation followed by a question and answer session with NH doctors well versed in the subject.

GREAT DECISION: The Rise of Populism in Europe 6:30pm-8pm on the second floor of the Tuttle Library.

FRIDAY APRIL 26

WEBSTER PROGRAM: Things are buzzing in Webster. 7pm. Donna Miller, owner of Petals in the Pines in Canterbury, will speak about how and why to plant for pollinators. If you want to learn more

about this topic come to the talk which is being sponsored by the Webster Conservation Commission and the Webster Free Public Library. The presentation will take place at the library meeting hall.

SATURDAY APRIL 27

THREE POETS: 7pm in the Pillsbury Free Library. Three poets: L.R. Berger, Deborah Brown, and Matt Forrest Esenwine will read and discuss their poems. Free. This is also the opening day of a month-long exhibit of art inspired by the poetry of Robert Frost. Exhibit viewing opens at 6:30pm.

WARNER CONCERT: 7pm, Bradford Bog People Concert, Warner Town Hall, Main St., Warner NH.

FLEA MARKET: Greenfield Meeting House 9am-1pm. Tables \$5 Resident, \$10 Non Resident. Deadline to reserve April 24th Sponsored by Greenfield Historical Society to benefit the Weathervane Project.

BLACKOUT POETRY: from 11-1pm. Nancy Bates will conduct a Blackout Poetry workshop in the Creativity Room at the Wilmot Public Library. This workshop is free and open to the public and supplies will be provided. Pre-enrollment is appreciated, but not necessary. 526-6804 or [\[brary11@gmail.com\]\(mailto:brary11@gmail.com\).](mailto:wilmotli-</p>
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THE FELLS: 10am-12pm. The John Hay Refuge was established in 1987 when the U.S. Fish and Wildlife Service acquired the former summer estate of John Hay. Join Steve Agius, Wildlife Refuge Manager with the U.S. Fish and Wildlife Service, as he presents the history and natural characteristics of the Hay Refuge and its partnership with The Fells. Followed by an easy to moderate hike into the Refuge. Meets at The Fells Kiosk. Members: free, non-members: \$10. Advance registration requested, call 763-4789 x3.

WARNER PROGRAM: 7:00 The Bradford Bog People-Old Time Fiddlers Warner Town Hall \$17/\$15 members (in advance) Tickets on sale at Tatewell Gallery, Morgan Hill Bookstore and online at www.CenterForTheArtsNH.org

TUESDAY APRIL 30

BLACK BEARS: 6:30pm, Black Bear Behavior presentation Whipple Hall, New London, Ausbon Sargent will host this session led by the internationally renowned bear specialist, Ben Kilham. Please register at: kheath@ausbonsargent.org or by calling 526-6555.

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Obituaries: Friends & Neighbors Remembered

David F. Baldwin

FRANCONIA - David F. Baldwin, 67, of ranconia, died suddenly at his home on Wednesday, April 10, 2019. He was born December 11, 1951, in Concord, NH to Franklin and Laura (Nudd) Baldwin. David grew up in Henniker, NH, attended public schools and graduated from Henniker High School in 1969. He leaves behind a sister, Mary E. Francoeur and her husband Donald of Rollinsford, NH, nieces Kimberly Dumais and her husband, Douglas of Hillsboro, NH; and Bethany Fowler and her husband, Ryan of Hopkinton, MA; great-nephews, Derek Dumais and his wife, Leighanna of Deering, NH, and Trevor Dumais and his girlfriend, Mariah of Hillsboro, NH; an uncle, James Baldwin and his wife, Becky of Hillsboro, NH; close friends, Bonnie Kilkenny of Franconia, NH; and Conrad Weismann of Bethlehem, NH, as well as several cousins and many friends. There will be a graveside service at the New Cemetery in Henniker, NH later this spring. Those who wish may make donations in David's memory to Bethlehem Emergency Services, c/o Jack Andersen, PO Box 189, Bethlehem, NH 03574.

Lorraine Rita Cabana

HILLSBORO - Lorraine Rita Cabana, 89, of Hillsboro, passed away peacefully

on April 10, 2019. She was born on December 6, 1929 in Tyngsboro, MA to the late Arthur and Maria (Tardif) Cabana. She loved date nights and Sunday rides with her partner of 44 years, who she was predeceased by, Richard Kemp. She could often be seen painting on the old Mack Trucks from Dicks collection. She was predeceased by her daughters, Kathy Drake and Karen Flynn; grandson, Kory Michael Hays; brothers, Arthur, Raymond, Bernie & Wilfred Cabana; sisters, Irene Bergeron, Yvette LaVoie, Lena Cote, Beatrice Warriner, Rita Barry & Theresa Cutter. She is survived by daughters, Kandace Wafer and her husband, Jim. Kristen Beals & her husband, Grant, all of Eagle River, AK. Kelly Cabana D'Errico and her husband, Bob of Hillsboro, NH; a son, Michael Flynn of Granite Falls, NC; her brother, Roger Cabana and his wife, Allison of Peterborough, NH; grandchildren, Stacy Colby, Christopher & Shayna Whitcomb, Tracy Colby, Jason Holmes & Deviroux D'Errico, great grandchildren, Karen Mitchell, Tyler Bechal & McKenzie Rockhill; many nieces and nephews. Graveside service will be held Saturday June 1, 2019



at 1:30 pm in Harvey Memorial Cemetery, Hillsboro, NH. In lieu of flowers, donations can be made to St. Jude Childrens Hospital, 501 St. Jude Place, Memphis, TN 38105.

Beverly Ann Powers

HILLSBORO - Beverly Ann (Mar-towski) Powers passed away unexpectedly on Sunday, April 14, 2019. She was born in Waltham, MA, on August 16, 1941, to Eleanor (Carson) and William Martowski. She was predeceased by her beloved son, David "Bugsy" W. Powers Jr. in 1995. She is survived by her loving husband of 60 years, David W. Powers Sr., of Hillsboro, and their two daughters, Cheryl Powers and Scott Gerini of Deering, and Marcie Ostertag and Claude Ferren of Hillsboro. She leaves behind her beloved grandchildren, Jennifer Gerini-Zipper, David Dunbar, Scott Gerini Jr., Zachary Powers, Jessica Hall, Jacqueline Ostertag, Codi Ostertag, and Jamie Powers; along with great grandchildren, Jacob, Raegan, Wyatt, Camdyn, Zoey, Jenna, Henry, and baby Waylan, who will be born this summer. At Bev's request, there will be no services. The family is planning a celebration of life to take place at a later date.



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Have you ever considered substitute teaching? Are you looking to make a difference in the lives of children? Are you a certified teacher, non-certified teacher, college graduate or student (at least 21 years of age) or retiree? Do you have experience with children in a classroom or similar setting? This is the perfect time to try something new!

Please call 464-7700 or email Terese Rheault at trheault@hdsd.org if you have any questions.

Hillsboro-Deering School District is seeking substitute teachers and paraeducators for all grade levels.

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Town of Hillsborough NH ABUTTER AND PUBLIC NOTICE

Notice is hereby given in accordance with RSA 676:4 that a Minor Subdivision application to create one additional lot on 209 Sawmill Road (Map 11B Lot 220) will be submitted by Peter Mellen LLS., for Richard W and Daiquiri Pryzbyla to the Hillsborough Planning Board on Wednesday, May 1, 2019, at 7:00 p.m. at the Hillsborough Town Hall Meeting Room at 27 School Street, Hillsborough, New Hampshire, during a regular meeting of the Board. Upon a finding by the Board that the application meets the submission requirements, the Board will vote to accept the application as complete and the Public Hearing on the merits of the proposal will follow immediately. Should a decision not be reached at the Public Hearing, this application will stay on the Planning Board agenda until such time as it is either approved or disapproved. Copies of the application and plans may be viewed at the Office of Community Planning, 27 School Street, Hillsborough, New Hampshire. Anyone with questions about this application should contact Robyn Payson, Planning Director at 603-464-7971

Hillsborough Planning Board
Case No. 2019-004

Town of Weare

INVITATION FOR BIDS

RE-ROOF WEARE PUBLIC SAFETY COMPLEX

The Town of Weare is looking for bids to re-roof the Weare Safety Complex. Bidders shall familiarize themselves with all existing conditions of the building, located at 144 North Stark Highway, Weare, New Hampshire. Submittal of bid constitutes acknowledgement and understanding of the requirements deemed necessary by bidder. RFP details can be found on the Town of Weare website (www.weare.nh.gov). Questions can be emailed to Naomi Bolton, Town Administrator @ nbolton@weare.nh.gov, or call (603) 529-7535 during office hours.

All bids are due by 4 PM on Monday, April 29, 2019, to be opened that evening at the Selectmen's meeting. Bids must be submitted to the "Town of Weare Public Safety Complex Reroofing Project," 15 Flanders Memorial Road, Weare, NH 03281. The Town of Weare has the right to refuse any and all bids.

**TOWN of HENNIKER
REQUEST FOR PROPOSAL**

CONVENTIONAL CHIP SEAL BID 2019

The Town of Henniker NH is inviting bid pricing for Conventional chip seal miscellaneous roads in Henniker. Bid proposals must be on company letterhead clearly stating price and specifications. Bids must be sealed and marked "Chip Seal 2019" and be delivered to Town of Henniker Town Hall, 18 Depot Hill Road, Henniker NH 03242 by April 29, 2019 at 12:00 PM, when they will be opened publicly and read aloud.

Bid specifications are available at the Henniker Town Hall or at http://www.henniker.org/sites/default/files/fileattachments/General/page/20761/chip_seal_2019.pdf under Resource Center. For questions regarding bid specifications, please contact Leo Aucoin, Highway Superintendent at 603 428-7200.



**Town of Hillsborough NH
PUBLIC NOTICE**

Notice is hereby given in accordance with RSA 676:4 that a Minor Site Plan application has been submitted by the Arthur F. Siciliano Jr. on behalf of 16 Antrim Road LLC, located at 81 Antrim Road (Map 11L Lot 318). The Site Plan Application is for the construction of a 5000 square foot building to be used for Auto and Truck repair and maintenance. The application will be submitted to the Hillsborough Planning Board during a regular meeting, Wednesday, May 1, 2019, at 7:00 p.m. at the Hillsborough Town Offices, 27 School Street, Hillsborough, New Hampshire. Upon a finding by the Board that the application meets the submission requirements, the Board will vote to accept the application as complete and the Public Hearing on the merits of the proposal will follow immediately. Copies of the application may be viewed at the Office of Community Planning, 27 School Street, Hillsborough, New Hampshire. Anyone with questions about this application should contact Robyn Payson, Planning Director at 603-464-7971.

Hillsborough Planning Board
Case No. 2019-003

To place your classified call 464-5588.

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Town of Weare

**DEPARTMENT OF PUBLIC WORKS
REQUEST FOR BIDS**

The Town of Weare NH is soliciting bid proposals for 2019 Asphalt Paving, And Reclaiming Projects.

Information details are available at the Public Works Department 224 Merrill Rd, Weare NH, or call(529-2469) or email jsarno@weare.nh.gov

All bids will be due by April 26, 2019 at 9am, and bid decisions will be made Monday, April 29,2019 at the BOS meeting.

The Town of Weare has the right to except or reject any and all bids.

Town of Weare

**DEPARTMENT OF PUBLIC WORKS
INVITATION FOR PROPOSALS
FOR CHIP SEALING**

Information details and specs available at the Public Works Department, 224 Merrill Rd. Weare NH 03281 or call (529-2469), or E-mail, jsarno@weare.nh.gov

All bids will be due April 26, 2019 at 9am, bids will be opened at 9am April 26, 2019 and bid decisions will be made at the BOS meeting on Monday April 29, 2019.

The Town Of Weare reserves the right to accept or reject any and all bids.

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EAST WASHINGTON BAPTIST CHURCH is now accepting bids for 2019 Lawn Maintenance. Call 603-495-3186 for details.

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DEERING: Choose your own 2 Bedroom, 2 bath NEW mobile home in a resident owned community. New 2 Br septic, low park rent. Membership approval required. \$58,900 Red Coat Homes 464-3053.



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TOWN OF BOW Invitation to Bid

Utility Body Truck

Sealed bids will be received by the Town of Bow until 12 Noon (local time) on May 10, 2019 for providing One new year model 2019/20 truck extended cab, 8 Foot service utility body with four-wheel drive, single rear wheels, and a payload capacity of 11,300 pounds GVWR, please visit the full specifications and conditions located under Bids & Postings on the Town of Bow website www.bownh.gov

Bids must be sealed and marked "UTILITY BODY TRUCK" and be delivered to the Town of Bow, Town Managers Office, 10 Grandview Road, Bow, NH 03304, by the time specified when they will be opened publicly and read aloud. For further information, contact Rick Wombolt rwombolt@bownh.gov, Fleet Manager, at (603) 931-2128.

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 The Messenger's Ad Hunter, PO Box 1190, Hillsboro, NH 03244



Winner for April 12, 2019
**Averill Waterhouse,
 Hillsborough**

Ad #1	Page #	Ad #2	Page #
Ad #3	Page #	Ad #4	Page #

Answers for week of April 12, 2019:

- Cultural Cocoon - page 7
- Ming Du Restaurant - page 11
- Henniker Farm - page 15
- Skilled Services - page 18

Name _____
 Mailing Address _____
 Town & Zip _____

Mystery PHOTO

Identify this
 Mystery Photo &
Win a \$15 Gift Certificate!

to Ming Du Restaurant!



All entries must include name, address and telephone number. Mail to: Mystery Photo, PO Box 1190, Hillsboro, NH 03244

Winner for April 12, 2019:
Ethel Bagley, Bradford
Photo was of: Baseball great, Ted Williams

USED TIRE

SALE



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SINGLES, PAIRS AND SETS

Quality Vehicle HEADQUARTERS

2005 Ford F350 4x4 Dump Truck



**PLOW!
DUMP
BODY**

Only 87K Miles, V-8 Gas Auto., Rebuilt & Painted, 2-3 Yard Dump Body. 9' Fisher M/M Plow. Red. Stk# 17A23

\$13,700

2003 Oldsmobile Aurora



SPECIAL

THIS WEEK ONLY!

SPECIALLY PRICED AT

V8 Automatic, Fully Equipped, Including Sunroof and Leather Interior. Stk# 14A41A

\$999

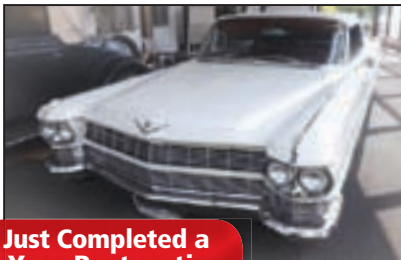
1999 Chevy Panel Van



Half Ton Model, V8 Automatic, Work Van. White. Stk# 12A26

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\$2,599**

1964 Cadillac Convertible



Just Completed a 9 Year Restoration

44,000 Original Miles. A Very Nice Classic. White with Maroon Interior.

**OFFERED AT
\$35,000**

2005 Chevy Cavalier 4 Dr Sedan



4 Cylinder Auto., Air Conditioning, One Owner. Tan. Stk# 15A21A

**REDUCED!
\$2,599**

2005 Chevy Cobalt LS Coupe



Fully Equipped, Economical Transportation, NH State Inspected, Nice Shape. White. Stk# 18A07A

**REDUCED!
\$2,799**

2003 Saturn AWD Vue



4 Door, Nicely Equipped, Including Sunroof. As Is. Blue. Stk# 17A01A

**SPECIAL PRICE!
\$999**

2014 Chevy 3/4 Ton Express Van



Low Miles, 8 Cylinder Automatic, A/C, Heavy Duty Suspension. White. Stk# 18A10A

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& 20 DAY
PLATE!**

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SLE

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Runs Excellent!!
Clean Carfax!
Needs Nothing!
Comes NH State
Inspected! Cheap
Work Truck!

**ONE
OWNER!**

\$6,995⁰⁰



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2WD 4.3 Automatic

Runs Excellent!
Cheap Work
Truck!! Comes
NH State
Inspected &
20 Day Plate!

**ONLY 130K
MILES!**

\$4,995⁰⁰



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4x4 Automatic Bucket Truck

Everything
Works!!!
Runs
Excellent!!!

**ONLY 140K
MILES!**

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6.0 3/4 Ton!

Automatic with
Rear Heat!
Runs Excellent!
Comes NH State
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20 Day Plate!
Buy wholesale!

**RUNS
EXCELLENT!**

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Box Truck

With Side Boxes
and Barn Doors,
Runs Excellent!
Current NH
Inspection
Sticker!

**CHEAP
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TRUCK!**

\$3,995⁰⁰

**ONLY
125K
MILES!**



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**CLEAN
CAMPER!**

30' Camper

With 2 Doors,
Power Jacks, Rear
Queen Bedroom,
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Dinette Sleeper
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2011 JEEP LIBERTY SUV 4WD SPORT #3870



\$8,995

2016 NISSAN TITAN XD 4WD PRO-4X DIESEL #3905



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2012 VOLKSWAGEN TIGUAN SUV 4WD SE #3863



\$10,995

2016 FORD FOCUS 4 DR. HTCHBCK 42,773 MI. #3549



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2012 CADILLAC CTS SEDAN 3.0L AWD 59,491 MI. #3814



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\$7,995

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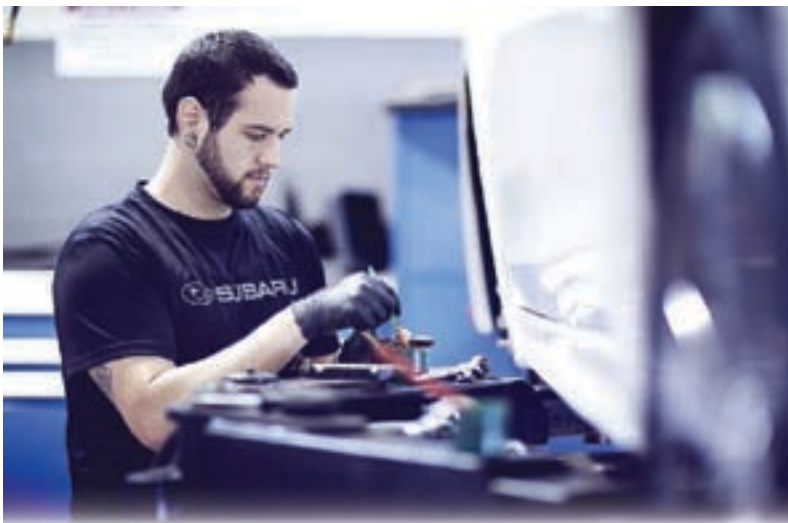
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