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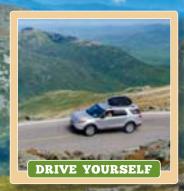
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The Millie B and NHBM take visitors on the water, through history

Wolfeboro, NH--April 18, 2019--Beginning Memorial Day Weekend, the New Hampshire Boat Museum (NHBM) will once again provide locals and area visitors with the opportunity to cruise Lake Winnipesaukee in the Millie B.

A 28-foot, mahogany, triple cockpit "woodie" and replica 1928 Hacker-Craft that is accurate down to the seat colors, the Millie B recreates "the experience of the golden age of boating."

"Wooden boats are iconic of New Hampshire's fresh water lakes," said NHBM Executive Director Martha Cummings. "The Millie B lets people experience the lakes in a unique, fun way."

During the 45-minute tour, visitors hear stories from the boat captain about the lake's history, geography, geology and wildlife as well as some of the more interesting people who live on it.

In addition to tours, which generally accommodate 8 people (10 with small children), the Millie B is available for charters and private cruises on Lake Winnipesaukee.

NHBM also provides opportunities to experience the lakes through two sailing programs.

In the Community Sailing Program, NHBM and Wolfeboro Parks and Recreation teach basic sailing to adults and children. In the Sailboat Sharing Program, NHBM, Wolfeboro Parks and Recreation and Brewster Academy provide individuals with the opportunity to



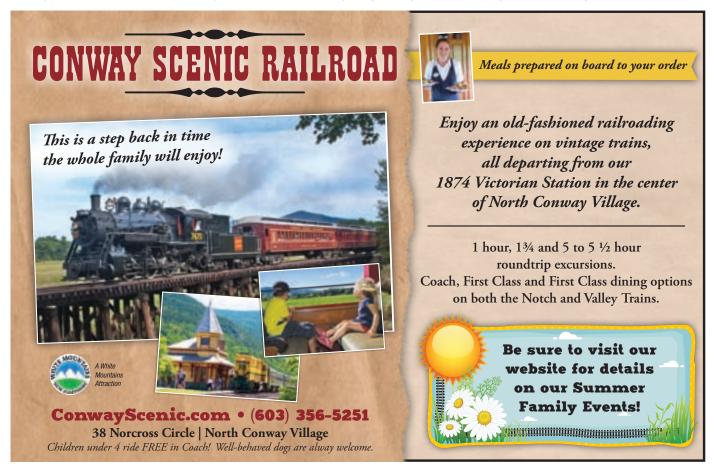
share the use of a J24 keelboat.

"We want people of all ages to experience the lakes in unique and memorable ways," added Cummings. "We are excited for a wonderful late spring and summer."

Founded in 1992 by vintage boating enthusiasts,

NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the boating heritage of New Hampshire's fresh waterways.

To learn more about the Millie B, or NHBM sailing programs, visit nhbm.org.



Harbor Seal pupping season is underway, contact Seacoast Science Center

If you see a seal on the beach, call the Seacoast Science Center Marine Mammal Rescue hotline at 603-997-9448.

Rye, NH — Harbor seals bear their young from late-April–June. As a result, the chance of seeing seals on our beaches, more specifically seal pups, increases. If you see a seal on the beach, keep back and call the Seacoast Science Center Marine Mammal Rescue (MMR) hotline at 603-997-9448. MMR responds to all reports of marine mammals (seals, whales, dolphins, and porpoises) that haul out or strand on the shore in New Hampshire and northern



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Massachusetts (from Essex, MA to the Maine boarder), alive or dead.

"It is vitally important that we do not interrupt the bond being formed between a mother seal and her pup," said MMR Manager Ashley Stokes. "The mother often leaves her pup on the shore while she goes off to feed and if she senses danger there is a strong chance that she will not return."

Seals are only semi-aquatic, meaning that it's normal for them to spend time hauled out on land. But there are times when a marine mammal comes up on shore because it is sick or injured. "We recover, gather data on, and record photos of deceased animals to monitor causes of mortalities (natural or human interaction) that could pose health risks to marine mammal populations, people, or pets. This is why it is important that beachgoers call our hotline as soon as an animal is spotted."

What to do if you spot a marine mammal on shore:Call the Seacoast Science Center Marine Mammal Rescue hotline at 603-997-9448

Report the exact location, if it's live or dead, and details about it's size, coloring, and behavior

Always maintain a safe distance (at least 150 feet) from the animal to avoid injury to you or the animal, and to alleviate stress on the animal

In 2018, the Seacoast Science Center's MMR team responded to 298 marine mammal cases (104 live and 194 deceased). These include 289 pinnipeds

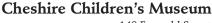
(seals) and 9 cetaceans (porpoises, dolphins, and whales). The breakdown of species is as follows: 252 harbor seals, 20 gray seals, 12 harp seals, 5 unknown seal species, 4 harbor porpoises, 1 Atlantic white-sided dolphin, 2 minke whales, 1 humpback whale, and 1 pygmy sperm whale. This is more than double the total number of response cases than the previous year; the result of an unusual mortality event for harbor and gray seals.

The Seacoast Science Center must raise funds to operate the Marine Mammal Rescue program and be equipped to respond to not only a predicted average of cases, but also emergency situations, such as a whale stranding or an unusual marine mammal mortality event, both of which occurred in 2018. The Center relies on support from local businesses and community members to meet their operating budget.

For more information on Seacoast Science Center's Marine Mammal Rescue program and to donate, visit www.seacoastsciencecenter.org/mmrt.

Keep up to date with MMR's work at www. facebook.com/nhmarinemammalrescue and learn more about MMR's response and rescue efforts at the Center's Marine Mammal Rescue exhibit.

The Seacoast Science Center, located at 570 Ocean Blvd., in Odiorne Point State Park, Rye, NH, is open daily, 10am-5pm. For directions visit www. seacoastsciencecenter.orgor call 603-436-8043.



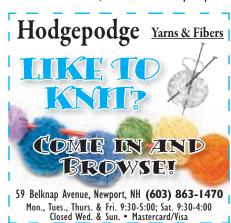
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The New Hampshire Telephone Museum raises the curtain on its 2019 Season

Without question, the telephone has taken center stage in most people's lives – studies show that the average person spends 4 hours per day on their phones – but long before the telephone played such a big role in our personal lives, it became a budding star in other ways.

The New Hampshire Telephone Museum's 2019 special exhibit, That's Entertainment! The Telephone's Role in Cinema, Television and Music, is sponsored by TDS Telecom and explores the important roles the telephone played — and still plays today — in the movies and television shows we watch, the music we listen to, and the books we read. The exhibit kicks off with a special red carpet event, sponsored by the Sugar River Bank, on Friday, April 26th at 7:00 p.m. and will run through the month of October. Entry into the exhibit is included in the price of museum admission.

In addition to the special exhibit, the staff has been hard at work freshening up existing displays and adding new ones, including the recently acquired equipment from the Meriden Telephone Company. Meriden has the distinction of being the last hand-crank telephone system in New Hampshire, converting to dial in 1974.

2019 also marks the return of the ever-popular 4th Phridays at the Phone Museum series, made possible by the Law Offices of Upton and Hatfield,



the annual Brews for Bell beer tasting fundraiser and a special appearance in October by renowned master storyteller, Odds Bodkins.

New events and programming are always being

added, so be sure to visit NHTelephoneMuseum.org or our social sites — Facebook and Instagram — for more information. Come see why people say "Wow!" when they walk through the door!



This exhibition is sponsored by **GEOKON**, with media sponsorship from WCAX.

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MONTSHIRE MUSEUM OF SCIENCE

Thousands expected at American Independence Festival

Featuring live music, colonial-inspired beer, food trucks, games for kids, traditional artisans, art and craft fair, and colonial battle re-enactments, the 29th Annual American Independence Festival on Saturday, July 13 will delight people of all ages.

"This a fun and unique family festival that showcases not only the wonderful community of Exeter and the greater Seacoast, but talent from across the region," said museum Executive Director Emma Bray. "Our art and craft fair alone brings in top vendors from New Hampshire Made and throughout region."

For those interested in American colonial history, the festival features a working Artisans' Village, sponsored by the New Hampshire State Council on the Arts.

"It's a chance to interact with artisans who create items with the same tools and techniques as the colonial craftspeople who would have lived and worked in the area," said the museum's Victoria Su, who organizes the event.

Featuring colonial-inspired beer and beer garden outside the museum's Folsom Tavern (c.1775) in which George Washington once enjoyed a libation, the festival also includes an original copy of a Dunlap Broadside printing of the Declaration of Independence. One of just 26 known to still exist, the Declaration of Independence will be available for



viewing on just this one day.

"It is always very special and exciting to have the Declaration on view during the Festival.," said Bray, who noted visitors may also see two original working drafts of the US Constitution. "Being up close with these important founding documents is a wonderful way for guests to connect to the history of New Hampshire's and nation's Revolutionary history."

For Florence Ruffner of Ruffner Real Estate, which is sponsoring the parade with George Washington that marches through the center of historic downtown Exeter, the festival is unlike any event in the region.

"It is such a wonderful festival and perfect for



families," she said. "I think Exeter is a beautiful, dynamic town, and this event really showcases it for locals and tourists."

In total, more than 4,000 visitors are expected to descend upon downtown Exeter, which includes numerous shops and restaurants that remain open during the festival. Just one hour north of Boston and one hour southwest of Portland, Maine, Exeter is accessible from both locations by train.

Tickets for the festival, which takes place on Saturday, July 13, are \$10 for adults; \$5 for ages 6 to 18; and free for children under 6, active and retired military, veterans, and Museum members. To learn more about the American Independence Festival or museum, a National Historic Landmark Property, visit www.independencemuseum.org.





New Hampshire Telephone Museum

June 28

At Your Service: The Role of Service Animals

July 26

Code Talkers of WWI & WWII

August 18

Brews for Bell—Craft Beer Tasting

August 23

Hamilton: Historically Accurate or Not?

Special Exhibit: "That's Entertainment"

www.NHTelephoneMuseum.org





New Castle Village Walk & Garden Tour, Sun. June 9th

Visit a variety of exquisite gardens at Pontine Theatre's annual New Castle Village Walk & Garden Tour on Sunday 9 June from 1 to 4:30pm. The self-guided walking tour takes particpants on a leisurely stroll through the quaint seaside village into charming private gardens, some on water's edge.

This year's tour features nine gardens, an artist's studio and one historic site. Tickets purchased in advance are \$20 and are available online at www. pontine.org. On the day of the event, tickets may be purchased for \$25 in the parking area near the Coast Guard Station on Wentworth Road off Route 1B in

New Castle. This event is underwritten by Piscataqua Landscaping. The New Castle Village Walk & Garden Tour takes place rain or shine. All proceeds benefit Pontine Theatre's cultural and educational programs. Contact Pontine Theatre — info@pontine.org - 603-436-6660.



GOLF

14th Annual Chamber Cup Golf Tournament - Littleton Area Chamber of Commerce

When: Friday, June 14, 2019 from 11am to 6pm Where: Maplewood Golf Club

2691 Main Street, Bethlehem, NH 03574

Dear members, friends and colleagues, it's almost June - have you signed up for the 14th Annual Chamber Cup Golf Tournament yet? Team and individual spots are still available as well as a select

few hole sponsor opportunities.

Register your entire team online - even if you haven't confirmed names quite yet.

New This Year!

Join PGA Professional, Wayne Natti for Pre-Round Pro Tips at 11am. He'll simplify the game of golf and help you get the rust off.

Beer Tastings by Iron Furnace, Rek-Lis, Moat

BBQ Lunch catered by Maplewood at Noon Buy your advantage kits online ahead of time and save!

New Sponsorship Opportunities - Every dollar of support helps our Chamber work toward its mission of community and economic development.

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Jackson Golf - Photo by Dan Houde/Wise Guy Creative

NHGA History

The New Hampshire Golf Association is a 501(c) (3) non-profit organization dedicated to fostering the ideals and traditions of the game of golf in New Hampshire. The NHGA was established in 1905 to foster, promote, conserve and administer the game of golf in the State of New Hampshire, as embodied in its ancient and honorable tradition. This includes

handicapping, scholarships, tournaments, promotion of Junior Golf, and promotion of the Rules of Golf and any other activity reasonably related to the foregoing. The NHGA is a recognized Allied Golf Association LODGING



20% off/Mention: InNH! Exit 30 off I-93. 800-227-4454 • www.jackolanternresort.com (AGA) of the USGA. Currently the association is made up of 100 member clubs and more than 18,000 golfers. The NHGA provides a number of services to the golfing community in New Hampshire, including:

Providing USGA handicaps through USGA/ **GHIN Handicap Systems to** 14,000 + aolfers.

Providing course ratings and measuring services to all New

Hampshire golf courses. Supporting the Richard D. McDonough Scholarship Foundation, which provides college scholarships to deserving young men and women who work at New Hampshire golf facilities.

Act as liaison between New Hampshire Clubs and all state, regional and national golf associations.

Provide communications to our clubs and members through the internet and the association news letter

Conduct New Hampshire's premier golf tournaments, including the New Hampshire State Amateur, NHGA Stroke Play, New Hampshire Open, NHGA Mid-Amateur, NHGA Boy's State Junior and NHGA Senior Championship. The NHGA also offers one-day net events open to players of all skill levels. For a complete list of our events, please click here.

Provide relevant information to our clubs relative to state and national legislation

The NHGA actively cooperates with the USGA, PGA of America, and International Association of Golf Administrators on a national level. Closer to home. we work closely with the First Tee of New Hampshire, NHWGA, NH Chapter of the New England PGA Section, NEGCOA, GCSA of New England, Profile Senior Golfers' Association, and NHSGA to promote and grow the game of golf in New Hampshire.



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Fairy House Builders wanted for 15th Annual Fairy House Tour

Create an enchanted home for a fairy or gnome PORTSMOUTH, NH: Fairy house builders are wanted for the 15th annual Portsmouth Fairy House Tour, which will be held on September 21 and 22, 2019. The Portsmouth Fairy House Tour is the world's largest fairy house tour and features more than 250 handcrafted fairy houses made by local artists, florists, garden clubs club members, businesses, families and local school children.

Fairy houses are great projects for grandparents, parents, babysitters and children to build together over the summer. From collecting natural materials to delivering the finished fairy house during the Tour weekend, families can experience the magic that comes with creating an enchanted home for a fairy or gnome. Interested builders must register their entry at www.portsmouthfairvhousetour.com.

Inspired by local author Tracy Kane's Fairy Houses Series®, and produced by Friends of the South End (FOSE) with the assistance of Canoe Harbor Consulting, the Fairy House Tour attracts 6,500-8,000 families and fairies each year. The 2019 event is sponsored by Exeter Hospital, Liz Levey-Pruyn of Seacoast Dwellings Team Re/MAX Shoreline, ParentingNH Magazine, Infinite Imaging (design & print sponsor), Pickwick's Mercantile, Cunningham



Associates Insurance, Geno's Sandwich and Chowder Shop, Inge Milde of Tate & Foss Sotheby's International Realty, Piscatagua Savings Bank, Rolling Green Nursery, Sander's Fish Market, Sandie Dika of Keller Williams Coastal Realty.

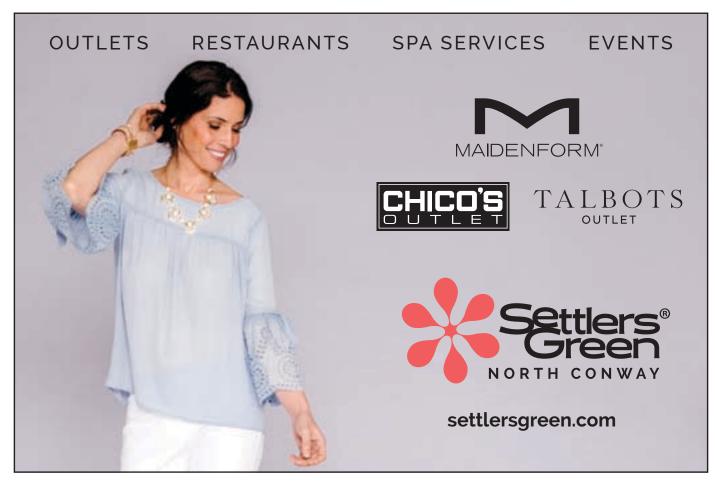
The proceeds of this long standing collaborative community event benefit Strawbery Banke, Prescott Park Arts Festival, Historic New England's Governor John Langdon House, Prescott Park and the Portsmouth Elementary Schools. Since the Fairy House Tour began, FOSE has reinvested more than \$325,000 in these important South End organizations and in the Portsmouth community as a whole.

For more information about the 2019 Portsmouth Fairy House Tour or to sign up to build a fairy house, please visit www. portsmouthfairyhousetour.com.

About Friends of the South End

The Friends of the South End (FOSE) is a nonprofit corporation in the South End of Portsmouth, NH. FOSE's mission is to foster a cooperative, neighborly spirit; encourage preservation of the neighborhood's historic character; promote public safety; monitor and disseminate information about important developments in Portsmouth and the South End; and protect and enhance the quality of life in the South End.

Membership is open to others who share the goals of the organization. For more information or to become a member, please visit www. friendsofthesouthend.org.



Castle in the Clouds opens for the season on May 25th

Moultonborough - Castle Preservation Society, the 13-year old non-profit organization dedicated to preserving, interpreting and sharing the iconic Castle in the Clouds property, is excited to welcome the public back for another season on opening day this Saturday, May 25th. Castle in the Clouds was listed to the National Register of Historic Places with national significance in 2018 and offers mansion tours, dining, programs and events, on-site riding stables, and more, plus access to 28 miles of hiking trails managed

by the Lakes Region Conservation Trust.

To show its support for the Moultonborough community, it is honoring Moultonborough residents with free admission on opening day with proof of residency and photo ID. That same evening at 8:00pm, the Castle invites the public to its first Stargazing program of the year. This program is free and begins with a night sky talk in the Carriage House provided by the NH Astronomical Society. Other programs planned for this season include an overnight Family Camp Out, "Castle Close-Up" specialty tours focused on architecture, technology and furnishings, guided walks of the Brook Walk trail, NH Humanities lectures on music history and cellar holes, and returning favorites like Castle After Hours, Solar Gazing, Yoga on the Castle lawn, Family Fun Day, and Open Air Landscape Art. The popular Castle Car Show is returning to the field by Shannon Pond on Saturday, July 6th from 10:00am-2:00pm, with a collection of automobiles from the turn of the 20th century to



present-day.

Programs and events aren't all that's new this year - the on-site Carriage House Restaurant is starting a season of lake-view dining, music nights, and lunch in the historic stables with a new menu. retaining visitor favorites like the Tom Foolery sandwich and Downeast lobster roll. The gift shop has received improved flooring, along with all-new made in New England items like vintage children's games, a signature candle and custom Castle products like roundel earrings and a scarf made with the Lucknow Pines wallpaper design. Additionally, the gable-end of the Castle library will have a refreshed stone façade after undergoing spring restoration. "To prevent interior water damage, masons are re-pointing the stones that make up this end's exterior façade, which involves documenting and removing each stone and re-installing it in its original position with new mortar." explains Curator, Robin Sherman. "The timber rafter tails and exterior framing around the windows that have decayed over the years are also being

restored." In addition to tours of the main two floors of the mansion, visitors can enjoy a full season of guided basement tours, learning about the Castle's unique construction, advanced technology for its time, and the lives of its estate staff. Basement tours take place daily at 11:00am, 1:00pm and 2:30pm; tickets are available online in advance and in the gift shop based on availability.

Castle in the Clouds is open daily from 10:00am-5:30pm, from May 25th through October 27th. Admission is available at the front gate located at 455 Old Mountain Rd. until 3:00pm and in the gift shop via the 586 Ossipee Park Rd. gate until 4:00pm. The Castle Preservation Society is a 501(c)(3) nonprofit organization, whose mission is to preserve, interpret, and share the buildings and landscape of Castle in the Clouds as a cultural resource for the benefit of the public. For more information, or to learn more about basement tours and upcoming programs and events like the Castle Car Show, call 603-476-5900 or visit castleintheclouds.org.



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"More than meets the eye on NH Heritage Museum Trail"

Though their respective subject matter is separated by nearly 175 years, a common conceptual thread connects the American Independence Museum and Wright Museum of WWII on the NH Heritage Museum Trail.

"We both use a war to illustrate complex ideas," said Wright Museum Executive Director Mike Culver.

In the case of Wright Museum in Wolfeboro, Culver said these ideas often touch on the home front during WWII, which he said is not often covered at traditional "war museums."

"We show what was happening in American culture at the time and how who we were at that time helps shed light on who we are today," he added.

At the American Independence Museum in Exeter, which features an original copy of the Declaration of Independence and two working drafts of the US Constitution, Executive Director Emma Bray said the Revolutionary War illustrates civic engagement.

"Civic Engagement is our theme for this year, and one we feel should be part of our programs and many of our exhibits moving forward," she said. "Why does civic engagement matter? Our current political climate can certainly testify to its importance today, and that can be traced back to our nation's founding."

For Jeff Barraclough, President of the NH Heritage



Museum Trail and Director of Operations at the Millyard Museum in Manchester, history matters more than many people think.

"We are not talking about facts and dates," he said. "We are revealing aspects of New Hampshire and American culture in unique and fun ways," he said. "Many of us offer all kinds of hands-on opportunities and programs for kids and people of all ages. Museums on The Trail are all defined by their focus on what is happening outside their walls."

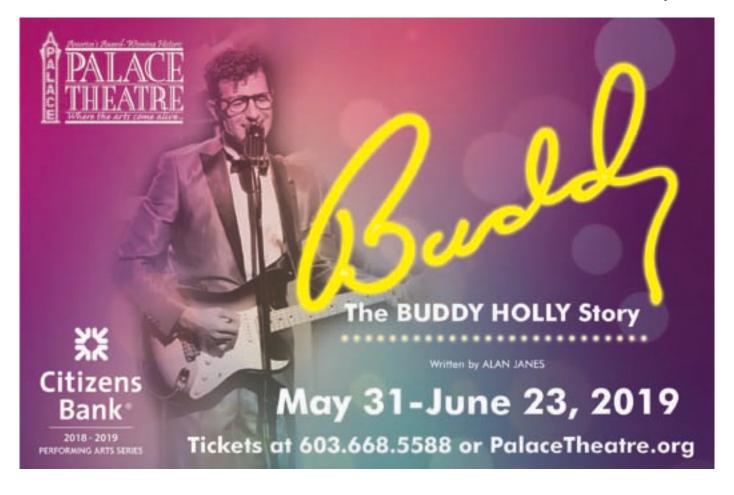
Noting Wright Museum is celebrating its 25th anniversary in 2019, Culver said while The Trail attracts roughly 250,000 visitors annually, there is one caveat.



"There are people right in our towns who still do not know about us," he said. "Where else can you cover more than 350 years of history in one experience than on The Trail?"

Comprised of 17 museums, the NH Heritage Museum Trail is divided into the Seacoast, Merrimack Valley and Lakes Region with stops in Canterbury, Concord, Dover, Exeter, Laconia, Manchester, Moultonborough, Plymouth, Portsmouth, Tamworth, and Wolfeboro.

For more information about The Trail and any member museum, visit nhmuseumtrail.org.





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2019 Castle Car Show



Register your antique or classic car!

\$25 per vehicle (\$20 if paid by June 26th) Register at **castleintheclouds.org** or **603-476-5900**

Vehicle registration includes one free admission and one discounted admission to tour the Castle

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THORNE-SAGENDORPH ART GALLERY



5 amazing summer adventures in and around North Conway

North Conway, NH — For the second year in a row, North Conway, NH has earned a spot on the Top Ten Small Towns for Adventure list in the USA Today/10 Best Readers' Choice Awards, clinching a spot in the top five on the list. North Conway was the only town on the list located in the Northeast according to the announcement made today by 10Best editors.

A panel of expert travel and adventure journalists partnered with 10Best editors to pick the initial 20 nominees for the Best Small Town for Adventure designation, then the top 10 winners were determined by popular online vote. For nearly a month, readers visited the online voting platform and could vote daily. In the end, North Conway's visitors hit the polls over and over again to ensure that North Conway was in the top five small adventure towns on the list.

In describing North Conway, 10Best experts said, "Set amid the sprawling White Mountain National Forest, North Conway offers visitors access to Mount Washington (the tallest peak in the northeast) and the accompanying four seasons recreation. During the snowy months, the area boasts some of the region's best skiing and snowmobiling, while summer is excellent for hiking, golfing, fishing and camping. Fall leaf peeping is some of the best in the country."

North Conway's online 10Best description was accompanied by a photo of kayakers taken by local photographer, Dan Houde, of WiseguyCreative.com.

The top towns chosen as for adventure are as follows:

Lake Geneva, WI Marquette, MI Buffalo, NY North Conway, NH Lander, WY Bryson City, NC Abita Springs, LA Vernal, UT Blowing Rock, NC Everglades City, FL



Those seeking adventure in New England need look no further than North Conway, NH and the surrounding Mt Washington Valley. From rock climbing to rafting and backcountry skiing to biking, adventure travelers are drawn to Mt Washington Valley for its adventure offerings. Adventure hikes to zipline thrills await. Consider these four options plus many more.

Throughout the summer & fall: Lodge to Hut & Hut to Hut hiking with AMC: The AMC offers many guided hut to hut hikes. For example, join an AMC outdoor guide on an attempt to summit New England's highest peak, Mount Washington, June 7-9, 2019. At 6,288' the "rock pile" should be on everyone's bucket list. This challenging hike may be difficult for some to accomplish in one day, so take advantage of Lakes of the Clouds Hut and spend the night, hiking back down the next day. With an experienced AMC outdoor guide you'll hike at a moderate pace to Lakes of the Clouds via the Ammonoosuc Ravine trail. You'll stop at the hut for a rest and lunch. With lighter packs continue up the 1.5 miles to

the summit of Mount Washington to explore the summit, take pictures on the "rock pile" and hike back down to the hut for the night. After a well-deserved dinner and evening program, take to your bunks for the night and then hike back down the Jewell Trail the next day. A van will transport the group back to the Highland Center at Crawford Notch. For more info and other hut-to-hut hikes: https://www.outdoors.org/ outdoor-activities/adults/lodge-to-hut-

June 8: Black Fly In My Eye 10 Mile Or 3 Mile Run And Relay At Great Glen Trails: Tackle single track, muddy bogs, carriage roads, and a river crossing in this trail running race that's 100% New Hampshire. Now in its 10th vear, the 10-mile course at the base of

adventures



Mount Washington is made up of three loops; each with its own unique character. Fun for experienced trail runners and the novice, teams or individuals, the Black Fly Run and Relay is considered one of New Hampshire's premiere trail running races. Registration includes a post-event barbecue, awards ceremony, and prizes. Race as an individual, team of 2 or team of 3. Entry fee includes post-race BBQ for race participants. Look for other races and series throughout the summer on Great Glen Trails website. Info: www.greatglentrails.com/events-list.

Anytime in the spring, summer or fall: Redline guiding train running adventures: Some like to hike more slowly taking their time. Others not so much. Fortunately, Redline Guiding is there for both crowds. For the high intensity, adventure and rush-seeking guests guided trail running adventures allow runners to do a "Presidential Traverse" or take on a "Pemi Loop" in a day. Knowing the region the way they do, those two destinations are just a hint of what can be customized for solo runners or groups. Three to four hour runs or full six to eight hour guided runs for the more adventurous are possible. For the extreme trail runners, how about a 24-hour hut-to-hut run? These running adventures are customized to the runner(s) so the sky is the limit. Info: https://redlineguiding. com/adventures/trail-running/.

Anytime year-round: Knockerball North Conway: Knocker what? Knockerball is a single chamber inflatable sphere with inner handles and adjustable shoulder straps used to play full contact soccer, or as some like to call it, Knocker Soccer! Knockerball North Conway's indoor facility features a 5,000 sq. ft. artificial turf playing field - the only one in the North Conway area. Here, get in on weekly KnockerBall events or try Archery Tag which is a fun mixture of paintball, archery, and tag. Fitness classes and indoor weekly flag football is available here too. This adventure is perfect for everyone from the younger set to the older athletes. Info: http://knockerballnorthconway.com.

Anytime, spring summer and fall: Ziplining in Mt Washington Valley: Nowhere else in New England can you experience the exhilaration of flight and take in scenic views like you can on Mt Washington Valley's five different zipline courses. From Bretton Woods Canopy Tour over ancient hemlock groves to Monkey Trunks series of 11 ziplines and 61 ropes and platform challenges, Mt Washington Valley offers more zipline adventures than any other place in New England. Even the younger set have options. Zip with a crowd at Wildcat's zipline offering room for four or go mountain to mountain on the longest single span zipline in the contiguous United States at Attitash. It's all available within a 25 minute drive (or less) from North Conway! Info: Click here.

For more information on North Conway, options for adventure in the surrounding Mt Washington Valley region, and vacation planning resources, visit www.MtWashingtonValley.org or call 800-367-3364 (800-DO-SEE-NH). To learn more about planning your vacation to New Hampshire, be sure to visit www. VisitNH.gov.

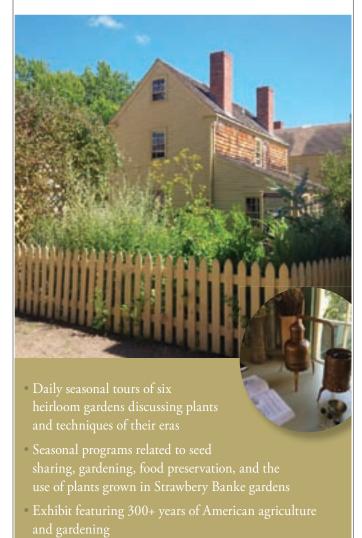
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American Society of Dowsers announces their 59th Annual Dowsing Convention

Since 1961, The American Society of Dowsers (ASD) has been a pioneer for scientific and technical exploration of dowsing, as well as the esoteric, spiritual and psychic arts in the United States. ASD's annual conventions feature a variety for its members: speakers, vendors, and cutting-edge research. This year, the American Society of Dowsers will be celebrating its 59th Annual ASD Convention.

PLYMOUTH, NH, March 26, 2019 — This year, the ASD is hosting their 59th Annual Conference on June 26-30, 2019 in Plymouth State University in Plymouth, New Hampshire. This is the National Dowsing Convention & Metaphysical Expo and Annual Members Meeting. This gathering features fantastic workshops, lectures, wellness practitioners, vendors, and formal training to develop your inner knowing using dowsing techniques.

Just a few of the subjects covered are Geomancy, Vibration and Sound, Earth Energies, Radiesthesia, Psychic Development, Plant, Map and Water Dowsing, Sacred Geometry, and many Wellness modalities. ASD was created to serve as a focal point for the science of dowsing and dowsers. Dowsing is defined as "a technique for searching for underground water, minerals, or anything invisible, by observing the motion of a pointer (traditionally a forked stick, now often paired bent wires) or the changes in direction of a pendulum,' Dowsing has been practiced throughout millennia, and although the name has changed, the techniques have not. Many cultures and religions have had their own version of dowsing. Registration for the 2019

National Dowsing Convention & Metaphysical Expo and Annual Members Meeting is now open. Please go to www. dowsers.org/dowsers-convention for more information, early bird ticket specials, and applications for vendors, speakers, volunteers, and advertisers.

The 59th Annual Convention will feature Keynote Dowser Brian Besco as well as Dr. Eben Alexander who will be delivering a Keynote presentation as well. ASD's 59th Annual Convention will feature an exhibition of vendors offering products, books, and services. ASD will be offering its Foundations Course for beginners and those who would like to have a refreshment course on dowsing skills. The ASD has been hosting its annual convention for its members since 1961.

About The American Society of Dowsers (ASD): ASD is a nonprofit 501(c)(3) organization founded in Vermont in 1961 to disseminate knowledge of dowsing (water witching, the discovery of lost articles or persons, and related parapsychological phenomena), development of its skills, and recognition for its achievements. Its mission is "to support, encourage and promote dowsing and dowsers in a manner consistent with the highest standards of personal integrity and behavior; to provide dowsing education and training to dowsers and non-dowsers alike to bring them to a level of proficiency they are comfortable with; to promote and foster communication and fellowship among all persons in any way interested in dowsing." For more information on ASD, our conventions, and membership go to www.dowsers.org

Help protect endangered Piping Plovers on New Hampshire beaches

The public is being asked to again help protect endangered birds on the beaches, as the New Hampshire Fish and Game Department reports that there are six pairs of piping plovers nesting along the sandy shores of Hampton and Seabrook. Beachgoers can make a big difference in whether or not piping plover chicks survive to fledgling age. Here's how you can help:

Watch where you step — A plover chick's defense mechanism is to freeze when people get close, which makes it difficult to see. The chicks are about the size of a cotton ball and light colored, so they blend in with the sand.

Leash your dog - Free-running dogs can accidentally

step on and crush eggs and chase after the chicks and adult plovers. Hampton Beach State Park and the Town of Seabrook both have restrictions regarding dogs on beaches during the summer. People should check before bringing their dog on any public beach.

Fill in holes — Holes in the sand are traps for the tiny chicks which can't fly. Filling in any holes on the beach helps the chicks move about and find the food they need to grow strong and be able to fly.

Volunteer — Anyone interested in volunteering can contact the NH Fish and Game Department Piping Plover Monitor Program at 603-419-9728.



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Photo exhibit features war-affected girls in Uganda June 20

The work of three photographers inspired by war-affected girls in Uganda will be on display at the Nashua Public Library in June.

After being abducted, trafficked, abandoned, abused, and forgotten, these girls had no hope for a future. The exhibit tells a visual story of how, with the help of ChildVoice, a nongovernmental organization founded by New Hampshire resident Conrad Mandsager, they became empowered to live full and productive lives.

ChildVoice transforms the lives of children broken by war in safe, therapeutic settings, with loving care, spiritual and emotional counseling, education, and vocational training.

The photographers—Pulitzer Prize-winning photojournalist Mary Chind-Willie, Dr. Larry Lindell, and Dr. Neil Mandsager—visited ChildVoice's Lukome Center in northern Uganda and captured the girls' personal journeys of courage and faith. Also included in the exhibit are Ugandan handicrafts.

To learn more about the photographs, come to the library on Thursday, June 20, at 5:30 p.m. Krista Brown of ChildVoice will give a talk about the work of her organization and show a video of Grace, the girl featured in many of the photos.

The library is located at 2 Court Street. Visit nashualibrary.org/visit/directions for directions and parking information. For other information, contact



Carol at carol.eyman@nashualibrary.org or (603) 589-4610.





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Don't just take our word for it, here's what recognized travel experts have to say about compelling reasons to consult a travel professional:

TRAVELER

"Why do I still like agents? A competent travel adviser can be your greatest asset when you're planning a trip. Good travel agents have an edge over almost any other seller of travel. They know what you want. They speak your language. And they're there for you when you run into trouble."

> Christopher Elliot, ombudsman, National Geographic Traveler magazine

THE WALL STREET JOURNAL

"It's clear agents can likely save travelers big money and help set a realistic itinerary. Even where they weren't cheaper, the agents competed with what we could find on our own. And we were impressed where they did save us money, in particular with hotels."

Jane Hodges, Wall Street Journal

FORRESTER

"Having a travel agent advise you is now more important than ever," as fees, surcharges, and other travel restrictions have become more confusing for consumers. "Travel is one of the most complicated purchases."

> Henry Harteveldt, Travel Industry Analyst, Forrester Research

Calendar of Events

JUNE 8TH

Guided Evening Lantern Tour at Lost River Gorge

\$35.00 per person, 1712 Lost River Road, North Woodstock, NH 03262. Phone: 603-745-8031 Explore Lost River Gorge and Boulder Caves at night by the light of lanterns and headlamps. Experience the same thrill and wonder of those who discovered the gorge in 1852. The mystery of the boulder caves and the astonishing rock formations become even more dramatic under the flicker of lantern light. Lantern Tours are held on Wednesdays and weekends throughout the summer. These guided evening tours begin at dusk, take about 1½ hours, and are followed by a special treat – s'mores around the campfire. All reservations must be made in advance by calling 603-745-8031; space is limited. Not recommended for children under 5 years old. Please visit our Lantern Tour page for more information.

JUNE 10TH

World Ocean Day Family Festival

Price per carload: \$20.570 Ocean Boulevard, Rye, NH 03870. Phone: 603-436-8043. Seacoast Science

\$1.00 OFF Children

Center is celebrating World Ocean Day with a fun-filled family festival focused on the wonders of the ocean and how we can help keep it healthy for future generations. Activities will be provided from a number of organizations such as; a mock seal rescue for kids from the Marine Mammal Rescue Team, tours inside a life-size inflatable whale by Blue Ocean Society, or become a Reeftown Ranger with NHPBS and drive a ROV with our partners at the Portsmouth Navy Shipyard. Families can also participate in a family march for the ocean, face painting, games, meet-and-greet with mascots, beach clean-up and more. Music will be provided all day by DJ Captain Beats, Lexie's Burger Bus will be on-site with lunchtime favorites, and there will be popcorn, cotton candy, and cold drinks available for purchase. Cost: \$20/ Car.

JUNE 13TH

207-693-6861

Invasive Species Removal Work Day

10 - 11:30am. Holderness, NH - Squam Lakes Natural Science Center invites the public to learn how to identify and remove invasive plant species. The program will begin with a brief introduction to an invasive species followed by going out onto Science Center grounds to learn and practice techniques for removing that species from an area. Participants will learn skills to apply to removing invasive species from their own property. Refreshments are provided to wrap up the session. Participants should wear long pants and sturdy shoes and to bring work gloves, water, insect repellent, and sunscreen.

Cost: This program is free but reservations are required. For details about this event, upcoming programs, and membership go to www.nhnature. org or call 603-968-7194.

JUNE 15TH

www.songoriverqueen.net

Casting for Kirby: Youth Fishing Derby

\$6 pre-register; \$10 register on event day.
Waterville Valley Town Square, Waterville Valley,
NH 03215. Phone: 800-468-2553. Hey Kids! Grab
your parents and tackle and head to the shores of
Corcoran Pond for a fishing derby! Prizes awarded
across age groups. Test your skills and see if you can
catch Kirby, the best prize of them all! Over \$1000
in Prizes!! Schedule: Event day registration: 8am8:30am Ages 7 & under begin fishing at 8:30am
Ages 8-15 begin fishing at 8:45am \$6 if registered
by June 12th by noon. \$10 to register on event
day Facepainter 8:30am-12:30pm Balloon



Calendar of Events

twister 9:30am-11:30am Rey Center story hour 10am in the gazebo Visits by Curious George and Bruce the Moose Award ceremony starts approx. 11am Sponsored by Mark Invernizzi Landscaping Supported by Pemi chapter of Trout Unlimited, NH Fish and Game, WV Dept of Public Safety and Waterville Valley Resort.

■ JUNE 19TH & JUNE 26TH Yoga on the Deck

7:30 - 8:45am. Holderness, NH - Rise and shine with Vinyasa Yoga on the deck of the Water Matters Pavilion at Squam Lakes Natural Science Center. This program for adults will stretch and renew while surrounded by the sights and sounds of nature. Led by Donna Sullivan E-RYT 200, RYT-500, this gentle flow yoga is appropriate for all levels. This gentle flow yoga is appropriate for all levels. Bring a yoga mat and water. The class will be indoors if it is raining. Cost: \$13/member; \$15/non-member For details about this event, upcoming programs, and membership go to www.nhnature.org or call 603-968-7194.

JUNE 21ST

Make Music Bethlehem

Free. Main Street, Bethlehem, NH 03574 Phone: 603-575-9077. Make Music Day brings music makers of all ages and experiences out to the sidewalks, parks, porches and public places of Bethlehem on June 21, 2019, the first day of summer — a free celebration of music-making that takes place on the same day in more than 120 countries and 800 cities across the globe. On June 21st, the summer solstice and longest day of the year, NH musicians of all ages, backgrounds and skill levels will be empowered to perform from several indoor and outdoor public spaces in a celebration of music like no other.

JUNE 22ND

Cranmore Food and Wine Event hosted by Chef, Vito Marcello

\$75. 239 Skimobile Road, North Conway, NH 03860 Phone: 603-356-5544. The Cranmore Food and Wine Event will feature cooking demonstrations by Chef, Vito Marcello and wine sampling from Pine State and Southern Glazer's paired with food samples from Vito Marcello's Italian Bistro and Cranmore Mountain. The event will also feature special guest, Salvatore Ferragamo, Vinter from II Borro Wines in Tuscany, Italy. Also, enjoy live music from members of the American Vinyl All Star Band including Barry Goudreau formerly of the band

Boston, Tim Archibald of RTZ/Peter Wolf Band and Danny Beissel of Fosterchild. Tickets are \$75 and include demonstrations, food and wine sampling, music and wine glass. Tickets are available for purchase at Cranmore.com. This event is for guests 21 years of age and older.

JUNE 28TH

At Your Service: The Role of Service Animals

7pm - 8pm. A service dog is defined as one that is individually trained to do work or perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability. Have you ever wondered what it takes to become a service dog? How are they chosen? How are they trained? How do they communicate with their handler? Join us and the Medaglia-Brown family — Bill, Domenica, Domenic, and Guida – as they share their story. Location: New Hampshire Telephone Museum. Admission: Suggested \$5.00 Donation. Contact: Graham Gifford, Program Coordinator 603-456-2234. www.NHTelephoneMuseum.org

JUNE 30

Independence Day





Celebration with Fireworks

9:00 PM - Jackson. Jackson Village & the surrounding communities come together to celebrate Independence Day... join us as we light up the sky with a spectacular fireworks display Sunday, June 30th at approximately 9:00 PM (please note due to unknown weather or other factors there may be a delay in the start time). The Fireworks will be going off from our Jackson Village Park and will be easily viewed throughout Jackson Village. We recommend that you come early to get a good spot. There will be ice cream, popcorn, glow necklaces, balloons and other fun stuff available. For more information please contact the Jackson Area Chamber of Commerce at (603)383-9356 or visit the website www.jacksonnh.com.

JULY 4TH

4th of July Celebration

2628 White Mountain Hwy, North Conway, NH 03860

Phone: 603-356-5701. Look forward to a quintessential New England village celebration as the Town of Conway kicks off Independence Day festivities on Wednesday, July 4th with an afternoon parade scheduled tentatively for 1:30pm,

followed by the playing of the National Anthem in Schouler Park. Reserve your space in the park with a blanket and a picnic. Later in the evening Motor Booty Affair will take to the stage in Schouler Park followed by a brilliant display of fireworks scheduled for approximately 9:30pm. The rain date for fireworks is July 5th at 9:30pm. To help ease traffic, on the 4th of July only, ride the Fireworks Express train from Conway. The Conway Scenic Railroad will provide round-trip train transportation from its terminal in Conway to the station in North Conway Village for those who'd like to combine a historic train ride with the day's events. The 80-passenger Budd car will pick up passengers in Conway at 6:00 and 7:00pm and will return to Conway at approximately 10:15 p.m., following the fireworks. For more information on special July 4th train fares and schedules, click here. For more information on the events of the day, visit www. mtwashingtonvalley.org.

■ MAY 26TH - SEPTEMBER 3RD

Blue Star Museum Summer Program

10am - 4pm.The New Hampshire Telephone Museum will participate in the Blue Star Museums

Calendar of Events

summer program helping military families create memories! NHTM will offer free family admission for active duty military families from Memorial Day through Labor Day. Location: New Hampshire Telephone Museum. Admission: Suggested \$5.00 Donation. Contact: Graham Gifford, Program Coordinator 603-456-2234 www.NHTelephoneMuseum.org

EVERY MONDAY, WEDNESDAY, AND FRIDAY

River Otter Feeding

11:30am. Holderness, NH — Squam Lakes Natural Science Center holds a special river otter feeding every Monday, Wednesday, and Friday at 11:30 a.m. See the two playful resident river otters enjoy an early lunch. Expert volunteers tell visitors about otter biology and ecology, while also serving up a tasty treat or two. River otter feeding time is included in regular trail admission. Trail Rates: FREE/members; \$20/adult, \$17/senior (65+), \$15/youth (ages 3 to 15), children 2 and under free. For details about this event, upcoming programs, and membership go to www.nhnature.org or call 603-968-7194.



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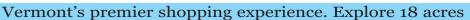
Farm to Fork Festival

- Local food
- Live music
- Wood fire pizza
- **-** Fun for the whole family!
- August 10th 9 am to 3 pm

Take an internship

- Meet like-minded people
- Organic Farming
- Eco-Exchange Program
- May to October

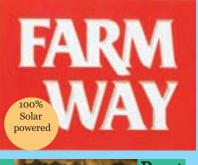
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