

Free + Our 150th Year + Issue 44 + November 1, 2019

Coe named Superintendent

The SAU 24 Board has named Jacque-

line Coe Ed.D. Superintendent of Schools for SAU 24. Dr. Coe will assume her duties as Superintendent on January



1, 2020. Coe came to SAU 24 in 2016 as Assistant Superintendent from her post as Academic Dean at Bow High School. Dr. Coe also taught at Kearsarge Regional High School. She is a member of the Education adjunct faculty at New England College.

DAR honors Shannon Allen

The Mary Varnum Platts-Peterborough

Chapter Daughters of the American Revolution has announced the ConVal DAR Good Citizen Winner for



2019-2020 is senior Shannon Allen. Allen has held a variety of leadership roles at ConVal, notably, President of Student Council, Vice President of the Student Athletic Leadership Team (SALT) and Secretary of the National Honor Society. She represents ConVal as a member of our varsity softball and field hockey teams; the latter of which she is the captain. Allen serves as a Peer Mentor, supporting freshmen students in their transition to ConVal. Allen is the daughter of Jennifer Allen of Peterborough and Tim and Aimee Allen of Peterborough.



online at graniteguill.com



The Weare Police Department escorted the Weare Middle School Field Hockey team home after an undefeated season and Championship win!!!

New Kearsarge Choral Director Hillsboro-Deering's Alex Ager's debut concert

Alex Ager, music teacher at Andover Elementary/Middle School, will make his conducting debut with Kearsarge Chorale at its fall concert. The program will include Requiem in D Minor by Gabriel Fauré, with a chamber ensemble accompanying the Chorale. Also on the program will be

works by Ola Gjeilo, Will Todd and Eric Idle. The concert will take place at Wheeler Hall (in the Ware Student Center) on the Colby-Sawyer campus at 3:00 PM Sunday, November



24. A silent auction for the benefit of the Chorale will take place before the concert, starting at 2:15 PM, and continuing during intermission.

Tickets (\$15 each and \$5 for students) will be available at Tatewell Gallery and Morgan Hill Bookstore in New London, at MainStreet BookEnds in Warner, online at

kearsargechorale.org and at the door. (Checks or cash only will be accepted for purchase of auction items.)

Goffstown taxpayers facing a \$5.98/1,000 tax increase

The New Hampshire Department of Revenue Administration has approved Goffstown's 2019 Property Tax Rate at \$24.58 per \$1,000 of valuation, an increase of \$5.98 over the current \$18.60 rate.

In 2018, the School District returned over \$10M in funds to the taxpayers that was retained in error. This action resulted in a significant reduction in the 2018 Local School tax rate from

what would have been \$13.23 to \$7.32 per thousand - a one-time reduction.

Although the local school tax rate was projected to be \$14.09 in 2019, a combination of unspent school budget funds, additional revenues from the State of New Hampshire, and other sources combined for an actual local school tax rate of \$13.28. The 2019 tax rate reflects a resstablishment to pre-2018 levels.





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Antrim company provides Experiential Leadership Adventures

The Tuck Business School at Dartmouth College is laser focused on developing high performing business leaders of the future. The school provides academic classes on leadership from a historic perspective, individual leadership coaching for all students, and experiential leadership programs.

Ursa Major Northeast Guides of Antrim provided Tuck students an opportunity to lead small teams to compete, and finish five complex challenges. After each of these challenges, the students participated in After-Action Reviews facilitated by Ursa Major mentors Colonel (R) Jim Creighton, Lieutenant Colonel (R) Jay Kanavos, Lieutenant Colonel (R) TamasineWood-Creighton, and Colonel (R) Greg Bell. During these reviews, student leaders analyzed their performance and received constructive feedback from both peers and Ursa Major mentor guides.

Ursa Major conducted this exciting Experiential Leadership Adventure at Eagle Point in Antrim. Tuck students were challenged to set up their camp, conduct land navigation using a compass and map over a 4-mile long wilderness course; build a 50-foot three-rope bridge, conduct strategic riverine operations, and negotiate a complex Leadership Reaction Course. Prior to participating in each of these activities, Ursa Major guides taught the students the skills they needed to complete these challenges. Once comfortable with their newly acquired skills, student leaders analyzed their resources, evaluated the personnel capabilities of their team members, gathered information, developed a plan, and then directed their team to act; all while under

stress. To be successful, student leaders were forced to make quick decisions as they executed their plans. Each day ended with a campfire on the North Branch River where students had the opportunity to interact with Ursa Major mentors and take advantage of their 100+ years of active military, corporate, and non-profit leadership experience. The combination of high paced challenges, immediate feedback, and leadership situational discussions gave the students a unique opportunity to reflect on their own individual leadership styles and performance.

Over the weekend, Ursa Major guides worked with Tuck students and provided them with encouragement as they navigated their way through challenges.



The Ausbon Sargent Land Preservation Trust thanks Sandra Blackington (seated L) and her sister, Cora Collins Kangas (seated R), for their generous donation of a conservation easement on their 265-acre Rowell MacWilliams Woodlot in Sunapee. Also at the closing on October 24, 2019 are (standing L-R) Board Chair Frances Harris, Land Protection Specialist Andy Deegan and Executive Director Debbie Stanley.

Ausbon Sargent Celebrates a New Property in Sunapee

The Ausbon Sargent Land Preservation Trust added 265 additional acres of protected Sunapee property when sisters Cora Collins Kangas and Sandra Blackington donated a conservation easement on their "Rowell MacWilliams Woodlot" located on Perkins Pond Road. The closing on this generous gift took place on Thursday, October 24, 2019. The Blackington-Collins Kangas conservation easement can be accessed from Perkins Pond Road in Sunapee. There are extensive wetlands that are part of the watershed for Ledge Pond, which was formerly used as the source of drinking water for Georges Mills. The property will be managed with the assistance of forester Van Webb, who is also the Sunapee Conservation Commission Chair.

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TAKE YOUR MEDICINE



Newborns with vitamin D deficiency have an increased risk of schizophrenia later in life, according to a recent study published in *Scientific Reports*. The study found that newborns with vitamin D deficiency had a 44 per cent increased risk of being diagnosed with schizophrenia as adults, compared to those with normal vitamin D levels. Schizophrenia is a group of poorly understood brain disorders characterized by symptoms such as hallucinations, delusions and

cognitive impairment.

As physicians attempt to decrease antipsychotic use in seniors with dementia, they need to be aware that trazadone, frequently used as an alternative, is associated with a similar risk of falls and major fractures as atypical antipsychotics, according to new research in *Canadian Medical Association Journal*.

•

With the aim of preventing birth defects, most American doctors recommend that women start taking prenatal vitamins before trying to conceive to make sure folic acid, iron, calcium and other nutritional levels are adequate. Most prenatal vitamins contain 400 international units (IU) (10 micrograms) of vitamin D per tablet. The federal government has not set a recommended daily intake of vitamin D, though many agree the dietary intake of the vitamin should increase with age. The Institute of Medicine of The National Academies recommends that females 1 to 70 years old consume 600 IU (15 micrograms) of vitamin D daily, regardless of their pregnancy status. The group sets tolerable maximum levels at 4,000 IU (100 micrograms) for pregnant and non-pregnant women who are 19 and older.

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DENTAL CARIES TREATMENTS PART I



Fillings

Fillings are the most common form of treatment for the disease. A dental professional drills into the affected area(s) of the teeth, removes the decayed material inside the prepared cavity, and packs this empty space with an appropriate dental filling material. There are different types of filling materials that can be used, depending

on the area where caries has occurred. Composite resin, the most common filling material in the developed world, has a great pallet of color which dentists can use to repair caries damage to teeth that are visible when you smile. In the case of back teeth, some dentists prefer using other dental filling materials which are stronger.

Crowns

Crowns are another option for dental professionals when treating dental caries, and are only used when a large proportion of the tooth is destroyed by disease. When tooth decay leads to the need for large fillings, the tooth becomes more prone to cracks and ultimately breaking. The dentist would attempt to salvage the remaining tooth, repair it, and finally fit the tooth with an alloy or porcelain crown covering.

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November 2, 2019

One-time tax break for New Boston Hopkinton Library takes first steps at reopening Contoocook man indicted on multiple firearms charges New England College features Segway inventor Dean Kamen

November 3, 2017

Hopkinton residents evenly split on gun range Franklin murderer told his sisters, who told police Goffstown School District tax rate miscalculated New Boston upgrades its emergency service communications

October 28, 2016

Franklin withdraws from SAU #18 New Boston Police Department being sued by former officer Format offered to combine Newport town & school finances Bow Police seek help in solving home burglary

October 30, 2015

Major drug bust in Hillsborough Franklin Police confiscate meth lab Power outage forces evacuation of Weare schools Pair of pit bulls attack Bow man & a dog

October 31, 2014

Demands for Hopkinton Fair Board to resign New Boston students learn fire safety firsthand Goffstown Selectmen approve wheelchair transportation MaineLine Graphics relocates to Antrim

November 1, 2013

John Velleca sworn in as Weare Police Chief Newport's WCNL is Radio Station of the Year ConVal teen expelled for bringing gun to school Antrim & Bennington may merge police departments

November 2, 2012

Newport WWII veteran Jessie Scott dead at 105 Hillsborough hires Laura Buono and Robyn Payson Wilmot Police Chief updates selectmen

New London Hospital Days may become Chamber Days

November 4, 2011

Plans for Hillsborough's Kemp Park progressing Tragedy strikes Deering family again Former Antrim man makes NASA "green" Weare Police arrest two men for Lanctot's burglary

November 5,2010

Eolian asks Antrim for "payment in lieu of taxes" New London's Town Report places first Newbury Selectmen challenge FEMA liaison Bradford to revamp Parks & Recreation Dept.

October 30, 2009

Deering woman receives compassionate sentence Galen Stearns named Antrim Town Administrator Bennington Fire Department honors Edes No drugs found at Kearsarge Middle School

Warner Advisory Committee developing a 250th Anniversary Mural

Charlie Albano, Chairman of the Economic Development Advisory Committee, recently updated the Warner Select Board on what the EDAC has been doing. About a year ago, Albano met with Bod Egan and Rhonda Rood and asked permission to use the side of their building for a mural, which they agreed to.

Murals are another part of an economic development activity where people would like to come to town to see. A subcommittee of the EDAC was developed to create the mural and they are ready to send out request for proposals. The EDAC

An Olde Fashioned Christmas

Again this year, Hillsborough Pride will coordinate the efforts of the town's churches, civic groups and businesses into a town-wide, day-long celebration of both the religious and commercial aspects of Christmas, concluding with a Tree Lighting in Butler Park and and a visit from Santa Claus. Groups or businesses wishing to participate should call Pride Chairman Leigh Bosse at 464-3388. will obtain written permission from the owners of the building.

The EDAC also has permission from the Warner Historical Society to partner with them being a fiscal agent for the money that is going to be raised for the mural privately. The cost for the mural is estimated at \$10,000. The mural will not be painted on the wall, the mural will be in 6 sections and will be hung on the side of the building. The theme is based on Warner's 250th anniversary.



Greater Hillsborough Republican Committee Chair Bob Nash welcomed 2nd Congressional District candidate Lynne Blankenbeker to Monday night's meeting.



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🔏 Hometown Heroes

Greenfield Fire Department During a recent Open

During a recent Open House, the Greenfield Fire Department announced that it has been awarded a \$71,000 FEMA Grant.

Weare Police Department

Weare Police Sergeants Frisbie and Maguire, and Officer Hatch hosted the Boy Scouts of BSA Troop 24 at the Station.

Hillsborough Police Department The Hillsborough Police Department recently hosted a training session at several locations in town.







Cam Prior - Hancock Police Department

On November 3, 2018 Officer Cam Prior received a serious foot injury when a vehicle traveling Stoddard Road crossed the center line and struck the cruiser he was driving head on. His cruiser was forced into the woods, again being struck by the other vehicle. Officer Prior, selflessly, was able to exit his cruiser to care for the occupants of the other vehicle until emergency services arrived. Officer Prior was transported to the Concord Hospital



where he underwent multiple surgeries. Officer Prior spent the last year focusing on his recovery and return to work, and has now returned to full time active duty.

Erin Depew, Kyle Merron - New Boston Fire

Introducing 2 new members of New Boston Fire/Rescue and New Boston Fire Association. Erin Depew has been a recruit with us for over a year, covering on Thursdays. She has since moved to town. She is a Firefighter Level 1 and Advanced EMT. Kyle Merron started as a Cadet at age 14 (2014) and has earned the rank of Cadet Captain. He is now a full responding member and is currently taking

Firefighter 1. Scott Stone - Goffstown Fire Department

On behalf of the Goffstown Fire Department, congratulations to

Scott Stone on graduating NEEMSI's Paramedic program.









Brynna Newcomb





Victoria Drake

'Radium Girls' presented by JSRHS Stage Company November 14-16

Summer Giroux

The John Stark Regional High School Stage Company is proud to present "Radium Girls" by D.W. Gregory from November 14 through 16 at 6:30 PM in the Café at John Stark. Tickets are \$5 for students and seniors; \$7 for adults and may be purchased at the door or reserved by leaving a message with Geri at (603) 529-1601.

During World War I, hundreds of young women worked in clock factories painting watch dials with luminous radium paint. This play follows these girls as they experience gruesome side effects from the paint and their fight for their lives and justice

against the U.S. Radium Corporation. "It's important to understand the sacrifices people have made over the years, and we shouldn't forget the suffering of these women," said JSRHS freshman Rose Kosciuscek, who plays the role of Kathryn Schwab, one of the women in the factory.

Additional cast members include Sean Boisvert, Caleb Bojarsky, Ivy Brooks, Eli Bryant, Abigail Burke, Eve Caplan, Bailey Carignan, Helen Connor, Trinity Cozby, Kasidy Downing, Rebecca Drabble, Victoria Drake, Oliver Flynn, Jillian Gagnon, Summer Giroux, Jaiziah Hooper, Brooke Hurlburt, Jenna Jezierski, Quince Kirtland, Rose Kosciuscek, Jillian LaBrecque, Cameron Lombard, Sierra McDonald, Brynna Newcomb, Annabel Poehlman, Abigail Sahlin, Alyssa Sargent, Braden Schou, Bree Souther, Zoey Tadlock, Hailey Turcotte-Hallee, Ava Weeks, Alexx Wilber, Ella Wilder, Carson Woodward, and Lauren Zervos.

Originally produced by Playwrights Theatre of New Jersey.



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A small group braved the rain and cold to gather for a prayer vigil in Hillsborough's Butler Park Sunday evening. They prayed for the two young people who lost their lives to overdoses last week and for those who continue to suffer from their addiction.

Grapevine hosts program on preventing suicide

Earlier this month, The Grapevine convened a community gathering to talk about suicide response, prevention and how to support our youth. We have posted some of the resources made available at the community gathering at our website. The next step is to deliver more information and training to both adults and teens to talk about suicide prevention, signs and symptoms and how to support one another in the face of loss and grief. Potential supports and resources to come:

*Suicide Prevention & Intervention for Individuals: A 4 hour training for adults delivered by NAMI trained instructors

*Peer Suicide Prevention Training delivered by NAMI trained high school students for middle and high school youth

*Grief & Loss Support Group Session with the potential for a group series

*Listing of local mental health counselors working with children and teens who are currently accepting new clients. If you are interested in any of the trainings listed above, contact The Grapevine to help in its planning.

Franklin Police subdue suicidal man with knife

Franklin Police recently responded to a report of a suicidal male with a knife running into the woods. Upon arrival, Officers encountered Sean Ethimiou who was suffering from a mental health issue. Ethimiou began threatening officers, and started to physically struggle with officers, knocking one of the officers to the ground in the struggle and kicked K-9 Falco in the head several times. Ethimiou was treated at the scene by Franklin Fire Officals, and was subsequently transported to the Franklin Regional Hospital for further treatment. he has ben charged with Simple Assault, Criminal Threatening, Resisting Arrest and Interfering with a police K-9 (a felony).

Henniker's Western Avenue closed next week

Western Ave will be closed next week, starting Monday, November 4, 2019 to all vehicles and pedestrians. Western Ave will be closed next week to all vehicles and pedestrians to place a box culvert just beyond the funeral home between 100 Western Ave and 103 Western Ave. All vehicles are to detour using Liberty Hill Road to Davison Road, and passenger vehicles & pedestrians may also use Hall Ave. to Fairview Ave.

Hillsboro Lions Club hosting the 43rd Annual Senior Citizens Dinner

A Hillsborough tradition continues for the 43rd consecutive year, as the Hillsboro Lions Club hosts its Annual Senior Citizens' Dinner.

Begun in 1976 by the Hillsboro Area Jaycees, the local Lions took over the project when the Jaycees disbanded. This year's event is scheduled for Saturday November 16th at the Hillsboro-Deering Middle School.

A FREE full turkey dinner with all the fixins will be served at 1 PM, with the help of the Girl Scouts. In order to avoid confusion and provide ample time for set-up, the doors will remain locked until 12:30 PM. Last years attendees consumed



ten 20lb turkeys, 36 lbs of green beans, 75 lbs of squash, 30 lbs of onions, and 16 dozen dinner rolls, not to mention the stuffing, gravy, pickles, olives, cranberry sauce along with 17 pumpkin pies, cider and coffee. The event is not limited to Hillsboro residents as seniors from adjoining towns are welcome to attend. The Lions have never turned anyone away, there will be plenty of food. Any questions? Call Project Chairman Leigh Bosse at 464-3388.



Kyle Krupa and Molly Ryan, two members of the SCA New Hampshire AmeriCorps Program, a partnership between the Student Conservation Association, The NH Dept. of Natural and Cultural Resources, and the Corporation for National and Community Service visited 3rd and 4th-grade students at the Henniker Community School. Their presentation about identifying and classifying New Hampshire animals corresponded to the ecosystems unit the Henniker students were studying. Stephanie Crowe photo.

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District Governor Sue Lindberg visited the Antrim/Bennington Lions Club for dinner and a little inspiration.



Hillsborough's Project Genesis recently hosted a Pancake Breakfast.



Hillsboro Lions President Steve Gallagher (I) welcomes former member Ken Willey back to the club as Secretary Don Ager and VP Mary Moorehouse Rogers look on.



Kearsarge Project C.L.I.M.B. students canoed across beautiful Squam Lake for an overnight camping trip to Bowman Island.



Ethan Trombley and Jasmyn Wilkinson were selected as the Newport Homecoming King and Queen.



The 2nd annual DECA Mattress Sale was held Sunday, October 27th.



Goffstown DPW was one of 11 municipalities that volunteered at the 11th annual NH Construction Career Days Event.



Scarecrows have invaded the New Boston Common. Cast your vote for your favorite scarecrows at the Library, Town Hall, Dodges or the Recreation Dept.



Messenger

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DEADLINE:

Monday at 5pm prior to Fri. publication.

ADVERTISEMENT ERRORS:

We will be responsible for errors in advertisements only to the extent of correcting the same in the next issue using space equal to the items in error.

LETTERS POLICY:

We will print signed letters to the editor on a space available basis. Letters should be no more than 250 words, typed or emailed. Letters must be signed but names may be excluded upon request.

PHOTO SUBMISSIONS:

We encourage individuals and groups to submit photos of their events or activities, either by mail or e-mail.

CORRECTIONS POLICY:

We strive every day to present full, fair and accurate news reports. We will correct, in this space, factual inaccuracies in our coverage. We encourage readers to tell us if we have made a mistake.

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Senior Lifestyles

A Guide for New Hampshire's Active Seniors

🔏 Area School Notices

Hillsboro-Deering

To our local community members:

Recently the state legislature was able to pass a compromised state budget where there was an increase to state education aid being sent to many districts around the state. This is wonderful news as many districts have been operating with decreased state aid for many years.

Due to the fact that this aid was sent to districts after budgets were set (at voting day in March of this year), it becomes a tricky situation that many school boards have had to determine what to do with the additional funding. If we wanted to accept these funds to use we would need to make quick decisions as we would (1) need to determine WHAT we would want to use these funds for- what did we not account for in our current budget? (2) We would need to move quickly and have a special meeting to accept the state aid. Letting the taxpayers make the final decision with a vote. This would cause a delay with the state setting the tax rate because should the district decide NOT to accept the state aid then these funds would go back to the towns. It is not clear what this impact would do to our tax bills as the state sets the tax rate; but holding up tax bills was not something we wanted to do especially entering the fast approaching holiday season.

This was not an easy decision that the Hillsboro - Deering School board (HDSB) takes lightly. We needed to make sure that whatever decision we made we were doing what was best for our overall community. At this time we have decided NOT to add the state aid for this academic school year (2019-2020) to our current school budget. We discussed this as a board in great detail. consulted with legal, other communities and the NH School Board Association and we decided that given where we are in the calendar the only items we could even consider pursuing would be capital improvement projects (campus/building improvement) and none of these items are show stopping critical items or items that would impact student safety or learning. The board felt that we would return the funds to the community this year.

The board understands that this decision may or may not be one that you agree with but we wanted to make sure that the HD community knew that this was not a light hearted decision. We thank you for your support and look forward to continuing to support our schools. Please feel free to outreach to any of us for questions or concerns. Our contact details can be found at www.hdsd.org.

Hillsboro Deering School Board

Hopkinton

Dear Community Members:

The District takes the safety and security of its students, staff, and community seriously. This afternoon the Hopkinton School Board met with District Counsel, Law Enforcement, and District/Building Administration in order to secure advice on what can be shared with the community regarding student matters.

The Administration has conducted an investigation and the Board has been briefed on the matter. Based on this information and the Administration's response, there is no reason to believe that the incident in question presents a threat to the students, staff, or school community. While state and federal student privacy laws limit our ability to provide student-specific information, the Board is confident that the reported matters have been addressed in a manner consistent with the District's safety protocols.

The outcome of the investigation revealed that the matter involved inappropriate communication by a student toward a small number of students. In addition, there was no broad threat made to either the health or safety of the student population at the Hopkinton Middle-High School.

The School Board acknowledges the real concerns expressed by students, families, and staff. We are also aware that there has been conversation and some speculation as to the nature of the alleged safety risk. Once again, we would emphasize that the matter has been addressed by the District and it does not present a broad threat to our students and staff.

The Board would like to thank the

🔏 Area School Notices

Hopkinton Police Department for their efforts and continued collaboration. The Board recognizes that the community may have an interest in gaining a better understanding of how the District addresses school safety concerns. We will host an informational meeting within the next 3 or so weeks to discuss process, privacy, and services.

School Counselors are available to support our students and to address any concerns regarding their safety. If you have any further questions or concerns, please do not hesitate to contact Superintendent, Steve Chamberlin or Board-Chair, Liz Durant.

Liz Durant, Steven Chamberlin

Newport

Dear Members of the Newport Community:

I am writing to you today to provide some additional information regarding our former finance person, George Caccavarro. As you may have seen in the paper last evening, Mr. Caccavarro turned himself into the Claremont Police Department yesterday afternoon on a misdemeanor charge. On Friday, once I was notified that Mr. Caccavarro would be turning himself in on Monday, he was placed on administrative leave. On Monday, Mr. Caccavarro indicated that his resignation would be forthcoming. It is important to mention that the alleged incident did not take place within the Newport School District or during his time working for the District.

Moving forward, we have a three-part plan to address the district finances and budgeting in the short and long-term.

Short-term we will work with a certified Business Administrator who I have worked with in the past. As a retired business administrator, he will work with us for one or two days per week to focus on budget preparation. In addition, we will have a CPA we have worked with previously provide support and assistance as needed to our accountant, Michelle Boucher.

Long-term we will assemble a search committee to begin the process of advertising and hiring a business administrator to provide district-level support in the future.

Times of sudden change are difficult, but I want each of you to know that we have a plan in place to address this challenge. It is my hope that we work together as one Tiger Nation to provide our students and each other with the support and resources needed to be successful.

Be well.

Brendan Minnihan, Interim Superintendent



Governor Chris Sununu recently visited the Newport Senior Center.

Messenger

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Andover: Jake's, Circle K, Pizza Chef, Bank Antrim: Antrim Marketplace, Rick & Diane's, Edmund's, T-Bird Belmont: Irving, Brookside Pizza, Yolk, Town Office, Village Store Bennington: Alberto's, Harris Convenience, General Store Boscawen: Alan's of Boscawen, Franklin Savings, Sunoco, Cumberland Farms, Kapelli's Pizza Bow: Town Office, Mobil, Chen Yang Li, Library, Blue Seal Feeds Bradford: Bradford Marketplace, Bank, Post Office, Appleseed, Pizza Chef Chichester: Z1 Express, Speedway, Country Store, Town Office Claremont: Hannaford, Market Basket, Hubert's Concord: Shaw's (2), Hannaford Contoocook: Dimitri's, Colonial Market, The Everyday Cafe, Covered Bridge Restaurant, Merrimack County Savings, Mr. Mike's Dunbarton: Page's Corner, Town Office Epsom: Circle Market, Town Office, Pizza Shop, Smoke Haven Francestown: General Store, Town Office Franklin: Hannaford, City Hall, Franklin Savings Bank, Franklin Studio, Pizza Chef, JJ's **Georges Mills:** Georges Mills Market Goffstown: Sully's, Sawyers, Hannaford, Goffstown Ace Hardware, Dollar Tree, Village Trestle, Shell, Cumberland Farms, China Gourmet, Putnam's Greenfield: Harvester Market, Town Office Guild: Dorr Mill Store Hancock: General Store, Fiddleheads, Hancock Inn, Town Office Henniker: Harvester Mkt., Henniker Pharmacy, All In One Market, Henni-

ker Farm Store, Edmund's

Hillsborough: Shaw's, Post Office, Diner, JD Foods, Bar Harbor Bank & Trust, Santander, Bank of NH, McDonalds, Subway, Dunkin' Donuts, William's Store Hooksett: Shaw's Hopkinton: Town Hall, Cracker Barrel Keene: Price Chopper, Hannaford, Toadstool, News Stand, Monadnock Co-op Loudon: Village Store, Eggshell, Subway, Penguin Manchester: Hannaford's (2) Newbury: Marzelli's, Bubba's, Town Office, Post Office Newport: Shaw's, Coronis Market, T-Bird, Circle K, Ouick Stop, Senior Center New Boston: Dodge's General Store, New Boston Hardware, Library, Town Office, Molly Stark New London: Hannaford, Hospital, Pizza Chef, Library, Liquor Store, Pharmacy, Jake's Market Northfield: Community Center, Wash & Fold, Ciao Pasta, Park & Go Pub Penacook: Dunkin Donuts, Constantly Pizza, Szechuan Garden, Laundrymat, Newell Post Restaurant, CC Tomatoes, Subway, Tedeski's, Thirty Pines, Cheney's Furniture, Sam's, Chief's Place Peterborough: Shaw's, Toadstool Bookstore, Mr Mike's, Hospital, Dunkin' Donuts, Brady's, Roy's, Nonie's Sunapee: Mini Mart, Town Hall, Library, both Banks Tilton: Post Office, Market Basket, The Onion, Cumberland Farms, Cvr Lumber, Shell Warner: Market Basket, Foothills Restaurant, Circle K Washington: General Store Weare: Town Office, Dimitri's, Country 3, Lanctots, Subway, Blackbird Market & Deli

Wilmot: Park & Go

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SOCCER



The Lady Wildcats fell to Bow 1-0 in the Tri-County Championship. Throughout the season they played with everything they had, building a great team and working together to end their regular season with a 9-0-1 record. Katie Cyr Photo.

Stevens 3, Hillsboro-Deering 2: Stevens took the lead 1-0 at the 29-minute but H-D answered in the 17th minute to make it 1-1. The Cardinals added a pair of second half goals for the win. **Merrimack 1, Goffstown 0:** The net eluded the Grizzlies all day. Bow 2, Pembroke 1: Tied 1-1 at the break. Bow's second half tally was the game winner.

Gilford 2, Hopkinton 0: The Hawks dropped their final game of the regular season and will be the No. 5-7 seed for the D-III tournament.

Milford 4, John Stark 2: Trailing at the break, the Generals cut their deficit to 3-2 but couldn't do more.

DIVISION III TOURNAMENT

#6 Hopkinton 4, #11 White Mountain 0: Four different Hawks scored, two in each half, as Hopkinton advanced players found the back of the net for the Hawks (13-4), who scored twice in each half and continued to play lights-out defense to advance to the next round after knocking out White Mountains, 4-1.

FIELD HOCKEY



The Lady Wildcats field hockey team pulled off a stunning 2-0 win over Pelham to remain the Tri-County League's Division III Champions! back row, I-r: Amelia Warecki, Kaitlin Dennis, Sophia Lundeen, Olivia Worthen, Emily Fredette, Emelie Lundeen, Caylin Worthen, Ryann Telgen, Sadie Sargent, Isabella Pelletier, Addyson Pelletier front row, I-r: Edie Fischer, Michaela Niquette, Lauryn Guevin, Adison Bolduc, Hailey Brisson, Jillian Fredette, Claudia Dustin. Nicole Richardson photo.

DIVISION II PRELIMINRY

#8 Sanborn 1, #9 John Stark 0: The Generals took shot after shot but Sanborn keeper Izzie Giles turned them away with 16 saves **#7 Goffstown 3, #10 Bow 1:** Bow's Sarah Guerrette answered ►



Goffstown's first goal, but the Grizzlies came back with a quick reply of their own.

DIVISION III SEMIFINALS

#5 Mascoma 2, #1 Hopkinton 0: Natalie Poitras and Nicole Williams each scored for Mascoma as the fifth-seeded Royals upset top-ranked Hopkinton.

VOLLEYBALL

Franklin 3, Stevens 1: The Golden Tornadoes wrapped up the regular season with a win and will play in the D-III tournament. **Stevens 3, Hillsboro-Deering 2:** The Hillcats brought Stevens to the brink but couldn't claim the victory.

Merrimack 3, Goffstown 1: The Grizzlies played hard and avoided the sweep.

DIVISION III PRELIMINARY

#5 Prospect Mountain 3, #12 Franklin 1: The Golden Tornadoes took one set back after going down 2-0, but couldn't carry the momentum into the third set.

#7 Campbell 3, # 10 Sunapee 1: Jordan Kanaley's eight aces, six kills, and 27 assists led Campbell to a first-round victory.

CROSS COUNTRY Division III Girls' Championship



Kearsarge 1st: Kearsarge's May Dube (19:07.4) repeated as the Division III girls' individual champion to help the Cougars girls earn their first ever state title. Kearsarge finished with 53 points to edge last year's D-III champion, Hopkinton (57 points).

FRANKLIN ATHLETE OF THE WEEK

The Al's Village Pizza and FHS Female Athlete of The Week is Senior **Breanna Goodsell** of the volleyball team. Breanna was a top server last week and a consistent hitter in the team's wins against Trinity and Stevens.



Tied 1-1 after four scoreless overtime's, the Mountain View Middle School boys were crowned Co-Champions with Londonderry. ►



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Until further notice, for anyone listing and selling their home through us OR buying a house (any house listed with any agency) using Red Coat Realty as their "buyer's agent," we will **DONATE** \$250.00* in their name, to the Community Support Group of their choice, listed below.

ANTRIM

Firefighter's Association Police Association Lion's Club Historical Society Presbyterian Church Church of Christ Baptist Church American Legion

BENNINGTON

Firefighter's Association Police Association Lion's Club • VFW Historical Society Congregational Church St Patrick's Church

DEERING

Firefighter's Association Police Association Historical Society Community Church Deering Association

HENNIKER

Firefighter's Association Police Association Lions Club • HYAA Rotary Club Historical Society Congregational Church St. Theresa's Church Boy Scouts & Girl Scouts White Birch Tucker Library

HILLSBOROUGH

Firefighter's Association Police Association Lion's Club HYAA • VFW Historical Society CV Bible Chapel Smith Church Boy Scouts & Girl Scouts Methodist Church St Mary's Church American Legion Food Pantry

WASHINGTON

Firefighter's Association Police Association Historical Society Congregational Church Baptist Church

WEARE

Firefighter's Association Police Association Historical Society Christ Church Bible Baptist Church Congregational Church Union Church Episcopal Church American Legion Lions Club

*One donation per buyer or seller, not to exceed \$500.00 per transaction.

To add your non-profit group to this great Community Support Program, call Joyce at 464-3053.



SOCCER

Hillsboro-Deering 7, Somersworth 1: The Hillcats tallied their fourth win in the last five games.

Hopkinton 3, Hillsboro-Deering 0: Logan Clough stopped nine shots for Hillsboro-Deering, but the Hawks prevailed. Merrimack Valley 5, Kearsarge 3: The Pride went up 3-0 to take the lead but the Cougars battled back to make it 3-2. The Pride quickly answered with another goal to make it 4-2 and netted another goal to take a 5-2 lead.

Winnisquam 5, Franklin 0: These Bears were too powerful for Franklin to handle.

DIVISION II PRELIMINARY

#5 Bow 1, #12 Stevens 0 (2OT): Matt Ferland scored the game winner 75 seconds into the second overtime period. **#11 Kearsarge 2, #6 Merrimack Valley 1:** The pride had a 1-0 halftime lead, but Kearsarge upset the Pride in the first round.

DIVISION III PRELIMINARY

#7 Hopkinton 5, #10 Hillsboro/Deering 0: Andrew Beckwith notched a goal and three assists for the seventh-ranked Hawks (12-41). Garrett Fitzgerald, Shea Dickson, Kevin Newton-Delgado and Ethan Molnar also scored for the Hawks.

DIVISION IV PRELIMINARY

#3 Sunapee 4, #14 Lisbon 0: Michael Mullen scored his 100th career goal two minutes into the match, then added two more as the Lakers advanced to the Division IV quarterfinals.



Congratulations to HYAA Boys Soccer 7/8 for a great season and for 2nd place in the Tournament.



Congratulations HYAA Boys Soccer 3/4 Team1 for an amazing UNDE-FEATED Soccer season 12-0 1ST PLACE.



FOOTBALL

HD/Hopkinton 41, Epping/Newmarket 20: Colby Quiet scored 5 TD-s off 19 carriers for for 202 yards.

Newport 14 Laconia 6: Marius Edwards tossed a 32-yard touchdown pass and scored on a 26-yard run for the Tigers.

Winnisquam 48, Franklin 6: Andre Cormier (2), Phil Nichols and Nolan Terrino each rushing for touchdowns.

Goffstown 29, Salem 28: With a little over a minute to play, Peyton Strickland caught a pass from Henault and turned it into a 79-yard gain, setting up the winning TD run by Zach Picard. **Milford 49, ConVal 14:** The Cougars were led by Gavin Urda who

rushed for 107 yards with a pair of touchdowns. **Bow 41, Kennett 0:** Steven Guerrette rushed for four touchdowns as the Falcons clinched the North Conference title in Division II.

Bow 41, Kennett 0: The Falcons took a 15-0 halftime lead and tacked on two more in the third quarter to take 35-0 lead.

FRANKLIN ATHLETE OF THE WEEK

The Male Co-Athletes Of The Week are Sophomore **Damien Eldridge** of the football team and **Danny Watts** of the soccer team.. Damien scored Franklin's only touchdown and caught four passes in their season finale against Winnisquam. Danny scored a goal in their win against Mt Royal Academy and has had a great overall season.

Hillsboro-Deering Winter Sport Sign-Ups

Boys BB - Monday, Nov 4th at 2:20 in the Gym. Girls BB - Monday, Nov 4th at 2:20 in the Gym. Alpine Skiing - Monday, Nov 4th at 2:20 in the Weight Room. Bowling - Monday, Nov 4th at 2:20 in Room 220. Winter Cheer - Monday, Nov 4th at 2:20 in the Cafeteria.



COLBY-SAWYER welcomes our newest Chargers to campus, including first-year and transfer students **Kaysyn Walker** of Hillsborough majoring in business administration. **Duncan Cahoon** of Antrim, majoring in business administration. **Henry Dalgleish** of New London, majoring in environmental science. **Hunter LaBelle** of Newbury, majoring in graphic design.

Derek Schoonmaker of New London, majoring in graphic design. Corrina Wright of Peterborough,

majoring in nursing. Kaytlin Young of Goffstown, major-

ing in nursing.

Hailey Lacombe of Newbury, majoring in undeclared.

BUFFALO STATE is pleased that **Jacob Wallgren** of Hillsborough, has joined our college community as a fulltime, first-year student. **Clara Walling**, of Contoocook, recently matriculated as a first-year student at Hamilton College. Walling, a graduate of Hopkinton High School. **Gabrielle Smith**, of Newbury was one of several Elmira College students participating in the Term I Student Art Show, displayed in the George Waters Art Gallery on the EC campus.

COLBY-SAWYER COLLEGE INTERNSHIPS Ashley Cheviot of Hancock is fulfilling the Colby-Sawyer internship requirement this fall at the Windy Hill School,

ment this fall at the Windy Hill School, Colby-Sawyer's early child laboratory school, in New London.

Megan Mullins of Contoocook is fulfilling the Colby-Sawyer internship requirement this fall at the Cleveland Colby Colgate Archives at Colby-Sawyer in New London.



Winter is coming... are you ready?



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Similar road names cause confusion for Hillsborough 1st Responders

First responders in Hillsborough have reported some confusion in responding the residences with similar road names. Hoping to remedy the confusion, the Hillsborough Select Board hosted an open forum seeking public input into possibly changing the name of some of these roads.

Of particular concern were Emerald Lane and emerald Drive; Kimball Road and Kimball Hill Road and both ends of Concord End Road which is impassible in the middle.

As anticipated, several residents of these roads objected, sighting the cost and aggravation of sending notices of a change of address. A suggestion to rename

Kearsarge Holiday Festival

The Holiday Festival & Business Expo is Saturday November 9 at Magdalen College, 511 Kearsarge Mountain Road in Warner. The Expo is open to the public from 10 am to 1 pm with free admission. This event features a variety of events and an opportunity to start Holiday shopping while meeting local businesses. Events include pony rides, and an affordable rabies clinic sponsored by Hopkinton Animal Hospital and more.

RD FOOD CO-OP

Concord End Road to North and South versions seemed acceptable and the Board

took all the other comments and suggestions under advisement.



Antrim Life Scout, Garrick Colby, undertook a significant project for his Eagle Scout Award by planning, gathering donations, and building this beautiful collection box that is a permanent repository for food donations for the Pantry.

CONCORD FOOD CO-OP

COLLECT TURKEY BUCKS & SAVE!

Starting Sept 16th, receive a stamp every time you spend \$10 at the Co-op! For every 20 stamps you collect you'll receive \$5 off your Thanksgiving turkey, tofu turkey, Thanksgiving sides, fresh bakery pies, or Thanksgiving Groceries!

Collect Stamps 9/16/19 - 11/19/19. Redeem in 10 stamp increments between 11/20/19 & 11/27/19. See store for full details.

24 S Main St • Concord, NH • (603) 225-6840 • 52 Newport Rd • New London, NH • (603) 526-6650

Hopkinton 7th graders study the ecosystem with NH Fish & Game

Hopkinton Middle High School 7th Grade Integrated Science class is participating in a freshwater ecosystem study with the support of NH Wildlife Fish and Game, 7th Grade Team of Teachers, and parent volunteers.

Students act as citizen scientists as they investigate a freshwater ecosystem in Kimball Lake, as well as apply it to the ArcGIS program in their Geography class. Content focuses on the overall health of the ecosystem which integrates the chemistry of the water quality, biodiversity, human impact, and more.

Students collect, identify, and bring back small organisms to a model version of the ecosystem. A 55 gallon warm water tank houses organisms through the fall, winter, and spring at which point they will be released in the location that they were found in. Throughout the remainder of the year students monitor water quality and animal behavior including: schooling, predator prey, territorial competition, etc.

Students gain experience in effective conservation and management of wildlife and

habitat as well as inspiring a curiosity to learn and explore the world around them.



Students collect, identify, classify and complete a macroinvertebrate species indicator study. Scott Behner photo.

Rest prices around !!



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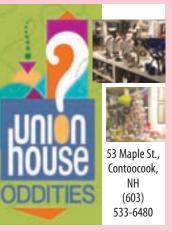
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Physician Assistant Bryan Fischer visits Mrs. LeGrand's Henniker Community school first-grade classroom to talk about his job and what it's like to be a PA.

Franklin pair arrested for fentanyl & meth

The New Hampshire State Police Narcotics Investigations Unit and Mobile Enforcement Unit, along with members of the Franklin Police Department, arrested Erica Savage, 41, of Franklin for sale of Fentanyl. After Savage was taken into custody, a search warrant was executed which revealed over 40 grams of Fentanyl and over an ounce of methamphetamine. During the warrant service, Corey Vigue, 43, a transient, was located inside, and subsequently taken into custody without incident for possession with intent to distribute Methamphetamine.

Weare dogs rescued after falling into a well

Weare Fire & Rescue and Weare Police were dispatched to a residence on South Sugar Hill Road for a report of a dog that had fallen into a well. It was determined on-scene two dogs had fallen in through rotten wood, unfortunately one dog was deceased upon arrival. After an over two-hour recovery mission, Weare Fire & Rescue Captain Houde bravely rappelled down into the old well and rescued the dog named Smoke.

Elderly man dies in Wilmot motorcycle crash

Steven Berkeley, 72, of Springfield died Monday evening after he lost control and crashed his motorcycle on Route 4A in Wilmot. Berkeley was riding a black sports bike northbound when he crossed the center line and crashed. He was pronounced dead at the scene. It appears excessive speed was a factor in the crash, according to state police.

"The New London Pumpkin People" 2019 winners

Residential Category 1st "Charlotte's Web" - town green by Whipple hall 2nd "The Birds" - 1169 County rd. Honorable mention - "Snow Much Fun" - 50 Barrett rd. **Organization Category** 1st New London Hospital 2nd Kearsarge School District - SAU Honorable Mention - Colby Sawyer College **Business Category** 1st O'Halloran Group - "Adams Family" 2nd Artisans - "Wizard of Oz" Honorable Mention - Bonin Architect "Raffiki and baby Simba" **Town Department Category** 1st Tracy Memorial Library - "Pete the Cat" 2nd Highway Dept. - "Day of the Dead" - 375 Main St Honorable Mention - Fire Dept. - "Cliffhanger"



Rte 202 • 20 Concord St. • Antrim, NH • M-F 8-5:30; Sat 9-1

Events: Community Bulletin Board

SATURDAY NOVEMBER 2

OPEN DOOR COFFEEHOUSE: is returning to Smith Church for our first-Saturday-of-the-month coffeehouse. Appearing on stage: Reggie Gerbert, Ebenezer Stone, Lisa Greenleaf, The Pine Hill Boys, and Jason Baker. Our featured act for the evening is Rick Drost. We have great snacks and beverages, and the greatest audience around. Hope you can join us. 7:00-9:00pm.

TUTTLE LIBRARY: 10:30-11:30am. Lynne Rosansky will lead a discussion on "The Future of Higher Education in the Information Age." Lynne will present a short historical perspective showing how higher education has changed over the past 30 years and lead a discussion of what the future may hold.

CHRISTMAS FAIR: Hancock Guild Christmas Fair. 9am-2pm. Hancock Vestry and Meeting House. Raffle and lunch available. Come do your Christmas shopping.

SUNDAY NOVEMBER 3

HOPKINTON LIBRARY: Celebrate Hopkinton Librarian Donna Dunlops being named NH Library Director of the Year 5-6pm.

MONDAY NOVEMBER 4

BLOOD DRIVE: 3:30pm-7:30pm at Francestown Elememtary School. Call 1-800-733-2767 or visit RedCrossBlood.org - enter Francestown zip 03043 to schedule your appointment.

FULLER LIBRARY: The Military Book Group will meet at Fuller Public Library to discuss the book Destiny of the Republic. Discussion begins at 2pm, anyone is welcome to attend.

CENTER FOR THE ARTS: Learn the Rumba! with Natalie Mavor Miles from Newport Ballroom Dance Studio. Monday Nights 6-7, Whipple Hall-New London. \$40 pp/18 yrs old and up Register at https:// nlrec.recdesk.com/Community/Program

TUESDAY NOVEMBER 5

FULLER LIBRARY: How To's Day at Fuller Public Library: create 2 seasonal cards with Debbie K! Please call to reserve your spot, 464-3595.

LEGION MEETS: American legion Post 50 will hold the monthly meeting at 7:30pm, at the Post home on West St. Guests are welcome.

WEDNESDAY NOVEMBER 6

TOASTMATERS: Toast on Fire Toastmasters Open House Free Food, Free Networking, Free Fun, Door Prizes and More. 6:30 - 8pm. Pillsbury Library Frank Maria Meeting Room Warner, NH.

SOUTH NEWBURY UNION CHURCH: sponsored by the Newbury Library...Bring a Bag Lunch and have fun. Materials are free and supplied by the library. "We just need you." This event is held in the FH the 1st Wednesday of each month.

THURSDAY NOVEMBER 7

FULLER LIBRARY: Fuller Public Library's Book Group will meet at 7pm to discuss West of the Night. Anyone is welcome to attend.

WREATH MAKING WORKSHOP: 5-7:30pm at Antrim's James A. Tuttle Library. Join the Festival of Trees and make a wreath to display in this year's festival. Wreaths will be provided with decorations available. Use our decorations or bring your own. Wreaths will be yours to take home and keep after the festival is over. Workshop is free but donations for the festival always graciously accepted. Call 831-

Come Celebrate



Olde Fashioned Christmas

December 7 · 2019

Presented by Hillsborough Pride



Events: Community Bulletin Board

1802 for more info.

INVASIVE PLANTS: Master Gardener candidate, member of the Wilmot Garden Club, chemist and environmental scientist Sandy Rock will give an informative talk on plants that are choking out our native flora at the Wilmot Public Library located at 11 North Wilmot Road.

FRIDAY NOVEMBER 8

OWLS: The Francestown Joan Hanchett Nature Series presents "Who's Watching You? Owls of the World", a talk by Mark and Marcia Wilson on at 6:30pm, at the Francestown Town Hall.

SOUTH NEWBURY UNION CHURCH: This is something you don't want to miss. It is a real 'toe tapping' event. If you like music you will love this event. It is filled with local talent. Jack Henry and Wendy Keith to name a couple. We will pass the hat during the evening. Come and be generous.

HILLSBOROUGH SENIORS: Trip to the Christmas Tree Shop, lunch at Olive Garden and a stop at Trader Joes. Great trip. Bring a friend for half price. Leaving Shaw's at 10am. Transportation \$7. Call Linda Kowalski at 464-5264 to sign up.

CENTER FOR THE ARTS: The Odd Couple" at Whipple Hall. The female version of this classic play is presented by SKIT, November 8, 7:00; November 9 7:00; November 10, 2:00. Adults \$15/students \$10. Tickets at Morgan Hill Bookstore, Tatewell Gallery, and Main Street Bookends or purchase tickets online www.centerfortheartsnh.org.

SATURDAY NOVEMBER 9

FULLER LIBRARY: Meet Judith Damon, Hillsboro resident and quilter, at Fuller Public Library 10am-12pm. Her quilts will be on display all month in the Gilbert Room.

YARD SALE: The Newport Senior Center will be holding a yard sale on September 14th from 9am to 2pm. We are also looking for crafters for our first annual Christmas Craft Fair at our Center. 9am to 2pm. Cost: \$25.00 for a 10' x 10' space. If interested, please call the Newport Senior Center at (603)863-4422 to reserve a spot. We have a limited amount of space and will be on a first come first served basis.

SUNDAY NOVEMBER 10

GROUNDBREAKING: for the new worship space addition to the Greenfield Covenant Church's Ministry Center, at 2pm. Refreshments will be served following the ceremony.

MONDAY NOVEMBER 11

NEWPORT SENIORS: Craft Fair at the Center from 9am to 2pm. Many crafters will be displaying their crafts for sale. There will also be a bake sale table. **TUESDAY NOVEMBER 12**

WILMOT MEETING: The Wilmot Historical Society will hold its annual meeting at 1:30pm at the WCA with one of its famous Cracker Barrel programs to follow. Come early to schmooze and enjoy light refreshments. The WCA's Red Barn venue is located at 64 Village Road next to the Wilmot post office. For the program portion of the meeting, local historian and WHS board member, Fred Ögmundson, will lead a Cracker Barrel event using objects and anecdotes to highlight what life was like before our time. Fred encourages everyone to bring their own stories and whatcha-ma-call-its to be ID'd during the program. Memberships may be renewed at this time as well.





HIRING FAIR Sunday, November 10, 2019 8am - 12pm

Now hiring for the following positions:

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Obituaries: Friends & Neighbors Remembered

Catherine L. McCulloch HILLSBORO - Catherine L. Mc-

Culloch of Hillsboro, NH passed away peacefully at her home with her family by her side. Catherine was born to Cyrus R. G. Phelps and Edith Phelps on February 16, 1934 in Henniker. She was



predeceased by her husband, Donald, of 52 years, and her sister, Patricia Newton. She is survived by her daughter, Donna Houghton and her husband, Raymond of Hillsboro, NH, her sons, Scott of Hillsboro, NH and Garry and his wife, Nina of Hopkinton, NH. She has 9 grandchildren and 23 great-grandchildren. She is also survived by her sister, Beverly Flynn, brother, Roger Phelps, step sister, Barbara and many nieces and nephews. Calling hours will be held Friday, November 1 from 2:00-4:00pm and 6:00-8:00pm at Holt-Woodbury Funeral Home. A funeral will be held on Saturday, November 2 at 11:00am at the Hillsboro United Methodist Church. A celebration of life will be held at Catherine's house following the funeral. Donations in lieu of flowers, can be made to: Hillsboro Methodist Church, Hillsboro Rescue Squad or the Concord VNA-Hospice.

Toni M. Gray HOPKINTON - Toni McDowall Gray,

age 80, died on Monday October 21st, at Havenwood- Heritage Heights in Concord with the support of her friends and the staff of Havenwood. Toni was born in Darlinghurst, Australia on May 24,



1939, daughter of the late John and Elena Hill. In addition to her parents, she was predeceased by her husband, Robert M. Gray, her stepbrother whom she loved dearly, Terence Robert Pritchard, and many pets and animals. She is survived by her beloved Corgi, Dylan Thomas, and her many friends in Hopkinton and elsewhere. A Memorial Service will be held at the Congregational Church of Hopkinton, NH on Saturday October 26, 2019 at 11 AM. In lieu of flowers, donations may be made to the Hopkinton Food Pantry, 330 Main Street, Hopkinton 03229.

Robert Joseph Gaudrault NEW LONDON - Bob was born in

1917 and grew up in Concord NH, graduating from Concord High School in 1934. His wife Shirley predeceased him in 2001. He is survived by daughters Betsy McNerney of Manlius, NY, Sandy



Hartley of Putney, Vermont and Judi Higgins of Hancock, Maine, as well as three grandsons and one great grandson. His surviving sister, Pauline Symasco, lives in Granby, MA. Church and burial





services will be private and he asked that contributions be sent to New London Hospital, Our Lady of Fatima Church or Lake Sunapee Region VNA.

Jacqueline Sharon Hemenway

DEERING - It is with great sad-

ness that the family of Jacqueline Sharon Hemenway announce her passing peacefully in her home on October 25 2019, after her long battle with cancer. Born to Blanche Gagne of Rochester NH,



she was raised by Blanche and her step father, Everett. In December of 1959 she married her best friend, Rodney C. Hemenway. She was preceeded by her husband, Rodney C. Hemenway in Aug of 1994 and her sister, Bertha Bishop in 2019. She is surrived by her children, Rodney C. Hemenway JR and Terri Hemenway of Deering, Joanne Russell of Greenfield, Judy and Tim Mitchelll of Hillsboro and Mary Ellen (Dolly) Bumford and Bob Bumford of Lebanon Maine. She is also survived by her 8 grandchildren and her 9 great grandchildren who were the light of her life. A Mass of Christian Burial will be held Saturday November 9, 2019 at 11 am in St. Mary's Church Hillsboro. Burial will follow in Wilkins Cemetery in Deering. In lieu of flowers donations can be made in her name to the hospice house in Concord NH or St. Marys Church in Hillsboro, NH.

William A. Marchant, Jr.

HILLSBORO - William Alfred Marchant, Jr., 76, of Hillsboro, NH, passed away on Wednesday, October 23, 2019. Bill was born

on November 12, 1942 to William A. Marchant, Sr. and Catherine Ann (Gillis). Bill is survived by his sister, Dori Ann Muto of Ocala, FL; his son, James C. Marchant of New Orleans, LA; his son, William A. Marchant, III and his wife, Melynda, his daughter, Suzanne M. McCutcheon, and her husband, Jeff, his daughter, Lisa M. Enman, and her husband, Matthew, all of Rochester, NH; his stepson, Kirk Morrill and wife, Jessie of Contoocook, NH. He is also survived by his grandchildren and great grandson. Death is but a doorway to another path. Blessed be.

Send your Obituaries to: PO Box 1190, Hillsborough, NH or email leighb@tds.net



PARKING BAN

There is no on-street parking allowed between the hours of midnight and 7:00 AM from November 1, 2019 to May 1, 2020.

SAU #34 Serving Hillsboro-Deering, Washington

and Windsor School Districts, Soaring to Excellence!

SAU #34 seeks qualified part-time Financial Clerk. The successful candidate will be proficient in Microsoft Office, efficient and attentive to detail. Position is 24 hours per week, year round. Associate or Bachelor degree and general accounting experience preferred.

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HELP WANTED

GRANITE STATE INDEPENDENT LIV-

ING is looking for a dedicated personal care attendant who has a true caregivers heart to assist one of our consumers in Hillsborough, NH. Duties include personal care, dressing, light housekeeping, laundry, meal prep and clean up. Hours are 5:00pm to 9:00pm daily. Pay rate is \$10.75/hr. Prior personal care experience is helpful but, training is available. Please contact Ashley at 603-568-4930 for more

information. GSIL is an EOE.

TEMPORARY PANTRY MANAGER: needed at Twin Rivers Interfaith Food Pantry, Franklin. 20 hrs./week. Contact trifp.info@gmail.com for information/application.

HANDYMAN'S HELPERS: Must have own transportation, valid driver's license, basic knowledge of all aspects of home maintenance, ability to work without direct supervision. Clean, honest, and drug free only apply. Full time position. Pay to match skill level. Bonuses available. Washington/Hillsboro. TJPiper58@yahoo.com

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5 tips for keeping your dog active

Consult your veterinarian for guidelines about how much exercise your dog should be getting to stay in top condition, then make a plan to add more pep to your dog's step. Dr. Jeff Weber, Emmy award-winning celebrity veterinarian, says that play and exercise are key to keeping our four-legged friends healthy: "Just like humans, there is a strong correlation to obesity in pets when they eat more and exercise less. In fact, it has been estimated that up to 50 percent of dogs and cats in this country are overweight or, worse yet, obese. It's important to get your pet up and moving."

What are the best ways to keep your pup - and you - active and moving?

1. Vary your walking route

When you're walking your dog, switch up the route now and then to keep it more interesting for both of you. Work on adding a few minutes or a couple of extra blocks to your walk any chance you get, and you'll both benefit from the extra steps.

2. Pick up the pace

Rather than just taking a leisurely stroll, walk with purpose, like you're trying to get somewhere. This will make it a more heart-healthy workout for the both of you. Ease into it slowly, trying 5 minutes quicker, followed by 5 minutes slower, until you both get used to the faster pace. Enlist different family members to join you or take turns at the walks to vary the walking pace your dog experiences.

3. Bring friends along

You're more likely to enjoy and stick with regular walking dates if you can make some of your walks into a social occasion, whether your friends also have dogs or not. Instead of meeting someone for coffee or drinks, meet up with them for a walk-and-talk with your dogs.

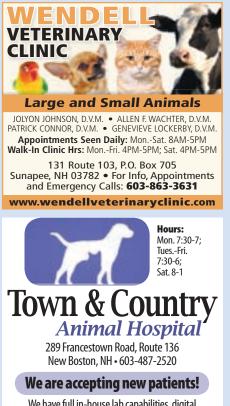
4. Make time for active play

In addition to walking every day, mix it up! Spend a little extra time encouraging active play like a good game of fetch with your dog. You can play fetch at a nearby park or right in your yard, if you have enough space for your dog to run around. Not good at throwing? No worries - a toy like Chuckit! launcher from Petmate can keep your dog engaged and excited to run and fetch for a lively, active play session that will be fun for both of you. "Fetch play is a terrific way to increase stamina and keep your pup in shape," says Weber. The interactive game of fetch encourages healthy movement and cardiovascular endurance for pets and pet owners, especially as active play and movement declines when the weather gets colder. Fetch is also an effective way to help train and develop positive behavior in puppies or newly adopted four-legged family members.

5. Exercise their brains

Create an obstacle course in your yard or use puzzle games to help keep your dogs mentally active - which can relieve boredom for dogs who spend time alone.

Research your dog's breed to discover what stimulus they are most likely to respond to, so you can find new toys and activities your dog will love. Examples might be hideand-seek games, having them use their sense of smell to find treats or chasing (non-toxic) bubbles. (BPT)



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