"Your Local Weekly Since 1869 ◆ A Tradition Worth Keeping"

Free ♦ Our 150th Year ♦ Issue 46 ♦ November 15, 2019

Stark's DAR Good Citizen

Lauren Zervos has been selected as John Stark Regional High School's

2019 DAR Good Citizen Nominee. In this region, the program is sponsored by the New **Boston** Chapter of the Daugh-



ters of the American Revolution. The DAR Good Citizen honors an outstanding young person in the senior class who demonstrates the qualities of a good citizen. It also provides an opportunity for the student to participate in the scholarship portion of the program. Lauren is the daughter of Carole and Terry Zervos of Weare. Tim Avery Photography.

Whitley announces for Senate

Hopkinton attorney Becky Whitley is

the first Democrat to announce plans to succeed to succeed Dan Feltes in the NH State Senate. Whitley, currently serves



as the policy director of the Children's Behavioral Health Collaborative, and plans to bring "progressive values to the State House." Senate District 15 is comprised of Concord, Henniker, Hopkinton and Warner. The traditionally blue seat is being vacated by Feltes, who is running for the Democratic nomination for governor in September.



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Students from Mrs. Palin's library class at Warner's Simonds Elementary were invited to participate in a pumpkin contest. Pumpkins had to represent a story book character.

Another untimely death in Antrim

David James Geddes Lozeau dies from gunshot wound

On Monday November 11, 2019 at about 3:25 am, the Antrim and Hillsborough Police responded to a Prospect Street address for the report of a male with a gunshot wound. During the initial assessment it was determined the male was deceased and the circumstances surrounding the death were suspicious. A later autopsy has confirmed the death to be a suicide.

The NH Medical Examiner's Office and Detectives with the NH State Police Major Crimes Unit responded to assist in the investigation. David James Geddes Lozeau (age 27) was pronounced dead at the scene from his injuries. The incident was self-contained and there does not appear to be any threat of danger to the public.

Peterborough Rotary Club launches "Operation Santa"

The Peterborough Rotary Club's Operation Santa is launching its annual gift drive and inviting neighbors to help make the holidays bright for the area's children in need. The community can make this year's program a success purchasing gifts of clothing and toys for children of the many families that are struggling to make ends meet this year.

By November 15, Operation Santa Posters will be posted in many retail and business loca-

tions throughout the area. Participation is easy! Remove a "gift card" from one of the posters, purchase the gift specified on the card and then return the unwrapped gift with the gift card firmly attached to the original poster location no later than December 8.

For those who prefer to make a financial contribution to Operation Santa, checks can be made payable to the "Peterborough Rotary Club.

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Warner seeking artist to create a 250th Anniversary Mural

The Warner Economic Development Advisory Committee (EDAC) in partnership with the Warner Historical Society and citizens of Warner is seeking proposals for a public art mural project.

NH artists are invited to submit a proposal for this exciting opportunity to provide a large scale work of art to be displayed prominently in the center of our village. Located in the heart of town, this permanent outdoor installation will be highly visible to locals and visitors alike for years to come.

The town of Warner is soon celebrating it's 250th Anniversary for which this mural installation will be a part. With thousands of people passing and parking in front of this currently unused wall, this public art project will encourage visitors to stay a little longer and give them a sense of the place they are visiting. For residents, the

New Boston's Hailey Gelinas is recovering from her long awaited kidney transplant at Dartmouth-Hitchcock Hospital. Born with a rare kidney disease, her uncle had donated a kidney in 2008 but that was rejected. Best of luck from here on out.

mural will enhance their knowledge of our shared roots and history. The existing western wall of the building located at 2 East Main Street and is approximately 50' long and 12' high. It is directly in front of one of the larger parking areas in town and is also prominently visible while passing on Main Street, State Route 103. The building is currently home to local businesses including "The Local", "Family Tree Health Services"

and "Local Motion". The Mural Committee has determined that installing painted PVC panels, rather than painting directly on the wall will be the most archival and cost effective method. A selection committee of 7 local judges has been assembled by the EDAC. All proposal material must be submitted electronically by March 1st, 2020. The Art work will be completed and installed by October 1, 2020.



This wall at The Local will be the "canvas" for the 250th Anniversary

Hopkinton's 6K Turkey Trot and Pancake Breakfast set

The Hopkinton Lions Club, Granite State Track and Field and Hopkinton Recreation Department are sponsoring a 6K Turkey Trot & Pancake Breakfast on Thanksgiving morning, November 28, to benefit the Hopkinton Food Pantry this holiday season. Please see Hopkinton, NH Recreation Department for race and registration information.

The Hopkinton Lions Club will be cook-

ing up a delicious Pancake Breakfast at the Slusser Center from 8am to 11am. You do not have to participate in the 6K to have breakfast.

All are invited to breakfast (pancakes, sausage, local maple syrup, fresh fruit, and beverages) and the cost is \$7 for adults and \$5 for kids 12 and under. Again, all proceeds will go directly to the Hopkinton Food Pantry.



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Patients with type-2 diabetes, taking metformin, should have their vitamin B12 levels assessed more regularly to avoid irreversible nerve damage, according to a new study presented at the age, according to a new study presented at the Society for Endocrinology conference in Glasgow. The study findings suggest that earlier detection of vitamin B12 deficiency through routine screening of all metformin-treated, type-2 diabetes patients could reduce their risk of developing irreversbile, painful and potentially disabling nerve damage. Nerve damage in the periphery (e.g. face, limbs, organs) is a common complication of diabetes, with symptoms that range from numbness to pain, and can lead to debilitating loss of balance and coordination. Metformin is the recommended and most effective first-line drug for type-2 diabetes but its use had also been linked to vitamin B12 defi-

type-2 diabetes but its use had also been linked to vitamin B12 deficiency, which increases the risk of peripheral nerve damage. Despite the irreversibility of peripheral nerve damage, no official guidelines exist on screening vitamin B12 levels in patients treated with metformin.

Women 55 and older have an increased risk of bone and muscle loss, but therapy with the hormone Dehydroepiandrosterone (DHEA) may help prevent bone loss and increase muscle mass in older women, according to a new study published in the journal Clinical Endocrinology.

In a clinical trial involving 18,924 patients from 57 countries who had suffered a recent heart attack or threatened heart attack, researchers have found that the cholesterol-lowering drug alirocumab reduced the chance of having additional heart problems or stroke. The study was published in the New England Journal of Medicine. Alirocumab was approved by the Food and Drug Administration in 2015 as a treatment for high cholesterol, but it has only now been shown to also reduce the risk of heart disease events and stroke.

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Despite the impact tooth decay can have on your teeth if left unattended, dental caries or cavities are largely preventable with a proper oral hygiene regimen. This includes regular dental checkups in order to identify pre-existing conditions before they lead to more serious issues down the road. The earlier a dental professional can spot the Dr. Esin Narli-Trangaris signs of poor oral hygiene, such as a buildup of

plaque, the better your chances at preventing dental caries and gum problems from ever occurring in the first place.

A few recommendations a dentist might make include:

Brushing your teeth twice a day for at least two minutes, using a rinse, paste, or gel that contains fluoride. The fluoride will help reduce the production of acid that can damage your teeth.

Flossing regularly after brushing, especially if you're frequently eating or drinking sugary foods or drinks. Certain foods high in sugar can provide a consistent supply of damaging acid to the tooth's hard tissues. Flossing once or twice a day can help you remove food particles from the hard-to-reach areas between your teeth that you might miss while brushing.

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November 16, 2018

Hillsborough Chamber of Commerce revived Kearsarge High School observes anti-bullying Unity Day Nw Boston Firefighters receive an award Newbury man guilty of multiple sex charges.

November 17, 2017

Washington man dies in Route 31 crash The New Boston Beacon planned for January 2018 Peterborough woman charged with felony DWI Bow Police seek help in solving a hit & run

November 11, 2016

Bradford soldier killed in training accident Warner man arrested for 1993 sexual assault Northfield man withdraws guilty plea for selling drugs Man busted for selling drugs from Bow's Hampton Inn

November 13, 2015

Hazmat Team called to Franklin's Watts Regulator Newport firefighters rescue couple and their pet tortoise Granite United Way honors Bow man Quick firefighter response saves New Boston home

November 14, 2014

Bow man's scheme targets elderly 5th Annual Craft Fair at New Boston Library Peter Flynn recognized with Volunteer Service award Goffstown Community Thanksgiving being planned

November 15, 2013

Henniker man arrested and charged with arson Andover veteran honored posthumously Newport man sentenced to year in jail PSNH to close Hillsborough office

November 16, 2012

Bradford Road Agent controversy won't go away Superstorm Sandy relief flown from Newport Hillsborough man to be retried for negligent homicide Two suiters for New London's 1941 School Building

November 11, 2011

Washington hosts veterans' appreciation dinner Double fatality in Deering car accident Three proposals for Newbury's Town Center ConVal considering closing three schools

November 19, 2010

New London surplus used to reduce tax rate Auditors critical of Hillsborough Town Clerk Newport plans for its 250th Celebration Compliance increasing with Hopkinton pay-as-you-throw

November 13, 2009

Henniker murderer seeks second parole Greenfield trebuchet sets world record Two Warner women in NH Senior Pageant Hopkinton taxes delayed two weeks

Henniker Community School students learn about Azalea park

Susan Adams from the Azalea Park Committee in Henniker came by the Henniker Community School to talk with students in grades 5, 6, 7, and 8 about

There are 58,267 names on the wall.

39,966 were just 22 or younger.

8,283 were 18, 33,103 were 18,

12 were 17 years skl,

5 soldiers were 18.

There are 2 sets of fathers and sons on the wall.

31 sets of parents last 2 of their sons.

987 were killed on their last day.

1,448 were killed on their last day.

8 women were on the wall, sorses.

244 seldiers were awarded the Medal of Honor during the war and 153 of them are an the wall.

Azalea Park, which is located just behind the school.

Adams shared with students the progress that has been made to-date to revitalize the park while helping to protect the Contoocook River. She went on to explain about future Azalea Park plans that include

ridding the site of invasives like bittersweet and poison ivy and the addition of stepping stones through the wetlands and an amphitheater. "This park is a Henniker treasure, so please use the park," urged Adams, "and you can help us by being good stewards of the park so we can do more."



Susan Adams of the Azalea Park Committee with HCS 8th grade student Kaitlyn Elias hold up drawings of the park.









(Left Photo) Sports Management team of Gunner Hagstrom, Nate McGillicuddy, and Julian Howell. (Right photo) Retail Management team of Chloe Braun, Cassidy Marshall, and Emma Curley.

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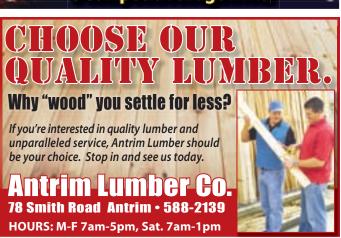
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Two H-D DECA Teams at Internationals

After two weeks of competing against other high schools in a global competition, two teams of students from Hillsboro-Deering High School have qualified for the DECA International Conference in April 2020. In the Virtual Business Sports Management Competition, three students, seniors Nate McGillicuddy, Gunner Hagstrom, and Julian Howell finished in first place in the competitive North Atlantic Region of DECA and also second place in the entire competition - out of over 500 teams worldwide. In the Virtual Business Retail Management Competition, three students, juniors Cassidy Marshall, Chloe Braun, and Emma Curley finished in second place in the North Atlantic Region of DECA, and seventh overall internationally out of over 500 teams. "It is one of the most stressful, yet fun times of the year. Students love competing against and connecting with competitors from around the country and world to do this. The competition is intense and the students do a great job. I'm very proud of all the competitors. We had several students compete in all seven of the challenges. Our restaurant team was finished just outside the qualifying spot - knocked out by Ontario. It was a heartbreaker for them, but they have another shot at it in January." said H-D DECA advisor Marc Payeur.

Warner Select Board set Tax Rate at \$29.96

The Warner select Board set the tax rate as follows: Municipal \$9.99, County \$3.09, Local Education \$14.87, State Education \$2.01, Total Tax Rate: \$29.96. To achieve the current tax rate, \$145,000 was applied from the fund balance.



Ms. Lambert's H-D Elementary School 2nd grade class recently climbed Pat's Peak. This was the culmination of a month long conversation and planning for the trip. Ms. Lambert and her 17 students planned every part of the trip from what to wear, to what to bring to eat. All 17 students and three staff members successfully summited the peak and enjoyed a lunch they had carried up with them.

The Grapevine receives a \$15,000 donation from The Bantam Grill

The Grapevine Family & Community Resource Center has received a \$15,000 donation from the Bantam Grill in Peterborough.

On October 14, chef and owner Harris Welden and his team hosted the 5th Annual Beast Master Dinner, serving nearly 80 guests an elaborate 10 course meal with wine and beer pairings. 100 percent of the ticket sales were donated to the Antrimbased non-profit.

Says Melissa Gallagher, Grapevine Executive Director, "Harris and the Bantam Grill team pull off an incredible feat of planning, hard work and dedication in hosting this dinner, and in this fifth year they have really outdone themselves. A donation of this size has a significant impact on our small non-profit organization. It allows us to expand critical services and

Hopkinton's Tax rate at \$29.12

<u>Unit</u>	2018 Rate	2019 Rate	Change
Town	\$7.36	\$6.25	-15.08%
School	\$24.32	\$20.40	-16.12%
County	\$ 3.06	\$ 2.47	-19.28%
Totals	\$34.74	\$29.12	-16.18%

programs offered to children and families in our community. In addition to the many supports offered at our Center, our Home Visiting program is growing, and this funding will allow us to meet that need."

Bantam Grill has orchestrated the BeastMaster dinner event since 2015,

raising \$40,000 in total for the Grapevine. Local vendors, farms and talent also contribute to this event, including Vinilandia Wines, Amoskeag Beverages, lef Farms, Glory Be Farm, Ben Watson and musicians Brad Faucher, Ted Mann and Jeff Costello.



Bantam Grill presents a \$15,000 donation to The Grapevine. From left to right: Morgan Jadis, Russell Novotny, Grapevine Executive Director Melissa Gallagher, chef and owner Harris Welden, Nick Duval. Jenny Lindner photo.



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(L-R, back) is Mandy Fraser (SAU24 Futures Coordinator), Keegan Dunn, Nathan Chasse, Joe Garside, Hayden Bailey, Colby Michaud, Jack Malone, Nathan Grandmaison, Presley Gaberseck, Brennan Mucci, Trinity Cozby, Ketan Fournier, Devin Patterson, Jacob Wheeler, Cooper Rivers, Colin Stone (PLTW Educator), Chris Audet. (L-R, front) is Aram Fowler, Chris Seaver, Nolan Scott, Logan Pike, Diana Stafford, Brianna Meisser, TJ Bryant.

John Stark students visit defense contractor

John Stark students in Principles of Engineering and Computer Integrated Manufacturing classes visited the Field Vision Systems facility operated by defense contractor L3 Harris in Londonderry in October as part of New Hampshire Manufacturing Extension Partnership's Manufacturing Month. The visit included a tour of the plant, an informational presentation, and a stop in their demonstration room.

Grapevine discussion of mental illness issues

In response to the community gathering convened by The Grapevine last month in Antrim, parents and teens have requested further education and discussion about mental health. In January, we are planning to host National Alliance on Mental Illness (NAMI) Connect Suicide Prevention trainings (an adult training and peer-led youth training). In the meantime, we're facilitating conversations for youth at our Avenue A Teen Center, led by Glenn Stan, who is a Teen Center volunteer, retired school counselor, and NAMI Connect Trainer. We are grateful for our community's desire to learn more and support each other. For more resources, please visit our website.



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The grade 1 & 2 teachers at Henniker Community School briefed the School Board on the new Snow Days School Bags they are preparing for their students, (left photo); Daniel Morette (I) and Peter Adams III (r) demonstrated a broadcast of their "HCS News," (right photo.)

Monadnock Music sponsors Pine Street Holiday House Tour

Here is a new Must Do event for your Holiday list! Monadnock Music has orchestrated a Holiday House Tour like no other. Visit beautifully decorated homes on Pine Street in Peterborough and enjoy Live Classical Music & Carolers, along with festive refreshments. This event is a perfect way to kick off the Holiday Spirit and bring the whole family to partake the New England traditions.

Each home will be welcoming guests to view their traditional family holiday decorations, listen to live holiday classics played by the talented musicians of Monadnock Music and nibble on the festive hot drinks and cookies provided by each Host. Visitors can stroll to each house at their own pace, at their desired sequence, no need to follow a group. Cost for the House Tour, Musical Entertainment and Refreshments is \$15 per person or \$40 for a family (children 10 and under \$5), Free to all Vets. Take a peak at the locations of the homes and the lovely refreshments listed below. There is plenty of street parking. Please contact Laina Barakat, Executive Director of Monadnock Music if you require assistance for

physical challenges at info@monadnock-music.org. Do not delay, the Holidays are coming fast and the number of tickets are limited. Make your new Holiday tradition and purchase your ticket at www.monadnockmusic.org.

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Cider & Oatmeal Cookies

Drogy Home − 27 Pine Street - Hot Coco & Chocolate Orange Cookies

Ruland Home — 38 Pine Street - Hot Cranberry Cider & Snickerdoodles







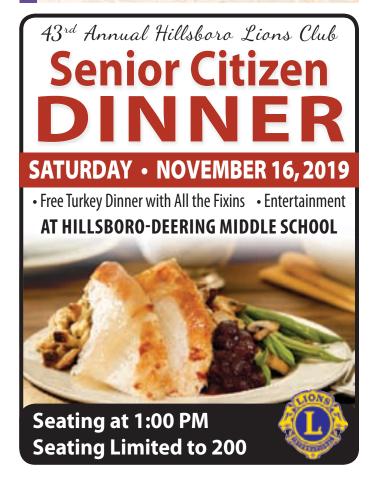




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We will print signed letters to the editor on a space available basis. Letters should be no more than 250 words, typed or emailed. Letters must be signed but names may be excluded upon request.

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Guest Editorial by Richard Hinch

"Today the Democrats on the Fiscal Committee continued their assault on education by tabling a federal grant that would significantly assist charter schools in our state. I'm not sure if they forgot, but charter schools are actually public schools in New Hampshire.

"It's unfortunate that Democrats believe in a one size-fits-all system of education for our children. Their bias and short-sightedness are putting children across the state at a disadvantage. For a party that calls themselves champions of education, leaving \$46

million in money for schools on the table is absolutely shocking."

"I would like to think that members of the committee can come to a resolution in order to accept these funds, however, when the Speaker refuses to remove a member from the Education committee for saying, 'F- private and religious schools' on social media, I won't hold my breath that they would support anything that expands students' education options."

> Richard Hinch, Minority Leader, NH House



Guest Editorial by Frank Edelblut

"Today's party-line vote was extremely disappointing. Finding new ways to help at-risk public school students should not be a partisan or controversial issue. This grant is a \$46 million investment in education innovation for our public schools. With roughly half of students failing to reach proficiency across grades and subjects, we must find new ways to teach students who are not well-served by the status quo."

"New Hampshire's success with public charter schools won us this grant, the largest of its kind in the country. The 2019 assessments showed a higher percentage of public charter school students reaching proficiency

in 7 out of 8 categories, including a 13 percent advantage in 11th Grade Science. For the past five years, public charter schools have consistently outperformed traditional public schools in New Hampshire, despite receiving less taxpayer funding and often serving an at-risk student population."

"This grant would build on that success by giving both public charter and traditional district schools a chance to try new ways to reach students most at risk. We should focus on students, rather than defending the status quo."

> Frank Edelblut. **Education Commissioner**

2019 New Hampshire Assessment Results

Grade	Subject	Public Charter- Above Proficiency	Public Average- Above Proficiency	Public Charter Advantage
4	Math	50.95%	52.96%	-2.01%
4	Reading	58.22%	55.61%	2.61%
8	Math	49.49%	45.43%	4.06%
8	Reading	62.88%	53.20%	9.68%
8	Science	47.64%	41.41%	6.23%
11	Math	44.27%	43.05%	1.22%
11	Reading	69.79%	63.69%	6.10%
11	Science	54.60%	41.42%	13.18%



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- Dwight D. Eisenhower

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Drawings held on Nov. 22. You don't need to be present to win. Winners will receive gift certificates from the business where their name wasdrawn. Pick up your turkey at Shaw's in Hillsborough.

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SOCCER



The Hopkinton Girls have repeated as Division II Champions

Hopkinton Girls repeats as Division III Champions

#6 Hopkinton 2, #1 Bishop Brady 1, PK: Hopkinton has a way of pulling off the upset when it counts. Having claimed the Title last year as the #4 seed, this year they repeated as the #6 seed. The Hawks struck early as Freshman Maddy Carmichael scored in the 10th minute, only to have Brady quickly tie it up. Tied at the end of regulation, Hopkinton's chance came after Brady missed two consecutive penalty kicks. Senior captain Ellie Owen stepped to the line and drilled the game winner into the far right corner.

Bow upsets Hollis/Brookline in Div II Semifinals

#3 Bow 2, **#2 Hollis-Brookline 0:** Madison Roberge scored late in the first half. A second-half insurance goal from Anna Lafreniere guaranteed win and a spot in Sunday's championship against top-ranked Hanover.

Hanover defeats Bow for Division II Soccer Title

#1 Hanover 2, #3 Bow 1, PK: Tied after regulation and two overtimes, it all came down to penalty kicks as is the history between these two clubs. Last year's semifinal between these two ended the same way with the Marauders winning, 1-0, in PKs on their way to the 2018 title. Two years ago, the Falcons beat Hanover in the semifinals, 2-1, in PKs on their way to the 2017 title. This year, the Falcons missed two of their first four PKs while Hanover made all four, including Abigail Wilson's game winner,

Lakers defeat Mules for Division IV Soccer Title

#1 Sunapee 2, #2 Newmarket 1 OT: It took overtime to do it, but the Lakers avenged their only regular season lost to Newmarket by defeating the Mules for the title. Sunapee prevailed, on Elizabeth Tchudin's overtime goal in the 87th minute. Abigail Henry scored in the first half, off a corner kick, and freshman Brynn Smith of Sunapee sent the game into overtime with a goal in the 43rd minute.

Franklin Athelte Of The Week

This week's Al's Village Pizza and FHS Female Athlete Of The Week is Sophomore **NEVAEH RODRIGUEZ-QUINTAL** of the cheer team. Nevaeh has improved on her tumbling and was the teams main flyer for the season.

HDHS Winter Sport Tryouts/Practice

Bowling Tryouts-11/18 from 3-5pm at Yankee Lanes, Manchester (Bus @2:30pm) Cheer Tryouts - 11/19 from 4:00-6pm in the HDHS Cafeteria Girls BB Tryouts - 11/18 from 3-5pm in the HDHS Gym Boys BB Tryouts - 11/25 from 5:30-7:30pm in the HDHS Gym Alpine Skiing Practice - 11/25 from 3-4:30pm in Weight Room

Any athlete who does not have a current physical and Impact Test results on file by the first day of pre-season, will not be allowed to participate until doing so.



SOCCER



ConVal's back-To-back Champions. Mike Munhall photo.

ConVal Cougars repeats as Division II Champions

#1 ConVal 1, #2 Lebanon 0: The Cougars scored early and held on against a strong Raiders' attack. Only five minutes in, Casey Jordan headed in Max Shumways' corner kick for the game's only goal. For a moment at the 52 minute mark, it appeared that the Raiders had tied the game, but the goal was waived off because of a foul in the box.

Newmarket defeats Sunapee in Division IV Final

#1 Newmarket 2, #3 Sunapee 0: The Lakers held top seeded Newmarket to only two goals. Unfortunately the offences could not break through.

FOOTBALL

Redhawks advance to Division III Quarterfinals

#5 H-D/Hopkinton 54, #14 Monadnock 14: Colby Quiet scored five touchdowns and Dylan Barrett added three more for the fifth-seeded Redhawks Quiet ran for 220 yards and four touchdowns on 18 carries, and also caught three passes for 88 yards and a TD. Barrett rushed for 153 yards and three TDs on 13 attempts. The Redhawks ran for 407 yards in the victory. Fourth-seeded Monadnock beat H-D/H 52-20 during the regular season. Monadnock was the defending Champion.

Newport defeated in Division II Preliminary game

#2 Trinity 35, #7 Newport 0: Playing against his former team, John Thibault rushed for 267 yards and four touchdowns to lead the Pioneers past Newport, 35-0, in a Division III quarterfinal on Saturday. Thibault scored on runs of 5, 78, 53 and 4 yards.

Bow Falcons advances to the Division II Semifinals

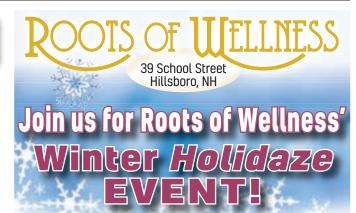
#1 Bow 51, #5 Souhegan 7: Steven Guerrette scored on runs of 2, 4 and 6 yards as the Falcons chalked up a 36-7 halftime lead. Thomas Rolla added TD runs of 35 and 65 yards in the second half for Bow. Rolla gained 150 yards in the win.

Goffstown eliminated in Division I Preliminary

Salem 32, Goffstown 10: Salem prevailed in every play where over one or two yards determined dominance, to defeat Goffstown, 32-10, in an NHIAA Division I quarterfinal at Saint Anselm College.

Winnisquam advances to the Division IV Finals

#1 Winnisquam 34, #4 Bishop Brady 7: Phil Nichols passed for two touchdowns and ran for another to help top-seeded Bears extend its winning streak to 17 games.



Saturday Dec. 7, 2019 - 10am-2pm

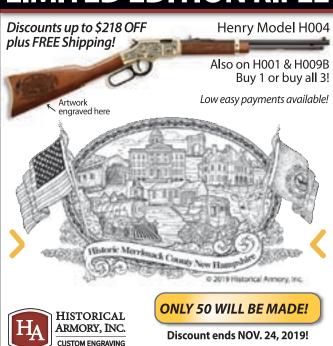
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Hillsboro-Deering Fall Athletic Awards

GOLF Coaches Award, Alaina Mcgillicuddy; Coaches Award, Joe O'brien; MVP Award, Richie Peschel; CROSS COUNTRY Most Outstanding Runner (Male), Elias Ek; Most Outstanding Runner (Female), Emma Curley; Coaches Award, Izaac Healey; Coaches Award, Elizabeth Labier; BOYS VARSITY SOCCER MvVPAward, Ben Ketterer; Golden Boot Award, Evan Winters; Player Of The Year Award, Jack Ferguson; GIRLS JV SOCCER Most Improved Player Award, Hailey Cloutier; Outstanding Defender Award, Maddie Ledvina; GIRLS VARSITY SOCCER Golden Ball, Eva Lavalley; Golden Glove, Gracie Atkins; Most Versatile Award, Abigail Vondette; GIRLS VARSITY VB MVP Award, Tempest Przybyla; Most Improved Player Award, Chloe Braun; Team Spirit Award, Serena Havunen; BASS FISHING Sportsmanship Award, Joe Picard; Sportsmanship Award, Sawyer Jones.

Hopkinton Fall Athletic Awards

FOUR YEAR VARSITY AWARDS

Andrew Fairneny, Golf; Colby Malcolm, Golf; Ellie Owen, Soccer; Derek West, Soccer; Shepyrd Murdough, Cross Country; Emma Rothe, Cross Country; Lily Sabol, Cross Country; Sydney Stockwell, Cross Country; Avery Barrett, Field Hockey; Katie Meserve, Field Hockey; Tora Thornley, Field Hockey; Colby Quiet, Football.

SPORTSMANSHIP

Will Chapin, JV Boys Soccer; Dan Miner, Varsity Golf; Evan Jacobsen, Varsity Football; Emily Metzger, Varsity Girls Soccer; Benny Madden, Varsity Boys Soccer; Ana Miller, JV Field Hockey; Sara Butcher, JV Girls Soccer; Lily Ogden, Varsity Field Hockey; Zach Brewer, Varsity Cross Country; Elisa Pfatschbacher, Varsity Cross Country.

VARSITY AWARDS

Golf: Colby Marshall, Most Valuable; Kody Dexter, Coach's Award. Girls Soccer: Ellie Owen, MVP; Kally Murdough, Coach's Award; Shea Dickson, Captain Award. Boys Soccer: Derek Wes, Captain Award; Cross Country: Nick Simpkins, Coach's Award; Shepyrd Murdough, Outstanding Athlete; Cate Westbrook, Outstanding Athlete; Hannah Bennett, Coach's Award 2019; Field Hockey: Avery Barrett, MVP; Fiona Beane, Coach's Award.

JV AWARDS

Soccer: Quinn Whitehead, Offensive MVP; Sam Brown, Defensive MVP; <u>Field Hockey:</u> Isabella Upton, Coach's Award; <u>Soccer:</u> Sienna Mills, MVP; Elise Miner, Coach's Award; Kiley Ehrmanntraut, Coach's Award.

Hopkinton approves PILOT agreement for joint solar project

The Hopkinton Select Board held a Public Hearing on the PILOT Agreement for a Renewable Generation Facility. Vice Chairman Traum noted that there were months of negotiations, consultations with counsel and approval at Town Meeting for both Hopkinton and Webster. He further stated that both Hopkinton and Webster have entered into a Land Lease Option and Lease Agreement for a solar farm at our jointly owned Transfer Station with Hopkinton Solar, LLC (Granite Apollo).

Revenues will be split between the two (2) towns approximately 75/25 based on population and consistent with the split of the Transfer Station operational costs. . Traum stated that these agreements for PILOTS are a win/win for property taxpayers, and the environment. It was noted that the Lease Option and Lease Agreement covers three (3) phases: Option Period, Construction Term and Primary Term. Vice Chairman Traum stated the Option Period is up to three (3) years beginning at the execution date, towns to receive \$2,500.00.

He noted the second phase, Construction Term, which runs from the Lease Commencement Date for the lesser period of two (2) years or the Commercial operation date. He further noted that during this period the Towns will receive \$66,500 annually. The third phase is the Primary

Term which would last twenty-five (25) years with an option for up to a 3-5 year extension. At the conclusion of the hearing the Board unanimously voted to approve the PILOT and to enter into an agreement with Hopkinton Solar, LLC, on the terms presented.



A large crowd gathered at Hopkinton's veterans Memorial Park for a moving candle-light tribute to our nation's veterans.



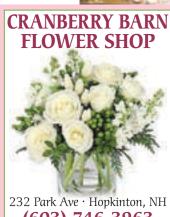
















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New London Citizen's Advisory Committee studies Workforce Housing

The New London Citizens Advisory Committee welcomed Andrew Winter, Executive Director of Twin Pines Housing Trust, to Whipple Memorial Town Hall at its Saturday, November 4th meeting. Twin Pines Housing is a developer and provider of affordable housing in the Upper Connecticut River Valley region for individuals and families with low to moderate incomes.

Winter explained that there is a need for affordable housing in the area, pointing to data that suggests Merrimack County has an unemployment rate of 2.1% and vacancy rates for 2-bedroom rental unit at 0.5% with waiting lists for affordable housing that can stretch into years. The meeting was well attended by Citizen Advisory Committee members and residents of Hilltop Condominium. Hilltop residents were particularly interested in the topic because a workforce housing project was suggested for a parcel of land abutting condominium property. Winter reviewed the existing Twin Pines Housing developments that include new construction as well as renovating existing buildings.

He pointed out that a study of nine residents in one development indicated improved health and a 44% decline in medical costs in the nine months after moving into the housing versus the nine month prior. New London is currently working on its Master Plan and will be revisiting this important topic in the near future



Recently NEC Students volunteered to assist seniors at White Birch with their fall clean up chores as part of the NEC Serves effort.



SAU 34 to gather community feedback about draft Strategic Plan

During November and December, Superintendent Robert Hassett and other school leaders will be hosting several community sessions to gather community feedback regarding its Strategic Plan, charting the direction of the Hillsboro-Deering and Washington schools for the next 5-10 years.

Over the last year, the School Administrative Unit - with the involvement of community and business members, board members, parents, teachers and administrators - has been developing its plan to heighten the success students realize now and in their future.

To reach those new levels of success, students need to be prepared and engaged differently than they have been in the past. Society has changed in dramatic ways over the last several decades, necessitating that schools and how they educate students, also change with it.

Come to any of the following community sessions to learn about these changes and to share your questions and feedback about the same.

Monday, November 25, 2019 at 6:30 pm in the Washington Elementary School

multi-purpose room.

Tuesday, December 3, 2019 at 6:30 pm in the Windsor Town Hall.

Wednesday, December 4, 2019 at 6:30 pm in the Hillsboro-Deering Elementary School Media Center.

Tuesday, December 10, 2019 at 6:30 pm in the Deering Town Hall.

RSVP to Carol Fogarty (cfogarty@ hdsd.org; 603-464-7713) to ensure enough materials are available at the session you would like to attend.



Members of Hillsborough's American Legion Post, Sons and Auxillary gathered at the town's War Memorial for a Veterans Day tribute.

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Kyle Knapton, AAI

BAILEY:

Domestic Medium Hair, 4 y.o., Spayed Female. Bailey is a beautiful gal with quite an appetite. She came to us as a stray so we're still getting to know her. She seems like



can be picky about when she wants attention. She's not a fan of the company of other cats and may not want to be around kids.

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- Somerset Plaza: Nashua 375 Amherst St. #101A M-Sat 9-9, Sun 10-4 673-1734



COLTON: Domestic Short Hair - 8 years - Neutered Male

Colton is a sweet happy boy that would like to be an indoor/outdoor cat. He loves his food and may not want other animals to share, so we think he may be best in a home with no cats or dogs. He'd love to spend his days resting beside you or watching the world out the window. He makes a funny noise when he's hungry or excited. He's an overall happy active boy.



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RUBEN: Ruben is such a gentleman we

think he'll fit most any home. He enjoys his toys & loves going for walks. He came to us as a stray so kids in the home should be over age 8. He seems ok with other dogs, so may enjoy a respectful dog friend to keep him company. Ruben would love to be yours for hiking and other outdoor adventures!

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MEADOW & GINGER

Female Guinea Pigs -These ladies have come to care for one another. They are both very sweet and gentle. Ginger the younger of



the two has had a tough few weeks fighting a cold but is currently on the mend and ready to head out into the big wide world. She gains comfort when she is feeling a bit down by snuggling with her sista from another mista and feels that they must never be apart. They are wonderful girls that will fit well into any small animal friendly home.

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TUX

2 yr old, SF, domestic short hair - Little Tux may be a smidge nervous at first with new



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AUTUMN:

She's a beautiful gal looking for a calm home with no other animals and children over age 12. She's looking for that special someone who will love and adore her and give some space when she

ECHO -6 yr old, SF, pitbull terrier mix. Once I

warm up to you, I'm the

biggest cuddle bug! I'm looking for a home that

is kid & dog free as they make me uncomfortable

but I promise, I'm all you

need! Once I'm comfortable. I show my sweet

side and very playful



needs it. Autumn really enjoys treat-time! She is now considered a lonely heart which means her adoption fee has been reduced.

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side. I do zoomies with my favorite toy and as soon as I stop, I'm back in your lap. If you're interested in learning more, please come see the Monadnock great staff at MHS.

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CASH: 7 year old, NM, domestic short hair tabby cat - Hello my friends, pleased to meet

vou! I'm a social guy who likes attention on my own terms. I have previously lived with kids and other cats and may again if introduced properly and they respect my space. I'm a handsome

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POKEY

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and other basic commands. He may be ok with another dog with a proper introduction here at the shelter first. We are asking any children in his home to be 8 and older. He has a lot of love to give.

Pope Memorial SPCA of Concord Merrimack County (603) 856-8756

CHAD CARIGNAN ANGWIN ELECTRIC PO BOX 92 • CONCORD, NH 03302 603.396.6099 CWC1972@HOTMAIL.COM

REX -3 yr old, NM, Coonhound mix. I'm a big guy with a lot to offer! I can be nervous at first but

once I feel comfortable, I'm eager to greet & please! I've previously lived w/ children & small dogs & cats and did well. I'm best suited for older

children due to my large size & I love to jump. My ideal home will provide exercise I desperately need. I'm a strong boy who needs to learn proper leash walking & manners, but Monadnock with a big size comes

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TINA: The Spirit Cat - 10 yr old, SF,

DSH - This young at heart girl still has a lot of love to give. Tina is a spirit cat, meaning she prefers the company of other animals over crazy



with other dogs & cats and prefers you to give her your space. So she may not curl up on your lap, but do you have a lonely feline that needs a BFF? Come ask the staff at MHS more about Tina and our Spirit Cat Program!

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ANGELINA

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may be overwhelming for her but with the right rabbit savvy home she should settle in just fine. She has lived next to another bunny but seems to have no interest in living with one at this moment. A wonderful girl that will make a great friend.

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needs a home without other dogs or cats; he may do fine with children 8 & older.

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CLEMSON & BOWDOIN

1 Yr. Old, Red & White& Red, Male Guinea Pias. These boys have quite the story

to tell. Saved from the brink of an uncertain future they are getting a new lease on life here at MHS. They are nervous of the loud noises of the shelter and the dogs seem to be a trigger with the loud barking. With a dedicated owner they should come out of their very closed shells soon.

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AUTUMN:

She's a beautiful gal looking for a calm home with no other animals and children over age 12. She's looking for that special someone who will love and adore her and give

some space when she needs it. Autumn really enjoys treat-time! She is

now considered a lonely heart which means he adoption fee has been reduced.

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SMOKEY: Domestic Short Hair-10 years-Neutered Male. Smokey is an

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BIGFOOT

Domestic Short Hair-1 year-Neutered Male. Big Foot is a shy kitty who warms up quickly. He enjoys some gentle petting. He wouldn't mind going to a home



with a resident kitty or going home with one of his siblings. He would most likely be happiest in a home with children over the age of 8.

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CLOUD

Domestic Short Hair-6 months Spayed Female Cloud is a cute gal in need of a comforting home. She is a little shy at first but also curious. She

wouldn't mind going to her new home with one of her siblings or to a home with a kitty looking

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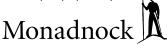
Guinea Pig-1 year-Female. Zoey and Dory are a bonded pair. They are shy



at first, but warm up quickly. Fast movements do scare them so they are looking for a home with children over the age of 8. Zoey is more outgoing than her sister, Dory. She likes to be snuggled up next to your neck, while Dory would prefer being zipped up in your jacket.

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DORY

Guinea Pig-1 year-Female. Dory and Zoey are a bonded pair. They are shy at first. quickly. Fast



movements do scare them so they are looking for a home with children over the age of 8. Dory is a little shier than her sister, Zoey. She would prefer being zipped up in jacket, while Zoey likes to be snuggled up next to your neck.

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THEA: Thea is a little cutie looking for a home with someone who works from home

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or young kids.



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SWAMPY: 3 yr old, SF, DSH. Sweet little Swampy is a lovely girl. She's hoping for a home that can take her best friend Smokey along

as well. They've traveled together from down South and enjoy each other's company. Her fav pastime is long, luxurious naps. She also eniovs tovs and some aroomina Come down to MHS and take a look!



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REX -3 vr old, NM. Coonhound mix. I'm a big guy with a lot to offer! I can be nervous at first but once I feel comfortable, I'm eager to greet & please! I've previously lived w/ children & small dogs & cats and did well.

I'm best suited for older children due to my large size & I love to jump. My ideal home will provide exercise I desperately need. I'm a strong boy who needs to learn proper leash walking & manners, but

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Hair, 4 y.o., Spayed Femalé. Bailey is a beautiful gal with quite an appetite. She came to us as a stray so we're still getting to know her. She seems like a friendly girl but

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Ginger and Missy are

sisters born 5 months

ago. The

girls are

active and social and

have lived

with a

dog.

Domestic Medium

can be picky about when she wants attention. She's not a fan of the company of other cats and may not want to be around kids.

Merrimack County (603) 856-8756

This pet sponsored by

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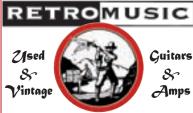
TEMPO - 7 month old, NM, domestic short

a big heart!

hair - Tempo, along with his sister, came from the Wild Woods of Keene! He LOVES the company of other cats and he'd enjoy a family that has a feline friend who'd accept him. Recently, Tempo has

decided that humans are actually pretty neat! While he originally tries to be tough with a hiss, in no time he'll be reaching for your hand to give him some good scratches under the chin He's a total charmer. Monadnock come to MHS to see for yourself!

(603) 352-9011 ndnockhumanesociety.org This pet sponsored by



www.retroguitar.com retromusicnh@gmail.com

38 Washington St. Keene, NH 03431 • (603) 357-9732 Mon-Fri. 11am-6pm • Sat. 11am-5pm • Open 2 Sundays before Dec 24th **GINGER AND MISSY:**

and Missy are sisters born 5 months ago. The girls are active and social and have lived with a doa.

wearewag@gsinet.net www.wearewag.org/ 529 www.facebook.com/wearewag 529-5443

Route 77

Motors Sales & Service

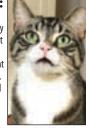
711 Concord Stage Road Weare. NH

Open 8^{AM}-5^{PM} Mon.-Fri. www.route77motors.net

529-7700

SHASTA: 3 year old neu-

tered male. Very affectionate but timid at first. Gets along great with other cats. Submissive and gentle.



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276 West Main Street, Hillsboro 603-464-5110

Getting better and better

POKEY -

Pitbull Terrier Mix-2 yrs - Neutered Male. Pok-ey is both food and toy motivated which will help when training this fellow. We've come to find that Pokey is deaf so he'll require a special family that has patience and time to train him. He's very receptive to leash training

and other basic commands. He may be ok with another dog with a proper introduction here at the shelter first. We are asking any children in his home to be 8 and older. He has a lot of love to give.

> Pope Memorial SPCA of Concord Merrimack County (603) 856-8756



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Events: Community Bulletin Board

SATURDAY NOVEMBER 16

SPAGHETTI DINNER: The Hillsborough chapter of the Daniel Webster Council Cub Scouts Pack 73 will be hosting a Spaghetti Dinner Fundraiser at 5:00 pm at Saint Mary's Church in Hillsborough. The Pack is asking for a suggested donation of \$5 per person, with a \$20 max per family. The menu will include spaghetti and meatballs, salad options and bread.

FULLER LIBRARY: Fuller Public Library's STEAM for Kids: Turk-uchet! Build a catapult to launch your homemade turkey. Whose will fly the furthest? Join us at 10am, please call to register, 464-3595.

SENIOR DINNER: 43rd Annual Lions Club FREE Senior Dinner Turkey with all the fixins. Hillsboro-Deering Middle School 1pm seating. Doors open at Noon.

HOLIDAY FAIR: ConVal's graduating class of 2020 is sponsoring the annual Holiday Craft Fair from 10-3. There will be plenty of unique holiday gifts for sale as well as delicious food and the opportunity to connect with your neighbors in the community and start the 2019 holiday season off in a delightful way.

MONDAY NOVEMBER 18

HILLSBOROUGH SENIORS: The Millyard Museum. Learn the story of Manchester and the people who lived and worked there through the wonderful exhibit Woven in Time: 11,000 Years at Amoskeag Falls. Lunch will be on your own. Cost \$14 Leaving Shaw's at 10am. Call Linda Kowalski at 464-5426 sign up.

TUESDAY NOVEMBER 19

DEMOCRATS MEET: The Goffstown Democrats Committee will hold its monthly meeting at 6:30pm at the Goffstown High School. Dr. Ken Dolkart with the Granite State Physicians for a National Health Care Program, will address the attendees. All are welcome.

TREE LIGHTING: Join us to see your special gift come to "light," please join us for the Tree Lighting Ceremony at 5 pm at Monadnock Community Hospital at the Medical Arts Building entrance. Please join us for the Tree Lighting Ceremony followed by caroling and light refreshments.

FULLER LIBRARY: Mystery Book Group at Fuller Public Library will meet at 6:30pm to discuss The Dry by Jane Harper. Have you read the book? Feel free to join us.

THURSDAY NOVEMBER 21

HILLSBOROUGH SENIORS: GHSS Senior Luncheon Join us at St. Mary's at noon for a delectable lunch of pork roast, mashed potatoes w/gravy, applesauce, peas, Cole slaw, rolls and butter followed by dessert. Cost \$5. Call Marie Merrow, 464-3067, no later than Monday the 18th to reserve a seat.

FULLER LIBRARY: Fortune's Favor, a folk duo originally known as the Bible Hill Boys, will perform at the Fuller Public Library at 6:30pm. Known for their humorous songs, they also write love songs and songs about love and life. We hope you can join us and perhaps sing along.

BOOK DISCUSSION: 11am at the Antrim Presbyterian Church, readers will discuss Henderson: The Rain King by Saul Bellow. The Modern Library ranked Bellow's hilarious masterpiece number 21 on its list of the 100 Best Novels in the English language. Please join our low-key, informal conversation.

FRIDAY NOVEMBER 22

PIE & PENNY SALE: from 5-8pm at the Old Town Hall, 16 N. Stark Highway, Weare. Gift cards, kids' baskets, homemade items, services, etc.

SATURDAY NOVEMBER 23

SPAGHETTI SUPPER: The Annual Sarah Moody

Scholarship Spaghetti Supper, sponsored by the New Boston Fire Auxiliary will be held from 5 - 7pm at Bunting (New Boston Fire) Station, \$8 per adult, \$6 per children (6 - 12), \$6 per senior citizen or family-of-4 \$25. All proceeds are contributed to the Sarah Moody Scholarship fund for a New Boston high school senior to further their education. Homemade pie & breads. That's right, just in time for the holidays. The New Boston Fire Auxiliary will be selling pies for \$12 and breads for \$5 each.

FULLER LIBRARY: Special Saturday Storytime at the Fuller Public Library with Ms. Laura. Join us at 10am for stories, songs, and a special project.

RETIREMENT PARTY: Chief Pushee Retirement Party The Town of Deering is hosting a potluck party at the Town Hall starting at 6:00 p.m. to say goodbye and best wishes to retiring Police Chief James Pushee for 17+ years of dedicated service. Bring a dish to share with your family and friends for this Town event.

SUNDAY NOVEMBER 24

MUSIC ON NORWAY POND: New York City's Merz Trio promises a "riveting" and "impressive" performance. Joining up in 2017, pianist Lee Dionne, violinist Brigid Coleridge, and cellist Julia Yang have quickly emerged as a unique and award-winning ensemble, garnering the 2019 Concert Artists Guild Competition, the First Prize at the 2019 Fischoff National Chamber Music Competition, and the First Prize and Audience Prize at the 2018 Chesapeake International Chamber Music Competition.

TUESDAY NOVEMBER 26

FULLER LIBRARY: Fuller Public Library will welcome local authors N.A. Broadley and DJ Cooper for a book signing from 5:30-7:30pm in the Gilbert Room.

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Obituaries: Friends & Neighbors Remembered

Marjorie Rose Morse

WEARE - Marjorie Rose (Cooper)

Morse, 86, of Weare died peacefully in her sleep surrounded by her children, Tuesday, November 5, 2019 at Presidential Oaks where she resided for the last year and a half; and previously lived in



Weare for over 50 years. She was born in Contoocook to George Cooper and Annabelle (Keaton) Cooper on October 4, 1933. Marjorie was predeceased by her parents, her husband Carlos Morse, brothers George Jr and Lloyd Cooper, Earl Fletcher Jr, sister Phyllis Palmer and stepson Carlos Morse. She is survived by her daughters Susan Cruse of NC; Alex Mears of Loudon; Cindy Johnson of FL.; Nancy French of Weare and sons Danny Morse of Weare and Jim Morse of Washington, NH. As well as 13 grandchildren, 14 great grandchildren

and numerous nieces, nephews, cousins; and her brother Joe Keaton of Concord and sister Dottie Perkins of Northfield. A memorial service was held on Sunday, November 10th at 1:00pm at Liberty Baptist Church on Freeman Hall Rd in Nottingham, NH.

Dana Phillips

Sidney Ohio - Dana Phillips, age 61, passed away October 25, 2019 in Sidney, Ohio after a brief illness. Dana was born June 5, 1959 in Oak Bluffs, MA and grew up in Goffstown, NH, graduating from Goffstown High School in 1976. Dana was a loving and caring husband and father. He leaves his wife Lisa, son Daniel, daughter Samantha, and mother Judith Phillips Herman. He is predeceased by his father Daniel Phillips, sister Lorraine Phillips Dumont and Wendy Phillips Goonan. He is survived by many cousins, nieces, nephews and friends. A memorial service will be held in Goffstown at his Aunt and Uncle's property, Kenny and Gail Burnes, in late Spring 2020.

Lisa Dawn Johnson

WEARE - Lisa Dawn Johnson, 52.

of Weare, NH died on Saturday November 9, 2019 at the Hospice House in Concord, NH. Lisa was born January 1, 1967 in Concord. NH to Kenneth R. and Donna M. (Magoon) Johnson. She is sur-



vived by her parents Kenneth R. & Donna M. (Magoon) Johnson of Weare, NH, 1 aunt Rita and uncle Everett Magoon, uncle Barry Johnson of Oregon, cousin Carrie & Chris Flaherty & cousin Andrea & Brian Kellett, and many dear friends & family. Graveside service will be held Sunday November 17, 2019 at 1 pm in Henniker New Cemetery, Old Concord Rd., Henniker, NH. In lieu of flowers, donations may be made in Lisa's name to The Pope Memorial SPCA of Concord, 94 Silk Farm Rd., Concord, NH, 03301.

Gathering for Friday December 6, 2019 6:30 - 9:00 PM

Please join us for an evening of delectable desserts and drinks, a silent auction, raffle and other fun activities.

Proceeds benefit the Congregational Church of Henniker & Community Outreach

· Food4Friends · The Giving Tree · The New Life Thrift Shop Missions • Family Promise

Tickets: 1 - \$15; 2 - \$25; Purchase tickets at the Congregational Church of Henniker and the New Life Thrift Shop

Dinner

Please join us for a Ham/Harvest dinner in support of the **Knights of Columbus** and the veterans at **Liberty House**

November 23rd

5-7 pm at St Theresa

\$15/adult; \$25/couple; \$30/family

Bring Donations for the Liberty House Vets **High Need Items:**

FOOD: Canned Meats (i.e., tuna, chicken, etc), peanut butter & jelly, canned pastas, soup)

CLOTHING: Winter Coats, Winter Boots, Underwear

MISC: Sleeping Bags, Backpacks



SATURDAY November 23, 2019

8AM-12PM 2nd Annual **Hillsboro Lions** Scrap Metal Drive

276 Henniker Street • Hillsboro, NH

ACCEPTABLE ITEMS Include:

Lawnmowers

• Fans/Light Fixtures

Hot Water Tanks

Metal Patio Sets

Metal Shelving

Wheelharrows

(no fluids)

Car Parts

- Washers/Dryers
 Motorcycles (no fluids)
- Metal Siding/
- Roofing
- File Cabinets
- Furnaces • Pots/Pans
- Tools Gutters
- Bicycles
- Wire
- Shovelheads
 - Plumbing Parts
 - Aluminum Cans
- · Any Steel, Copper, Brass, Aluminum, Lead

NOT ACCEPTED

• Propane Tanks • Air Conditioners • TV Sets • Items that have fluids in them

100% of the proceeds from this fundraiser will go directly to local organizations/charities to help support their causes and give back to the community.



November 30 2019 Antrim, NH

Annual Holiday Craft Fair

Great Brook "Friends of Music" 73 Main First Presbyterian Church St. and Antrim Town Hall • 9-2

Photos with Santa

Antrim Town Hall 10:30-12:00

Festival of Trees Open House

42 Main St., James Tuttle Library 10-4

Annual Tree Lighting

42 Main St., James Tuttle Library 4pm

Great Brook Singers Caroling around Town

Throughout the Day

PLUS MUCH MORE!!!



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SJCS MEALS ON WHEELS is hiring a PART TIME DRIVER position at a Meals on Wheels nutrition site location in Hillsborough, NH. \$10.00/hr., Monday-Friday, midday. Call Jillian for more details: 603-424-9967. EOE.

HILLSBORO DINER: Opening for a fulltime waitress. Call 781-254-9384 or 603-831-0611 or stop by for an application.

Send your Classifieds to: PO Box 1190, Hillsborough, NH or email leighb@tds.net

PUBLIC NOTICE WASHINGTON SCHOOL DISTRICT

Pursuant to RSA 197:3-a, the Washington School Board will hold a School District Special Meeting on Monday, November 25, 2019, at 6:00 pm in the Washington Elementary School Multi-Purpose Room. The purpose is to see if the Washington School District will vote to raise and appropriate for the support of schools, and for payment of statutory obligations of the District, the sum of \$31,765 in additional state funding received from the state of NH in the current fiscal year, with no money raised from taxation.

To advertise your business in our upcoming ADOPT-A-PET SPECIAL SECTION

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Win a \$15 Gift Cert. to Mediterrano's Restaurant!

Find & list the graphic at right from 4 ads & send your answers to: The Messenger's Ad Hunter, PO Box 1190, Hillsboro, NH 03244



Winner for Nov. 8, 2019 Mary Hillsboro

Ad #1	Page #	Ad #2	Page #
Ad #3	Page #	Ad #4	Page #

Answers: week of Nov. 8, 2019:

- Cyr Lumber page 5
- Mediterranos page 11
- · Yestramski page 16
- Ward Upholstery page 18

Mystery

Identify this Mystery Photo &

Win a \$15 Gift **Certificate!**

to Ming Du Restaurant!



All entries must include name. address and telephone number. Mail to: Mystery Photo, PO Box 1190, Hillsboro, NH 03244

Winner for Nov. 8, 2019: Don Holt, Jr., New Boston

Photo was of: Gen. Douglas MacArthur

PETS ARE FAMILY TOO





How (and why) to pick a pet food that's backed by science

There's no doubt that pet owners want the best for their furry friends, including the best pet food to help them grow and fuel a long, healthy life together. But with increased confusion about what's good, bad and just a fad, it's no wonder many pet owners may not feel completely confident that the food they are feeding is healthy and safe.

Here are the 4 things to look for:

- Formulated by professional nutritionists Formulating pet food requires expertise and scientists who know how different nutrients work together to meet a pet's total nutritional needs. It's important to select a pet food formulated by a dedicated team of nutritionists who understand the physiology of pets and how to fuel their bodies.
- 'Whole bowl' formulation vs. focused on the first few ingredients - Good nutrition for pets is all about nutrients, so focusing on ingredients won't tell the whole story and can become a distraction for well-meaning pet owners. A nutritionist formulates pet food by creating a comprehensive nutrient profile to provide the pet with every vitamin, mineral and nutrient he needs to thrive and then finding ingredient combinations to meet the profile. Each ingredient plays an important role in the overall diet by delivering key nutrients a pet needs. Some pet owners make the mistake of choosing a pet food recipe based on their own food choices, prioritizing foods with ingredients they eat (or don't eat). Although often well-intentioned, the simple fact is pets

don't need to eat like their human companions and, instead, benefit from a consistent complete and balanced diet. Finding a pet food brand that is transparent about what each ingredient contributes to a recipe at a nutrient level can help pet owners stay focused on the true nutritional needs

- Validated with feeding trials One key confirmation of the nutritional value of a pet food is for trained scientists to feed the food and observe how it contributes to a pet's overall health. Feeding studies help scientists understand how food is digested, metabolized and contributes to the pet's health, and may be required for a company to make claims about specific nutritional benefits or outcomes. Ultimately, it is in the best interest of pets and pet owners to understand how a pet food performs to confirm it is nutritious and safe.
- Peer-reviewed, published research Pet food companies that invest in and employ scientists who are actively conducting and publishing peer-reviewed research add further credibility. These experts may be involved in some of the latest research that will impact pet care in the future to help pets live longer, healthier lives. This also indicates they are tuned into the research coming out of renowned academic institutions and organizations.

Making sure a pet is getting safe, healthy and complete nutrition can feel like an ongoing quest at times, especially when there are more choices and opinions than ever, often from sources leading with trends and lacking scientific expertise. When in doubt, consult your veterinarian to better understand the specific needs of your pet. (BPT)







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