## "Your Local Weekly Since 1869 A Tradition Worth Keeping" Free + Our 151st Year + Issue 17 + April 24, 2020

## Announcing The Messenger's JOBS-MATCH PROGRAM

If you are out of work because of COVID-19 and are looking for help in getting through this OR

If your company is looking for additional employees, Send us your

#### I NEED A JOB or HELP WANTED POSTING

We will print it FREE while this crisis persists. Send your information to The Messenger, PO Box 1190, Hillsborough, NH 03244 or Email leighb@tds.net

#### **Together We Can!**

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IS OVER AND WE GO BACK TO
OUR NORMAL LIVES, NEVER
FORGET THAT DURING THE CRISIS
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Deb Pepper and Abbie Teachout who work for the Henniker Community School's contracted bus company Student Transportation of America (STA), are getting ready to deliver meals to Henniker children.

## Remote learning continues

#### Schools to remain closed for the rest of the school year

All public and private schools in NH will remain closed for the rest of the school year, and students will continue remote learning, the governor announced Thursday. Gov. Chris Sununu said the decision was not easy, but he said it was necessary to prevent the transmission of COVID-19. He said New Hampshire has implemented remote learning well, describing the state as the "gold standard" in the country. But he noted there will be challenges, and the experiences of some students - nota-

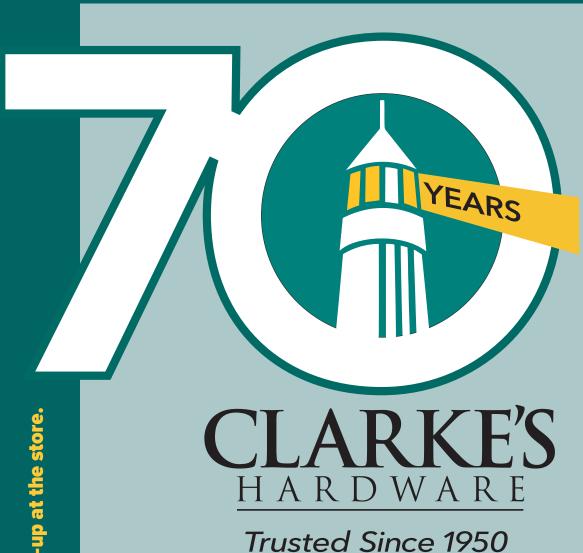
bly, high schools. "Graduation is not going to look like it does for them, as it did for maybe their friends that had come before them," Sununu said. "Senior prom, those kinds of things are, unfortunately, going to look very, very different." Sununu called for developing innovative ways to handle graduation and summer programs. The governor said schools should develop plans to help students in September who were unable to keep up with their studies in a remote learning environment.

#### New London Select Board discusses cost reductions

Anticipating a decline of revenue from real estate taxes and motor vehicle registrations, the New London Select Board has begun exploring ways to tighten expenditures. Finance Director Wendy Johnson reported that with a 10% reduction, of tax payments in July and October, the town would have sufficient funds to meet its obligations until the Merrimack County tax payment is due. Johnson said that she has begun an application for a \$1 million

tax anticipation loan if it is needed.

The Board discussed potential budget reductions, including a hiring freeze, a wage, step increase and COLA deferment, and furloughs of employees. No decisions will be made until the Board meets with the Budget committee on May 4th. In the meantime, Hallquist will meet with large property owners to assess their ability to pay their taxes on time.



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#### Hopkinton Rotary Club benefits local food pantries and non-profits

Hopkinton Rotary members rescued 1,000s of pita bread pockets from destruction on Monday and Tuesday of this week for distribution to food pantries and agencies throughout Merrimack County. Joseph's Middle East Bakery, a national manufacturer, donated over four pallets of pita pockets.

Business consultant, and long-time Hopkinton Rotarian, Dave Feller gathered a crew of fellow Rotarians and business colleagues to mount the "rescue" effort. Four pallets containing over 200 cases in total were picked up from the manufacturer and routed to Agile Magnetics in Concord and two sites in Hopkinton where volunteers opened and repacked packages into unlabeled cartons for delivery. The Capital Regional Food Program,

a private not-for-profit, all volunteer organization, distributed about half of this product to 19 different local organizations. The Community Action Program - Belknap-Merrimack Counties received a large share for its network with additional deliveries directly to the Hopkinton, Warner, and Kearsarge food pantries. Several cartons were also donated to Dimitris Pizza Restaurant to help with preparation of the free meals they have been making and delivering to the residents of senior housing in Contoocook.

"I am so proud of the quick response I received when I reached out to my friends and Rotarians for help salvaging this product," said Dave Feller. "I work with many food manufacturers, and there is a

huge opportunity here for future salvage efforts just like this one."

Hopkinton Rotary extends its sincere thanks to Agile Magnetics for a generous donation of boxes and supplies for repackaging, Bartlett Tree Services for use of its box truck, and Peter Hayden of the Capital Regional Food Program. Hopkinton Rotary President Debbie Norris said, "Dave Feller is always thinking of ways that Rotary can make a difference. I'm grateful to Dave for his efforts and for the efforts of the many caring individuals who stepped forward." Project Pita volunteers were Mike Foley, Ben Barton, Jeff Donohoe, Kathy Donohoe, Frank Grano, Sarah Hoffman, Gayle Kimball, Debbie Norris, Mike Norris, and Ken Traum.





(L-R) Debbie Norris, Ben Barton, Mike Norris, Dave Feller, and Ken Traum few of the Hopkinton Rotarians who delivered pita breads to food pantries.

#### Registrations are open for Weare Kindergarten students

Registration for students in Weare who will be five-years-old by September 30, 2020, and plan to attend kindergarten should register their child now.

Go to https://www.centerwoods. net/ for more registration information including the packet that needs to be filled out.



This issue of The Messenger is being mailed to you to introduce our weekly newspaper. Future issues will be mailed to you on a rotating basis. On weeks you do not receive one in the mail, you may pick one up FREE at several stores and restaurants in town. You may also download one at www.granitequill.com or email us at guillsales.com and we will send you one each week by constant contact.

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#### May 3, 2019

Parzick named Asst. Principal at Henniker Community School Charette hopes to revitalize downtown Hillsborough New London couple donates in-quad kennel Peterborough's Riverwalk parking lot opens this week

#### May 4, 2018

Weare woman charged with robbery and assault Nine White Birch staff members awarded credentials Bomb scare evacuated Hillsboro-Deering High School H-D DECA shines In International competition

#### May 5, 2017

Four Belmont teachers caught drinking Antrim man indicted for sexual assault & kidnapping Hillsboro man and his Epsom son in critical condition Downtown Franklin to receive major facelift soon

#### **April 29, 2016**

Bow man indicted after fatal crash New playground at Franklin's Paul Smith Elementary Weare Police Department has only one operable cruiser Friends of Goffstown Rail Trail contribute to the project

#### **April 24, 2015**

Keep Goffstown Beautiful week April 19-25 Winfried Feneberg named Kearsarge Superintendent Bow Police make Park & Ride heroin arrest Washington man injured in Newport accident

#### **April 25, 2014**

Attorney General clears Weare officers in shooting Bradford officer honored for saving child Sutton man clocked at 100 mph on Route 11 Newport brush fire burns about one acre

#### **April 26, 2013**

Civil suit against Seastrand put on hold Newport gun range survives first appeal Newbury benefit for Chris Palmer's family Chamber sponsors Henniker's Clean-Up Day

#### **April 21, 2012**

Bound Tree Medical closing in June Henniker Brewing Company opening in August Dog dies in Hillsborough fire after alerting occupant Approval of Newport gun range under appeal

#### **April 29, 2011**

Warner mourns death of Rosa Valpey Chris Kelley is new Hopkinton principal Antrim to form wind energy ordinance committee Colby-Sawyer professor arrested in Louisiana

#### **April 23, 2010**

New London-Sunapee wastewater project kicked back Dixie Tremblay nominated as HDHS Principal Francestown grants cell tower exception Pink Flamingos support sick Weare boy

#### Hopkinton students to receive a one-day April vacation

The Hopkinton School Board voted to support taking the Monday of April vacation (April 27) as a vacation day. The regular school schedule will continue Tuesday - Friday. Building administrators will provide additional information about the week.

This adjusts the last day of school to Monday, June 8 for the elementary schools, Tuesday, June 9, for the secondary schools. The School Board has requested additional information about the end of the school year.

The Hopkinton School District Annual Meeting is scheduled for Saturday, May 9. May 9 would secure a budget in time to offer contracts to teachers within the statu-

#### **HD receives United Way funds**

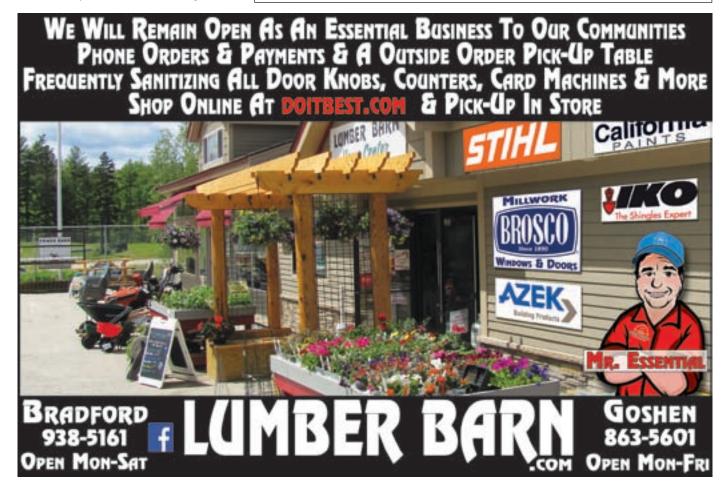
H-D After School Coordinator, Cathy Bennett, shared a letter from the Monadnock United Way to the Kid Adventures Program which stated that each of the six after school programs in their consortium is to receive \$2000.00. The money will be used to supplement the food being given out on Fridays for the "weekend bags." tory requirements. Moderator Newsom is monitoring other towns/districts who are developing plans for annual meetings. A planning meeting with board members and Mr. Newsom is in the works. Updates will be provided.

The Hopkinton School Lunch Program is now offered at no cost for any student. If interested please place your order with Food Service Director Tracy Barker (tbark-

er@sau66.org). available at the link below. The Hopkinton School District Building Project continues to make progress. The Building Committee meets monthly. Norm Goupil has become the Chair of the Building Committee. The project is coming to the end of the design phase, getting ready for the bidding process and application to the NH Bond Bank. The goal is to have construction begin this summer.



Taking care of the earth was on the minds of many on this 50th anniversary of Earth Day. Many Henniker students had planting seedlings on their list of things to do. Liz Harrison (4th grade) used a cardboard egg carton to start her hollyhock seedlings.





Your mouth needs saliva to work properly. Saliva keeps your mouth moist, and it helps to break down your food and helps you to swallow. It also acts as a cleanser. It is constantly washing around your mouth and teeth, fighting tooth decay and helping to keep your teeth clean. Dry mouth or 'xerostomia' is a condition which affects the flow of saliva, causing your Dr. Esin Narli-Trangaris mouth to feel dry.

#### How can I tell I have dry mouth?

The most obvious symptom is, of course, a dry mouth. Some people feel that their saliva has become thick and sticky, making it difficult to speak or swallow. Some people also have a 'prickly' or burning sensation in their mouth and become sensitive to certain foods. The mouth can become sore and there is a higher risk of tooth decay and gum disease. In some cases, the mouth can also become red and shiny.

#### What can cause dry mouth?

Dry mouth can be a symptom of many different problems and can occur as you get older. Quite often it is a side effect of medication—especially heart, blood pressure and depression tablets. Your doctor, pharmacist or dental team should be able to tell you whether your medication can cause problems. Dry mouth can also be caused by medical treatments such as radiotherapy, or surgery to the head or neck. In some cases, dry mouth can be a direct result of a medical condition (for example diabetes, lupus, Sjogren's syndrome and blocked salivary glands).

#### Are women more likely to get dry mouth?

Women who are going through menopause may suffer from dry mouth. Women who have had their menopause and are taking hormone replacement therapy (HRT) may also find they suffer from dry mouth. If you are taking medication and have any of the symptoms of dry mouth, talk to your doctor to formulate a treatment plan.

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Although the clinical efficacy of antidepressants in children and adolescents is proven, it is frequently accompanied by side effects. In addition, the influence of the placebo effect on the efficacy of antidepressants is unclear. A meta-analysis of data from over 6,500 patients has now shown that, although antidepressants are more effective than placebos, the difference is minor and varies according to the

type of mental disorder. The results were published in the journal JAMA Psychiatry. The most common mental disorders in children and adolescents include anxiety disorders, depressive disorders, obsessivecompulsive disorder, and posttraumatic stress disorder. Children and adolescents are often treated with psychotherapy together with newer antidepressants such as selective serotonin reuptake inhibitors (SSRIs) and serotonin-norepinephrine reuptake inhibitors (SNRIs). Psychologists analyzed 36 drug trials. The trials included data from 6,778 children and adolescents up to the age of 18. According to the study, the effects of antidepressants and placebos vary according to the type of mental disorder: antidepressants have a greater specific effect in the case of anxiety disorders than depressive disorders. On the other hand, placebos have a stronger effect in depressed patients than in those with an anxiety disorder.

A new study published by the scientific journal Addiction has found no reliable evidence for using nalmefene, naltrexone, acamprosate, baclofen or topiramate to control drinking in patients with alcohol dependence or alcohol use disorder. At best, some treatments showed low to medium efficacy in reducing drinking, but those findings were from studies with a high risk of bias. None demonstrated any benefit on health outcomes.

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HDHS School Nurse, Elizabeth LaBier made the most of remote learning by conducting lifeguard training while social distancing with her family.

#### Hopkinton Select Board seeking volunteers

The Hopkinton Select Board is currently seeking a pool of citizens interested in serving on a Town Committee or Board. The following Committees currently have openings: Conservation Commission, Economic Development Committee (EDC), Refuse Disposal Committee, Recreation Committee, Sewer Committee, Waste Reduction Committee, Zoning Board of Adjustment - Alternate. Anyone interested should complete and return the appointment application which is available online.

#### ConVal meals available to children 0-18 years

The ConVal School District is able to provide a bagged breakfast and lunch Monday through Friday for families in the District for each child in the household between the ages of o-18. Breakfast and lunch items are generally those that would be eaten by school age children. While food allergies can be considered we are unable to meet demands for dietary preferences.

#### **Hopkinton Food Pantry needs donations**

The Hopkinton Food Pantry needs the following items: - Cereal - Toilet Paper - Hand Soap. Items may be dropped off at the Slusser Center (outside rear door). For additional information contact Marilyn at 746-8244.

#### Hancock checking in on vulnerable citizens

Since the beginning of the State of Emergency declaration and the COVID-19 pandemic, Hancock Police have been compiling a list of the town's more vulnerable citizens. Telephone calls are made to these citizens on a weekly basis to ensure that they are doing OK during the Stay-Home order. If there is anyone in Hancock that you think should receive a call, drop an email to the Police Department with the name and their number and we will make sure they are on our contact list.

#### Kearsarge Superintendent issues an update

As many are now aware, Governor Sununu announced that schools will remain in Remote Learning until the completion of the school year. There are, and will be, many questions in the coming days ahead. Questions from students, families, and staff will undoubtedly focus on how we will manage the remaining days of school in a remote learning environment. Graduation, school year end dates, step-up activities for students, and grading are just a few areas that are being explored. Please rest assured that administration and faculty are working together to develop the answers to these questions, and are involving student and family voices in the discussion when possible. .

#### Kearsarge Regional High School hires new principal

Superintendent Winfried Feneberg is pleased to announce Charles Langille



Jr. has been selected to be the new principal at Kearsarge Regional High School. Langille will replace Principal Robert Bennett starting July 1. Bennett recently accepted the position

of principal at Laconia High School, where he will also begin July 1.

Langille was chosen as one of three finalists for the position by a screening interview team made up of teachers, students, parents, paraeducators, a school board representative and administration. After a second round of interviews, he was chosen as the final candidate and approved by School Board on Monday, April 20.

Langille currently works as the assistant principal of Mascenic Regional High School in New Ipswich, where he

has worked as the student activities/cocurricular coordinator, developed and maintained the student handbook, initiated the redevelopment of student government with a student constitution, served as the lead for student discipline, directly supervised and evaluated staff, served as the school's truancy officer, mentored the director of school counseling, was a member of the joint District and Community Safety Committee and chaired the Athletic Appeals Committee.



Deering Fire & Rescue would like to thank SAU #34 for the donation of face shields. These shields along with gloves, masks and isolation gowns will help us stay safe from COVID 19.

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#### RESEARCH REVEALS WHERE PARENTS PURCHASE A HOME AFFECTS CHILDREN'S EDUCATION LEVEL



Real Estate, school performance and home prices are directly related in Houston, Dalls and San Antonio Texas neighborhoods.

By: Joyce Bosse

Movoto.com studied Texas Assessment of Knowledge and Skills (TAKS) scores for schools in various areas of these major cities and compared them to housing prices in the area. The

According to a new study from Movoto Online

results have revealed that home prices were 59-77% higher in school districts where at least 75% of 11th graders passed all TAKS tests. Interestingly, the increase in housing prices in relation to school performance was not as strong within the Houston ISD as in the school districts in surrounding Harris County.

Parents and couples planning to have children often plan their home purchase around the performance of local schools; however, even singles and childless couples can benefit from living in a high-performing district. Especially in today's real estate market, purchasing a home in a school district with test scores in the top ranks of the state can help maintain your home's equity and price over time while lowering your risk of owning an underwater home.

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#### **KNOXLAND EQUIPMENT**

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Hopkinton Hawks baseball, in honor of Earth Day on April 22nd, decided to get a jump on picking up trash around our neighborhoods and in the spirit of competition, now challenge any other sports team at Hopkinton High School to collect more bags than the baseball team did.

#### Henniker road improvements begin soon

GMI Construction will be working with Henniker Highway in the upcoming weeks. They are planning on raising manholes and watching for some warm air to start spreading asphalt. The following roads will be impacted: Prospect St, Western Ave, Hall Ave. and Rush Road. Thank you for your cooperation.

#### **Fuller Public Library offers Porch Service**

Fuller Public Library is closed to the public but are offering Porch Service. If you would like to order books or movies please call 464-3595, email circ@fullerlilbrary.info, or log into our catalog at fullerlibrary.biblionix.com with your library card and phone number. Items will be bagged, labeled with your initials and card number and left on the porch on either Tuesdays 4-6pm or Thursdays 10am-12pm. Returns should be put into the book drop, these items are removed daily and quarantined for 3 days, then cleaned with antibacterial wipes before being put back on the shelf.

#### Warner Select Board has revenue concerns

Warner Select Board Chair, Clyde Carson reported that there are efforts to help municipalities with regards to short falls on tax receipts being talked about on the State level; no decisions have been made yet, so, in the short-term, until the Town knows some specifics on the State level, the Town should go slow on the operating budget expenses at least until July. He said capital purchases that have available funding can move forward, but any capital purchases that are scheduled that require money from taxation should remain on hold. Both Judy Newman-Rogers and Jonathan Lord agreed.

#### Henniker School replacing oil with propane

The Henniker Community School has asked to install propane tanks on the town's property in the parking lot behind the library. With the school switching from oil to propane they are required to bury six 1,000-gallon propane tanks. These tanks have specific requirements about locations. The only location that can work is in the town's parking lot. They are looking to place them where the current dumpster pad is. They would be moving the dumpster pad which will also help facilitate snow removal. After a lengthy discussion the Select Board approved.

#### McCandlish and Goldberg remain critical of Bradford Select Board

Brooks McCandlish attended the Bradford Select Board meeting via video as a follow up to his concerns that the 2019 Selectmen's Commentary, presented in the 2019 Annual Report, did not accurately represent the facts related to discontinuing the search to fill the Fire Chief role.

He presented a timeline of events and outlined the Fire Department appointing a Fire Chief after the Select Board suspended the search for a new Fire Chief. He feels that mistakes have been made in the past and wants the Board to consult with the Fire Department prior to appointing a new Fire Chief. The Board felt there was not a collaborative process or working environment between the representation of the Fire Department and the Board and subsequently suspended the interview process. The Board did not have the authority to appoint a Fire Chief until March of 2020. Mark Goldberg attended by phone. He stated the interview process was flawed and the lack of collaboration was on the part of the Select Board.

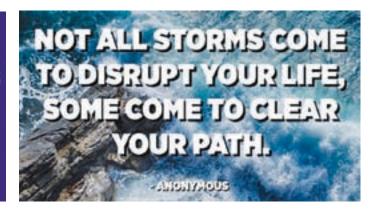
He wanted to know why Gary Dion was not acceptable as Chief. It was reiterated that the hiring process was suspended due to the lack of collaboration by the Fire Department's representative. Mark Goldberg felt there was no reason to continue since the Fire Department had stated their choice for Chief would be Gary Dion. He added that the Town is wasting money working with MRI. Michael outlined that the Board is continuing the process, begun in 2019 with Municipal Resources Inc., to identify a new Fire Chief.







Children need to learn to take responsibility for their actions so that they do not become adults believing that nothing is their fault.



"If you turn off the news
and talk to your neighbors, you'll find
that our country is far more
harmonious than you're being told."

Rob Schneider

Today you could be standing next to someone who is trying their best not to fall apart...
So whatever you do today do it with kindness in your heart.

Being Happy
doesn't mean you
have it all. It simply
means you're thankful
for all you have.

Just because your right, does not mean, I am wrong. You just haven't seen life from my side.

- Lionel Ames

"Educating the mind without educating the heart is no education at all."

Everyone makes mistakes in life, but that doesn't mean they have to pay for them the rest of their life. Sometimes good people make bad choices. It doesn't mean they're bad... it means they're human.

#### Governor Chris Sununu has ordered that all Restaurants be limited to take-out service

During this time of crisis You can support our fine area restaurants 1. Call in and pick-up your take-out order. 2. Purchase a gift certificate for use later.

#### Help our friends and neighbors survive









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## **Messenger**

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#### **DEADLINE:**

Monday at 5pm prior to Fri. publication.

#### **ADVERTISEMENT ERRORS:**

We will be responsible for errors in advertisements only to the extent of correcting the same in the next issue using space equal to the items in error.

#### **LETTERS POLICY:**

We will print signed letters to the editor on a space available basis. Letters should be no more than 250 words, typed or emailed. Letters must be signed but names may be excluded upon request.

#### **PHOTO SUBMISSIONS:**

We encourage individuals and groups to submit photos of their events or activities, either by mail or e-mail.

#### **CORRECTIONS POLICY:**

We strive every day to present full, fair and accurate news reports. We will correct, in this space, factual inaccuracies in our coverage. We encourage readers to tell us if we have made a mistake.

#### Also from The Granite Ouill: **IN New Hampshire**

Your Guide to What's Happening in the Granite State

#### **Senior Lifestyles**

A Guide for New Hampshire's Active Seniors



#### **Publisher's Perspective**

#### We Can All Use Some Humor

In this time of high anxiety and stress, I thought we could use a few Paraprosdokians - figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. (Sir Winston Churchill loved them).

- 1. Where there's a will, I want to be in it.
- 2. The last thing I want to do is hurt you ...but it's still on my list.
- 3. Since light travels faster than sound, some people appear bright until you hear them speak.
- 4. If I agreed with you, we'd both be wrong.
- 5. We never really grow up -- we only learn how to act in public.
- 6. War does not determine who is right, only who is left.
- 7. Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit
- 8. To steal ideas from one person is plagiarism. To steal from many is research.
  - 9. I didn't say it was your fault, I said I

was blaming you.

- 10. In filling out an application, where it says, "In case of an emergency, notify..." I answered "a doctor."
- 11. Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.
- 12. You do not need a parachute to skydive. You only need a parachute to skydive twice.
- 13. I used to be indecisive, but now I'm not so sure.
- 14. To be sure of hitting the target, shoot first and call whatever you hit the target.
- 15. Going to church doesn't make you a Christian, any more than standing in a garage makes you a car.
- 16. You're never too old to learn something stupid.
- 17. I'm supposed to respect my elders, but it's getting harder and harder for me to find someone older than me.



#### **Letters to the Editor**

#### **Dear Parents:**

Don't stress about schoolwork. In September, I will get your children back on track. I am a teacher and that's my superpower. What I can't fix is socialemotional trauma that prevents the brain from learning. So right now, I just need you to share your calm, share your strength, and share your laughter with your children. No kids are ahead. No kids are behind. Your children are exactly where they need to be.

With love, All the teachers on planet Earth

#### **Dear Editor:**

Just wanted to reach out to all past and present Bradford Newbury Sunapee Youth Sports athletes, families and our supporters to say hello. While we are in unprecedented times with the COVID19 pandemic, we the board feel it is important to express a huge thank you to all the students out there. Reports from the teachers are that you are all rocking it. And parents, we know what you are going through.:)

I also wanted to remind everyone to try and support local businesses that are remaining open and making adjustments to their normal operating procedures. They as well are going through some untreaded waters and learning on the fly. Two of our biggest supporters over the years have been Bubba's Restaurant and The Appleseed. Both the Williams Family and The Fenton Family have dropped thousands of dollars to support BNSYS, so I would like to ask everyone to give some thought to ordering take out at least once from each. It's the least we can do. And tell them when your order that your kids play or have played youth sports and you appreciate their support. Little things like that go a long way.

Ed Shaughnessy, BNSYS President

#### **Dear Editor:**

It's not easy to trust a country who just caused a Pandemic. It is even more difficult to get answers from the spokespersons for that country that reveal "The Truth, The Whole Truth, And Nothing But The Truth". If the answers provided

are then subjected to the media who are noted for sensationalizing stories, then the important facts, figures, dates tend to drift further from reality.

Another sad truth about reality is that humans have self-serving reasons for not always being truthful. We typical U.S. citizens and the typical citizen base of China are human but differ in that some of us (some in high positions) have more to lose if they always tell the truth about issues such as the horrible virus we are experiencing.

I've stressed in previous articles that Weapons of Mass Destruction can be delivered in Chemical form by placing them in water supplies, the air handling systems of large skyscrapers, etc. These ideas scare me. However, I had not considered that the USA's economic system is vulnerable. This Pandemic shows a different picture. If you consider that the most talked about offensive weapons involve very expensive airplanes, bombs, missiles and that Chemical, Biological\* warfare is much less expensive and easier to put into use, then the economic problems we are experiencing now make "common sense" to an enemy.

Lawson E. Moore, Hillsborough

#### To The Editor:

A couple items re: vehicles, roads and safety in Hillsborough. As drivers, seeing a horse and rider on the side of the road is increasingly rare in our area yet we are \*required\* to respect their right to use the road per NH law RSA 265:104: Every person having control or charge of a vehicle shall, manage, and control such vehicle in such a manner as to exercise every reasonable precaution to prevent the frightening of such horse, and to insure the safety and protection of any person riding or driving the same.

Horses can be easily spooked and, when there's a car or truck involved, there's the potential for traumatic injuries to rider, horse, and driver. In short, when approaching and passing a horse and rider, slow down and pass wide. Also, more than a few unregistered ATVs and Utility (UTVs or 'Utes') have been traveling on roads in town of late, notably on unpaved scenic and connecting roads.

ATVs and UTVs are permitted to use private roads in the Emerald Lake District however it is illegal to operate them on town roads in Hillsborough. While the Hillsboro Police are busy responding to the current COVID-19 emergency, they are still stopping and ticketing scofflaws. Please be considerate and give our officers a break - either register your UTV or drive where it's legal.

Ann Poole, Hillsborough

#### **Dear Editor:**

I don't think I am the only one asking this question, well I certainly hope not. We hear of all the infected and deaths from the Covid-19 which is happening all over the 1st world countries. But what is happening to the populations in the 3rd world countries? Haiti, the poorest country in the northern hemisphere, Afghanistan and the other bombed out countries of the Arabian peninsula, and all the poor countries in Africa? Are they not suffering from this virus? If not now, how come? When and how will they, who don't have the resources we have, deal with it? How many of their citizens will die? How many have already died? Who is concerned? Who will care for them?

Jeannine Aucoin, Henniker

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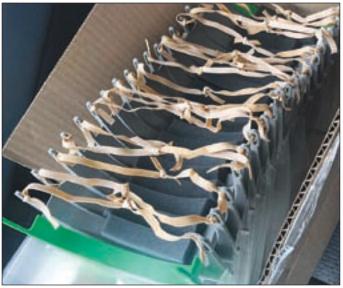
\*2018 data including all Mahindra group brand sales.



## **Neighbors helping neighors**



The New Boston Police Department would like to thank Karen Massone and Fulcrum Associates of Amherst, NH for their generous donation of 30 KN95 Masks.



HDHS teacher John Bramley dropped off a batch of face shields to our Hillsborough Fire/EMS. The masks were made on a replicator+, and assembled with overhead projector film, insulating foam and two rubber bands.



Sturm, Ruger & Company made a generous donation of face shields for New London's first responders. The firefighters will use this important PPE when assisting a reported COVID-19 patient.

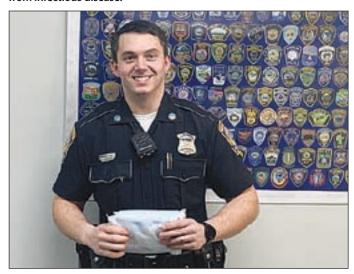
## Neighbors helping neighors



New Boston Recreation's bus delivered groceries to several Seniors this week.



Peterborough Fire & Rescue is grateful to Ocean State job Lost for its generous donation of procedure masks to help protect our providers from infectious disease.



The New Boston Police Department would like to thank Jason Roberts, for his kind donation of PPE masks.













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#### **BENNINGTON**

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#### **BRADFORD**

Sweet Beet Market: 11 W Main Street 938-5323

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Little Morrill Farm: 46 Buzzwell Corner Road 345-5380

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#### **GOFFSTOWN**

Devriendt Farm: 178 Mast Road 497-2793

#### **HANCOCK**

Brimstone Hallow Farm: 46 Middle Road

#### **HILLSBOROUGH:**

Tom & Robin's Garden: 35 Concord End Road 464-3500 Mickles Pickles Farm: 297 Henniker Street 391-4885 Hillsborough Farmer's Market: Saturdays at Butler Park

#### **HENNIKER**

Henniker Farmer's Market: Thursdays Community Park

#### **HOPKINTON**

Gould Hill Farm: 656 Gould Hill Road 746-3811 Beech Hill Farm: 107 Beech Hill Road 223-0828 Owen Farm: 580 Brockway Road 225-2252 Breakwind Farm: 1584 Maple Street 746-1144

#### **NEWBURY**

Schroeder Farm: South Newbury 938-5911

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#### **WEARE**

Mt. Dearborn Farm: 152 Mt. Dearborn Road 529-7702 Illsley Farm: Sugar Hill Road 529-2381

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#### **Bradford Board seeks information on NFI**

Bradford Police Chief Jim Valiquet briefed the Select Board concerning the resident base at NFI. The Chief outlined several issues that had occurred when there was a juvenile residence base and noted the police department has had minimal need to be engaged since the resident base changed. The situation is much different today. The current residents are residing at NFI based upon an agreement between the resident and the State. The Chief's observation has been that NFI has been very prompt to address any concerns. He stated the previous resident base was much more intrusive to the town. He expressed the facility is well-managed, residents remain primarily on-site and are well-supervised. The police department has transported residents to Concord and has had to register one resident. The Board agreed no further follow up was needed.

#### **Register now for Hopkinton Kindergrten**

Harold Martin School is seeking Kindergarten registrations from residents of Hopkinton. Children who will be 5 years old on or before September 30, 2020 are eligible to attend kindergarten at HMS. It is critical to register children as soon as possible so we can accurately decide how many sections we will need for the kindergarten program next year. Call the school office at 746-3473 or email HMS Office Manager, Christine Ball, at cball@sau66.org.

#### Weare officer resigns - joins County Sheriff

Weare Police Chief Christopher Moore informed the Select Board that Police Officer Jacob Hatch submitted his resignation on March 31, 2020, providing a two-week notice. His last day was Tuesday, April 14, 2020, as he went to Hillsborough County Sheriff's Office. Chief Moore continued, Officer Hatch was a great asset and he appreciated his four years of service to Weare.

#### ConVal's funding lawsuit gaining support

The Contoocook Valley Regional School District's suit against the state gained a new ally. According to SAU 29 Superintendent Robert Malay, a majority of the school boards in the seven-town district have agreed to sign an amicus brief as non-litigants for ConVal and the state appeals the lawsuit to the New Hampshire SupremeCourt. "I am happy to report that nearly all of our boards (and possibly all in the near future) have approved a resolution to sign an amicus brief in support of that lawsuit," he said.



Until further notice, for anyone listing and selling their home through us OR buying a house (any house listed with any agency) using Red Coat Realty as their "buyer's agent," we will **DONATE** \$250.00\* in their name, to the Community Support Group of their choice, listed below.

#### **ANTRIM**

Firefighter's Association Police Association Lion's Club Historical Society Presbyterian Church Church of Christ Baptist Church American Legion

#### **BENNINGTON**

Firefighter's Association
Police Association
Lion's Club • VFW
Historical Society
Congregational Church
St Patrick's Church

#### DEERING

Firefighter's Association Police Association Historical Society Community Church Deering Association

#### **HENNIKER**

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Boy Scouts & Girl Scouts
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Tucker Library

#### HILLSBOROUGH

Firefighter's Association
Police Association
Lion's Club
HYAA • VFW
Historical Society
CV Bible Chapel
Smith Church
Boy Scouts & Girl Scouts
Methodist Church
St Mary's Church
American Legion
Food Pantry

#### **WASHINGTON**

Firefighter's Association Police Association Historical Society Congregational Church Baptist Church

#### **WEARE**

Firefighter's Association
Police Association
Historical Society
Christ Church
Bible Baptist Church
Congregational Church
Union Church
Episcopal Church
American Legion
Lions Club

\*One donation per buyer or seller, not to exceed \$500.00 per transaction.

To add your non-profit group to this great Community Support Program, call Joyce at 464-3053.

#### Peterborough's annual roadside cleanup will be held this weekend

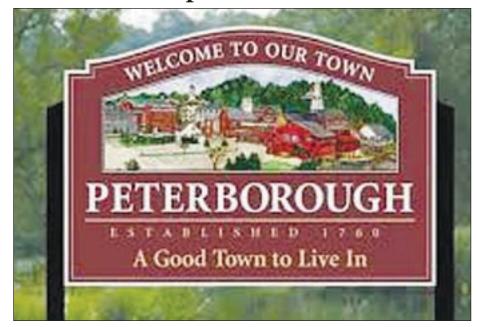
Peterborough DPW will be picking up the bags roadside on Monday, 4/27. However, wherever possible and practical we would like to encourage folks to dispose of the bags you fill at the Recycling Center directly. The facility is open from 8:00 a.m. to 5:45 p.m. on Tuesday, Wednesday, Friday, and Saturday.

Authorized bags are available for pickup at the Peterborough Recycling Center located on Scott Mitchell Rd.

Please make sure you are using the free roadside cleanup blue-colored bags available at the Recycling Center for this program and not your Pay-As-You-Throw or other household trash bags.

If you are interested in volunteering some time to do some roadside cleanup and would like suggestions on where might be a good place to focus, or have any other questions, please email Seth MacLean at seth@peterboroughnh.gov.

Thanks to all present and past volunteers of this great program; and,



a very special thanks to Francie Von Mertens for all the work she has put into

establishing and keeping this initiative running strong for the past 16 years!

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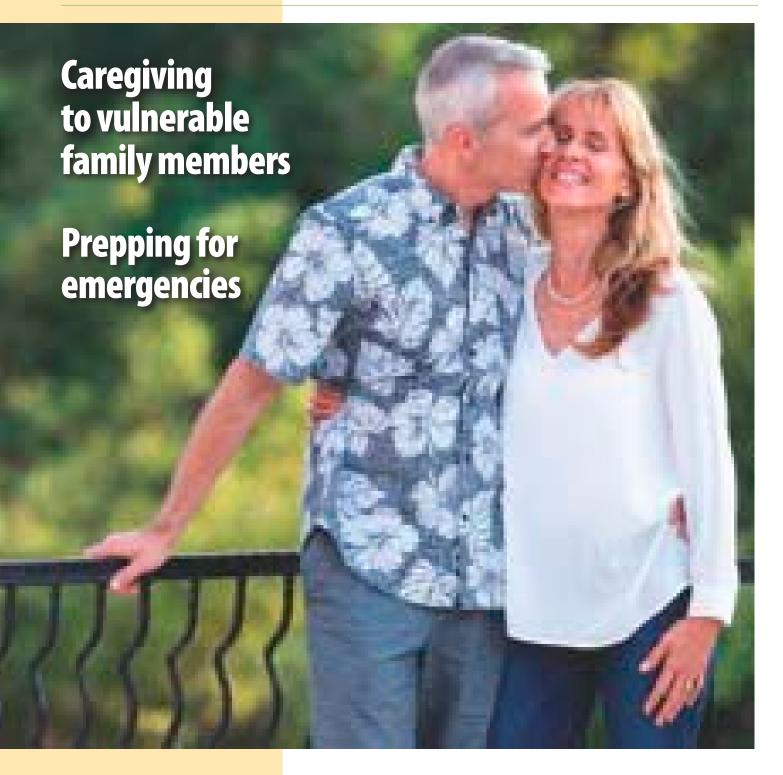
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## SeniorLifestyles A guide for active New Hampshire Seniors



#### Homeowners: get prepared for an emergency

If emergency officials in your community issued a mandatory evacuation order to get out of the path of a wildfire, hurricane or other natural disaster, would you know what to take with you, the evacuation route you would take and where you would go until it was safe to return home?

Do you have a personal evacuation plan in place? If you answered "yes," you're like 49% of the 1,795 respondents Mercury Insurance recently surveyed for its emergency preparedness quiz. However, if the question was rephrased to inquire about "having an evacuation plan and practicing it at least once a year," the results show only 23% meet this criteria.

"Safety should be your first priority in any situation involving a possible

disaster or emergency event, and you should respond to mandatory evacuation orders immediately," said Christopher O'Rourke, vice president of property claims at Mercury Insurance. "Your first instinct might be to panic, so having an evacuation plan in place and practicing it regularly will help ensure you and your family are ready to go at a moment's notice. And it will also help alleviate some of the stress and anxiety that will undoubtedly be a part of such a nerve-wracking situation."

The survey also revealed that 39% of homeowners were unsure if they have enough coverage to rebuild if their home is damaged or destroyed by a natural disaster, and 34% don't have a home inventory they could

provide to their insurance company to help get these items replaced. "Homeowners and renters should make a point of touching base with their insurance agents at least once a year to reassess coverage needs," said O'Rourke. "It's a good idea to

make sure you have enough coverage as you accumulate more belongings, make changes to your home or your family expands – these details may affect your policy limits, as well as create a need for endorsements you might want to consider adding to your policy."

There is some good news, however, as 88% of respondents said they have an in-home emergency kit stocked with essential items they will need if disaster strikes. If you don't have a kit, here is a list of the items you may want to include in your kit:

- \* A three-day supply of water (one gallon per person), non-perishable food items and pet food, if applicable;
- \* A battery-powered or handcrank radio (and extra batteries);
  - \* A flashlight;
  - \* A first aid kit;
  - \* A whistle to signal for help;
  - \* A can opener;
  - \* Blankets;
  - \* Tools to turn off utilities;
- \* \$200 in cash in small bills, as power may be out, making ATMs, debit and credit cards unusable;
- \* Fully charged battery packs so you can recharge your cell phone; and
- \* Prescriptions for you and your pets.

The bottom line is that extreme weather events are anticipated to increase, and you can never be too cautious or over-prepared to protect against Mother Nature. "It's a bit alarming to discover that, although natural disasters are in the news on a seemingly regular basis, many Americans still aren't properly preparing themselves if one happens," said O'Rourke. (BPT)







#### May 5th is World Hand Hygiene Day

There has been so much talk about hand hygiene since the Coronavirus pandemic, but often overlooked are some really important basic pieces of information. In honor of World Hand Hygiene Day, we thought we would go back to basics and review what hand hygiene is, when we should be practicing it, why we should be using it, and some tricks to make sure we are doing it effectively.

The fine folks at the Center for Disease Control recommend we follow these five steps every time we wash;

- Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
- Lather your hands by rubbing them together with the soap. Lather

the backs of your hands, between your fingers, and under your nails.

- Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song, from beginning to end twice or try the chorus to "Let It Go" or "Stayin' Alive" for a fun change.
- Rinse your hands well under clean, running water.
- Dry your hands using a clean towel or air dry them. And use these steps on how to hand rub, which is what using hand sanitizer is called;
- Apply the gel product to the palm of one hand (read the label to learn the correct amount).
  - · Rub your hands together.
  - · Rub the gel over all the sur-

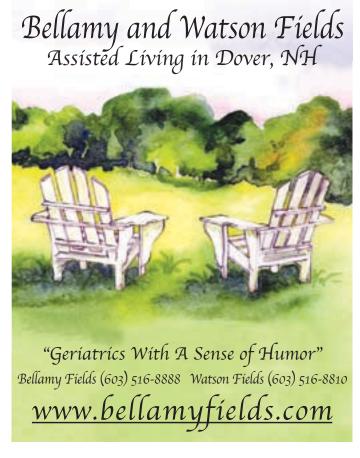
faces of your hands and fingers until your hands are dry. This should take around 20 seconds.

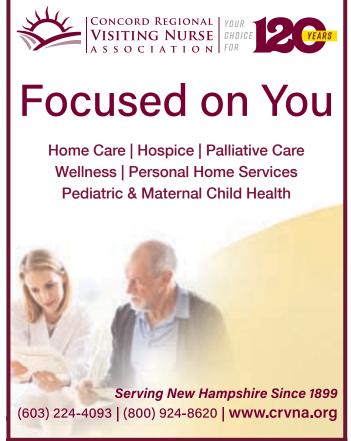
Frequently missed spots when we are washing or hand-sanitizing include the bases of our thumbs, our fingertips, and between our fingers. Now that you know, you won't miss those spots again!

We've been using the term hand hygiene, and talking about hand washing or using hand sanitizer interchangeably, and most of the time using whichever you have access to is just fine.

But in some special cases, like when a person has C. difficile, an infection that causes severe diarrhea, you really need to wash your hands. C. difficile forms spores that are not killed by an alcohol-based hand sanitizer, so the most important way that you can prevent the spread of C. difficile is by washing your hands with soap and water after touching potentially contaminated surfaces.

For more information, call Franklin VNA & Hospice at (603) 934–3454 or visit www.FranklinVNA.org.





#### Caregiving for vulnerable family members

COVID-19 has dramatically shifted daily life for many people around the world. Nobody is immune, according to the Centers for Disease Control and Prevention, and older adults and individuals with chronic health conditions are at higher risk of getting very sick from the Coronavirus. To protect vulnerable individuals, many nursing homes or assisted living facilities are banning outside visitors temporarily in hopes of limiting residents' exposure to someone who may be infected with the virus. Additionally, many individuals who need care and are currently living in their own homes are feeling isolated and anxious about how to stay healthy and safe. AARP offers guidance to family caregivers with vulnerable family members, especially those who might be new to caregiving because of Coronavirus and its impacts on older populations.

#### Make it a team effort

While there may be one primary family caregiver, identify other family members, friends and neighbors who can check in or help with shopping and important errands. It's important that the person you're caring for doesn't leave their home and stays out of public places. Create a list with contact information of friends, family and services in your community that

can help you perform key caregiving tasks. For example, find out if services such as Meals on Wheels can help deliver meals, or if there are other local services to help with food or medication delivery.

#### **Inventory essential items**

It's important to figure out what you have so you can determine what you need. Inventory how much food, medication and basic supplies the person you're caring for has currently. Then make a list of what you need and how often you need to replenish it. Many older individuals often keep minimal extras on hand because they are on a strict budget and are used to regular grocery or medication refills. If possible, help them have a two-week supply of food, water, house cleaning supplies, and medical equipment.

#### **Get medications in order**

If you don't already have one, create a list of medications, medical contacts, and important information like allergies for easy access. If there are upcoming non-emergency, routine medical appointments, reschedule those or, if possible, switch to a virtual visit to receive telemedicine. Ask your pharmacist or health care provider if you're able to have an extra 30-day supply of essential medications on hand. Don't forget to stock up on

over-the-counter medications like cough suppressants and fever-reducing drugs like acetaminophen.

#### Stay connected

With current social distancing recommendations, strict isolation will impact many older individuals. To keep connections strong, set up communication using a variety of technology such as FaceTime or Skype, smart speakers, or simply phone and text. Use these to stay connected with your caregiving team as well as your older or aging family members. If your loved one lives in a long-term care facility, see if they have accommodations for online visits and how they plan to communicate with families. If they can't support visits via technology, send in cards, letters, magazines, puzzles or other items you know your loved one would be grateful to receive. Talk with your facility management about the safest way to deliver items.

#### Maintain personal safety and self-care

In order to help slow the spread of Coronavirus, limit physical contact with others, stay in as much as you can and continue to follow guidelines from the CDC. While you are likely very focused on the person you're caring for, it is essential to also care for yourself. For high-risk individuals, such as those with dementia and underlying health conditions, consider having the primary caregiver selfisolate with the care recipient. Then, have a back-up plan if the primary caregiver becomes ill. It's best to be proactive and not have to use plan B, rather than being caught off guard without options. (BPT)





#### Possible merger of Concord Regional VNA and Central NH VNA

Concord Regional Visiting Nurse Association (Concord Regional VNA) and Central New Hampshire VNA & Hospice (Central VNA) today announced that they have signed a non-binding letter of intent (LOI) to merge their two organizations to better serve the home and community based health care needs of residents of the Greater Capital Region and Central New Hampshire. The nonbinding LOI is the first step in a process that involves further due diligence, negotiation of final terms, opportunities for public input, approval by each organization's Board of Trustees and review by federal and state regulators. The unified agency would:

• Improve access to high-quality home-based care for individuals and families in 82 communities served

- Respond to growing demand for specialty home-based clinical services, including intravenous therapy, wound care and pediatrics
- Enhance and expand community wellness programming
- Attract, retain and develop a highly-skilled workforce

"Agencies that deliver home health and hospice services face challenges that are making it more difficult to deliver care, including complexities in technology, licensing and administrative requirements, and demand for services that require a higher level of expertise," said Beth Slepian, President and CEO, Concord Regional VNA. "Our number one priority is the health, safety and well-being of our patients, staff and communities as we all grapple

with this serious public health emergency, however, we must also look to the future. Merging our agencies would allow us to maintain a high level of care, and scale to expand services throughout the New Hampshire communities we serve."

"Concord Regional VNA and Central New Hampshire VNA & Hospice have a longstanding history of working closely together," said Lisa Dupuis, CEO, Central New Hampshire VNA & Hospice. "With the healthcare landscape continually changing, we need to focus on the future in order to guarantee that we can continue to deliver the highest level of home-based health care, and I am excited about the possibilities affiliating with Concord Regional VNA would offer to our communities, our patients and our staff." This LOI represents a highlevel agreement about why a proposed merger of the two agencies would better meet the growing demand for home and community based healthcare, including nursing services, physical rehabilitation, occupational therapy, homemaking services, end-of-life care, and wellness programming.



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#### Henniker Police Department kept busy in March

Henniker Police Chief, Matt French reports that his Department had a busy Month of March. On March 14th the officer responded to multiple reports of brawls. One victim refused to cooperate after being assaulted and ultimately fled from the officer after making contact. These brawls were in the area of the Gin Gin, The Bridge, Circle Street.

On March 21 the officers responded to assist the ambulance with an unresponsive person. The subject had become combative and was reported as assaulting his wife. Upon arrival the officers were assisting with getting the male party into the ambulance when he became enraged, he assaulted the officers.

He also spit right into one of the officer's mouth which he ingested. With no court process or bail process, they have not made an arrest yet. The officer was treated medically and is continuing to be tested for infectious diseases.

On March 26 the duty officer was checking Dunks and observed a male party halfway in his vehicle and half out. He was ultimately arrested for DUI. The male was probably on some drug combination

because he could not sit, he would literally slide out of the chair during processing. There were 14 arrests which included a DUI MV Crash, 4 driving with suspended licenses, one of which was under suspension for a DUI charge, 2 warrants, 1 drug

arrest among others. They had 932 Calls for Service which included 135 Motor Vehicle Stops, 9 MV Crashes, 22 Alarm Calls, 9 Assist other agencies, 12 Suspicious person/vehicles, 87 Building checks 101 Vacant/Vacation House Checks.



The New London Fire Department assisted the Sutton Fire Department with a brush/grass fire on Rte 114, just over the town line. This was Sutton's second brush fire in the last two days.

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#### **Events:** Community Bulletin Board

#### **COVID-19 UPDATES**

**ANTRIM PARADE:** The normally scheduled Memorial Day parade has been cancelled for 2020.

**HANCOCK PARADE:** The Hancock Selectboard voted to cancel this year's Memorial Day Parade due to the ongoing coronavirus pandemic.

**KEARSARGE FOOD PANTRY:** The Kearsarge Lake Sunapee (KLS) Community Food Pantry, located at the First Baptist Church, 461 Main Street in New London is open on Wednesday 5:30 to 7:00pm and Saturday 10:00 to 11:30am. We serve people from Andover, Bradford, Danbury, New London, Newbury, Salisbury, Springfield, Sunapee, Sutton, Warner and Wilmot. During this time of the coronavirus people are asked to stay in their cars and line up at the pantry in the rear of the Church. A volunteer will help you with your order. We hope to be able to provide food to all who need assistance during this difficult time.

**HILLSBOROUGH SENIORS:** GHSS continues to suspend all activities for May because of the precautions stipulated by the governor to prevent the spread of the Covid-19. We sincerely hope our members are well, safe and secure. We

will keep you informed.

**BICYCLE HELMETS:** The Brain Injury association of NH has donated several childrens bicycle helmets in sizes small, medium and large. Call the Deering Police Department Admin Assistant Trisha Whisman at (603) 464-3127 or email policeassistant@deering.nh.us

**ALBERTO'S ITALIAN RESTAURANT:** Open for take-out 7 days a week, 5-8pm. Offering pizza specials Sunday and Monday nights. Also offering "Take N' Bake" pizza nightly. We put sauce, cheese and the toppings you like atop a pie and send it home with you uncooked for dinner that night or a meal later on in the week.

**FULLER PUBLIC LIBRARY:** is closed until May 4. Checked out items can be returned to the book drop on the porch, or you can call us to renew your items, 464-3595. Call about curbside service, check out our facebook page and website for more information.

**HENNIKER RABIES CLINIC:** scheduled for April 18 has been postponed until a later date. When we have more information, we will be sure to let everyone know.

**PETERBOROUGH RABIES CLINIC:** that was scheduled for Saturday, April 25th has been canceled. If your dog needs to be re-vaccinated, contact your veterinarian to schedule an appt.

**HILLSBOROUGH ZBA:** All Hillsborough ZBA Meetings have been cancelled until further notice due to COVID 19.

**WEARE SENIORS:** Hand In Hand Ministries will continue to offer "take out" curbside lunches for Seniors 60+, Wednesday's 11-1pm. 33 North Stark Highway in Weare. Drive up and get your FREE Lunch while it lasts. Order ahead 603-529-4263. Leave your name(s), telephone number and # of lunches.

FIRST FRIDAYS: The Center for the Arts has cancelled many upcoming events and have postponed others. Our May 1, First Friday "Gallery Night" has been postponed to the following month's First Friday, June 5th. On June 5 we will host two First Friday events, an "Open Rehearsal" at the New London Barn Playhouse, followed by "Gallery Night" Opening Receptions at four MicroGalleries in New London from 6:30-8:00pm.



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## **Obituaries:** Friends & Neighbors Remembered

#### Edmond L. Hebert Jr.

ANTRIM - It is with heavy hearts that we announce the passing of Edmond L.  $\label{eq:local_equation} % \begin{subarray}{l} \end{subarray} % \begin{subarray}$ 

Hebert, Jr., of Antrim, NH, on April 8, 2020, at the age of 92. Edmond was born on June 21, 1927, the third of eight children to Edmond and Albertine (Desrosiers) Hebert, in



Hooksett. Edmond is survived by his wife of 67 years, Sybil (Collins) Hebert; sisters, Delores Arel and Janet Rousseau; brothers, Victor Hebert and Rene Hebert; sons, Edmond J. Hebert, Allen Hebert and Bryan Hebert, and his wife, Marta; his grandchildren, Elisabeth (Hebert) Fellows and Bryan Hebert II; and great-grandson, Herbert Fellows IV. He is predeceased by brother, Maurice Hebert; sisters, Helen St. Arnault and Elise LeBrec; son, Louis Hebert; and granddaughter, Angela Hebert.

Services with full military honors will be arranged at a later time.

#### Rev. Alan Copithorne

SCITUATE, MA - We were saddened to learn of the death of Rev. Alan Co-

pithorne, who served Smith Memorial Church from 1972-1977, and had been living in retirement in Scituate, MA. After a long life of faithful ministry and love of his family,



he passed away on April 13 from complications related to pneumonia. Due to current events there is only a death notice available on the Richardson-Gaffey Funeral Home website. To send condolences to his wife Rita, the address is 8 Tenth Ave, Scituate, MA.

#### Jennifer A. Quiet

HOPKINTON - Jennifer A. Quiet of Hopkinton, NH passed away on April

5th after a courageous battle with cancer, her husband and children by her side. Jennifer is survived by her two children, Carter and Colby and her husband, of 25 years Michael



Quiet; her parents, Richard and Nancy Dumont; brother, Michael and sister, Andrea. Jennifer loved her children and was often found on the sidelines of their sporting events or hiking and biking the trails of New Hampshire with her family. Always having a smile on her face and seeing the good in every situation. Please take a moment, smile for that is how Jen went through life, and find goodness in life. Her family misses her very much.

#### Clarence G. "Danny" Daniels

WARNER - Clarence G. "Danny" Daniels, 95, former resident of Milford, Manchester and Hillsborough, died

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### **Obituaries:** Friends & Neighbors Remembered

April 11, 2020 at Pine Rock Manor in Warner. He was born in Marlborough, MA, on March 2, 1925, a son of Clarence J. and Eva (Morin) Daniels. Danny is survived by his five



children, Glenn Daniels and his wife, Laura: Gary Daniels and his wife. Loreen: Goldie Bachelder and her husband, Brian; Gordon Daniels and Gene Daniels, all of Milford, NH. Other survivors include his dear friend, Patricia Dahlstrom of Derry, NH; Glenna Daniels of Milford, NH; many grandchildren, great-grandchildren, nieces and nephews. Danny will be interred with military honors at the New Hampshire State Veterans Cemetery at a later date.

Joseph R. Nichiniello Sr. HILLSBORO - Joseph R. Nichiniello Sr., 70, of Hillsboro, NH died April 14, 2020 at Concord Hospital. Joe was born in Lynn MA on March 20, 1950 to the late John & Melinda (Davino) Nichinielloo. Joe was predeceased



by his first great granddaughter, Aeon Tackett (2013), his loving wife, Charlene (2016), his son, Joseph R. Nichiniello Jr. (2018) and his oldest sister, Carol Ann Przybyla (2019). He is survived by his brother, John Nichiniello; his sisters, Joan M. Ryan and Rosemarie Muise. He leaves behind his daughter, Denise Manns, and his youngest son, James T. Nichiniello and along with his ten (10) grandchildren and two (2) great-grandchildren in birth order: Danielle Manns, Joseph Nichiniello III. Justin Nichiniello, Keith Manns, Nicole Nichiniello, Samual Manns, Melinda

Manns, James Nichiniello Jr., Emily Nichiniello, Elisabeth Nichiniello, Thorian Tackett and Syra Tackett. There are no services at this time.

#### Liga Lauris

HENNIKER - Liga Lauris of Henniker, NH died peacefully Wednesday,

April 15, 2020 at her home surrounded by her loving husband and family. She was born on June 10, 1936 in Jelgava Latvia to Zanis and Lucija Feldmanis. Survived by her hus-



band, Dzintars Lauris and her daughter, Astra and her husband, William; her son, Eriks Lauris and his wife, Tamara; and grandson, Zanis James Lauris. Service will be held at the convenience of the family. Burial in the NH Veterans Cemetery in Boscawen, NH.

#### The Messenger's FREE AD POLICY

We purchased *The Messenger* in 1989. In that time, we have always felt that we held the paper in trust for the communities we serve. We firmly believe that a weekly newspaper can and should be a valuable community resource. In that light, we have never charged Chambers of Commerce, Lions, Rotary or Kiwanis Clubs, Masons, Historical Societies, Boy & Girl Scouts, PTOs, School Groups, or area Churches to advertise their events.

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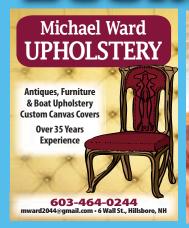


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#### Boston Marathon canceled - Hopkinton woman runs one anyway

Like thousands of runners, Katy Fredette, of Hopkinton, New Hampshire, planned to run the Boston Marathon on Monday, but with the race postponed, she decided to run her own. From Hopkinton, Fredette's marathon took her into Penacook, where friends cheered her on while keeping their distance from her and each other.

"There was a police escort, which I didn't know about," she said. "A fire truck and ambulance trailing me."

An avid runner, Fredette once ran a 5K while pregnant. Last Marathon Monday, she was in labor with her second son.

This year, she was excited to run her first marathon. She gave air high fives to

#### NHIAA cancels all spring sport

In response to the recent Executive Order by New Hampshire Governor Chris Sununu to continue remote instruction in New Hampshire schools throughout the remainder of the school year, the NHIAA Council has made the difficult decision to cancel the 2020 spring sports season and championships.

friends and family en route.

Food and drink stations were set up along the way, and she even faced her own "Heartbreak Hill," Dimond Hill in Concord.

"Admittedly, I probably walked up 75-80% of it," she said.

Fredette was running to benefit Camp Kita, a camp for children who have lost someone to suicide.

"I had probably 50 people wearing the Camp Kita T-shirts, so it was nice to come around the corners and see signs for them," she said.

Fredette is looking to do it all again in the fall.

"I'm really excited to have a marathon under my belt and hopefully, come September, I'll have another marathon for Camp Kita when I do Boston," she said.



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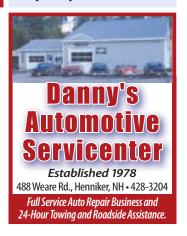
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Winner for April 17, 2020 Robin O'Dougherty, Henniker

Ad #1	Page #	Ad #2	Page #
Ad #3	Page#	Ad #4	Page #

#### Answers: week of April 17, 2020: Name • Tylers Small Engine - page 4 • Rick & Dianes - page 11 Mailing Address Antrim Lumber - page 17 • Honey Bees - page 18 Town & Zip

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