

Knights' Coats For Kids

The St. Mary/St. Theresa chapter of

Knights of Columbus is holding its annual Coats For Kids Drive to provide a winter coat to every kid in need in the



towns served by the two Parishes. Last year, the Knights distributed 127 coats to kids in the 10 towns. Send your donations to: Coats For Kids, PO Box 1330 Hillsborough, NH 03244.

New School Counselor

Please welcome the newest member of

the Weare Middle School Counseling Team, Moose the therapy dog. During remote learning last fall, students at the Weare Middle



School got to know and love Counselor Chris Beede's dog, Moose, who would bring smiles and positive messages to students. Well, Moose didn't take the summer off. He took his owner to Therapy Dog Training School and is now a certified therapy dog. "As is the policy, no student will be required to interact with Moose but he will have his own "office hours" a few days a week for students who will benefit from interacting with this gentle, loving animal," said Principal Shawne Hillard.







During a party in his honor, Henniker Fire Chief Jim Morse (r) presented Phil Marsland (c) with the flag that flew over the Henniker Fire Station in recognition of Phil's 50 years of service to the Department.

Fall Foliage Festival goes virtual Covid guidelines force 73rd annual festival to go on line

Since 1947, the Warner Fall Foliage Festival has brought our NH community together, both with our annual celebration and by using proceeds to help build and support local nonprofits, schools, and cultural activities. Due to 2020 gathering restrictions, Festival activities this year will be held as virtual events. Our community members need direct support more than ever during this challenging time. To continue our tradition of giving back, the board will set aside \$5000 in Festival reserve funds as a challenge match for any donations we receive this year. Our goal is to raise an additional \$5000 through sponsorships, donations and participation in virtual Festival events.

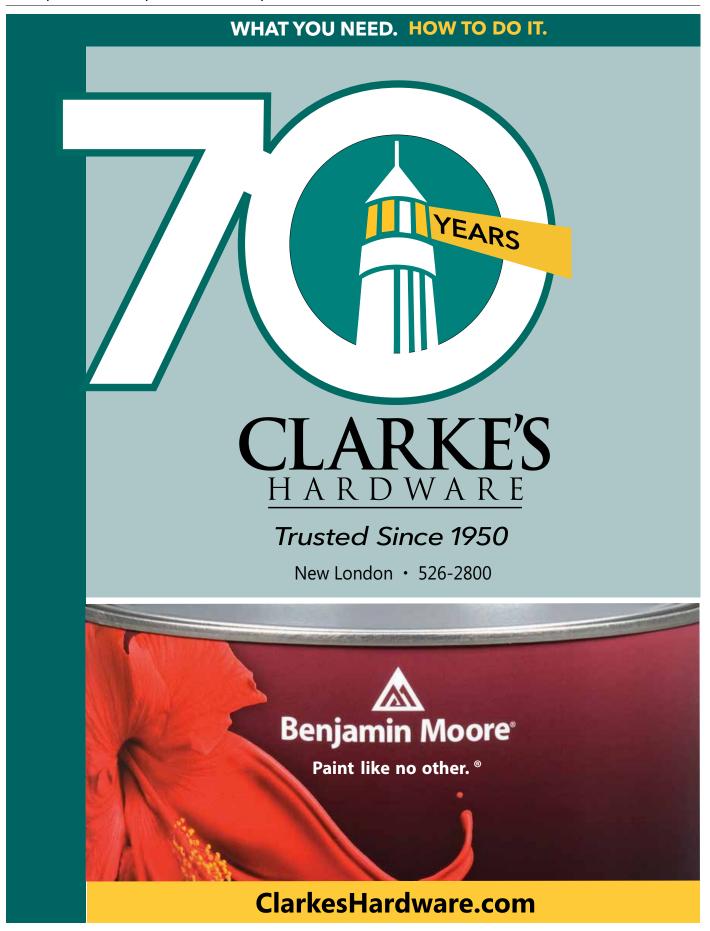
All proceeds from this year's events will be donated to the Warner Area Food Pantry and Fuel Assistance funds managed by the Belknap Merrimack Community Action Program to help local residents in need.

Fisherman finds a decomposed body in Henniker river

Police are investigating after a body was found by a fly fisherman in the Contoocook River on Saturday near Henniker.

Henniker police responded to the area near 1057 Western Avenue around 6:50 p.m. Saturday after a fly fisherman called 911 to report seeing a body in the river, officials said. Henniker Fire and Rescue were called to the scene along with the medical examiner. Fire Chief Jm Morse reports that the body was retrieved from the water and a preliminary examination was done at the scene, but the body was so decomposed that even determining its sex was difficult.

The incident remains under investigation and more information will be made available after an autopsy is completed. The police do not feel at this time that there is any risk to public safety from this incident, according to a statement by Henniker Police Chief Matthew French.



Meals on Wheels Drivers Deliver Hope and Connection

By Elibet Moore Chase

As Dean Westover pulled up to the modest home in Newbury, he reviewed his protocols. Facemask, check. Gloves, check. He unloaded the package of food from the back of his car that included three frozen meals, as well as snacks that could last for a while, and surveyed the home. All was quiet. He approached the house hoping he would find his client well, exchange a few words of reassurance and encouragement, and be on his way after removing his protective gear and using his hand sanitizer.

Such is the twice weekly routine during COVID for Dean, a Meals on Wheels driver employed by the Community Action Program of Belknap and Merrimack Counties. Dean and four other drivers navigate out of the Mountain View Senior Center in Bradford, which provides over 400 meals to recipients in the Kearsarge region. A spry 86 year old, Dean is tall and lanky with a paternalistic air. He is the senior of the drivers, but the others are not far behind.

Delivering on Tuesdays and Fridays, the Meals on Wheels drivers each cover roughly 50-70 miles providing meals to over 20 clients. But, they don't deliver just food, they deliver hope and connection. "For many of these people, I am the only person they see all week," says Dean, a retired commercial pilot. "A lot of them have stuff they want to get off their chest whether it is my business or not." Part therapist, part companion, part lifeline, the drivers become a cherished connection for an often invisible population right here in our communities.

The Meals on Wheels program blossomed out of efforts in the 1960s by the federal government to provide a safety net for Americans in need. Among those initiatives was the Older Americans Act,



Dean Westover and Jim Denoncourt and Director Elizabeth Labbe prepare the morning's deliveries.

established in 1965, which promoted and provided funding for community social services for the elderly.

Throughout the 1960s and 1970s, counties throughout New Hampshire developed localized programs that are now supported by federal, state, and local funding, as well as the United Way, foundation and charitable grants, donations, and some fees. Recipients of the meals donate up to \$10 a week for the service based on their ability to pay. In addition to paid employees, volunteers provide essential support for the day-to-day functions of these programs.

Before the Coronavirus pandemic, there was more opportunity for drivers to make connections, both with their fellow staff and with the clients to whom they delivered meals. The pandemic has changed how drivers can interact with their clients. "People are scared," says Dean. "Some just watch TV all the time, and some don't even have a television. I try to calm them down." Meals are left at the door, and safety precautions are followed. Most clients are low risk because they stay at home. "They are aware of the virus," says Jay, "but they'll say, 'I've lived 98 years and seen everything.' They're not really worried, and neither am I."

It is not always easy in a community to know who is in need. And, often, those in need do not know how or are unwilling to reach out for help. "We struggle with the digital divide – poor internet access, low technical skills," says Elizabeth, "as well as lack of money." Referrals to the program are mostly grassroots. "Locals know who is in need; people find out about us mostly by word of mouth," she says. "Food insecurity is often invisible, and we need the outreach because people are often too prideful to ask."

These Meals on Wheels drivers have found a way to give back. And, in the meantime, they have learned that the true gift has been in the giving itself.



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Coming up: 9-11 Remembrance TO INCLUDE YOUR BUSINESS CALL 464-3388



Yesteryear Local history as reported in The Messenger

September 6, 2019

Antrim man indicted for possessing child pornography Hopkinton schools limiting cell phone use Warner Men's Club forum on school funding Rebirth of Friends of Tucker Free Library

September 7, 2018

Tilton officer's credibility challenged Two Hillsborough men arrested on felony charges Hancock woman given 2-year suspended sentence Goffstown couple arrested at burglary in progress

September 8, 2017

Confederate flag to remain at Epsom Central School New Boston Fire Department inducts Hailey Gelinas Nevada man purchases and donates Francestown store Franklin Opera House features new stage curtain

September 2, 2016

New Boston First Responders save 2 lives in 8 days Price of H-D Alternative School jumps to \$973,500 Entire Tilton Zoning Board resigns What kind of person steals Weare's orange flamingos?

September 4, 2015

Goffstown considers penalty for unregistered dogs Bow School Board outlines concerns with selectmen Franklin Savings Bank hosts credit card forum Second former Chief's assistants suing Weare

September 5, 2014

Newport shooting victim in critical condition Dunbarton man sentenced to 1-3 years Warner hosted the crew of the USS Kearsarge Sunapee Historical Society wants Library preserved

September 6, 2013

Fellow bikers host Mock-Lindh benefit Second Contoocook worker develops Hepatitis A Labor Day weekend in Francestown was spectacular Fund Drive launched for Newport Food Pantry

September 1, 2012

Selectmen favor 1941 School to a Community Center Hopkinton mourns the death of Fire Chief Sunapee Library interviewing architects Hillsborough and Weare boys sexually abused

September 9, 2011

Newbury teenager dies in fall Three people injured in Weare head-on accident Massasecum Boat Launch dedicated Antrim man killed in one car accident

September 3, 2010

Rollins' Ride draws over 200 bikers Hillsborough throws a party for the 744th New London considers paving gravel roads Newport puts emphasis on school security

H-D School Board approves participation in fall sports after hot debate

Monday evening the Hillsboro-Deering School Board conducted a prolonged discussion on whether to resume athletic competition when school resumes on September 8th. The initial discussion appeared to be heading toward banning sports altogether or requiring those who participate to receive their academic instruction remotely. Some expressed fear that H-D athletes exposed to athletes of other schools could infect other classmates if allowed to have in-school instruction in the Hybrid AA/BB system adopted. Members Paul Plater and Rich Pelletier favored allowing participation only in the low risk sports of Golf, Bass Fishing and Cross Country.

The momentum shifted after Chair Katheryn McGinn, who said she came into the meeting favoring remote learning for athletes, announced that she had changed her mind. She emphasized that the experts at the NHIAA have established comprehensive guidelines required of students who want to participate in competition. H-D Principal Jim O'Rourke and Athletic Director Jay Wood confirmed that the school was abiding by those standards and that athletes who failed to follow the guidelines would be suspended for three days on the first violation and banned from participating upon the second.

Several parents called in to urge the Board's approval, stressing their concerns for their children's physical and psychological wellbeing if they were not allowed to engage in sports. They also stressed that if high school sports were banned their children would participate in other outside sports anyway.

After unanimously approving the low risk sports, McGinn's motion to also allow participation in the higher risk sports of Volleyball, Soccer and Football passed on a 3-1-1 vote with Plater objecting and Pelletier abstaining.



The Hillsborough County Republican Committee presented Senator Ruth Ward with the Lincoln-Reagan Award in recognition of her great service to the state.



WHEN IS A MORTGAGE **DELINOUENT?**



The mortgage payment is considered late if the lender or servicer receives it after the due date set out in the mortgage. A history of chronic lateness will harm the owner if or when a real emergency occurs. Serious consequences can begin when a payment is more than 15 days late. Here is a typical scenario:

At 15 days late: The lender usually charges a late By: Joyce Bosse payment fee (the timing and amount of late charges vary from lender to lender or servicer to servicer).

Two or more mortgage payments owed: Unless specific arrange-ments are made with the lender, all payments and late charges must be made before another payment is accepted and the loan is considered current.

Three or more mortgage payments due and unpaid: The loan may be given to the lender's attorney and foreclosure proceedings initiated. The entire balance of the loan may be due and payable immediately. In addition to the loan payments due, the owner is liable for legal fees incurred by the lender. At this point, the owner is in danger of losing the home.

Sometimes those in severe debt want to simply give the keys to the bank. This is called a "deed in lieu of foreclosure" and may not be as seriously damaging to credit but can still harm chances of renting a home or apartment elsewhere.

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United Church of Warner's Interim Pastor Wayne Santos (I) ' last day was Sunday Aug.16. He turned over the last part of the Service to incoming Pastor Jim Wilson.(r) Jim lives in Warner, and told the congregation on Sunday that he was attracted to this Church because of all the good works he saw being done for the Community by its members.

Spirit of Henniker Family Activity Day

Saturday September 19th • llam - 2pm • Bring your own picnic lunch and social distance with your family in designated spots around the Angela Robinson Bandstand at the Henniker Community Park. Sponsored by The Spirit of Henniker Organizational Team "S.H.O.T." Music provided by: "The Complete Unknowns." Join us as we play BINGO games with great prizes. There will also be Kids' Activities and the Lions Club Duck Derby - (don't forget to buy your tickets). Be sure to Like us on Facebook at: Spirit of Henniker Organizational Team "S.H.O.T" for the latest updates. We will be observing Town, State & CDC guidelines regarding wearing masks, social distancing and limiting the number of families that will be able to sit within the park.

New Bennington poling place for Primary

Bennington has changed its voting location for the Sept. 8 state primary. Town Administrator Kristie LaPlante has announced that Bennington Voting will be held at the Highway Garage at 198 North Bennington Road, and posted signage will direct voters where to go. The Pierce School, Bennington's usual poll location, is not being used because September 8th is the first day of school. Bennington is the only town in the ConVal School District that uses a school as its polling place.

Francestown mandates face masks at voting

The Francestown Select Board has announced that voters are required to wear a face mask at the polls for the September Primary and November General Elections. A separate, outdoor polling place will be available outside Town Hall for voters refusing to wear masks.

Geese becoming a nuisance at Norway Pond

The Hancock Select Board discussed Canada Geese mitigation at Norway Pond. Dogs appear to be the best solution; border collies are most effective, but expensive to contract. Forty-five geese were at the beach recently, according to Richard Warner. A flare gun has proven to work, but only temporarily. The fake coyote had no impact. The beach is raked each morning, Monday through Friday, according to Howe. Shevenell recommends the Town not mow the hillside. The removal of geese; geese would need to be reported as a nuisance. Shevenell will investigate the nuisance permit process as a last resort. Water testing to be completed weekly for the next four weeks; raking and cleaning of beach to be completed each weekday morning. A buffer will be maintained between the beach and the hillside.

There was a brief discussion regarding potential junkyards. The Select Board agreed to meet informally with landowners to discuss issues prior to formal action. Brown and Grassett will speak separately with land owners concerning potential issues.

Hopkinton School Board approves participation in all fall sports programs

The Hopkinton School Board met Thursday, August 27th to continue discussion, updates, and planning regarding the Back to School planning. There is a new section on the Hopkinton District website specific to the reopening planning process, which will continue to be updated over the coming days, weeks, and months. Of note, the HEA (teacher's union), HESS (the support staff union), and the School Board have reached an agreement on a Memorandum of Agreement specific to health and safety. This will be made public on the District Website.

All 3 schools plan to have their backto-school schedules completed and sent to families by late Wednesday/Thursday of next week. HMHS will then be sending out an additional calendar to assist families in scheduling, as they will be following the day 1/day 2 schedule, alternating 2 days in school, 2 days remote. While HMHS will be starting with asynchronous teaching at the beginning of school, they are continuing to work on the professional development and technology needed for successful synchronous teaching. The School Board voted to move forward with ALL sports this fall. Sports that are deemed medium and high risk, including football, soccer, and field hockey, will have the following mask stipulation:

"Masks or face coverings are suggested at all times. They are required when athletes are not involved in physical play. Coaches will encourage athletes to wear masks during physical play. Hopkinton athletes will work towards 100% mask compliance by building mask tolerance. Athletes not able to wear masks will meet with their Coach and the Athletic Director as needed to discuss alternatives."

In other matters, The Board has decided to hire Hazard, Young, Attea & Associates for the Superintendent Search. This will continue to be a topic of Board discussion.



The Hancock Police and Fire/Rescue Departments would like to thank the patrons and ownership of Seven Maples Campground for the donation of \$2,158 to each department.



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The newest addition at Houston Park is the Hopkinton Nature Walk, created by Emma Rothe, a Girl Scout and member of the HHS class of 2020. The trail winds through the woods next to the Story Walk, and features many informational signs about local plant life.

Antrim Grange Penny Sale set for Sept. 5th

The Antrim Grange Penny Sale will be set up on Saturday. September 5th 9am-3pm on the Antrim Presbyterian Church lawn. This is a one day only event this year. Tickets are \$2/sheet and \$10/6 sheets. There are 25 tickets and one door prize ticket per sheet so lots of chances to win great prizes! There will be an array of household items, puzzles, gift certificates, jewelry, hand made items, and so much more to put your tickets in for a chance to win. Winners will be picked at 3pm Saturday but you do not need to be present to win. Winners will be on the Antrim Grange Facebook page and the winners will be called. Pick up of any items won for anyone not present will take place Sunday from 10-12 at the Grange Hall on Rte 31. We unfortunately cannot hold our annual Summah Suppah with our lack of facilities. The money raised from this sale will support the dictionary project that provides a dictionary to each 3rd grader in Antrim and Bennington and also benefits our hall restoration.

John Stark to receive Music Education Grant

John Stark High School is one of thirteen New Hampshire schools selected to launch New Hampshire Rocks!, a program designed to expand students' musical opportunities in school music education programs. Beginning on August 31, thirty New Hampshire music teachers have begun receiving curriculum and training so that they are prepared to begin delivering instruction to their students in person or on-line depending on how the pandemic impacts districts across the state this year. Bringing music education programs to New Hampshire was made possible thanks to a generous challenge grant put forth by David Smith, President of Graystone Builders, Inc. To date, the New Hampshire Department of Education, Milagro Foundation, and Little Kids Rock have raised funds to be matched by Graystone Builders, for a total investment of nearly \$85,000 into New Hampshire public schools. This support will directly underwrite the professional development, curricular resources and musical instruments for teachers and students across the state.

Newbury seeking Housing Committee members

The Newbury Select Board is looking for individuals to be on the Housing Committee that is being formed. The objective of this committee is to investigate alternative housing concepts here in Newbury. If you have interest in being part of the committee, please email Pam Bryk at pam@newburynh.org.

Hopkinton Select Board continues to consider a face mask mandate

At the request of Chair Sabrina Dunlap, the Hopkinton Select Board held a lengthy discussion on the possibility of adopting a face mask mandate in town. Dunlap favored a mandate, but recognizing the difficulty of enforcement suggested starting with a non-binding resolution.

Recognizing that local infection numbers were low, Ken Torque recommended adopting a resolution with an automatic trigger for a mandate if the numbers increased dramatically.

Steve Whitley agreed, saying that determining that trigger level would be the difficult part.

Anna Wells agreed with the idea of a threshold of cases before implementing a mandate.

Jeff Donohue said that with Hopkinton experiencing only 1 Covid case per month, there was no need to enact a mandate.

Former Selectman Steve Lux asked the Board to consider what other steps it could take short of a mandate, including increased education of the public.

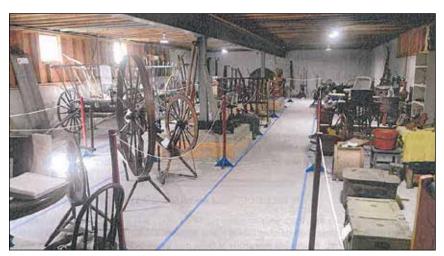
One caller suggested mandating that business owners require masks in order to

enter their establishments. Others complained that the staff at Colonial Villager do not wear masks.

The Board decided to draft both a resolution and a mandate and discuss it further at their next meeting.

In other business, the Board appointed

Joel Moyer as Interim Treasurer, and approved St. Andrews' request to use the Kimball Cabin for a function. It was approved over the repeated objections of Sabrina Dunlap who did not want to allow a church to use town property. She relented to the wishes of the other four members.



The lower level of the Francestown Historical Society has been renovated. Look for an opening soon.

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Howe's Pharmacy in Goffstown closed its doors last week after more than 60 years in business, serving surrounding communities.

Goffstown Firefighter dies at Fire Academy

A 54-year-old Goffstown Fire Captain died Monday after becoming ill during a physical ability test at New Hampshire Fire Academy in Concord. "On-scene firefighters and paramed-



ics immediately rendered aid and Concord Fire Department transported him to Concord Hospital where he later died," Department of Safety Commissioner Robert L. Quinn said in a news release. Steven W. Tower fell ill about 1 p.m. on the campus of the fire academy. The Office of the State Fire Marshal is investigating the death. "The Department of Safety extends

its heartfelt condolences to the family, friends and colleagues of Captain Tower," the news release said. After learning of Tower's death Governor Sununu issued a statement. "The passing of Captain Steven Tower of the Goffstown Fire Department earlier today is a tragic loss for the Goffstown community and the Granite State," Sununu said. "My sincere condolences and prayers are with Captain Tower's family and the entire team at the Goffstown Fire Department." According to the New Hampshire Fire Academy Facebook page, the Candidate Physical Ability Test was scheduled at the fire academy on Monday from 8 a.m. to 4 p.m.

Newbury Police join Special Operations Unit

Newbury Police Chief Brad Wheeler informed the Select Board that Bradford Chief Valiquet approached him again regarding the Central Special Operations Unit, and they want Newbury on board. Valiquet explained the training they offer — serving high risk warrants, handling of missing persons, and other things they do— and expressed he has changed his mind and is now interested. The cost is \$3,500 and it is a July to July membership.

Hancock Music Festival planned Sept 12th

David Young met with the Hancock Selectboard to discuss the status of Hanstock. Masks will be required; State mask mandate for 100 or more participants. Young would like to mark out the Common for social distancing prior to the event. Participating vendors are required to wear a mask. Young believes it would be okay for participants to remove their masks in their social distance space. Any movement around the Common would require masks. Young would rely on the Police Department to help enforce a mask mandate. Vendors would be located in front of the Town Offices; Young has 15 vendors willing to participate. Three hundred participants last year; Young expects it to be a smaller turn out. Young would need to rent two porta-johns. Event would run from 11:00 am to 7:00 pm. Event to run on September 12th.

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Messenger

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DEADLINE:

Monday at 5pm prior to Fri. publication.

ADVERTISEMENT ERRORS:

We will be responsible for errors in advertisements only to the extent of correcting the same in the next issue using space equal to the items in error.

LETTERS POLICY:

We will print signed letters to the editor on a space available basis. Letters should be no more than 250 words, typed or emailed. Letters must be signed but names may be excluded upon request.

PHOTO SUBMISSIONS:

We encourage individuals and groups to submit photos of their events or activities, either by mail or e-mail.

CORRECTIONS POLICY:

We strive every day to present full, fair and accurate news reports. We will correct, in this space, factual inaccuracies in our coverage. We encourage readers to tell us if we have made a mistake.

Also from The Granite Quill: IN New Hampshire

Your Guide to What's Happening in the Granite State

Senior Lifestyles

A Guide for New Hampshire's Active Seniors



With friends like these

In my role as Town Moderator I wanted to be sure that voters were aware of the various requirements for registering and voting in the Primary on September 8th. Unfortunately, I made a mistake in a statement I posted on Facebook.

I want to thank my "good friends" at the Stone Bridge Post for pointing that out, prominantly featuring it in their paper and reporting me to the Secretary of State. They did however, "forget" to mention that I clarified the mistake almost immediately in a subsequent post and published the correct requirement on the front page of The Messenger. In that same issue, they published a fine, multi photo essay on Newbury's First Responder Appreciation Day, but "mistakenly omitted" the photo of The Messenger presenting Appleseed gift certificates to the Newbury Police and Fire Chiefs for distribution to all the town's First Responders.

In light of what they did to the late Villager Publisher George Maidrand, I am sure that these are just further examples of how Michael Pon and Dwight Gould are "Promoting Integrity In The Valley."

Help Hillsborough celebrate its 250th Anniversary

In two years, Hillsborough will observe a big birthday. The year 2022 will be the 250th anniversary of the incorporation of

our town in 1772. This definitely calls for a town-wide celebration, and it's time to start planning. We've had them before, but never like this one will be. This is a major town anniversary - we could call it the Semiguincentennial or the Sestercentennial. but whatever we call it - it marks 250 years.

With help from

the Hillsborough Historical Society (HHS), we would like to plan a series of events and celebrations, complete with decorations, memorabilia and souvenirs, perhaps a parade and a pageant of our early days. It's our chance to showcase everything our historic community has to offer. Everything from 1772, when a few bold men swung axes in one of the most northerly N.H. settlements, until today, when we're nearly 6,000 strong.

Whatever your age or how long you've lived here, all your ideas and recollections are welcome. The HHS is already brainstorming. How can your business or club participate? Could you write a play about life here in the earliest days of our republic? Could you organize a band or parade? Have you active neighbors? Could they pitch in? Does your child need community service



hours for school? Have you enjoyed things in other towns that could be included here? The possibilities are endless!

If you can join us in this endeavor, or know someone who may be interested, please contact Christina Chadwick at the Hillsborough Historical Society (603) 464-3637 or message inquiries@hillsboroughhistory.org to let Christina know you're interested.

The town will be holding a planning meeting (using masks and social distancing) in September to get started. We can ALL use something to look forward to these days, so make a list of ideas, and watch for more information.



BATES COLLEGE DEAN'S LIST

Caitie McGlashan of Hopkinton. McGlashan is the child of Jeffrey A. Mc-Glashan and Laura R. McGlashan of Hopkinton, NH. She is a 2018 graduate of Hopkinton High School. **Mary Trafton** of Contoocook. Trafton is the child of Stephen D. Trafton and Melissa G. Trafton of Contoocook. She is a 2019 graduate of Bishop Brady High School.

EMERSON COLLEGE GRADUATES

Sarah Jackson of Goffstown graduated in August 2020 and received a BS degree in Communication Disorders.

UNION COLLEGE DEAN'S LIST

Cameron Cyr, of Hopkinton, is a member of the Class of 2021 majoring in Biology. **Anna Hoffman**, of Hopkinton, is a member of the Class of 2023 majoring in Mechanical Engineering.

ST. LAWRENCE UNIVERSITY DEAN'S LIST

Skylar Bergeron of Henniker, Isaac Braun of New London, Kayla Edmunds of Newbury, Hannah Eliason of Hopkinton, Lillian Hoffman of Contoocook, Charlotte Powell of Contoocook, Abigail Seward of New London, Keenan Wilson of Francestown.

OTHER COLLEGES & UNIVERSITIES

Roger Williams University is proud to announce that **John Van Etten**, of Warner, graduated with a B.S. in Environ. Science in May. **Clara Walling**, of Contoocook, was named the recipient of The Phi Beta Kappa Book Prize at Hamilton College's annual Convocation ceremony. Walling, a sophomore, is a graduate of Hopkinton High School.

Hillsboro-Deering Fall Sports Tryouts

HDHS will hold tryouts/practices for fall sports on the following dates/times, and in the following locations:

TUESDAY-9/8

Girls Soccer - 3:00pm at HDHS Soccer Fields Boys Ssoccer - 3:00pm at HDHS Soccer Fields Golf - 3:00pm at Angus Lea Golf Course Cross Country- 3:00pm in front of HDHS Bass Fishing - 3:00pm at HDHS Football - 4:00pm at HDHS practice field

WEDNESDAY-9/9 Girls Volleyball - 3:00pm at HDMS

All athletes trying out must have a current physical on file with the athletic trainer, or one ready to turn in to their coach. All athletes trying out must also have current Impact test results on file with the athletic trainer, or if need be, can schedule an appointment with the athletic trainer (Kathryn Bradley @ 464-1227) to take the test.

Any athlete who does not have a current physical and Impact test results on file, will not be able to participate until doing so. This fall, student athletes will also need to bring their own form of hydration to every practice and game that will last as long as the practice. Student athletes will also need to bring their own individual hand sanitizer for their own use (each team will have their own supply as well from the school), and a cloth face covering or athletic mask is required to be worn.



Until further notice, for anyone listing and selling their home through us OR buying a house (any house listed with any agency) using Red Coat Realty as their "buyer's agent," we will **DONATE** \$250.00* in their name, to the

Community Support Group of their choice, listed below.

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Firefighter's Association Police Association Lion's Club Historical Society Presbyterian Church Church of Christ Baptist Church American Legion

BENNINGTON

Firefighter's Association Police Association Lion's Club • VFW Historical Society Congregational Church St Patrick's Church

DEERING

Firefighter's Association Police Association Historical Society Community Church Deering Association

HENNIKER

Firefighter's Association Police Association Lions Club • HYAA Rotary Club Historical Society Congregational Church St. Theresa's Church Boy Scouts & Girl Scouts White Birch Tucker Library

HILLSBOROUGH

Firefighter's Association Police Association Lion's Club HYAA • VFW Historical Society CV Bible Chapel Smith Church Boy Scouts & Girl Scouts Methodist Church St Mary's Church American Legion Food Pantry

WASHINGTON

Firefighter's Association Police Association Historical Society Congregational Church Baptist Church

WEARE

Firefighter's Association Police Association Historical Society Christ Church Bible Baptist Church Congregational Church Union Church Episcopal Church American Legion Lions Club

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The Warner Fire Department accepted delivery of its new Engine 1, which replaces a 25 year old truck in the fleet. After training, the new engine will go in service. Thanks to the community for your continued support.

Henniker & Weare Free Lunch extended

Free School Lunches has been extended from August 31 to September 8, 2020, in Henniker, Weare, and John Stark School Districts. The waiver approved by the USDA and the State of NH has been extended to offer meals to all students 18 and under free of charge through September 8, 2020. All children under 18 are eligible for this service. This will be PICK UP ONLY and you MUST SIGN UP if you have not already done so. Pick up will be Monday, Wednesday, and Friday from 10 am-11 am at Weare Middle School for students who attend schools in Weare, including JSRHS. Families of students who live in Weare and would like lunch, please respond to this survey: https://bit.ly/3d22qI4. If you have questions, please contact Katie Cyr at 603-529-8012 or kathryn.cyr@sau24.org Pick up will be at the Henniker Community School for students who live in Henniker and attend either HCS or John Stark Regional High School. Meals include 2 breakfasts, 2 lunches, with 3 servings of each on Fridays for the weekend. You must sign up for this program. Families of students who live in Henniker and would like lunch, please respond to this survey: https://bit.ly/2Y4erIK. If you have questions, please contact Kathrine Campono at 603-428-3476. Students in Stoddard were only covered until 8/31/20 as the school's Food Service is shut down from 9/1/20 until 9/9/20.

H-D free meals program extended thru 12/31 SAU 34 is pleased to announce that the USDA approved a

waiver that allows us to continue serving free breakfast and lunch to all children 18 and under. This waiver will run from the start of school until December 31, 2020. This waiver will ensure that all children in our district will have access to free, nutritious meals. All hybrid learning model students, when in school, will receive free breakfast and lunch. For students learning remotely, breakfast and lunch To Go Bags will be available for pick-up at Hillsboro-Deering Middle School, Monday thru Friday, from 10:00 am - 11:00 am and at Washington Elementary School on Monday, Tuesday, Thursday and Fridays at 1:00 pm. Meals will be delivered by First Student school buses on Wednesdays, starting September 16, 2020. Patricia Parenteau said, "I am so very pleased that we are able to provide this important benefit to the children and families of Hillsboro, Deering, Washington and Windsor. A big thank you to Michele Dupont, her food service staff and the First Student Transportation for making this happen!"

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The Henniker Select Board unanimously approved erecting these signs along the four entrances to town encouraging the use of masks.

Henniker Select Board members storm out

Two weeks ago, Vice Chair Tia Hooper and member Scott Osgood drafted a proposed ordinance mandating the wearing of face masks in downtown Henniker.

It was defeated by the Select Board on a 2-3 vote. Tuesday evening the two returned to the Board with a similar resolution, but without penalties or an enforcement mechanism. It did, however, mandate that business owners require masks to enter their establishments. A prolonged and often heated discussion ensued. When opened for public discussion three people actually favored a mandate with a penalty for non compliance. However, most residents opposed the resolution either as an intrusion on personal liberty or as a "feel good," do nothing measure.

Hooper encouraged adoption as a "good faith effort to encourage mask use." Osgood was even more forceful, arguing that it was the Board's duty to protect Henniker citizens.

Peter Flynn opposed the measure saying he has witnessed remarkable voluntary mask use in town and felt the resolution was unnecessary.

Leon Park, too, opposed the measure saying it came half way from curing his objection to an ordinance, but that it still constituted a "red flag" to those who refused to wear a mask.

Chair Kris Blomback said that while he wears a mask and as manager of Pats Peak requires staff and patrons to wear a mask, he felt this was a poorly written policy, preferring education over coercion.

During the debate, it was pointed out that the town's police, fire and rescue chiefs were asked to review the resolution and none supported its adoption. In the end, the resolution died by the same 2-3 margin. When the vote was announced, Hooper and Osgood got up and left the room before the end of the meeting.

Newbury Homeless Veterans Clothing Drive

The Newbury Veterans Committee will be holding a Homeless Veterans Clothing Drive on the dates of Sept.19th and 26th at 9am to 3pm at the Veterans Hall in Newbury. Please bring clean, lightly used men's and women's winter clothing; Jackets, pants, scarves, gloves, hats, sweaters, boots, toothpaste and toothbrushes. For all the sacrifices our veterans have given for our country they now need our help.





FRIDAY SEPTEMBER 4

CENTER FOR THE ARTS: First Fridays! Gallery Opening Receptions. 5:30-7:00pm. FREE. Opening receptions for new exhibits all on Main Street, New London Street and Tatewell Gallery on Newport Road. "Eat, sip, stroll, and enjoy the art."

TUESDAY SEPTEMBER 8

NH PRIMARY ELECTION: If you don't vote - don't complain about the results.

HILLSBORO LIONS CLUB: Meets at the American Legion. 6:30pm. Prospective members welcome. Come see what we are about.

THURSDAY SEPTEMBER 10

CONTOOCOOK CONCERT: Peabody's Coal

TOWN OF WARNER NH NOTICE OF SALE INVITATION TO BID TAX DEEDED PROPERTY

Accepting bids on the following parcel of land and building acquired by the Town by Tax Deed

198 Horne Street, Map 12 - Lot 036.

Submit a bid amount, not less than **\$90,000** in writing to

Board of Selectmen – Horne St Bid 5 E Main St, P.O. Box 265, Warner NH 03278

by mail or appointment and received **no later than 4 PM, Thurs, Sept 24, 2020**. Property information available in the Town Offices by appointment and at <u>https://warner.nh.us/notices/</u> Bids must be accompanied by a \$1000 (One Thousand Dollars) bank or certified check payable to **The Town of Warner**, bid deposit to be credited at closing if bid is accepted. Checks will be returned to unsuccessful bidders. Balance due in 60 days, failure to do so bidder shall forfeit deposit and the Town may award the bid to the next eligible bidder or initiate a new invitation to bid. The Board of Selectmen reserves the right to reject any and all bids. The bid and deposit check must be placed in a sealed envelope with, "SEALED BID – 198 Horne Street" noted on it. The submitted bid should represent the total amount the bidder is willing to pay for the conveyance of the property in accordance with

the terms of sale.

Bids are scheduled to be **publicly opened on Tues, Sept 29, 2020**, the next Board of Selectman's meeting following the bid closing date. Property is sold in "as is" condition to the highest acceptable qualified bidder, at or above the minimum bid, subject to collection of the deposit, satisfactory closing, etc. The deed from the Town shall be in the form of a Quitclaim Deed/Transfer of title will be by Deed, releasing all right, title and interest of the Town. Conveyance will be subject to all easements and rights of way and encumbrances of record as existed at the time of the closing. Failure to close shall result in forfeiture of the deposit. Winning bidder is responsible for all closing costs. The Board of Selectmen reserves the right to reject any and all bids, and/or impose other conditions on the sale on or before the bid opening.

Questions should be directed to Diane Ricciardelli, Warner Town Administrator (603) 456-2298

Train, 5:30-7pm Americana, Thursday evenings at Lewellen Bandstand behind the Depot.

LISTEN & LUNCH: Mary Kay Robinson -Flute. Bring your folding chair, blanket and relax 12-1pm at Peterborough's Depot Square.

SATURDAY SEPTEMBER 12

RENAISSANCE FAIRE: September 12 and 13. Saturday and Sunday, 10:00am – 10:00pm & 10:00am – 5:00pm. Odell Park Franklin, \$10.00 adults & children 7 and up, children 6 and under free. Tickets on sale at: Pizza Chef – Franklin, The Soda Shoppe – Franklin, Franklin Studio and Franklin Area Lions members. Masks are required for all participants.

MONDAY SEP-TEMBER 14

COVID ON ZOOM: 7-8pm. You are invited to a Zoom program put on by Washington Historical Society who are launching a program to document experiences of those living during the 2020 COVID 19 Pandemic entitled The Marks We Leave Behind. Join our September ZOOM meeting to find out more about the project and how, when and where you can add your voice.

THURSDAY SEPTEMBER 17

CONTOOCOOK CONCERT: The Luggnuts 5:30-7pm, Cosmic American Music, Thursday evenings at Lewellen Bandstand behind the Depot.

LISTEN & LUNCH: David William Ross - Classical Guitar. Bring your folding chair, blanket and relax. 12-1pm at Peterborough's Depot Square.

SATURDAY SEPTEMBER 19

FAMILY ACTIVITY DAY: 11am-2pm. Bring your own picnic lunch and social distance with your family in designated spots around the Angela Robinson Bandstand at the Henniker Community Park. Sponsored by The Spirit of Henniker Organizational Team S.H.O.T.

TUESDAY SEPTEMBER 22

CONTOOCOOK: Sidewalk Sale & Farmers' Market, 10am, Contoocook Village.

HILLSBORO LIONS CLUB: Meets at the

TOWN OF HENNIKER Public Meeting Notice Cogswell Spring Water Works Town of Henniker Water Department

The Cogswell Spring Water Works Board of Water Commissioners will hold a Public Meeting on the Restructuring of the operations of the Cogswell Spring Water Works, Town of Henniker's Water Department. This hearing will be held on **Saturday the 12th of September at 0800** and will take place in the Henniker Community Center, Located at 57 Main Street, Henniker New Hampshire.



Town of Hillsborough, NH CEMETERY TRUSTEES MAINTENANCE BIDS

The Town of Hillsborough Cemetery Trustees will be accepting bids for the maintenance of the town's cemeteries for a period of three years (2021, 2022 and 2023 seasons). Bids should indicate bidding price for each year separately. Maintenance specifications can be obtained at the Town Office's Service Window, 27 School Street, during regular business hours. Bids will be accepted at the Town Office until 5:00 pm on Friday, September 25, 2020.

Town of Hillsborough Cemetery Trustees



American Legion. 6:30. Prospective members welcome. Come see what we are about.

FRIDAY OCTOBER 2

CENTER FOR THE ARTS: First Fridays! Northern Stage Presents! FREE. Northern Stage Theater presents a preview of their 2020-2021 Season. Whipple Hall, New I ondon.

TUESDAY OCTOBER 13

HILLSBORO LIONS CLUB: Meets at the American Legion. 6:30. Prospective members welcome. Come see what we are about.

TUESDAY OCTOBER 27

HILLSBORO LIONS CLUB: Meets at the American Legion. 6:30. Prospective members welcome. Come see what we are about.

FRIDAY NOVEMBER 6

CENTER FOR THE ARTS: First Fridays! Gallery Opening Receptions. 5:30-7:00pm. FREE. Opening receptions for this and other exhibits all on Main Street, New London, The New London Inn, Bar Harbor Bank & Trust, Blue

Loon Bakery, and Whipple Hall on Main Street and Tatewell Gallery on Newport Road. "Eat, sip, stroll, and enjoy the art!"

SATURDAY NOVEMBER 7

HAZARDOUS WASTE: Sutton/Warner Household Collection Event, 9am - 1pm, Warner Highway Garage. WHAT TO BRING: Household cleaners, solvents, polish, pesticides, herbicides, pool chemicals, oil based paints, stains, varnishes, adhesives, paint remover, oil based driveway sealer, photo and hobby chemicals, mercury containing devices, old fuel and fuel additives. WHAT NOT TO BRING: Ammunition, explosives, radioactive materials, medical wastes, fire extinguishers, smoke and CO detectors, propane tanks, batteries, latex paint.

TUESDAY NOVEMBER 10

HILLSBORO LIONS CLUB: Meets at the American Legion. 6:30. Prospective members welcome. Come see what we are about.

FRIDAY DECEMBER 4 CENTER FOR THE ARTS: First Fridays!



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The Hopkinton Fire Department marks the 8th anniversary of the passing of Fire Chief Rick Schaefer, who joined the Department as a volunteer firefighter in 1979 and served as Chief from 1999 until he passed away during a busy shift at the Hopkinton State Fair in 2012. You may be lost, but you will never be forgotten.

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Roast Beef	\$7.25	\$3.99	•	Ranch	\$7.99	\$4.50
Salami	\$6.99	\$3.99	•	Veal Cutlet	\$6.99	
BLT	\$7.25	\$3.99	•	Pastrami	\$7.25	\$4.50
Tuna Salad	\$6.99	\$3.99	•	BBQ Beef	\$7.25	\$3.99
Hamburger	\$6.99	1	6	Steak & Cheese	\$7.50	w/1 veggie \$7.75
Cheeseburger	\$7.50	100	r	Steak Bomb	\$7.99	
Meatball	\$6.99			Steak Tip	\$8.99	ALC: NO
Chicken Tender	\$6.99	\$3.99		Steak Tip Bomb	\$9.99	Contra la

316 Weare Rd., Henniker • 428-3841 • Mon.-Thur. 6am-9pm; Fri. 6am-10pm; Sat.-Sun. 7am-9pm



Mary Lou (Cooke) MacKnight

HOPKINTON - Mary Lou (Cooke) MacKnight, age 87, passed away on

August 27 at Hospice House in Concord, NH. Mary Lou was born in Greenfield, MA on June 22, 1933. Mary Lou, known to her friends and family as ML, was married to



Arlan MacKnight and they celebrated their 65th anniversary in February 2020. Mary Lou is survived by her husband, Arlan, her daughters, Lynn Duchesne and her husband, Mark of Colbert, WA, Donna Flister and her husband, Peter of Gloucester, MA, her son, Scott MacKnight and his wife, Sandra (Joseph) of Leominster, MA, her brother Roy Cooke Jr and his wife, Alice and her cousins Ann Curry and Gay Betz, as well as by her 8 grandchildren, 12 great grandchildren and many nieces and nephews. Mary Lou was predeceased by her parents, Roy F. and Miriam (McIntire Reed) Cooke and her sister, Joanne (Cooke) Eames Cadrain. There will be no visitation hours. Graveside services will be announced at a later date. Interment will be at Contoocook Village Cemetery, Contoocook, in lieu of flowers, please make donations to Concord Regional VNA Hospice House, 240 Pleasant Street, Concord, NH 03301 or the Hopkinton Food Pantry P. O. Box 774, Contoocook, NH 03229.

Joseph William "Bill" Thompson

BRADFORD – Joseph William "Bill" Thompson, born Dec. 7, 1950 in Fort Wayne, IN to Kenneth Edward and Elizabeth Louise (Skevington) Thompson, peacefully departed this life Aug. 20, 2020 at home with family at his side. Bill was a faithful husband to his beloved bride, Mary Elizabeth "Beth" (Whittemore) Thompson of 41 years; steadfast father to five wonderful sons, James Christopher, Daniel



William, John Michael, Andrew Philip, and Stephen Paul; and loving brother to Kenneth Christopher and Eric James. His presence in our lives will be greatly missed. A gathering of remembrances will be arranged at a later date. The family requests that in lieu of flowers, those who wish to remember Bill may contribute to the Trinity Bible Church benevolence fund, 539 Route 114, South Sutton, NH 03273.

Linda Lisa Miller

CONTOOCOOK - Linda Lisa Miller, age 56, of Concord, NH succumbed to a 17 year battle of Multiple Sclerosis on



Obituaries: Friends & Neighbors Remembered

August 29, 2020 at Harris Hill Center. She was born to the late Cynthia Butterfield and Donald Miller of Contoocook NH on April 2, 1964. Linda is survived by her



daughters Sandra Eastman of Concord NH, Crystal Eastman of Sudbury VT, her significant other Robert Ketcham whom she considered a son in law. Lisa Eastman and Sara Eastman of Highland NY, and Antonia Dufield of Middlebury VT. Linda's grandbabies Destiny, Dezirae, Ashlvnn, Autumn, and William. Her brother Ron Miller and his wife Chris Miller of Billings Montana, and her sister Sherry Provencher and her husband Dexter Provencher of Compton NH. Her brother Jeffrey Noel of Sudbury VT, and also many cousins, nieces, nephews, and an

extended amount of adoptive family. Linda's services will be at a later date.

Louise Barbara (Sweeney) Cole

ANTRIM - Louise Barbara (Sweeney) Cole, age 95, passed away on

August 30, 2020 at Jaffrey Rehabilitation Nursing Center in Jaffrey. Louise was born on February 24, 1925 to the late Albert and Florence (Oliver) Sweeney in Deer-



ing, NH. She attended and graduated high school in Hillsboro, NH. She was predeceased by her husband, George E Cole, Sr in 2010 after 66 years of marriage. She was also predeceased by her two sisters, Elizabeth and Isabell, and her two brothers, Sherman and Albert. Louise is survived by her children, George (Jr) and Elizabeth Cole of Pe-

terborough, NH and Gary and Michelle Cole of Swanzey, NH; her five grandchildren, Brian Cole of Antrim, NH, Michelle (Cole) Reed of Peterborough, NH, Michael Cole of Williamsburg, VA, Jesse Cole of Newmarket, NH, Zachary Cole of Fitzwilliam. NH. She is also survived by her four great-grandchildren and many nieces, nephews and cousins. A graveside service will be held at Maplewood Cemetery in Antrim, on Saturday, September 26, at 1PM.

> Please send your **Obituaries to:** PO Box 1190 Hillsborough, NH or email leighb@tds.net



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Crotched Mountain Foundation's Greenfield Campus to remain open

The Crotched Mountain Foundation has announced that its Greenfield campus will remain open despite previous plans to close it by the end of the year. Crotched Mountain School provides special education services to students from kindergarten into early adulthood. The Greenfield campus also houses an adult residential program for people with disabilities.

In June, the foundation announced that it would be closing the campus due to unsustainable operating costs. But in an email to Crotched Mountain supporters Monday evening, President and CEO Ned Olney said the foundation had signed a letter of intent with Gersh Autism, which he described as a national organization that offers special education and therapeutic support to students with autism.

As of Nov. 1, Gersh Autism will take over the school's operations, keeping it open, Olney wrote. He added that the agreement "will also allow our adult residents on the Mountain additional time for their transitions." The name of the school is expected to change following the transition, and the new name will be announced shortly, Olney told The Sentinel Monday night in an email.

He said the student count will probably stay at its current level of 60 for now, before increasing in 2021. Most students will be given an opportunity to remain at the school, which will not be restricted to programming for kids with autism, according to Olney. "This is an exciting opportunity to save Crotched Mountain School," Olney wrote in the email to supporters. "This also creates new opportunities for Crotched

Mountain Foundation. Our Board of Directors is considering future operational models to ensure that our mission will continue to provide transformational support for people with disabilities and their families."

The email says Gersh Autism will take over the school's CMARS and Ready Set Connect programs, which offer adaptive sports and applied behavior analysis therapy, respectively.



Sherry Gould and Daryl Peasley, members of the Abenaki Indian tribe met with the Henniker Select Board to brief members on their efforts to highlight Indian sites and artifacts.

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Although acne is common in teens, it can continue into adulthood, affecting mainly women. A new report published in the journal Dermatologic Clinics notes that about 50 percent of women in their 20s, one-third in their 30s and one-quarter in their 40s suffer from the condition. The oral medication spironolactone is particularly effective in women. Although this medication,

which is typically prescribed for high blood pressure, heart failure and swelling, is not FDA-approved for acne treatment, it is commonly used for disorders related to androgens, a group of sex steroid hormones. The researchers said laser and light therapies and regulating diet also show promise as non-antibiotic alternatives.

Antidepressants reduce deaths by more than a third in patients with diabetes and depression, according to a study published in the Endocrine Society's Journal of Clinical Endocrinology & Metabolism.

Men treated with medications for symptoms of benign prostatic hyperplasia (BPH) experienced a two-year delay in diagnosis of their prostate cancer and were twice as likely to have advanced disease upon diagnosis, according to findings published in JAMA Internal Medicine. Men who took drugs that inhibit the enzyme 5a-reductase, known as 5-ARIs, were diagnosed with prostate cancer 3.6 years after the first signs of elevated levels of a protein called prostate-specific antigen (PSA) compared to 1.4 years for men who did not use 5-ARI. Men are prescribed 5-ARI to reduce the effects of BPH, a non-cancerous condition in which the enlarged prostate squeezes or blocks the urethra. This condition affects more than 50 percent of men above the age of 50. It can lead to urinary symptoms, such as difficulty starting or stopping urination and the constant feeling of needing to urinate. . •

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MORE TOOTH PROBLEM



Gap Between Teeth

You may not consider a gap between the front teeth a problem at all. Famous people who sport the look include singer Madonna, actress Anna Paguin, model Lauren Hutton, and football player turned TV co-host Michael Strahan. If you want to correct it, though, Dr. Esin Narli-Trangaris your options include orthodontics to move teeth clos-

er together and cosmetic solutions like veneers or bonding.

No Room to Floss

No matter how tight the fit, there should always be room for floss between your teeth. If not, you may need to switch to a thinner floss or a waxed one. You can also try a different kind of tool, such as a looped flosser or a dental pick. Experiment until you find a product that works for you, and then use it every day. Flossing is a must for good dental health.

Clenching or Grinding Your Teeth

Grinding your teeth is called bruxism. Stress is one of the causes. Misaligned teeth or sleep issues can also be culprits among adults. (Among kids, causes can include allergies.) Bruxism can give you headaches, a sore jaw, and cracked or loose teeth. If you grind your teeth at night, ask your dentist to fit you with a mouth guard. If it's a daytime problem, try meditation, exercise, or other ways to curb stress.

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