

The Messenger

"Your Local Weekly Since 1869 ♦ A Tradition Worth Keeping"

Free ♦ Our 154th Year ♦ Issue 10 ♦ March 8, 2024



Nominated for "Hero Award"

Congratulations to Simonds School Counselor Kim Bragg, who was nominated for the Branching Minds Hero award by several staff. Students know that she believes in them and will support them and that she will also hold them accountable. She is constantly helping teachers better understand their students and then providing them with different supports to implement in and out of the classroom.

This week in history

March 9, 1997

Christopher Wallace a.k.a the Notorious B.I.G. is killed

March 10, 1972

The National Black Political Convention is held

March 11, 1779

Congress establishes the Army Corp of Engineers

March 12, 1933

FDR gives his first Fireside Chat

March 13, 1942

US Army launches K-9 Corps

March 14, 1991

Birmingham six are released from prison

March 15, 1937

The first Blood Bank opens



Anna Muncy (left) and Alex Gasperini (right) briefed the H-D School Board on a proposed 20'x60' greenhouse to be built on the current campus. Three bids for the structure were received with \$67,457.90 being the lowest. Total cost of construction is estimated at \$105,230.30, which is being paid through a funds transfer of \$106,018.89 from an unfilled teacher's position. The Board approved the project.

Major decisions facing ConVal School District voters

ConVal School District voters are being asked to approve a \$58.4 million budget at Town meetings throughout the District. In addition, they will vote on an adjustment to the articles of agreement which would allow officials to close some of the district's elementary schools. The school district covers Antrim, Bennington, Dublin, Frances-town, Greenfield, Hancock.

The proposed Operating Budget is

\$58,370,749, a 4 % increase over this year's budget. If defeated, a default budget of \$57,822,135 would take effect.

The proposed change — to remove the district's responsibility to maintain elementary schools in Bennington, Dublin, Frances-town and Temple may close Dublin Consolidated School, Pierce School in Bennington, Frances-town Elementary School and Temple Elementary School.

Voters are also being asked to approve a one-year collective bargaining agreement with the ConVal Education Association, with an estimated increase of \$1,229,388 in salaries and benefits.

Voters are also asked to fund \$500,000 and \$200,000 for the building capital reserve fund, \$350,000 for the health maintenance fund, \$50,000 to the technology fund, \$50,000 to the equipment.

Hopkinton town and school exploring switch to SB2 Voting

Following Hopkinton's School District's public hearing to discuss whether residents want to transition away from traditional meetings, the town will hold a hearing to discuss the

same issue.

On Monday, the town's Select Board held a public hearing to gather public input on adopting the SB 2 format, which is a split form of self-govern-

ment with a separate deliberative session and voting day.

Regardless of the hearing, the official vote will appear on the ballot at the annual town meeting on March 21st.



During Monday’s Hillsboro-Deering School Board meeting, Chair Chris Bober presented appreciate gifts to departing Board members Dr. Heidi Welch (left) and Dr. Jessica Morris (right) for their three-years of service on the Board. The H-D community has the exceptional opportunity to have a pair of top-notch, PHD educators on the Board. They will be missed! LDB



Congratulations to team 3/4 Boys - Stockhaus for Winning 1st Place in the Weare Athletic Club’s end of season tournament! 3/4 D2 Boys Green Division (left). Congratulations 7/8 boys D2 Green Champions Weare -Tetro (center). Congratulations also to the 7/8 boys D2 White Team - Pellegrino Champions (right).

Dining Guide

Hanna's 1950's Diner

located at 83 Henniker Street in Hillsboro was purchased April 17, 2023 by the new owners, John & Althea Henderson.

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Greenfield voters asked to support multiple spending articles

Article 3: \$156,698 to support the Recycling Center.

Article 4: \$2,500 for the purpose of expending funds that will be offset by the Used Oil Collection Grant Assistance Program, to purchase materials and/or obtain services to establish, improve, or operate a used oil collection center.

Article 5: \$313,500 to be placed in existing Capital Reserve Funds.

Article 6: \$7,000 to the existing Expendable Trust Funds.

Article 7: \$200,579 to support the Fire Department.

Article 8: \$309,469 to support the Police Department.

Article 9: \$52,000 for purchasing a police cruiser with \$32,000 to come from taxation and the balance of \$20,000 to come from Capital Reserve funds.

Article 10: \$1,368,271 to support the Operation and Maintenance of the Town.

Article 11: \$671,190 to support the Department of Public Works.

Article 12: \$240,000 for Road Paving and/or Reconstruction.

Article 14: \$68,500 for the purpose of hiring a 5th member of the Department of Public Works.

Article 15: \$25,000 for Gravel Road Repair and/or Maintenance throughout the town.

Article 16: \$55,000 for Chip

Sealing Paved Roads throughout the town.

Article 17: \$155,611 to support the Stephenson Memorial

Library.

Article 18: \$45,892 to fund the operation of the Town Clerk's office.



Henniker Area Rotary Club Foundation Chair Dr. Ed Carignan (left) presented a Paul Harris +1 award pin to member Rick Edmunds (right).



The Kearsarge Regional School District welcomes Taylor Lipinski as Director of Athletics. Mr. Lipinski currently is the East Region Assistant Director for Little League International.



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Yesteryear

Local history as reported in The Messenger

March 10, 2023

New Boston nurse charged with abuse
Franklin Patrolman's Association votes "No Confidence" in City Manager
Hopkinton Boys & Girls suffer double loss to #1 seeds in Division III
Chamber forum features candidates for Select & Planning Boards

March 11, 2022

Explosion and Fire in Bradford
Hillsborough voters reject attempt to cut Police budget
Henniker voters OK school budget & teacher contracts
Antrim's Route 9 closed after tractor-trailer rollover

March 12, 2021

Hillsborough honors Bill Goss for 43 years service
Hopkinton parents want schools opened now
Warner Historical Society Indigenous History
Young Weare boy shows the power of giving

March 13, 2020

Patricia Parenteau named SAU #34 Superintendent
Washington Town Meeting honors Ron & Grace Jager
Persistence pays off - Newbury approves Fire Station
Warner Town Meeting voters face full agenda

March 15, 2019

ConVal district files suit against State of NH
Hopkinton School District approves \$9.8 million bond
John Stark/Hopkinton wins Division II Hockey
Hillsborough voters spend \$9 million in 1 hour

March 16, 2018

Bow voters want community building saved
Henniker Selectman Ben Fortner resigns
Goffstown voters reject additional firefighters
Mixed results at Hopkinton School meeting

March 17, 2017

Northfield officers save woman
Mount Sunapee skier found unresponsive
Peterborough trio arrested at Monadnock Country Club
Newport man arrested with stolen jewelry

March 11, 2016

Franklin firing range takes fire
After four defeats, Bow Safety Building approved
Bradford Town Hall renovation fails by 5 votes
Weare voters support highway garage - nix cruisers

March 13, 2015

Midnight assault on Goffstown man
Bow Safety Complex fails to get 2/3 vote
Henniker school budget cuts \$115,000
Great Brook School survives another vote

March 14, 2014

Bomb scare at Kearsarge Middle School
Bennington juvenile charged with sexual assault
New Boston voters approve town & school budgets
Goffstown OK's budget - kills zoning changes

Publisher's Perspective

It Takes Courage To Put Your Name On The Ballot

The candidates profiled on these pages are our friends and neighbors who care enough about our towns that they are willing to sacrifice their time and efforts in order to GIVE SOMETHING BACK.



The Hillsborough Chamber of Commerce sponsored a Candidates' Forum for those running for School Board and Planning Board.

In today's highly personalized political environment it takes courage to put your name on the ballot. Their sacrifice is often met with sarcasm, criticism, and yes, hatred. When they vote in a manner you dislike, feel free



The Grange sponsored a Candidate's Forum in Antrim for those running for Select Board, Planning Board, Town Clerk and Cemetery Trustee.

to criticize their action, but never question their integrity or motivation. In fact, if you disagree so vehemently, next time put your name on the ballot and run against them - if you have the courage.



SAU #24 hosted a Candidates Forum for those running for seats on the Henniker, Weare and John Stark School Boards.

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15,000 Sq. Ft., 7475346...\$54.99.



SALE 799⁰⁰ 
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8087286, 8087290
Genesis® 300 Series Cover, 8048377...\$100.99.
Accessories not included.



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School Days



Kindergarten students celebrate 100 days of school at Greenfield Elementary School by designing shirts and hats (left photo). Bennington's Pierce School students share their informational animal presentations during Groundhog Day (right photo).



Students in Mrs. Willard's New Boston Central School first grade class recently created penguins in snow portraits (left photo). Nate Butler is plenty excited about the 100th day of school celebration at the Henniker Community School. Mrs. Legrand and her 2nd graders celebrated in a big way (right photo).



Sutton Central School in grades K through 5 wrapped up five weeks of Winter Activities. Students chose between skiing/snowboarding at Mt. Sunapee, ice skating at Proctor Academy or Winter Pursuits (left photo). Mr. Restuccia and Mrs. Savell's 4th grade classes from Simonds enjoyed a morning of X-C skiing and snow-shoeing at the Pill Hill Ski Club as part of their physical education class taught by Mr. Palmer (right photo).

Contoocook cadet awarded a \$5,000 Air Force Scholarship

New Hampshire Air National Guardsman and University of New Hampshire (UNH) sophomore Jack P.H. Horne of Contoocook recently was awarded \$5,000 in scholarships from Granite State Flight #53, Order of Daedalians and the national Daedalian Foundation.

The Daedalians are former military aviators dedicated to inspiring the next generation of military and civilian aviators through scholarships, flight training, teaching, and mentoring. Flight #53 consists of about seventy former pilots and aircrew from all the armed services. They live in New Hampshire and Maine and have flown almost every type of American military aircraft.

The Granite State Flight Captain, Colonel Kevin Grady, USAF (Ret) of Hooksett, stated that “Cadet Third Class (C/C3) Horne is exactly the type of future Air Force Officer and aviator the Daedalians are committed to

supporting.” Hailing from an Army family in which his mother, father, and brother all served or are serving in the Army’s Medical Service Corps, Cadet Horne, 21, is the first member to wear Air Force Blue. He joined the NH Air Guard right out of Hopkinton High School in July 2020, served on active duty for one year during training, and is qualified as a “Journeyman” Radar, Airfield and Weather Systems Technician.

His brother, Aidan, is an Army First Lieutenant now serving as a Brigade Medical Operations Officer.

He, too, attended UNH and graduated in 2022 as a member of the Wildcat Battalion of the Army Reserve Officer Training Corps (ROTC).

Cadet Horne belongs to Detachment 475 of the Air and Space Force Reserve Officers Training Corps (ROTC) at UNH. His career goal is to become



From left to right: New Hampshire Air National Guard Senior Airman/UNH Air Force ROTC Cadet/3C Jack P.H. Horne, Major General Susan Y. Desjardins, USAF (Ret), Lt. Colonel Daniel J. Winn, UNH AF ROTC Det 475 Commander looking on. (Photo by Peter D. Lennon)

either an Air Force pilot or Combat Systems Officer (CSO), two of only four “Rated” careers in the Air Force.

His Detachment Commander, Lieutenant Colonel Daniel

J. Winn, called him a “fantastic cadet who, because he’s already a Senior Airman in the Air Guard, is able to lead our cadet group even as a sophomore.”

Cadet Horne said he joined

the Air Guard and Air Force ROTC with the goal of becoming a pilot or CSO “to contribute to defending our nation” and to carry on his family’s tradition of military service.

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Around Our Towns



Harriet Tubman (portrayed by Carolyn-Ferguson-Wilson) of the Underground Railroad recently paid a visit to the New Boston Chapter of the DAR. She demonstrated how quilt patterns may have been used to guide runaway slaves to their destinations.



Hopkinton Rotary was thrilled to present the "Hopkinton Rotary Citizen of the Year" to Susan Covert. Susan has demonstrated outstanding dedication to informing citizens of Hopkinton through her daily email blast.



Hopkinton Lions were pleased to have sponsored the Senior Luncheon at the Slusser Center. Thank you goes out to the volunteers and those in attendance to share this delicious meal. This has been a popular, fun event to put a smile on everyone's face.



Front row, left to right: Emily Leary, Schuyler Praul, Emma Guillemette, McKenna Carpentier; back row: Eloisa Osgood, Charlotte Matzke and Taylor MacKay.

John Stark Stage Company presents *Between the Lines*

The John Stark Stage Company presents *Between the Lines*, a book by Timothy Allen McDonald and Jodi Picoult; music and lyrics by Elyssa Samsel and Kate Anderson, and based on the novel by Jodi Picoult and Samantha van Leer.

Performances will be Friday, March 15th and Saturday, March 16th at 7 p.m. and Sunday, March 17th at 1 p.m. at John Stark Regional High School. Ticket prices are \$10 for General Admission and \$7 for Senior Citizens/Students. The Box office opens one hour before showtime.

Between the Lines follows Delilah McPhee, a 17-year-old girl struggling with a new school, an absent dad, and an overwhelmed mom. Delilah falls in love with a fairytale, seeking comfort in the pages, where she feels understood by the charming Prince Oliver. While Delilah

looks for a way to escape her dreary life, she and Oliver magically start chatting, and they become obsessed with finding a way to get on the same page. Literally. Delilah discovers how to find her place in the world as the lines between fantasy and reality blur. The musical has fun with recognizable character clichés: mean girls, dumb jocks, a frisky spinster librarian. The script allows all of the actors, except Delilah, to play a role in the real world and the fairytale world.

The cast of 20 is led by seniors Ella Smith as Delilah McPhee, Arik Linstad as Prince Oliver, Connor Lavertu as Martin/Troll and Taylor MacKay as the author, Jessamyn Jacobs. The crew is led by junior stage manager Kaitlynn Carson and sophomore Ellah Adler. The production is directed by Jennifer Matzke, and the music is directed by Dan Williams.

Three injured as accident closes Route 101 in Peterborough

Monday evening Peterborough Fire & Rescue and Peterborough Police Department were dispatched to Route 101 (Wilton Road Side) for a reported Motor Vehicle Accident with possible entrapment.

Upon the arrival of PFR 24C1 the entrapment of two patients were confirmed, and due to other medical emergencies throughout town around the same time a request for an ambulance from Souhegan Valley Ambulance was made. A third ambulance was also requested and Jaffrey

Rindge Memorial Ambulance responded. A total of three patients were transported via ground ambulance. A medical helicopter was called and cancelled.

Due to the severity of the accident Route 101 was closed near 530 Wilton Road. Vehicle recovery was done by both Moto & Steven's Towing & Recovery.

Additional information will be provided by the Peterborough, New Hampshire Police Department who is investigating the accident.

Special recognition given Sunapee Fire Chief John Galloway

At the Sunapee Select Board Meeting, the select board, firewards, and department members surprised Fire Chief John Galloway who was recognized for his work at the Prospect Hill fire on January 18th.

Chief Galloway did an outstanding job commanding

24 towns worth of firefighters and equipment throughout the 20-hour-long fire in freezing temperatures.

As Firefighter/EMT Darryl Sencabaugh pointed out, Chief Galloway did it all without a firefighter or civilian getting injured.

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Not a school sponsored event

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Letters to the Editor

Letter to the Editor:

Thank you to all the voters in Hillsborough and Deering that attended the deliberative session on Monday, February 5, 2024. As the HD Cooperative Board, we are elected by both Hillsborough and Deering, and we, like you, are also taxpayers. As board members we do not make financial decisions lightly. We have decided to support a budget for FY25 unanimously that provides what we need for our school district while also being mindful that finances are tight for households in Hillsborough and Deering. Our proposed budget for FY25 is a modest 1.85% increase over last year's budget. Our increases to the budget include the rare uptick in health insurance of 17.8%, salaries, FICA and retirement, psychological services, substance abuse and prevention, and an increase in the transfer to food service.

The bigger issue is that almost 60 % of our school district revenue comes from local property taxes raised. Other revenue areas such as adequacy aid, statewide property tax, tuition, interest, and Medicaid only make up about 40 % of the revenue for our district. Our expense budgets continue to remain consistent with minimal increases, but revenues have had significant swings.

Please remember, in Hillsborough and Deering, the schools cannot retain any money from one year and carry it over into next year's budget. We ended FY22 with an abnormally large amount of unexpended (surplus) funds due to having unfilled positions and receiving an unexpected health insurance refund. As a result of this, and a one-time reduction in the SWEPT, tax rates for the FY23 budget were historically low. As expected, the schools had a much lower budget surplus in June 2023 and the SWEPT rate bounced back up resulting in an increase of 29% in school taxes even though the FY24 budget increased less than a tenth of a percent. We do not anticipate a significant increase in the tax rate to support the FY25 budget.

The base adequacy amount for FY25 is \$4,182 per pupil. The actual average amount to educate a NH student is approximately \$19,400. Recently, in the ConVal case, the courts ruled that the base adequacy, "can be no less than \$7,356.01 per pupil per year, and the true cost is likely much higher than that." If the court ruling is enforced, we could see an increase of \$3M in adequacy aid which would reduce tax rates.

Twelve Warrant Articles were presented to the public at the Deliberative Session. They were in order: Article 01 - Election of Officers, Article 02 - Set Salaries of School Board, Agents/Officers, Article 02 - Amended, Article 03 - Operating Budget, Article 04 - Appropriation for Food Service and Federal I State, Article 05 - Appropriation for SAU Budget, Article 06 - Fund School Building Maintenance Expendable Trust, Article 07 - Fund Special Education Expendable Trust, Article 08 - Fund Technology Expendable Trust, Article 09 - Accept Annual Reports, Article 10 - By Petition (termination of 3-year landscaping and plowing contract), Article 11- By Petition (rescind authority for the H-D School Board to enter into any multi-year procurement agreement for \$50,000 or greater) and Article 12 - By Petition (prohibit the Hillsboro Deering School Board from using taxpayer

money to fund lobbyists, including indirect funding through membership organizations such as, but not limited to, NHSBA.)

Warrant Articles 1-9 passed the School Board unanimously. Warrant Articles 10-12 had a majority vote to not recommend passing by the school board.

Thank you again for participation from voters in both towns. We hope to see everyone at the polls on Tuesday March 12, 2024, to VOTE on our proposed budget, trust funds, and warrant articles. At the same time please communicate to your state representatives on how NH funds education through the State-wide property tax and adequacy aid grants.

Hillsborough-Deering Cooperative School Board, Christopher Bober, Jessica Morris, Paul Plater, Heidi Welch, Michael Kenney

Dear Editor:

Goffstown residents have a great opportunity to make a difference on March 12. Local elections matter. Candidates elected to the budget committee, the school, planning and library boards, will likely effect your day to day living more than any other vote you cast. Yet our local elections in March typically have a low turnout (less than 25%).

Make a plan to get to the polls on March 12 and from now until then, get to know the candidates. GTV is running videos of candidate interviews and they can also be found at Goffstown Forward's YouTube channel (Community Spotlight videos). GTV will also have a tape of candidate's night held at Goffstown High on Feb 20, and you can find online the candidate information brochure at goffstownlibrary.com.

Our recent deliberative sessions and budget committee meetings (also available online) demonstrated that Goffstown has a choice between candidates who want to keep our town a connected community, with strong and vital resources and quality schools, and others who do not want to support our sense of community and the assets we have that keep us a thriving place to live and raise a family.

Review the Voter Guide that is mailed to every home BEFORE March 12, and talk to town officials about any questions you may have about articles on the ballot.

Learn about the candidates and the issues in order to be a well informed voter. (Verify your sources). Let's turn out to vote on March 12 for Goffstown's future well being. I am counting on you, my neighbors and community members.

Barbara Schult, Goffstown

Dear Editor:

To the taxpayers of Weare: if your December 2023 tax bill increase suited you then do not bother reading any further. Strictly town related, the 2023 town tax rate was a 23% increase over 2022. In closing out 2023 the town Board of Selectman (BOS) had a \$512,000 discretionary budget surplus. Of that they used \$67,000 for year end purchases. In addition, prior to and exclusive of the \$512,000, the BOS used \$63,000 (\$5,750 to each FT and PT hwy employee) which represents a 6 month ►

Candidates Corner

A public service from The Messenger

Kim Opperman Hillsborough Planning Board



Kim Opperman, Candidate for Hillsborough Planning Board. I was born in Indiana. Education: Purdue University - Bachelor of Science in Construction Management University of California- Certificate Program in Light Development State of Ct- Active Relators License. I have spent my entire career working in General Construction and Hotel Development. I have a Real Estate License for Commercial Leasing and General Knowledge. As a Development Director for two hotel Companies and one National Chain, I have been in front of Planning Boards in California, Florida, Puerto Rico, Georgia and Connecticut. I have been an Apartment Rental Landlord for over 20 Years. I believe I have a good understanding of how a Planning Board can contribute to its community. I am running for the Hillsborough Planning Board to advocate for a Downtown Hillsborough Revitalization and to work to help increase the quality of Life in Hillsborough. I believe that I can contribute from my experience in the following ways: I believe that The Planning Board needs to find a way to support and make decisions that are in Hillsborough's best interest. I believe that the Planning Board needs to avoid creating too many rules and regulations that limit the Board's ability to work in the town's best interests.

Karen Coyne Warner Select Board

My name is Karen Coyne and I am running for the Warner Select Board. I believe that I am the ideal candidate to bring a strong,



levelheaded voice to the table. With my commitment to lower taxes, responsible and transparent government, fiscal responsibility, preserving our vital natural resources, and maintaining Warner's rural character, I will bring a much-needed perspective to the board, and ensure that the town's resources are being used in the most efficient and effective manner. Last year we faced double digit tax percent increases. This year we are again facing double digit tax percent increases. Have you had enough? Are you ready for fiscal responsibility? I have several decades of experience managing multi-million dollar budgets. The economy is causing a huge strain on our residents, and I will work to instill a stronger sense of fiscal discipline, transparency, and accountability of town government, especially on how we spend the taxpayer's money. We need to work harder to keep Warner's residents in their homes through lowering taxes. When tough decisions have to be made, they should not be made in a vacuum or in haste. My experience as the Warner Planning Board Chairman, combined with my deep understanding of the issues facing the town, make me the ideal candidate to represent the interests and voice of Warner's residents. Whether by limiting property tax increases, promoting responsible business growth, or preserving Warner's rural character. I will work tirelessly to ensure that the town of Warner remains a great place to live and raise a family. The residents of Warner deserve a representative who listens and shares their values. • I know it's just a drop in the bucket, but I would not accept the \$3100 per person Select Board stipend, and I would return it to the taxpayers.



New London Fire Department members sharpened up on their forcible entry skills utilizing a door training prop. Crews were able to practice forcing both inward and outward swinging doors from right and left orientations. These evolutions required the use of a multitude of tools they are grateful to carry on their fire apparatus.

► bonus agreement for a short staffed hwy dept. In May 2023 the BOS gave a \$.50 hour pay increase to the hwy personnel.

Although a paltry amount, it is a permanent \$11,000 spend. When setting the 2023 tax rate the BOS used \$0 to offset your tax bill. All dollar amounts are rounded

down. On March 12, 2024 you can vote to increase your taxes, by how much depends on how the majority votes on some money appropriating articles for both town and schools.

Frank Campana, Weare

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**MARCH 12
ELECT**

**JOHN
ROBERTSON**

**ANTRIM
SELECTMAN**

PAID POLITICAL AD

**Voters
of Antrim!**

On Tuesday, March 12,
vote at Town Hall for

**William
BRYK**

for
Selectman

Paid for by Friends of William Bryk



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TANK EXCHANGE



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HOURS: 8am-8pm 7 days a week!
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PRICES EFFECTIVE:

March 9 thru March 15, 2024

BLOCK BUSTER SAVINGS!

St. Patty's Day Favorite!



38¢ LB
Crisp
Green Cabbage

\$6.48
1 lb. Pkg. 26-30 ct. Frozen
Sea Best Tail-On Cooked Shrimp



\$2.48
10.5-10.9 oz. Selected
General Mills Lucky Charms Cereal
Limit 6

St. Patty's Day Favorite!



\$5.48 LB
Deli Sliced
Kayem Macaroni & Cheese Loaf



\$2.48
10-16 oz. Selected
Cascadian Farm Organic Vegetables
Limit 6




\$1.98
5 lb Pkg.
New England Grown
Country Roots Yellow Potatoes


St. Patty's Day Favorite!



\$2.98
14-32 oz. Selected
McCain Frozen Sides
Limit 6



\$3.99 LB
USDA Select Beef
Bottom Round Pot Roast



\$5.29 LB
Fresh
Corned Beef Flats

St. Patty's Day Favorite!



\$3.69 LB
Fresh
Corned Beef Point Cuts

St. Patty's Day Favorite!



\$1.99 LB
Fresh, Boneless,
Family Pack
Jumbo Chicken Breast



\$12.99 LB
Deli Sliced
New England Traditions Corned Beef or Pastrami

St. Patty's Day Favorite!



\$4.99
16 oz. Pkg.
Irish Soda Bread with Raisins

St. Patty's Day Favorite!



Happy St. Patrick's Day!

OWN BRAND



\$4.99
10 ct. Pods or
10-12 oz. Bags Selected
Wide Awake Coffee

\$2.99
9.2-13.8 oz. Selected
Kellogg's Snack Crackers



\$3.99
9-14 oz. Selected
Sorbet, Bars or
Häagen-Dazs Ice Cream



Grocery

St. Patty's Day Favorite!



15 oz. Selected
Hormel Chili with Beans

2/\$4

14 oz. Selected
Hormel Hash



10 oz. Selected
Ro*Tel Canned Tomatoes

2/\$3



18.5-19 oz. Selected
Food Club Traditional Soup

2/\$4

Post- 11-22 oz. Selected
Honey Bunches of Oats Cereal

\$2.99

Cabot- 11 oz. Selected Farm
Mac & Cheese

Bisquick- 10.6 oz. Shake'n Pour
Buttermilk Pancake Mix

\$3.79

Silver Floss- 14.4 oz. Selecte
Sauerkraut

Ronzoni- 12-16 oz. Selected *Excludes Gluten Free
Pasta

2/\$3

Tuttorosso- 28 oz. Selected
Canned Tomatoes

Barilla- 10-14.5 oz. Selected Protein+ or
Gluten Free Pasta

\$2.79

Hormel- 15 oz.
Chili without Beans

Success- 12-14 oz. Quinoa or Selected
Rice

\$2.79

Kraft- 16 oz. Selected
Dressing

Drinks



Gallon Selected
Hawaiian Punch Drinks

2/\$5
+Dep
Where App.



Gallon
Poland Springs Water

Specialty

McCann's Irish Oatmeal



St. Patty's Day Favorite!



\$4.99

3.53 oz. Original
Colman's English Mustard



9 oz. Original
HP Sauce

\$4.99



7.05 oz.
Jacob's Cream Crackers

\$1.79

Not ALL items available in ALL stores

We reserve the right to limit quantities & correct typographical errors. Items are while supplies last & no rain checks. Due to current market conditions, item retails may change & products may become unavailable unexpectedly. Illustrations are for design purposes only!

House



2/\$5




5 oz. Can, in Water
Chicken of the Sea Solid White Albacore Tuna

4/\$5



89¢



15.5 oz. Selected
Food Club Canned Beans



\$3.49



Hunt's- 20 oz. Squeeze
Ketchup

\$1.99



\$1.79



King Arthur- 18-24. Flour, Bread Mix or
Gluten Free Baking Mix

\$5.99



2/\$4



King Arthur- 16-22 oz.
Muffin, Brownie, Cookie or Selected
Gluten Free Cake Mix

\$4.79



2/\$5

\$2.99

Snacks



2/\$6



9.5-13 oz. Selected
Nabisco Chips Ahoy! Cookies



2/\$9



6 oz. Selected
Funyuns Snacks



2/\$9




6.5-10 oz. Selected
Cheetos Snacks



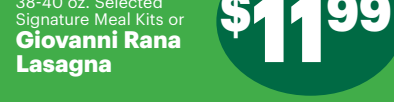
\$3.49



1 ct. Hubba Bubba, Selected Eclipse or
Orbit Gum



2/\$4



5.5-5.75 oz. Selected
Lay's Stax Chips

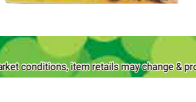


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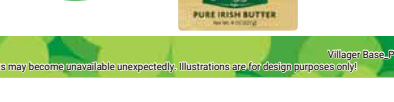


6 oz. Selected
Blue Diamond Almonds

Dairy & Frozen



10/\$10



5.3 oz. Selected
Brown Cow Whole Milk Yogurt



\$4.49



8-10 oz. Selected
Cascadian Farm Organic Fruit

\$2.99

48 oz. Selected
Food Club Premium Ice Cream

\$2.99

7-8 oz. Selected Shingle Pack or
Cabot Cheese Slices

\$3.99

32 oz. Selected *Excludes Greek
Stonyfield Organic Yogurt

\$8.99

26 oz. Selected
Willow Tree Chicken Pie

\$2.99

38-40 oz. Selected
Signature Meal Kits or
Giovanni Rana Lasagna

\$3.99

8 oz. Selected
Kerrygold Pure Irish Butter

\$11.99

St. Patty's Day Favorite!

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GENERAC



For the second time in a month Newbury Fire Rescue 1 and Newbury Police responded to Sunapee State Park Beach to set up a landing zone for the DHART medical helicopter. An injured person from Mount Sunapee was transported from the mountain to the landing zone by New London Ambulance and to Dartmouth Hitchcock Medical Center by helicopter (left photo). Salisbury Fire and Penacook Rescue responded to a motor vehicle accident in the area of 474 Old Turnpike Road in Andover (right photo).



Area School Districts Comparative Teacher Salaries

School District	BA Starting	BA 6 years	MA Starting	Masters 12 Years
Concord	\$51,560	\$65,076.	\$56,276	\$87,995
Hillsboro-Deering	\$48,163	\$55,832	\$56,694	\$78,477
Henniker	\$45,749	\$50,727	\$57,093	\$68,207
ConVal	\$43,000	\$48,000	\$48,000	\$59,000
Hopkinton	\$42,933	\$54,525	\$47,484	\$73,502
Goffstown	\$42,929	\$49,767	\$48,446	\$67,059
Bow	\$42,913	\$52,226	\$47,802	\$73,560
Kearsarge	\$41,181	\$51,368	\$46,325	\$67,954

James Faulkner Elementary students studying Stoddard History

Fifth graders at James Faulkner Elementary School have been actively learning about Stoddard's history during this exciting 250th-anniversary year celebration of the town. Most recently, they visited the Historical Society of Cheshire County as part of the Celebrate Stoddard 250 events.

"We wanted our students to learn more about local history and engage in historical thinking through hands-on study of primary sources. We started with a walking field trip to the Stoddard Historical Society in December and were excited to extend their learning even further with a visit to the larger collection of Stoddard-related artifacts and documents at the Historical Society of Cheshire County. It was a wonderful opportunity for students to gather evidence to deepen their thinking," commented 5th-grade teacher Maggie Forrestall. "During the visit, students investigated their individual research questions related to the essential question, 'What is the biggest change in Stoddard history? How do you know?'"

"The historical society often works with regional edu-

cators to provide students with an opportunity to engage with primary sources and make inferences about the past," said Jenna Carroll, Director of Education for the Historical Society. For James Faulkner 5th graders, we gave a behind-the-scenes tour of our facility and showed them the work we do to preserve the history of 23 towns in Cheshire County."

Ms. Carroll and the Society's Executive Director Alan Rumrill did a youth curator activity where the students wore white gloves and worked in teams to observe touchable artifacts from the early 1800s to determine their use. Later in the visit, artifacts, historic photographs, and original documents related to Stoddard's history including those related to agriculture, logging, summer camps, and schooling were brought out for the students.

Mrs. Forrestall's 5th graders are using the research they gathered on this trip to write a piece they will share at the Celebration of Learning on June 5th at the James Faulkner Elementary School in Stoddard; this is one of Stoddard's 250th Celebration events.

Accident closes Route 103 in Newbury Saturday

Newbury Fire Rescue and Newbury Police responded at 8:00 a.m. last Saturday to a report of a vehicle off the road on Route 103 near Mountain Road. Upon arrival, crews found several vehicles, including a tractor trailer, stuck on the hill and a vehicle off the road, down the hill. Responders had to put on spikes over their boots to

walk on the ice coated road. The driver of the vehicle was found to be uninjured.

Both lanes of the road were coated with ice so it was decided to close Route 103 until the Newbury Highway crew could sand all lanes of the roadway and a wrecker could pull the vehicle back onto the road and tow it away.



New London Firefighters attend in-house monthly trainings. Recently they were out in Georges Mills Harbor training on various ice rescue techniques, ranging from utilizing throw bags of rope from shore, to performing in-water rescues (left photo). The Sunapee Fire Department held its yearly Ice Water Rescue Training in George's Mills Harbor and conducted multiple scenarios using different tactics to rescue a victim from the water (right photo).

Franklin father capsizes canoe with two children aboard

Two children ages 3 and 5 were hospitalized last Friday after the canoe their father was paddling capsized in frigid winter waters in downtown Franklin. One child, who was not breathing and whose heart had stopped, was airlifted for life-saving measures.

The father, Michael Stewart, 28, was charged with operating the vessel while intoxicated.

Franklin Police received a call that an unidentified man in the area of the Public Library was screaming for someone to call 911. The man, later identified as Stewart, had been canoeing with his two young children on the Winnepesaukee River when the canoe capsized and all three occupants were dumped into the water.

Franklin Police Sgt. Forrest Walker responded, entering the water and seizing both children before handing them off to another officer.

The children were then treated by city fire and EMS. One child whose heart had stopped and was not breathing, according to fire officials, was taken by helicopter to Dartmouth Hitchcock Medical Center in Lebanon. The other child was treated locally at Concord Hospital at Franklin. The child being treated in Franklin was conscious and interactive, while the child at DHMC was still undergoing treatment.

According to Saturday morning Facebook posts from an account matching the mother's name, the child at DHMC was showing no signs of brain or heart damage but was sedated and receiving oxygen assistance.

Sgt. Walker was treated for hypothermia and released.

No additional charges had been filed against Stewart and the incident was still under investigation.

Henniker man pleads guilty to abandoning injured girlfriend



Thomas Hanley of Henniker is facing one year in jail after pleading guilty to charges that he left his girlfriend's body on the side of Interstate 89 after she jumped out of a moving vehicle.

Hanley, 31, pleaded guilty at the Merrimack County Superior Court on Monday to charges of stalking and conduct after the accident for leaving his girlfriend, Gina Maiorano, on the side of the road after a fatal accident in June. On June 5, when Hanley was behind the wheel of his white Chevy Tahoe,

Maiorano jumped out of the moving vehicle, sustaining fatal injuries.

Hanley "failed to stop" or provide information on the incident, according to court documents. Police were alerted after a passerby noticed a body in the breakdown lane of I-89 North near Exit 4 in the town of Hopkinton. It wasn't until a passerby spotted Maiorano's lifeless body in the breakdown that authorities were alerted. Hanley later told his father that he didn't stop because he was high on meth.

Autopsy reports found Maiorano's cause of death as blunt force trauma to the head. She was 27.

Man guilty of gun charge related to Franklin double homicide



Justin Gebo, 29, of Belmont plead guilty last Tuesday to gun charges tied to a double homicide in Franklin.

Gebo pleaded guilty to possession of a firearm by a convicted felon. Investigators said that in June, they found a gun belonging to Gebo at a home in Franklin where a mother and her young daughter were

shot and killed. They said that was the gun he bought on Snapchat. It's unclear if it was the weapon used in the killings.

In Franklin, Jamie Bell shot his fiancée, Nicole Hughes and their 1½-year-old daughter, Ariella, before killing himself. Court documents allege that Gebo and Bell were childhood friends. Gebo faces up to 20 years in prison. He is scheduled to be sentenced in June.



ANTRIM: Investors take notice! Sellers bought this property 5 years ago to renovate, but after some improvements have decided not to finish. Was 3 bedroom, 2 bath on two parcels. Town water, sewer, near business district. Lovely view, brook on property. **\$199,900**

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A HOME ENERGY AUDIT: PART III



By: Joyce Bosse

Find a home energy professional to help you obtain a more detailed energy audit by visiting Home Performance with ENERGY STAR® at energystar.gov/hpws.

You'll be able to find local programs that work with qualified, vetted contractors trained to diagnose and improve your home according to the latest building technologies and standards. Home Performance with ENERGY STAR programs are required to have the quality of the contractors' work checked by third parties to make sure homeowners receive services that comply with industry standards and program requirements. Programs may be able to help you find rebates, a low-interest loan, or other financial incentives.

You can also obtain detailed audits and contracting services from home energy professionals certified by the Residential Services Network (resnet.us) or the Building Performance Institute (bpihomeowner.org). Some utilities may operate programs that offer assessments and may provide access to contractors who work with the utility.

You can use the Home Energy Saver tool to conduct a do-it-yourself audit. Home Energy Saver can also help you plan next steps following your DIY energy audit (hes.lbl.gov/consumer).

After you know where your home is losing energy, use your findings to make a plan. Create a whole-house, systems-based plan that considers how any one change will affect the energy efficiency, comfort, durability, health, and safety of the whole house. Remember that changes in your energy usage habits are important, but a plan that considers how all features of your house work together can achieve the greatest savings.

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No landline? No problem! While traditional alert systems require a landline, with the MobileHelp system, a landline is not necessary. Whether you are home or away from home, a simple press of your help button activates your system, providing the central station with your information and location. Our trained emergency operators will know who you are and where you are located. If you're one of the millions of people that have waited for an alert service because it didn't fit your lifestyle, or settled for a traditional system even though it only worked in the home, then we welcome you to try MobileHelp. Experience peace of mind in the home or on the go.

GET OUR SPECIAL OFFER NOW:

- ✓ FREE EXPEDITED SHIPPING*
- ✓ FREE ONE MONTH SERVICE*
- ✓ 50% OFF AUTO FALL DETECT*
- ✓ plus FREE EQUIPMENT TO USE!



Places where your Help Button will work	MobileHelp	Traditional Help Buttons
At Home	✓	✓
On a Walk	✓	✗
On Vacation	✓	✗
At the Park	✓	✗
Shopping	✓	✗

MobileHelp Features:

- Simple one-button operation
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- Affordable service
- GPS location detection
- Amplified 2-way voice communication
- Available Nationwide



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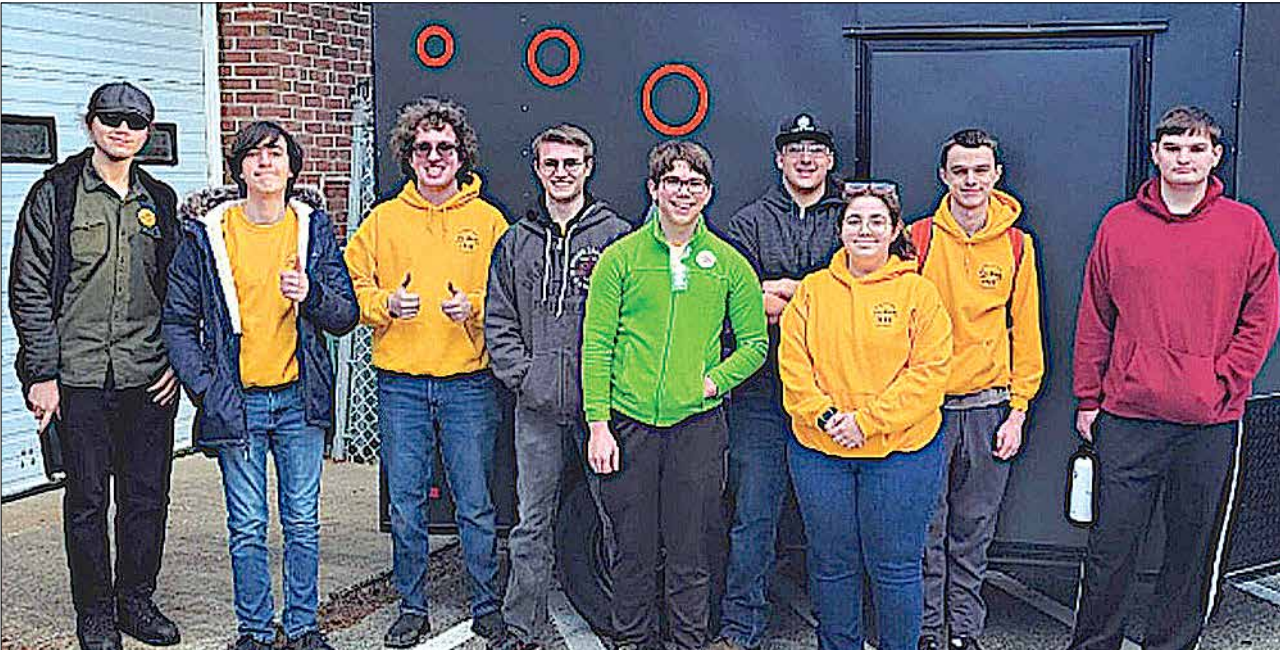


The automatic fall detect pendant that works WHERE YOU GO!

*For a limited time - promotions available for select systems and subscription plans, please call for specific details. Offers are valid for new customers and for the first year of service and cannot be combined with any other offers. \$19.95 is the monthly subscription price for a MobileHelp Classic (at home only) system. There is a one-time \$49.95 processing fee to subscribe to this plan. Equipment shown is the MobileHelp DUO (at home and on the go) system available at a higher monthly cost. Most equipment is included at no cost while actively subscribing and must be returned upon cancellation. Free one month of service offer valid with purchase of Annual plan and includes month 13 at no additional charge. Refer to terms and conditions for specific details. Depending on the promotion chosen, you may receive an additional savings of \$5.50 off the \$11 retail price of Fall Detection service. After first year, Fall Detect pricing reverts to discounted price of \$8.25/month when combined with MobileHelp Connect Premium. Fall Detection does not detect 100% of falls. If able, users should push their help button when they need assistance. Fall detection is not intended to replace a caregiver. MobileHelp is a registered trademark, patented technology. Current GPS location may not always be available in every situation on the cellular network at all times. Expedited shipping offer is for Annual plans made prior to 3 PM EST Mon-Fri. Expedited shipping is standard 2-day - no deliveries on Saturdays/Sundays or to Hawaii or Alaska. Shipping delays may occur due to situations beyond our control.

PF-SPAD050511658






Team Oz-Ram 1922, left to right: Logan Kaynak, Julian Zanetti, Bourne Spooner, Brad Dickinson, Judah Vendt, Eli Sarasin, Sara Vargas, Teddy Ehrmanntraut, Owen Horne.

Hopkinton/Stark Robotics win coveted “Imagery Award”

The Hopkinton High School/John Stark Regional High School Robotics Team, Oz-Ram 1922, competed in the New England FIRST Granite State District Competition March 1-2 at Salem High in Salem, NH. 35 teams from all around New England showcased their competitive robot and battled for a win.

Oz-Ram 1922 ranked 7th and captained the 4th seed alliance in the final rounds. They finished in 3rd place and won the coveted Imagery Award. The Imagery Award is awarded to honor the dedication to art and illustration and devotion to FIRST. This award celebrates attractiveness in engineering and outstanding visual aesthetic integration of machine and team appearance. The team was recognized for their Wizard of Oz theme—spirited costumes, pit design, and robot aesthetic featuring signature yellow components.



Sports

BOYS BASKETBALL

DIVISION II OPENING ROUND

No. 7 Bow 41, No. 10 Souhegan 34: Souhegan erased an 11-point deficit to lead by one point at halftime and by one heading into the fourth quarter, but the Saber shots that were falling from 3-point land in the first half weren't landing in the second and the Falcons made enough plays down the stretch.

DIVISION II QUARTERFINALS

No. 2 Hanover 51, No. 7 Bow 34: The Falcons ran into a strong defense in Friday night's quarterfinal, trailing 12-2 at the end of the first quarter and 24-11 at halftime. Bow cut the deficit to 31-27 late in the third quarter, but Hanover pulled away in the fourth to lock up a spot in the D-II semifinals.

GIRLS BASKETBALL

DIVISION II OPENING ROUND

No. 4 John Stark 61, No. 13 Milford 46: The Generals consistently put up points throughout the game and went on a 6-0 run to end the first quarter to build some cushion early.

No. 6 Bow 51, No. 11 Merrimack Valley 36: Bow's defense forced turnovers on the first two possessions of the game and held the Pride to just 11 first-half points in the Falcons' 51-36 victory on their home floor Wednesday night.

DIVISION II QUARTERFINALS

No. 3 Pembroke 55, No. 5 Bow 44: Although the game

was never out of reach for Bow – the Falcons even pulled to within one possession early in the fourth quarter – it was the Spartans who took home the victory, 55-44, and advanced to the Division II semifinal to face No. 2 Laconia on Wednesday.

No. 4 John Stark 59, No. 5 Pelham 56: The Generals opened up Saturday's quarterfinal with a 9-0 run and maintained a 10- to 15-point lead for the majority of the game. Pelham cut Stark's lead to a single point with 30 seconds left, but the Generals made clutch free throws to extend their lead back to three points. John Stark will play No. 1 Concord Christian in Wednesday's semifinals.

BOYS HOCKEY

DIVISION I OPENING ROUND

No. 11 Exeter 5, No. 6 Bow 1: Owen Webber put the Falcons on the board in the second period to keep Bow within a goal (2-1) heading into the third, but the Blue Hawks found the back of the net three times in the final 15 minutes to punch their tickets to Saturday's quarterfinal.

DIVISION III QUARTERFINALS

No. 6 Kearsarge-Plymouth 4, No. 3 Belmont-Gilford 3: Brennan Johnson scored the game-tying goal with 12 seconds left and Jack Swanson scored the game-winner off a deflection 4:30 into overtime to send the Cats to the D-III semifinals with an upset victory.



On Sunday, February 25, the Bradford Fish and Game Club held their annual Youth Ice Fishing Derby on Lake Todd in Newbury NH. There were 65 children and adults in attendance. Trophies were awarded in three fish categories, as well as gift certificates provided by the Tackle Shack. The Bradford Fish and Game Club provided free breakfast and lunch to all that attended. This is one of several youth activities that the Bradford F & G Club sponsors throughout the year. The next youth event is the Annual Trout Fishing Derby in May at Fishersfield Park in Newbury. Put a reminder note for this event on your calendar. The Bradford Fish and Game Club meets every first Tuesday of the month at the clubhouse at 89 Gillingham Drive, Newbury NH, and welcomes anyone wishing to join and help in club activities.



36 students accompanied by 7 adults spent two nights in Franconia Notch at the AMC's Lonesome Lake hut. As is tradition, the KRHS club invited KRMS students interested in Project CLIMB to join them for the weekend, stoking the fire for outdoor adventure in the class of 2028. The trip included hiking, cooking, playing games, and a bit of butt sledding (always a winter highlight). The sunshine and mild temperatures made for a gorgeous time in the winter White Mountains.



The Hancock Town Library's literary Peep diorama contest for 2024 is open. The deadline is March 23 for people to get their shoe boxes, buy some Peeps and turn in their book dioramas, which must be based on a book. There are three divisions: adult, children, and family. Participants do not have to be Hancock residents. For information, call 603-525-4411.

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Obituaries: Friends & Neighbors Remembered



Joyce (Wheeler) Bumford
HILLSBORO - and Arden, NC. Our loving Mother, Joyce Ellen (Wheeler) Bumford passed away peacefully at The Oaks of Sweeten Creek in Arden NC, on Feb.18, 2024 at the age of 86 years old. Joyce was a lifelong resident of Hillsboro NH, until 2020 when she relocated to NC to be near family. Joyce was predeceased by her loving husband, Clifford “Bob” Bumford; parents, Josephine Craton Wheeler Butler, father, Charles Wheeler, stepfather, Thomas Butler; sisters, Laura and Alice; and brother, “Buzzy” Charles Wheeler. She is survived by her 5 children, Ellen, Beth, Bob, David and Terri; sons- and daughters- in-law; brothers, Tom Butler and John Butler; sisters-in-law; brother in-law; nieces, nephews and cousins; 10 grandchildren and 3 great grandchildren. If donations would like to made, The Four Seasons Hospice was invaluable to her family. Four Seasons, 571 South Allen Road, Flat Rock, NC 28731 Local: 828-692-6178 Toll free. 866-466-9734.

Ruth Fischer
It is with great sadness we announce the passing of our wife, mother, grandmother, great grandmother peacefully on February 25th 2024. Ruth Fischer was born on June 29, 1935 to John and Eula Smith in Grand Falls, NB Canada. She was predeceased by her parents and two sisters, June Bertelsen and Joyce Liston. She is survived by her husband Donald Fischer of 67 years of marriage in Swanzey and her sister Barbara (Smith) Blake of RI and her brother Jack Smith of NY; also her five children Mark Fischer of Kendrick Idaho, Paula Fischer of Smyrna TN, Jeff Fischer and partner Deb Belanger of Windsor NH, Sandy and her husband George Eccard of East Washington NH and Susan and her husband Ken Boucher of Antrim NH. She had seven grandchildren Nicole and husband Ray Seegmiller, Brian Boucher and his partner Katie Brokel, Scott Fischer and his wife Tamara, Ryan Eccard and his wife Amy, Stephanie Mendonsa and her husband David, Kristi Eccard-Byers and her husband Phil, and Jake Boucher; along with 16 great grandchidren; and many nieces and nephews. Please join us on May 4th 2024, at the Washington Center Cemetery, Faxon Hill Road, Washington NH, at noon for a Graveside service then a celebration of life at the Eccardt Farm immediately following.

Paula M. Cote
NEWPORT - Paula Marie Cote, 69, of Newport, NH passed away on February 24, 2024 peacefully at home with family after her short battle with cancer. Paula was born on August 8, 1954 to Anne Francis McGowen and William George Wright in Boston Massachusetts. Paula is survived by her daughters, Cindy Stevens, Marcy Tapman-Contois and her spouse Glen Contois; grandchildren, Austin Tapman and his spouse Kelci Tapman, Ethan Tapman Contois, Emily Stevens, James Stevens, Ainsley Ash, Hudson Ash,



Ryley Kirker, Mikayla Contois, Damon Contois; great grandchil- dren, Masen Tapman, Savannah Tapman, Ganon Huot and Lincoln Huot; brother, Bill Wright, his wife Elaine Wright, and many cousins. She is predeceased by her mother, father and her best friend and cat Simon.

Samuel P. Kelly
HILLSBORO - It is with heavy hearts that the fam- ily of Samuel P Kelly announce his passing after an heroic battle with Non-Hodgkins Lymphoma. He entered peaceful- ly into eternal rest on February 22, 2024 with his loving wife Kate and family by his side. Uncle Sam was born in Canton, Illinois on February 13, 1954. He leaves be- hind Mary Kathryn Kelly, his wife of 37 years, his son Antony Kelly and his partner Sylvius of Keene, his daughter Rachael Nash of Yap, Micronesia, his beloved sisters in law Sue Kelly of Syracuse NY, Julia Jimenez of Peterbor- ough NH, brothers in law Dan Heffernan of Bow NH, Andrew Heffernan and James Sky, both of Hyannis MA. He was uncle to Sara, Scott, Jonathan, Jamie, Maggie, Ian, Erin, Ashley, Cameron, Jesse, William, Benjamin and Christopher. He was predeceased by his parents Hugh and Ida Kelly and his brother James Kelly. We will celebrate his life and lay him to rest on Friday, March 8th at the Deering Community Church at 11:00am. As a tribute to him, blue jeans and flannel shirts will be considered appropriate attire. There is a fund set up at the Bar Harbor Bank for those who wish to ease the financial burden Kate is working through. Please make checks to Mary Kathryn Kelly, in the memo note Samuel Kelly Memorial. All are welcome.

Ingrid Maria Dinter
HOPKINTON - Ingrid Maria Dinter of Hopkinton, NH passed away peacefully at the age of 58 in her home, surrounded by her family on February 20, 2024, after a 20-year-long battle with cancer. Ingrid will be dearly missed by her husband Jens and daughter Leah, her mother Helene, her sib- lings Mara and Jochen, her larger family in Germany, and friends and colleagues worldwide. A memorial service will be held on March 9th at 2:00pm in the First Congregational Church of Hopkinton, 1548 Hopkinton Road, Hopkinton, New Hampshire 03229.

Happy Birthday to Liz Sweeney!

Love, Denis, Teresa, Clara, Liam, Terence, Jess, Isabel, Nora, Ciarán, Bridget, PJ, Hannah, Seamus, Moira and Tinker



Events: Community Bulletin Board

FRIDAY MARCH 8

PENNY SALE: Hillsboro-Deering Elementary School.

Doors open at 5:00pm. First ticket drawn 6:30pm.

DRACULAR: March 8 & 9, 7:00pm at Kearsarge Regional High School. Advanced tickets \$5. At the door \$10. To reserve tickets e-mail senelson@kearsarge.org.

SATURDAY MARCH 9

FILM SERIES: "Moving Towards Healing: Exploring Social Concerns through Film". The "Fostering Community Conversations on Racial Justice" group and the James A. Tuttle Library in Antrim are sponsoring a monthly in-person film series. Films will be shown at 10:30am on the second Saturday of the month; each will be followed by a community conversation. On Saturday March 9, the film will be Best of Enemies, a drama set in Durham, North Carolina, in 1971 focused on school integration. It is based on the true story of a civil rights activist and a Ku Klux Klan leader and how they learned to understand each other better.

TUESDAY MARCH 12

VOTE: Town and School District Elections in your town. Do your part - get out and vote. If you don't vote, don't complain about the results.

THURSDAY MARCH 14

NEWPORT CHAMBER: Annual Meeting and Awards Ceremony from 5:30-7:30pm at the Newport Moose Family Center at 18 Golf Club Road, Newport. Join us to celebrate the Students of the Year, Gabe Merritt and Annie Renner, the Non-Profit of the Year, Newport Moose and Family Center, the Business of the Year, LaValley Building Supply and the Citizen of the Year, Virginia "Biddy" Irwin. Tickets are on sale for \$25 and can be purchased at New London Copy Specialists in Newport. We look forward to an evening of honoring these well deserved awards.

NEW BOSTON HISTORICAL SOCIETY: invites you to "How Electricity Changed Rural NH Life" at 7:00 pm in the New Boston Community Church. The popular NH Humanites Council Speaker Steve Taylor's latest presentation will be his 7th in New Boston. This presentation is free. Refreshments to follow afterwards in the Historical Society museum.

TUESDAY MARCH 19

ENVIRONMENTAL LECTURTES: The 2024 Cottrell-Baldwin Environmental Lecture series takes place Tuesdays, March 19 - April 9, from 7-8:30pm at Fox Forest's Henry I. Baldwin Environmental Center, 309 Center Road in Hillsborough. This year's topics and speakers are: "The Forgotten Forest Primeval," film by Ray Asselin, with Q&A by the N.H. Natural Heritage Bureau's Jessica Bouchard; March 19 "Remember Winter?" film by and discussion with Gabriel Andrus; March 26 "A Forest Carbon Primer," presentation and discussion with University of Vermont Professor Tony D'Amato; April 2 "The Promise of Building Big with Wood: An Environmental and Economic Answer," presentation and discussion with UNH Cooperative Extension Forest Industry Specialist Andy Fast; April 9. There is no cost to attend, but space is limited and registration in advance is appreciated.

FRIDAY MARCH 22

MONADNOCK CONSERVANCY: invites the public to Stories About This Place at the Peterborough Town House. The doors will open at 6:00pm and the program will run from 6:30- 8:30pm. The event is free, in-person, and open to the public.

THURSDAY MARCH 28

MAUNDY THURSDAY: 7:00pm at Smith Memorial Church (30 West Main St, Hillsboro). The Hillsboro Methodist Church and Smith Memorial Church remember this solemn night with a Tenebrae Service and Communion.

FRIDAY MARCH 29

GOOD FRIDAY: 3:00pm procession with a cross from the Hillsboro Methodist Church to Smith Memorial Church (30 West Main St, Hillsboro) for a worship service on the 7 Last Words of Christ at 3:15pm.

SUNDAY MARCH 31

SUNRISE SERVICE: The traditional community Easter sunrise service is at Intrepid Farm on Center Road (near Fox Forest) at 6:00am.

EASTER WORSHIP: at Smith Memorial Church (30 West Main St, Hillsboro) begins at 10:30am and is followed by a special Easter egg hunt for the children.

SATURDAY MARCH 23

EASTER COOKIE WALK: 9:30am -12:30pm at Town Hall. Come join The Warner Historical Society for a Sweet Treat. Cookie Boxes \$10/each and Cookie Bags \$5/each. We will also have a surprise guest ... The Easter Bunny!

SATURDAY MARCH 30

RABIES CLINIC: 12:00pm-2:00pm Bessie Rowell Community Center Franklin. All dogs must be on a leash, all cats must be in carrier. \$15/dog or cat.

SATURDAY APRIL 6

LINE DANCE LESSONS: Hillsborough American Legion ages 16+ 4:00pm - 7:00pm, 21+ 7:00pm - 9:00pm. \$10 proceeds fun scholarships for community youth.

INDOOR FLEA MARKET AND CRAFT SALE: to benefit Pillsbury Public Library 9:00am - 2:00pm at Warner Town Hall. Free admission.

SATURDAY APRIL 13

COMEDY NIGHT: The Police Officers Association of Hopkinton is excited to announce the 2nd annual comedy show to be held at the American Legion off of Bound Tree Road in Hopkinton. Tickets will be on sale shortly. \$25.00 per person, 8 tickets will fill a table. Cash bar and finger foods will be available for purchase. Cash is preferred and there is an ATM on site.

SATURDAY APRIL 27

ANNUAL 5K RUN/WALK: The Franklin VNA and Hospice is hosting our 1st Annual 5k Run/Walk, starting at 9:00am. The Race will begin/end at the Paul Smith Elementary School, 41 Daniel Webster Dr. in Franklin, NH. All proceeds will help benefit the Franklin VNA and Hospice and the families and patients we serve. Run as an individual, or as a team. See how much you and your team can raise. Donations are greatly appreciated. Let's lace up those sneakers for a great cause!

THE RIGHT WAY TO BRUSH



Dr. Esin Narli

Q: Is there a recommended technique for brushing teeth?

A: As with just about any human activity, there are ways to maximize the quality of the outcome. So experts have suggestions on the right way to brush your teeth. Divide your mouth into quadrants, thinking of right and left sections on top, and the same on the bottom. And think of each quadrant having an inside and outside, for a total of eight sections. Brush each of those sections separately.

The back teeth are the hardest to clean, so start with them. To get at the outside surfaces of the back teeth, open your mouth only slightly. Otherwise you will stretch the cheeks taut against the teeth and impede the movement of the brush. In each of the sections, tilt the brush to a 45-degree angle to brush where the tooth and the gum meet. You want to make sure the brush's bristles work their way into the groove – also called the sulcus – where tooth and gum meet.

Keep the brush horizontal and the strokes short, a quarter inch or so, as you brush the teeth. Move to the next section and repeat. After brushing, rinse your mouth thoroughly with warm water. Talk with your dentist about the right way to brush your teeth and how to supplement brushing with flossing and with any other steps he might recommend.

• • •

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BY SARAH CHAPIN

Chronic obstructive pulmonary disease patients newly prescribed non-benzodiazepine benzodiazepine receptor agonists (NBZRAs) such as zolpidem (Ambien, Intermezzo and other brands), a class of hypnotic drugs prescribed for insomnia, did not have an increased risk of exacerbations requiring hospitalizations or of death over those prescribed other types of hypnotics, according to research published at the ATS 2023 International Conference. Among the other hypnotics were melatonin, ramelteon (Rozerem), trazodone (Desyrel, Oleptro) and doxepin (Silenor, SINEquan). When compared to those without hypnotic drug prescriptions, however, the researchers found a greater risk of death or exacerbations.

• • •

Prescription opioid use could have a negative effect on cognitive function in older adults, according to a recent Mayo Clinic study published in the *Journal of the American Geriatrics Society*. The population-based observational study used data from the Mayo Clinic Study of Aging, a research initiative examining the cognitive decline in older people for nearly 20 years. The study found that 70% of participants received at least one opioid prescription over an average of 7.5 years. Each prescription was linked to declines in cognitive performance, particularly in memory, language and attention. Those receiving opioids also had a 20% higher chance of developing mild cognitive impairment, a state of cognitive decline that exceeds normal aging.

• • •

Vitamin D deficiency could be the reason African-American men experience more aggressive prostate cancer at a younger age compared with European-American men, new research, published in *Cancer Research Communications*, suggests.

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2021 JEEP WRANGLER UNLIMITED SPORT

Eco-Diesel, Convertible Hardtop, Bluetooth, iPod/MP3 Input, Back-Up Camera, More!
Stk# X1211

ONLY \$34,990



Night Edition

2017 RAM 1500 SPORT CREW CAB

4x4, Sunroof, NAV, Heated Leather Seats, Back-Up Camera, iPod/MP3 Input, More!
Stk# 3J012A

ONLY \$24,890



Very Clean!

2017 JEEP GRAND CHEROKEE LIMITED 4X4

SiriusXM, Radio, NAV, Rear View Auto Dim Mirror, Touchscreen Display, More!
Stk# F1519A

ONLY \$18,490



Like New!

2021 FORD F-150 TRUCK SUPERCAB STYLESIDE

Low Miles! Remote Start, Back-Up Camera, iPod/MP3 Input, More!
Stk# 4J029A

ONLY \$38,490



One Owner!

2021 SUBARU FORESTER PREMIUM

Sunroof, Heated Seats, iPod/MP3 Input, Satellite Radio, Back-Up Camera, More!
Stk# 4J019M

ONLY \$21,990

*See sales associate for details

Classifieds

COMMERCIAL FOR RENT

HENNIKER: PROFESSIONAL OFFICE OR BUSINESS SPACE
– Excellent location on Route 114 in downtown Henniker.
Good visibility, off-street parking. 428-3262, days.

FOR SALE

HASSOCK AND OTTOMAN: Large Chocolate Brown Hassock and Ottoman. 42' wide, X 35" deep x 20" high on Casters. Converts to single bed. Purchased new. Very good condition \$225. Call 603-478-5327.

FREE

FREE TO GOOD HOME: Cute English Bulldog pup ready for a new home. Free to a caring family.
Contact: danapinzke17@gmail.com

HELP WANTED

PT KITCHEN COOK WANTED: Friendly, laid back environment. Breakfast and/or Day Cook hours. Cooking in our kitchen is like cooking for a big family. Call us @ (603) 464-5561.

Advertise your business in our

Adopt-A-Pet Special Section

Coming soon!
Call 464-3388



Granite Quill Publishers
246 West Main St., Hillsboro, NH



HELP WANTED DELIVERY DRIVER

Deliver The Messenger to Hopkinton, Bradford, Warner, Newbury, Sunapee & New London

Friday Mornings:

Approximately

4 hours. \$100/week.

Call 464-3388 for interview.



HIRING Home Health Care/ Monitoring for retired gentleman in Antrim

Four hour (evenings, 5-9pm) and seven hour (weekends, 8am-3pm) shifts available, \$20 per hour. Other incentives available.

Weekend drivers needed. Immediate openings.
Call Jon at 603-588-2427.

PUBLIC NOTICE EMERALD LAKE VILLAGE DISTRICT

2024 Loan / Bond Hearing & Budget Review - March 21, 2024 @ 6:30 PM

Emerald Lake Village District will hold a Loan / Bond & Budget Hearing on Thursday, March 21, 2024 at 6:30 p.m. at the Emerald Lake Village District office, 147 West Main Street, Hillsborough, NH. The purpose of the hearing is to discuss a loan from the Drinking Water State Revolving Loan Fund in the amount of \$1,300,000 to be used for water main replacements. Additionally a review of proposed warrant articles will occur.

.. FOR RENT .. Prime, highly visible West Main St. location!

Large Dedicated Office or Retail Area
Plus Shared Conference Room,
Kitchenette & Bathroom.
\$750/Month Electricity Included.

Call 603-464-4467 for a showing!

TOWN OF DEERING, NH EMPLOYMENT VACANCY

Road Agent/Highway Superintendent- Full time

This position is responsible for the supervision and management of the Deering Highway Department. The position provides direct supervision and policy direction to employees as approved by the Town Administrator and Board of Selectmen. Establishes short- and long-range plans, goals, objectives, policies, regulations, and procedures based upon the road needs of the town and the department.

Please send Cover Letter, Resume, and Applications to:

Town of Deering

Attn: Town Administrator

762 Deering Center Rd., Deering, NH 03244

administrator@deeringnh.gov

The Town of Deering, NH is an Equal Opportunity Employer.

Deadline: March 15, 2024

PUBLIC NOTICE HILLSBORO-DEERING SCHOOL DISTRICT

The **Hillsboro-Deering School Board** will hold a **Public Hearing** on **Monday, March 18, 2024**

at **5:45 pm** in the **Hillsboro-Deering Elementary School Media Center**.

The purpose of the Hearing is to accept and execute the Theresa Duggan Brodrick Scholarship in the amount of \$28, 208.

*Get into the Spirit
of your community*



Join us at the Country Spirit and the Spirit will donate 10% of your bill to the Henniker Area Rotary Club!

MARCH 27, 2024 4:00 to 7:00

— Reservations Requested —

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Big March Savings!

Valid March 1-31, 2024

* Ace Rewards® Exclusive Instant Savings ("Instant Savings") amount is available only to Ace Rewards members (see store for details). Where applicable by law, tax is charged on the sale price before application of Instant Savings. You must present proof of Ace Rewards Membership to receive Instant Savings. Instant Savings listed in this advertisement are valid through 11/30/22, at participating stores.

SALE

YOUR CHOICE

RED HOT BUY

11⁹⁹

Each

Ace® Steel Tine
or Poly Tine
Leaf Rake

74978,
7502917



SALE

2 FOR

RED HOT BUY

22⁰⁰

Ace® Wild Bird
Food, 20 Lb.

81995
\$11.00 each.



SALE

RED HOT BUY

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Ace® Black Oil
Sunflower
Seed, 20 Lb.

81121



SALE

2 FOR

RED HOT BUY

13⁹⁹[‡]

MIX & MATCH

Rust-Oleum®
Painter's Touch®
2x Ultra Cover®
Spray Paint +
Primer, 12 Oz.

Assorted colors and finishes.
‡MUST BUY 2 OR MORE



SALE

YOUR CHOICE

RED HOT BUY

21⁹⁹

Each

Ace® Fiberglass
Handle Yard &
Garden Tools

7011273, 7012818,
7012859, 7011414





Beat The Spring Rush!
March Special...

10% off

All Screen & Window Repairs

SALE

RED HOT BUY

7⁹⁹

Pennzoil® Platinum®
Synthetic Motor Oil, Qt.**

Assorted weights available.
8106411, 8413908, 8498834,
8063885.
Multi-Grade, Synthetic Blend
or High Mileage Oil, Qt.,
8165169, 8120453, 84382, 84383,
89703, 84381...SALE \$5.99 each. **Not all eligible products are pictured.



SALE

RED HOT BUY

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Ace® 6 Cu. Ft.
Dual
Wheel Steel
Wheel-
barrow

7331721



\$16.99 - \$3 ACE REWARDS EXCLUSIVE*

RED HOT BUY

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Each

YOUR CHOICE

Iron-Hold® Heavy
Duty Contractor
Trash Bags

42 gal., 20 ct. or 55 gal.,
15 ct. 6093082,
6038574
Limit 3 each at this price.



SALE

3 FOR

RED HOT BUY

12⁰⁰

Mrs. Meyer's® Clean
Day Dish Soap, Hand
Soap or Multi-
Surface
Cleaner

\$4.00 each.



BUY THIS
GET ONE OF THESE
FREE

RED HOT BUY

Milwaukee® M18™
Power Tools (bare tools)

A. Reciprocating Saw, 2802023
B. Oscillating Multi-Tool, 2808962
C. Circular Saw, 2808970
D. Cut-Off/Angle Grinder, 2030592
E. Random Orbit Sander, 2808988. NO LIMIT.

UP TO \$149.00 VALUE

199⁹⁹

Milwaukee® M18™
FUEL™ REDLITHIUM™
Extended Capacity
Battery & Charger

2809424



SALE

RED HOT BUY

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Each

Flex Seal®, Flex Paste®,
Flex Tape® or Flex Glue®
Rubberized Sealants

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6018525, 6715163, 6015027, 6295950,
6406383, 6406391, 6664999, 6665004,
6004383, 6715171, 6004382. Flex Shot®
Rubberized Caulk & Sealant, 6266985,
6266993...SALE \$16.99 each.

