

The Messenger

"Your Local Weekly Since 1869 ♦ A Tradition Worth Keeping"

Free ♦ Our 154th Year ♦ Issue 12 ♦ March 22, 2024



Boston Post Cane Awarded

On March 9th, it was the great honor for the New Boston Select Board to present Frances Byam Towne, New Boston's newest oldest citizen, with the prestigious Boston Post Cane. Her name will also be engraved on a permanent display at the Historical Society. We congratulate her with our very best wishes.

This week in history

March 23, 1957

U.S. Army sells its last homing pigeon

March 24, 1839

"OK" enters U.S. vernacular

March 25, 1911

Fire kills 146 people at Triangle Shirtwaist factory

March 26, 1997

Heaven's Gate cult members found dead

March 27, 1973

Marlon Brando declines Best Actor Oscar

March 28, 1979

Nuclear accident occurs at Three Mile Island

March 29, 1917

Swedish prime minister resigns over WWI policy



Three people were taken to the hospital after a two-vehicle crash on Route 101 in Peterborough Monday afternoon. Michael Cloutier, 28, of Jaffrey was driving a 2015 Chevrolet truck on Route 101 near Condy Road when the truck crossed the center line and collided with a 2015 Jeep Wrangler driving west. The Jeep's driver, Timothy Sheehan, 52, and passenger, Ronald Slaga, 41, both of Dracut, Mass., were taken to Elliot Hospital in Manchester for serious but non-life-threatening injuries. Cloutier was taken to Monadnock Community Hospital in Peterborough.

ConVal Consolidation Plan rejected

Elementary schools in Bennington, Dublin, Frankestown & Temple remain open

Voters in the nine towns of the



Contoocook Valley School District on Tuesday defeated a plan that would allow the school board to close up to four elementary schools in Bennington, Dublin, Frankestown and Temple to address declining student enrollment.

The proposal to consolidate schools was rejected by 2,572 (55%) of those voting compared to 2,145 (45%) who supported it. The proposal required a two-thirds majority vote to pass.

The ConVal school district has seen steadily declining student enrollment with more than half of the district's 1,540 elementary school seats now empty, according to October

student enrollment figures and a hired consultant's report.

The district comprises Antrim, Bennington, Dublin, Frankestown, Greenfield, Hancock, Peterborough, Sharon and Temple. Its 1967 Articles of Agreement requires elementary schools exist in eight of its nine towns. Sharon sends its elementary students to Peterborough.

The warrant article sought to amend the district's founding agreement to give the school board the authority to close up to four of the elementary schools in Bennington (68 students enrolled), Dublin (61 students enrolled), Frankestown (45 students enrolled) and Temple (33 students enrolled). Elementary schools in Antrim, Greenfield, Hancock and Peterborough could not be closed.

Voting tended to range by commu-

nity, with small towns who are basically the ones under consideration for consolidation saying no and the big towns who are saying yes. In Temple, for example, the K-4 school enrolls about 33 students and over 90 percent of the people in that town voted to keep the school. But Peterborough residents voted 1,048 to 349 to pass the article. And Greenfield voters supported the warrant article 224 to 99.

The ConVal school board spent more than a year studying how to address declining enrollment and consolidation. The process included hiring independent consultant Prismatic Services Inc., of North Carolina, which spent six months evaluating ConVal's situation. Prismatic estimated the ConVal school district could save \$2.4 million to \$4 million a year by consolidating elementary education at four schools.

Henniker voters approve a \$1,500,000.00 bond for Wastewater Treatment Plant upgrades

A rather sparse crowd, by Henniker standards, attended Saturday's Town meeting. The first two articles up for discussion concerned bonds which required a 3/5 vote to pass.

The first asked for \$100,000.00 to mitigate Cyanobacteria blooms on French and Keyser Bonds, to be paid with a state grant. After a proposed amendment failed, the measure passed on an 87-5 ballot vote.

The second, a \$1,500,000.00

expenditure to upgrade the town's wastewater treatment facility received an 85-3 ballot vote.

Voters also approved the proposed \$6.66 million Operating Budget, which was up 6% from last year's. A proposed amendment to trim \$18,000 from the total was rejected by a show of hands.

The only warrant article that failed was a petitioned article to increase the amount of income and assets that a person over 65

could own and still be eligible for an elderly exemption on their property taxes.

Voters did approve a petitioned article that would eliminate rental fees for using town

property from organizations "whose efforts benefit residents of Henniker."

Sunapee town meeting votes to make Recreation Director full-time

At Town Meeting, Sunapee voters narrowly (497 Yes-473 No) approved \$58,000.00 to increase the Recreation Director's role from part-time to full time (34-40/hr per week).

Also approved (498 Yes-437 No) was an article authorizing the Select Board to rent or lease municipal property for up to 5 years without further vote or

ratification by the town.

All other articles were approved, including the \$10,116,713.76 Operating Budget, \$1,050,000 to construct water mains, \$125,000.00 for a Highway Department dump truck, and \$250,000.00 to construct a garage for the Wastewater Treatment Plant's Freightliner truck.



Select Board Chair Kris Blomback (L) presented a plaque to retiring Board member Scott Osgood (R) in recognition of his many years of service on the Board.

Get into the Spirit of your Community

MARCH 27, 2024 **4:00 to 7:00**

Join us at the Country Spirit and the Spirit will donate 10% of your bill to the Henniker Area Rotary Club!

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■ The Henniker Area Rotary Club supports the communities of Henniker, Hillsboro, Weare, Washington and Windsor by giving scholarships to area students, giving grants to both individuals and area groups, helping students participate in school clubs, sponsoring the 4-Way Test Speech Contest and both Hillsboro and Henniker Food Pantries, supporting National and International causes such as the eradication of polio and natural disasters, holding a yearly low cost Rabies Clinic, putting up wreaths in Henniker, maintaining Amey Brook Park, and helping you show your patriotism with our flag program

Location of a new New London Police Station remains unresolved

The Town of New London is still in search of a location for a new police station. At last Wednesday's Town Meeting, voters, at the urging of the Select Board, tabled petitioned Article 3, seeking \$900,000.00 to purchase the "McEnroe Trust" property on Seamans Road for

that purpose.

Likewise, by a ballot vote of 169 Yes-215 No, they defeated Article 4, requiring the town to keep the police department at its current location, and spend no more money searching for a new location.

In other matters, the label-

ing of Article 3 reduced Article 10's requested \$768,882.00 for principal & interest payments by \$85,500.0 to \$683,382.00.

Article 11 was amended by adding \$30,000.00 requested \$1,000,000.00 for Conservation Land Purchases, and article 16

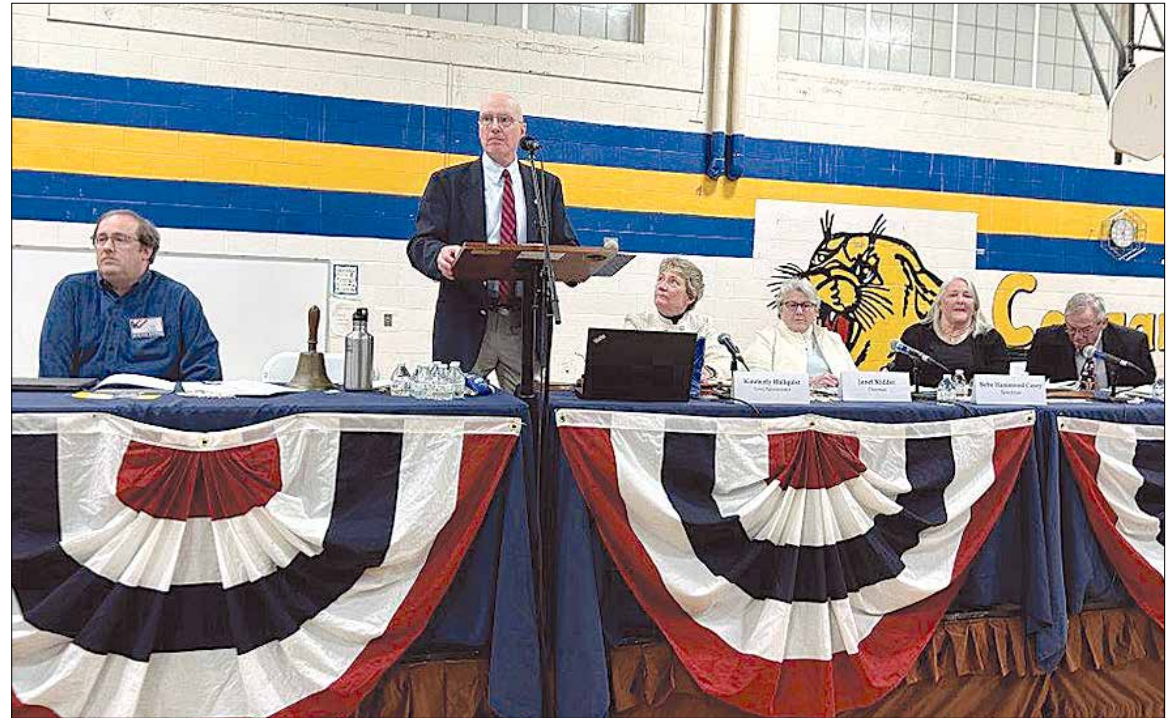
was increased from \$55,000.00 to \$77,000.00 to purchase a fire utility vehicle. All other Warrant Articles passed as presented.

Goffstown High School Science Teacher Honored



The National Science Teaching Association (NSTA) has announced it is presenting its 2023 Robert E. Yager Exemplary Teaching Award to Jaime Gratton, Lead Science Teacher at Goffstown High School. This award recognizes six full-time K-12 teachers of science who successfully use innovation and excellence in their classroom. Those chosen are teachers who share Robert Yager's passion for education and continued professional

development. The award also honors Robert Yager's effort to make excellent science education accessible to students of the 21st century and beyond.



New London voters were still lined up to sign in when Moderator Michael Todd opened the 2024 Town Meeting.



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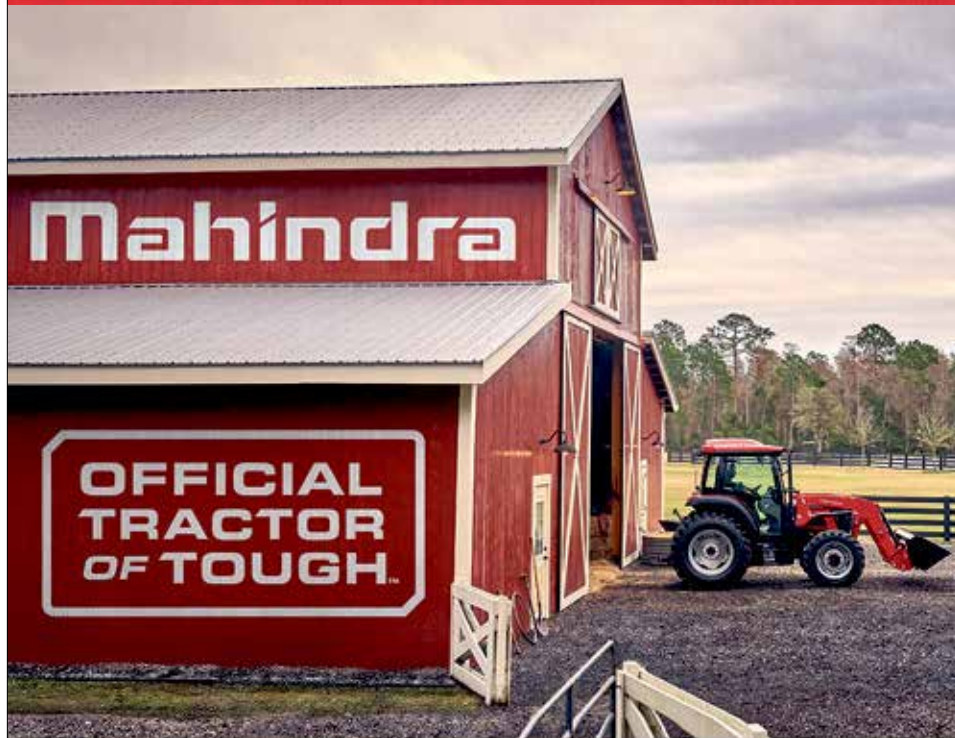
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Yesteryear *Local history as reported in The Messenger*

March 31, 2023

Teen driver dies after Stoddard crash
15-year-old boy dies in Pats Peak skiing accident
New London voters reject police facility but support other articles
Hillsborough voters refuse to accept two roads or purchase vacant lot

April 1, 2022

John Stark students participate in Model UN
Developer seeks 84 apartments & commercial buildings
Goffstown teenage killer pleads guilty to murder
New Curriculum Director & Business Manager at SAU #34

April 2, 2021

Antrim Wind critics refuse to be silenced
NH DOT exploring "Death Alley" improvements
Bennington's Bridge Street Recovery to open in June
Warner Connects seeks permission for Thrift Shop

April 3, 2020

Famous New London author Tomie dePaola dies
Union Leader features Deering's Jenna Rheault
Warner Select Board, Fire Chief discuss compensation
New Boston Police make felony arrest

April 5, 2019

Arrest made in 2008 death of New London man
Hopkinton Fire Chief bars Rescue Squad from fires
Weare man convicted of child pornography
Manchester man dies in Peterborough crash

April 6, 2018

H-D to receive \$278,439.20 Safety/Security Grant
Admitted New London child abuser reached plea deal
Drone builder \$1.8 million Government contract
Newport teacher nominated as Teacher of the Year

April 7, 2017

Sununu nominates Gordon MacDonald
Goffstown Selectmen support town's First Responders
Ben Fortner wants Aucoin fired and Blomback demoted
Threat at Belmont High found "Not Credible"

April 5, 2016

Strong opposition to para-military facility in Bradford
Goffstown couple charged with criminal threatening
LRGH announced staff reduction of 58 people
Choose Franklin working with Colby Sawyer College

April 3, 2015

New Boston joins Sheriff's Street Crime Task Force
Henniker man hospitalized after fire destroys house
Goffstown High School's Nate Bracy honored
Kearsarge Middle School student wins Geographic Bee

April 4, 2014

Police report rash of thefts in Dunbarton
Bow voters reject Public Safety Complex
Goffstown man arrested for burglary
New London Police Department reorganized

Warner voters approve free rent for Food Pantry - reject tax cap

Petitioned Warrant Articles received mixed reviews at Warner's Town meeting.

While Article 7, allowing Warner Connects which operates the Food Pantry and Family Closet to operate rent free and Article 8, directing town boards to post videos of their meetings on the town's website within two weeks passed, Articles 5, calling for a tax cap and Article 6, suspending construction of the Concord Lake Sunapee Rail

Trail failed.

Voters did approve the \$4,563,087.00 Operating Budget, and funding for the following Capital Reserve Funds:

- \$20,000.00 to Preserve Town Records,
- \$25,000.00 for Police Vehicles,
- \$47,070.00 for Bridge Repairs,
- \$100,000.00 for Highway Equipment,
- \$36,650.00 for Highway

Greenfield voters reject capital reserve cuts

Greenfield voters approved the town's \$1,368,271.00 Operating Budget as well as \$309,469.00 for the Police Department, \$200,579.00 for the Fire Department and \$671,199.00 for the Public Works Department.

A proposed amendment to reduce the amount placed in the Capital Reserve Funds by two-thirds consumed most of the meeting's debate.

The amendment would have reduced the amount placed in the fund for 2024 from \$313,500 to \$103,780 and reduced the tax impact from \$1.77 per thousand to 59 cents per thousand.

The amendment failed on a 60 Yes - 71 No standing vote.

All other warrant articles passed, including an article requesting \$447,500 for a CAT road grader.

Equipment from the unassigned fund alliance,
 \$50,000.00 for the Transfer Station,
 \$37,000.00 for Fire Equip-

ment,
 \$125,000.00 for Rescue Vehicles,
 \$115,000.00 for Property Revaluation,

\$16,000 to establish a Contingency Fund from any unassigned fund balance.
 Finally, voters approved a solar property tax exemption.



Long-time Moderator Ray Martin presided over his last Warner Town Meeting.



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Select Board member Roy Watson welcomed all to Saturday's Deering Town Meeting.

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Deering voters restore the Town Clerk/Tax Collector's salary

Deering voters faced only a two Article Town Meeting Warrant, but it still took nearly two hours to complete.

After soliciting comments on each of the 30 line items comprising the proposed \$2,435,270.00 Operating Budget, which included the Select Board's reduction to \$3,436.00 in the Town Clerk/Tax Collectors salary, Moderator Phillip Bryce was about to call the vote when a motion was made to return the \$3,436.00 and restore the original salary.

After a short debate, the amendment was passed

increasing the Budget to \$2,438,706.00, only to realize that the newly elected Town Clerk/Tax Collector needed only a single person insurance plan, rather than the family plan that was budgeted.

After a prolonged recess to determine how to handle the savings, a second amendment passed reducing the budget by \$11,969.00 to \$2,426,737.00.

The second Article passed easily allocating \$349,745.00 into 6 Capital Reserve Funds with \$100,000.00 coming from the unassigned fund balance.

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Of Counsel Paul Alfano Law Office PLLC



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Weare voters reject town budget but approve school budget

Weare voters approved two separate warrant articles concerning use of 137 acres of land purchased by the town in 2013, even though the articles seem to conflict. Article 24 would keep 20 acres on East Road, including a gravel pit, for continuing gravel pit extraction and "recreational purposes" with the rest covered by a conservation easement overseen by a regional group. However, Article 26, by petition, separates out a portion of flat land, including some used as a hay field, and also keep it for town "recreational purposes and ballfields" rather than conservation.

Both warrants were approved by narrow margins: 953-911 for Article 24 and 947-909 for Article 26.

The Select Board expects to discuss the matter at

its next meeting.

Weare residents overwhelmingly rejected an \$8.57 million municipal operating budget, up 9.3%, 1,174 No votes to 743 Yes, but approved the schools's \$10.1 million school operating budget and a two-year teachers contract that will cost an estimated \$231,000 more in the upcoming school year and \$161,000 the following year. Voters also approved, 959-870, a petitioned article that would limit all appointed positions on town boards and committees to two consecutive terms, with people not being eligible to serve again for three years.

Also approved were a new police contract and pay hikes for highway, fire/rescue and non-union personnel in town.



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Goffstown Town Meeting voters send a mixed message

By a decisive 1242 Yes - 1936 No ballot vote Goffstown Town Meeting voters rejected the proposed \$29,300,126.00 Operating Budget, triggering the Default Budget of \$27,538,537.00.

In a similar fashion, they defeated articles calling for: \$250,000.00 to be added to the Fire Department Apparatus Capital Reserve Fund, \$200,000.00 for the Library Capital Reserve

Fund, \$340,000.00 for engineering of a replacement pool & bath house at Barnard Park, and implementation of a Tax Cap. Voters disapproved \$151,752.00 to fund a new Collective Bargaining Agreement with the Public Works Teamsters, a \$96,059.00 Agreement with the Patrol Officers Association, and a with the Police Dispatchers Union. \$46,454.00.

Bennington town meeting voters approve complete warrant

Bennington had a strong voter turnout. Bennington voters approved the entire town warrant in a strong turn-out sparked by the potential closing of the

town's Pierce Elementary School. They also re-elected incumbent James Cleary in a contested Select Board race against Bethany Manley Craig.

Antrim voters approve Tax Increment Financing District and Solar Exemption

Discussion at last Thursday's Antrim Town meeting was dominated by proposed Tax Increment Financing (TIF) district in downtown Antrim.

Article 3 authorized the town to establish the district, and Article 4 specified the location of the TIF district, as Main Street from Goodell Park to Maplewood Cemetery, and from the Great Brook School in the west to the Contoocook River in the east. The Select Board was authorized to create a five member advisory board to oversee the development plan along with the district administrator and

specified that no funds from the TIF shall be expended until a subsequent Town Meeting vote and "comprehensive and specific plan."

The debate was rigorous as several residents cited a previous TIF district in Antrim, which had been established in 1999-2000, which was unsuccessful.

In the end, both articles passed.

The solar article raised questions. Also debated and passed was Article 6, asking the town to re-adopt a Solar Exemption.

All other Warrant Articles passed, including: the pro-

posed \$4,600,066 Operating Budget, \$434,900.00 deposited into Capital Reserve Funds, \$100,000.00 for improvements to the Gregg Lake Boat Launch, \$48,000.00 for Police Body Cameras and \$40,000.00 for a Fire Department Comman Vehicle.

As Select Board member Bob Edwards explained, "Chief (Marshall) Gale has been driving around in the same green truck forever. You've all seen it. He has never, not once, once put in for mileage. We begged him to get a new vehicle, and

he found a used one." The article passed with a round of applause for Gale's service to Antrim.

This year's Antrim Town Report was dedicated to local icon Eric Tenny for his 28 years of dedicated service to the town.



Antrim voters approved establishing a TIF District after a vigorous debate.

Bow voters approve \$35.7 million school budget

A small group of about 100 residents passed all school district warrant articles at Bow High School, including the \$35.7 million school budget. A large portion of the increases comes

from the interest on Bow Elementary's school bond, which was approved last year. This raises the school district's portion of the tax rate by \$1.02, which is about \$306 on a \$300,000 home.

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It was standing room only at Bradford's annual Town Meeting. Bradford results were unavailable at press time.

Bow Town Meeting voters reject proposed Noise Ordinance

The town of Bow's proposed noise ordinance was designed to address the issue of disruptive early morning construction activity sounds by placing restrictions on noise levels between the hours of 9 p.m. and 7 a.m. Many residents, however, found its language to be overly broad, with fines for any noise perceived as bothersome, regardless of its nature.

As a result, the noise ordinance failed, being the only one of the 31 warrant articles to fail.

The operating budget of \$11.4 million, down from \$12 million the previous year, was approved without comment or debate.

Voters also approved warrant articles authorizing

the Select Board to negotiate with Kearsarge Solar LLC for leasing land at Falcon Way's capped landfill and portions of Allen Way's gravel pit for solar array installation.

Most of the remaining articles passed easily, however, two articles related to the Tax Increment Finance District generated some debate. They passed with amendments, requiring that the district would retire simultaneously with the bond's retirement date.

Sandy Crystall, who served on the conservation commission for 15 years, was named the Citizen of the Year by the Bow Men's Club for efforts in environmental conservation and protection.

Dunbarton Fire Chief asks voters to reject fire truck purchase

Dunbarton's proposed operating budget of \$3.31 million passed easily, without comment or debate. With adjustments from a fund surplus and revenue estimates, the portion to be covered by taxes is \$1.88 million, resulting in a tax impact of 17 cents, or about \$51 annually for a \$300,000 home.

While discussing a warrant article proposing the purchase of a new fire truck, valued at \$900,000, Fire Chief Jon Wiggin surprised residents by asking them to oppose it. "In the 11th hour, a truck became available that we felt was going to serve the town for quite a few years. Instead of spending \$900,000, we just spent \$285,000," explained Wiggin, resulting in

applause from the audience.

William Cote and Joyce Hammond, along with Nathan Valliere and Makenna Philippon, were nominated to share the responsibilities in the time-honored tradition of Dunbarton's annual meeting, the selection of the Hog Reeves. However, neither couple was in attendance.

Before adjourning, long-time Town Clerk Linda Landry was given a standing ovation in recognition of her 28 years of service, which places her as the second longest serving town clerk in Dunbarton's history, behind David Hadley, who holds the record with 50 years of service.

New Boston town meeting voters approve all but two articles

New Boston voters approved all but two of the 24 articles on the Warrant at Town Meeting.

By a ballot vote of 695 Yes - 769 No, voters rejected Article 28's request for \$21,000.00 for new budget software to modernize the Town's budget process.

Voters also defeated Article 29, asking for

\$99,000.00 to upgrade the fire & security alarm at Town Hall, the Highway Department and Police Station. All other articles passed as presented, including the \$6,531,190.00 Operating Budget, \$489,212.00 to fund Fire Department per diem staffing and \$100,000.00 for a 3% COLA for Town employees.

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Newbury voters reject hand counted ballots and expanded septic regulations

Town Meeting voters in Newbury easily approved the proposed Operating Budget of \$6,107,938.00, funded \$130,000.00 for the Fire Equipment, \$150,000 for Highway Equipment, \$10,000.00 for the Transfer Station, and \$20,000.00 for the Recreation Facilities Capital Reserve Funds, along with the following Maintenance Expendable Trusts: \$43,000.00 Docks, \$15,000.00 Town Office

Equipment, \$50,000.00 Town Buildings, \$8,000.00 Milfoil Control, and \$30,000.00 Fire Dept. Personal Protection. Voters also agreed to establish an Expendable Trust Fund for Police Department Equipment and authorized an initial \$18,000.00. In addition, they approved a Revolving Fund for Police Special Details Wages and Benefits. \$54,639.00 was approved to purchase a 2023 Dodge AWB

for the Police Department, expecting to receive \$12,000.00 in trade for the current 2019 Ford 150. The Select Board was authorized to develop and implement

the Newbury Community Power initiative. A Petitioned Article demanding the return of hand-counted ballots was defeated as was an Article requiring

new septic tank regulations. Finally, voters authorized the Select Board to make a lot line adjustment between town land and the South Newbury Union Church.

Hancock voters approve the entire Warrant

Hancock Town Meeting voters approved the entire Warrant, including the \$3.5 million Operating Budget, which was up 3.85% over the prior years. Voters also approved \$390,210 for rebuilding the Middle Road bridge, \$19,950 to replace the heating system at the Department of Public Works and \$145,000 to lease a new

dump truck with plow. Town Meeting also approved establishing a Fogg Family Meetinghouse Clock Fund with \$20,000 from donations. Retiring, Select Board Chair Laurie Bryan was given flowers and given a standing ovation in recognition of her six terms as a Select Board member.



Newbury voters fill Spruce Hall to capacity at the annual Town Meeting.

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Opinion/Editorial

By: State Senators Kevin Avard & Dan Innis



As state legislators, we've seen it a million times - when the issue of rising prescription drug prices comes up, fingers start to point and real solutions get killed by false information and political spin. We all know that life saving medications cost too much, but people are more interested in assigning blame than they are in tackling the challenge. That's why it is so important that when there is a concrete way to bring down costs for Granite State patients, that we tune out the doomsayers and act in the best interest of the patients.

This year, there are two very important pieces of legislation that will have real, immediate results in bringing down prescription drug costs for those in greatest need. First, SB 555 increases the percentage of rebates that insurers must remit to the covered person at the point of sale to reduce out-of-pocket expenses. And second, SB 354 prohibits "accumulator" health insurance policies.

SB 555 and SB 354 both ensure that money intended to help patients actually make it to the patients, rather than being sucked into the vacuum of pharmacy benefit managers (PBMs) and insurance.

For years, benefit designs have been shifting drug costs to patients, especially for specialized drugs, through these types of plans. These are both complex programs that the average policy holder without an advanced degree in health care would never fully comprehend. But, they are costing them real dollars out of already tight household budgets each year.

In these cases, we are generally talking about financial assistance from the pharmaceutical manufacturers meant to go to patients to offset the patients' out-of-pocket expenses. Unfortunately, they are not always being applied as intended. Accumulator policies, for example, are policies built into health insurance plans that prevent these funds from being counted toward

a patient's deductible. This is money being given by a third party, to a patient, to cover a portion of that patient's prescription costs. Why would this not count toward their deductible? SB 354 would prevent insurance companies from utilizing these deceptive policies in New Hampshire.

Not surprisingly, the spin machines are out in full force to try and stop these much needed reforms. We're already hearing the tired, false argument that these common-sense reforms will raise the cost of insurance policies and end programs that they say save patients money. Let's take a moment to dispel these myths.

First, there is no evidence that these reforms will raise insurance premiums. In fact, these same reforms have been implemented in several other states and studies have shown no significant increase in premiums attributable to reforming these policies. When you hear this argument being made - and you will - please know that it is simply untrue. It is justified through fuzzy math and industry friendly projections.

Second, opponents of these bills also argue that SB 354 will prohibit "maximizer" policies. This point is true and it is the very point of this legislation. Maximizer programs are just as problematic as accumulators. Accumulators and maximizers both shift the costs of prescription drugs to the patients by not applying manufacturer support payments to the patients' deductibles. SB 354 is designed to prohibit these policies.

These two bills are not about placing blame on one segment of the health care system. It is about real solutions that will save real patients real money, and it's far past time that we take action.

Kevin Avard is a Nashua resident and represents District 12 in the NH State Senate. He is the Chair of the Senate Energy and Natural Resources Committee, the Chair of the Rules and Enrolled Bills Committee, and the Vice Chair of the Senate Health and Human Services Committee.

Dan Innis is a Bradford resident and represents District 7 in the NH State Senate. He is the Chair of the Senate Capital Budget Committee, Vice Chair of the Senate Finance Committee and serves as the Senate Assistant Majority Leader.



Hillsborough Pastor Paul O'Neil, a guest of Rep. Riche Colcombe, gave Opening Prayer at a session of the NH House of Representatives.



Alise Philbrick (L), Corrine Bovio, and Ginny Glendinning (R) assist owner Becky Philbrick (C) cut the ribbon to officially open Viral Living Wellness Center at 41 Liberty Hill Road in Henniker.

Dining Guide

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Mashed Potatoes..... **2/\$3**

Kraft- 11.9-14 oz. Velveeta & Shells or Selected
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Jif- 15.5-16 oz. Selected
Peanut Butter..... **2/\$5**

Pillsbury- 14-17.4 oz. Hot Roll
Bread Mix..... **\$2⁹⁹**

King Arthur- 5 lb. Selected
Flour..... **\$2⁹⁹**

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Gelatin or Pudding M..... **\$2⁹⁹**


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10 ct. K-Cups or 10-12 oz. Bags Selected Dunkin' Coffee

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3.5-4 lb. Golden or Pure Cane Domino Granulated Sugar

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12 oz. Selected Heinz HomeStyle Gravy

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12 oz. Selected Diamond or California- 8-16 oz. Pecans or Selected Walnuts **\$2⁷⁹** **\$5⁹⁹**

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12 oz. Selected Heluva Good! Dip

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15 oz. Selected Galbani Ricotta Cheese

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9-14 oz. Selected *Excludes Asparagus & Chopped Spinach PictSweet Farms Vegetables

2/\$4



8 oz. Selected Land O Lakes Whipped Butter

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16 oz. Selected Daisy Sour Cream

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8 oz. Bar Selected Philadelphia Cream Cheese

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48 oz. Rhodes White Bread Dough

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48 oz. Rhodes Dinner Rolls

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School Days



The John Stark Regional High School Model UN Club traveled to UNH to participate in the Model UN Conference. The John Stark club joined with 85 other students from high schools across New Hampshire and Maine for the conference. Awards received by John Stark from The General Assembly were Autumn Duquette, who received an Honorable Mention for her participation, and Morgan Locke for Best Position Paper. Left to right: Evan Browne, Rio Calle, Morgan Locke, Anna Gardner, Autumn Duquette, Jacoby Baron and Tess Mosher.



Weare Middle School Chorus students headed to the New Hampshire Music Educators Association Southwest District Festival on May 11. Left to right: Thomas Stevenson (Bass), Jordan Baker Cromwell (Tenor), Bella Yeargeau (soprano), Aimee Larrabee (Alto), Caitlyn Paulhamus (Soprano), Grace Meisser (Soprano), Sofia Griffin (Soprano), Abby O'Shaughnessy (Soprano). Not pictured are Kennedy Bauers (Soprano) and Marissah Nichols (Soprano).



This group of band students from Weare Middle School are already hard at work practicing to prepare themselves for the New Hampshire Music Educators Association Southwest District Festival on May 11th. Back row, left to right: Nick Tetro, euphonium, Rose Van Kalken, bassoon, Alexis Gelinis, mallet percussion, and Amelia Gordon, tuba; front row, left to right: Miles Green, flute, Megan Heath, oboe and Brandon Sheehan, clarinet.

The Scouting Way



Troop 529 B and G had eight scouts come together for Scout Night Saturday, March 2 at Pats Peak. A few of them spent time completing the snow sports merit badge. All scouts enjoyed the skiing on the slopes on a Saturday evening. Any youth interested in the Scouting program can contact beascout.org or stop by a Tuesday meeting at 7pm at Holy Cross Church in Weare.



The boys of Boy Scout Troop 2 had an eventful meeting this week focused on rope. Scout Reese used the EDGE method to teach the newer scouts how to whip and fuse rope to keep it from unraveling. Then, all the scouts made their "scout rope".... a rope they keep on their uniform to tie up something quickly, work on knots, or tether themselves to each other when needed, like hiking in bad visibility. Then they used rope to play several games of tug of war.



Congratulations to Spence David Jones, Troop 529's newest Eagle!



Girl Scout Troops 60248, 20889 and 58248 celebrating Girl Scout Sunday at Bennington Congregational Church on March 10th.



ANTRIM: Investors take notice! Sellers bought this property 5 years ago to renovate, but after some improvements have decided not to finish. Was 3 bedroom, 2 bath on two parcels. Town water, sewer, near business district. Lovely view, brook on property. **\$199,900**

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EXTEND YOUR LIVING SPACE OUTDOORS WITH A PERGOLA: PART I



By: Joyce Bosse

Do dreams of lazy days soaking up the sun have you looking for ways to extend your living space outdoors? You're not alone. According to a recent Qualified Remodeler magazine survey on the latest outdoor living trends, creating the ultimate backyard now has as much priority with homeowners as kitchens, bathrooms and other interior remodeling projects.

The appeal of a backyard that can accommodate different activities, from outdoor dining to an afternoon snooze, makes sense as many homeowners look to their yards to provide more usable living space.

If you're like surveyed respondents and ready to maximize your property's potential with an updated backyard, the process may seem daunting. Fortunately, a little inspiration and new pergola make it easy to extend your living space outdoors. Here are three simple ways to incorporate a pergola into your backyard layout and bring the ultimate outdoor space from concept to reality.

An open-air workspace

Between remote work, homework sessions and impromptu art projects, table space in the home may be a commodity. Skip the daily scuffle for space. Consider using a pergola to create a flexible open-air workspace that's separate from the house. Pergolas typically sport uncovered rafters for slight but noticeable shade – much like sitting under a tree. This can help reduce the sun's glare on a computer screen while still allowing natural light and a warm breeze to flow through the workspace. You can increase the amount of shade these open-air structures cast by draping outdoor curtains from the rafters. Don't forget to provide access to an outlet to keep computers and phone fully charged.

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The Monadnock Conservancy has accepted the donation of 216 acres of forest and wetlands in Franconstown. Courtesy photo.

Monadnock Conservancy acquires 216 Franconstown acres

The Monadnock Conservancy, in collaboration with the children of Diane and John Schott, has accepted the donation of 216 acres of forest and wetlands in Franconstown that will be known as the Kermit A. Schott Forest Preserve.

The property includes 1,400 feet of shoreline on Shattuck Pond – the last remaining unprotected corner of the pond – and 45 acres of wetlands, much of which borders the west side of Pleasant Pond Road. The land also connects and enlarges to more than 1,000 acres, a major block of previously conserved

land, and nearly the entire property is classified as top-tier wildlife habitat by the New Hampshire Wildlife Action Plan. Diane Schott was a former president of the Monadnock Conservancy's board of trustees, and she and John were both defenders of the land in the region. While they were living, they worked with the conservancy to find the best solution to conserve their Franconstown property in honor of their son Kermit, who died in 2010. After Diane and John died, their surviving children executed their parents' plan to donate the land to the conservancy.

Supreme Court delays effect of ConVal school funding case

The New Hampshire Supreme Court granted a stay over a school funding lawsuit decision, hitting pause on a sweeping order that would force the state to double its spending on public schools.

Without comment, all five justices concurred with the stay over the lawsuit, Contoocook Valley School District v. State of New Hampshire. The move allows the state time to appeal a November Rockingham County Superior Court decision up to the Supreme Court. The November decision, issued by Judge David Ruoff, found that the state was not meeting its constitutional obligation to provide an "adequate

education" because the minimum, per pupil amount provided to school districts – about \$4,100 per year – is too low. Instead, Ruoff said, the state should spend at least \$7,356.01 to account for realistic public school expenses.

In its motion to the Supreme Court to stay the ruling, the Department of Justice argued the state would "suffer irreparable harm" if Ruoff's order were not paused, since the order would require a \$537.6 million annual spending increase to the state's Education Trust, which currently spends just over \$1 billion per year.

Franconstown Town meeting supports ConVal withdrawal

Despite the failure of ConVal's reconfiguration proposal, Franconstown Town Meeting voters passed an article directing the ConVal School Board to initiate a feasibility study of Franconstown's withdrawal from the district, with only a single dissenting vote.

Voters approved an increase in the annual

budget by \$9,000 for the purchase of an automated vote-counter, and adopted the Franconstown Community Power Electric Aggregation Plan, authorizing the Select Board to implement a plan that would allow the town to negotiate energy-supply prices for residents and potentially increase energy provided from renewable sources.



About a quarter of the town's registered voters attended the Annual Town Meeting in Washington. Voters passed all 34 Warrant Articles. Bob Hoffstetter photo

Hillsboro-Deering schedules kindergarten registration

Hillsboro-Deering Elementary School will conduct kindergarten registration for the 2024-2025 school year online at <https://www.hdsd.org/Page/6116>.

Children who reside in the towns of Hillsboro, Deering or Windsor and who will be five years of age on or before September 30, 2024 are eligible for kindergarten registration. After registering your child, please sign up for a Kindergarten Screening time at: <https://www.hdsd.org/Page/6116>.

On Wednesday, May 29, 2024 there will be a Kindergarten Parent Information Night at 5:30 p.m. An

overview of a typical kindergarten day will be presented to parents, followed by a question and answer period. We understand how unsettling it can be to parents to send their child off to school for the first time. We hope this information session will help parents feel more secure about the wonderful experience that awaits their child at Hillsboro-Deering Elementary School. We are looking forward to meeting you on May 29th. If you have any questions, please call the Hillsboro-Deering Elementary Main Office @ 464-1110.2024-2025 Preschool Lottery and Open House

Hillsboro-Deering Preschool Lottery applications available

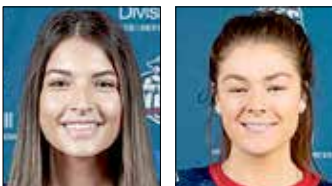
Hillsboro-Deering Elementary School will accept applications for the Preschool lottery for the 2024-2025 school year, Monday, April 1, 2024 through Friday, April 26, 2024. Preschool registration can be filled out online at <https://hdsd.powerschool.com/public/>.

Children who reside in the towns of Hillsboro, Deering or Windsor and who will be three or four years of age on or before September 30, 2024 are eligible for the preschool lottery. Preschool screenings will be scheduled for June 4, 2024 and June 6, 2024.

Preschool placement will be announced by the end of June and any additional openings will be filled using a waitlist process.

On Wednesday, May 1, 2024, there will be a Preschool Parent Information Night at 5:00 p.m. at HDES. A typical preschool day will be discussed, followed by a question and answer period. After completing the online application more information will be sent through the e-mail provided. If you have any questions, please contact Robin Whitney, Principal, at (603) 464-1283 or rwhitney@hdsd.org.

Two New England College graduates murdered in Miami



Two former New England College athletes living in Miami were shot and killed Saturday night in what police say was a double murder-suicide. Meghan Moore, 25, and Sidney Capolino, 23, graduated from the college in 2021 and 2022, respectfully, and were living together in Miami at the time of the shooting. Police say Moore's boyfriend, Luis Napoles, 40, shot them before taking his own life,

the Miami Herald reported.

School spokesman Josh McElveen confirmed the pair were former students of the college. According to the college website, they both played for the school's women's hockey team.

In a statement sent to the NEC community, President Dr. Wayne Lesperance said, "Meghan and Sidney were known to many on campus, and we are deeply saddened by this devastating news." Counseling services will be available to NEC students at the Wellness Center as needed.

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Sports

New Hampshire Basketball Coaches ALL-State Awards

The New Hampshire Basketball Coaches released its award and All-State selections for the 2023-24 season.

Area coaches won three of the four major awards in Division III, with Mike Mahoney winning the D-III Girls' Coach of the Year award in his first season with Hopkinton. Mahoney led the Hawks to a 15-4 record and a spot in the D-III championship game.

Kearsarge's Nate Camp won the D-III Boys' Coach of the Year award after helping the Cougars go from 4-14 and missing the playoffs in 2023 to a 17-4 record and a final four appearance this season. Kearsarge's staff picked up another award with Spencer Coronis winning the D-III Boys' JV Coach of the Year.

Hopkinton junior Shaylee Murdough won the D-III Girls' Player of the Year award, after leading her team to the state finals.

John Stark senior Izabel Korbet won the Jack Ford Memorial Scholar Athlete Awards for the D-II girls. The award recipients are selected based on academic performance, basketball performance and community service/citizenship.

GIRLS DIVISION II

First Team: Eleanor Girardet, sr., John Stark
Second Team: Juliette Tarsa, sr., Bow

Honorable Mention: Abby Duclos, sr., John Stark; Bryana Szepan, jr., Bow; Avery Geaumont, sr., John Stark; Ella Trefethen, so., Bow

All-Defensive Team: Bryana Szepan, jr., Bow

DIVISION III

First Team: Shaylee Murdough, jr., Hopkinton; Tessa Marinello, sr., Kearsarge

Second Team: Ava Shapiro, jr., Kearsarge

Honorable Mention: Lizz Holmes, sr., Hopkinton; Sydney Westover, jr., Hopkinton

All-Defensive Team: Shaylee Murdough, jr., Hopkinton; Ava Shapiro, jr., Kearsarge

DIVISION IV

First Team: Kourtney Kaplan, fr., Franklin

BOYS

DIVISION II

Second Team: Jake Reardon, so., Bow

Honorable Mention: Brendan O'Keeffe, so., Bow

DIVISION III

First Team: Noah Whipple, sr., Kearsarge

Second Team: Abram Standefer, sr., Hopkinton

Honorable Mention: Parker Goin, sr., Kearsarge; Noah Aframe, jr., Hopkinton

All-Defensive Team: Noah Aframe, jr., Hopkinton

DIVISION IV

Second Team: Zeke McCoy, sr., Franklin



The Reprisal Chapter Daughters of the American Revolution in Newport, New Hampshire, has announced that Sunapee Middle High School Senior Caroline McMahon won second place in the recent state-wide scholarship competition.

Frank Zappa knew it 45 years ago! ... "None of us have the promise of tomorrow, God forbid this is my last day on this beautiful earth, it won't be spent listening to some news person telling me how rotten we are, how rotten life is, heck no, I'm going out and seeing how beautiful life is. As humans, our time on this planet is very limited...Turn off, tune out and turn on your life. Peace."



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Obituaries: Friends & Neighbors Remembered

Guy Nicknair

DENVER - Guy Louis Nicknair passed away on March 6, 2024. Guy was born, the middle of three children, on January 30, 1963 in Manchester, New Hampshire to Yolande Lefebvre Nicknair and Jean-Louis Nicknair. He is survived by his husband of 27 years, Andrew Domenico; older brother, Luc Nicknair; younger sister, Julie Nicknair-Keon and her husband, Dennis Keon; godson & nephew, Thomas Keon (fiancé Logan); nieces, Rachel Keon (partner Matt), Ashley Keon (wife Nikki and 3 boys); and many wonderful friends and family. A Celebration of Life on August 3, 2024 details to follow.



Kelli (Gay) Bridget Conneely

AUGUSTA - Kelli (Gay) Bridget Conneely, who considered Henniker, NH to be her home, died on March 15, 2024, at the age of 63, after a long battle with lung disease. Kelli was predeceased by her mother, Mary Beatrice (Dodge) Gay of Henniker, NH who died in 2000, and her father, Edward Gay of West Halifax, VT who died in 2016. She is survived by her husband, Gary Fish of Augusta, ME; her son, John Schroetter of Henniker, NH; her friend and former husband, Karl Schroetter of Henniker, NH; her little sister, Shelli Gay of Hopkinton, NH; her brother, Danny Strickland of Henniker, NH; her nephew, James Otey of Hopkinton, NH; her stepmother, Elizabeth Hull of West Halifax, VT; two step brothers, Eric and Ian Hull of VT, plus family in Ireland, England, and Australia. There will be no calling hours or funeral service. She will be buried in Henniker, NH. Memorial donations may be made to the Beth Borden Scholarship, c/o Selectmen, 18 Depot Hill Road, Henniker, NH 03242; or to Canine Companions for Independence, P.O. Box 446, Santa Rosa, CA 95402-0446.



Robert "Bob" Fogg, Sr.

HANCOCK - Robert (Bob) A. Fogg Sr., 85, of Hancock, NH lost his courageous battle with mesothelioma on February 26, 2024. Bob leaves behind his beloved wife of 63 years, Marie E. (Burke); his son, Robert (Bobby) Fogg Jr. of Hancock; his daughter, Cheryl Fogg, also of Hancock; and numerous cousins, nieces and nephews. In addition to his parents, Bob was predeceased by his sisters, Beverly Heegaard and Elizabeth Szumowski; brother, William Fogg; half-sibling, Charles H. Fogg Jr.; and many four-legged family members that he cherished over the course of his life. Bob was born in Albany, NY on August 1, 1938, the son of Charles Hayward Fogg and Elda Loretta (Sinay) Fogg. Bob will be remembered at calling hours Thursday, May 2, 2024 from 4-7 p.m. at Jellison Funeral Home in Peterborough, NH. A celebration of Bob's life will be held on Friday, May 3, 2024 at 11 a.m. at the First Congregational Church of Hancock. Burial will be immediately



following in the Pine Ridge Cemetery, Hancock, NH. Please join us for a reception at the meeting-house. In remembrance of Bob, please consider a contribution in his name to the First Congregational Church of Hancock, the Hancock Fire Department or the Monadnock Humane Society.

Kenneth Alan Sauer

HOPKINTON - Kenneth Alan Sauer, born January 21, 1947, in Philadelphia to Enno and Marie Sauer, passed away peacefully on March 7, 2024. Ken is survived by his children, Joe Sauer, and his wife, Jonina of Needham, MA and Katie and her fiancée, John Lombardi of Dover, NH; brothers, Jim and Tom; and grandchildren, Jack, Jay and Jolene. Sincerest appreciation to the staff of The Birches, who cared for Ken with such caring and love. A celebration of Ken's life will take place in the spring. Any contributions in Ken's memory should be sent to The Hopkinton Antiquarian Society or the Friendly Kitchen in Concord, NH.



Virginia Elaine Cuddihy

ANTRIM - Virginia Elaine Cuddihy, 89, died Tuesday March 12, 2024 at Catholic Medical Center in Manchester, NH. Elaine was born on April 14, 1934, the youngest daughter of the late Agnes Hazel Fournier and Vivyan Fournier, both of Antrim, NH. She is survived by her two children, her son, Richard Cuddihy of Clarkston, Washington, and his wife, Stephanie along with their stepson, Evan (Currin), Richard's son, Jeremy and his wife, Bridget Wymer of Ft Mill, SC, along with their two children, Maddy and Aidan and her daughter, Melissa (Cuddihy) Schibly and her husband, Peter and their two boys, Nicholas and Andrew of Litchfield, NH. Service and burial will be held at the convenience of the family.



Frederick Bradstreet

HOPKINTON - Frederick Edward Bradstreet III died at home on March 12 surrounded by his loving family. Known to his friends and family as Ted, he grew up in Ashland MA. He is predeceased by his father, Franklin Hosea Bradstreet; his mother, Katheryn Carragher Bradstreet; and his brother, Bernard Francis Bradstreet. Survivors include Ted's brother, Franklin Peter Bradstreet and his sister, Katheryn B Davis; his indefatigable wife, Jane D.W. Bradstreet, and their children, Matthew D Bradstreet, Frederick E. Bradstreet IV, and Cora J.B. Stackpole. Ted and Jane have six grandchildren - Thomas D. Bradstreet, Lucas S. Bradstreet, Brielle A. Bradstreet, Charlotte G. Bradstreet, Soleil S. Stackpole, and Luna Jane Stackpole. In lieu of flowers please donate to: VFW Post 1631, 6 Court Street, Concord, NH 03301.



Please send Obituaries to:
PO Box 1190, Hillsborough, NH or email leighb@tds.net

Events: Community Bulletin Board

FRIDAY MARCH 22

MONADNOCK CONSERVANCY: invites the public to Stories About This Place at the Peterborough Town House. The doors will open at 6:00pm and the program will run from 6:30- 8:30pm. The event is free, in-person, and open to the public.

SATURDAY MARCH 23

PEEPS CONTEST: Enter Fuller Public Library's Peeps Diorama Contest by March 23. Your diorama must feature Peeps, be titled, and add your name to the bottom. Prizes will be awarded, all ages are welcome to enter.

EASTER COOKIE WALK: 9:30am-12:30pm at Town Hall. Come join The Warner Historical Society for a Sweet Treat. Cookie Boxes \$10/each and Cookie Bags \$5/each. We will also have a surprise guest ... The Easter Bunny!

SUNDAY MARCH 24

HILLSBORO AMERICAN LEGION: 1:00-4:00pm. Children's Easter Party by Auxiliary at 1:00pm. Chili Cook-Off competition.

WEDNESDAY MARCH 27

ROTARY DINNER: Help support the Henniker Area Rotary Club while enjoying a delicious meal. The Country Spirit will donate 10% of your bill from 4:00-7:00pm. Dine in or take out. Reservations requested.

THURSDAY MARCH 28

MAUNDY THURSDAY: 7:00pm at Smith Memorial Church, 30 West Main St, Hillsboro. The Hillsboro Methodist Church & Smith Memorial Church remember this solemn night with a Tenebrae Service and Communion.

SENIORS' BREAKFAST: at Hanna's, Henniker Street, in Hillsborough, at 9:00am. We will enjoy our own table, delicious food, and lots of old and new friends. Come for the French toast, stay for the schmoozing. For further information, please email Steve Ullman at stephenullman@gmail.com

FRIDAY MARCH 29

GOOD FRIDAY: 3:00pm procession with a cross from the Hillsboro Methodist Church to Smith Memorial Church, 30 West Main St, Hillsboro for a worship service on the 7 Last Words of Christ at 3:15pm.

SATURDAY MARCH 30

WINTER ARTS FOR KIDS: Whipple Hall, New London. Free. 9:00am. Springtime themed arts & crafts. Create one-of-a-kind, Spring-inspired arts & crafts before, after, and during the NL Town Rec's Easter Egg Hunt. Supplies and snack provided All ages. Family-focused.

HILLSBORO AMERICAN LEGION: Chili Cookoff Competition 1:00pm. \$5 to enter - \$5 to judge. 50% to winner, 50% to Children's Scholarship Fund.

RABIES CLINIC: 12:00pm-2:00pm Bessie Rowell Community Center, Franklin. All dogs must be on a leash, all cats must be in carrier, \$15/dog or cat.

EGGSTRAVAGANZA: 9:00-11:00am, Whipple Hall. Free art activities, bake sale, Easter egg hunt, 10:00-10:30am on Town Green. Sponsored by New London Rec Dept.

SUNDAY MARCH 31

SUNRISE SERVICE: The traditional community Easter sunrise service is at Intrepid Farm on Center Road (near

Fox Forest) at 6:00am.

EASTER WORSHIP: at Smith Memorial Church, 30 West Main St., Hillsboro, begins at 10:30 and is followed by a special Easter egg hunt for the children.

THURSDAY APRIL 4

WHY WARNER: Join the Warner Historical Society for this opportunity to share individual stories of how and why we came to live in Warner. Free and open to the public.

FRIDAY APRIL 5

FIRST FRIDAYS: Newbury Community Room, Newbury Town Offices. Free and open to the public. Poetry Night - 2024 Poetry contest winners. Enjoy an evening of poetry as this year's winners read their selection, and hear from this year's contest judge, Ewa Chrusciel.

SATURDAY APRIL 6

INDOOR FLEA MARKET AND CRAFT SALE: to benefit Pillsbury Public Library, 9:00am-2:00pm at Warner Town Hall. Free admission.

REBECCA RULE: 2:00pm, at the Deering Town Hall. The library will host a program from New Hampshire Humanities; "That Reminds Me of a Story." New Hampshire author and humorist Rebecca Rule will relate a collection of stories of New Hampshire. These stories hold our history and speak to us of community. Audience members may be asked to contribute a few stories of their own! Please join us for this special program, which is free to everyone.

CITY-SPIRIT: event, sponsored by the Dept. of Justice, is a unique opportunity for individual residents and other stakeholders in Franklin to identify what THEY think the city is doing well, what needs improvement, and what can be done about it. The day-long event at the Bessie Rowell Center on Sat., April 6 is FREE, (lunch included), but folks do need to register, call City offices.

LINE DANCE LESSONS: Hillsborough American Legion. Ages 16+ 4:00pm-7:00pm, 21+ 7:00pm-9:00pm, \$10. Proceeds to fun scholarships for community youth.

MONDAY APRIL 8

POETRY READING: with Ewa Chrusciel, Newbury Veterans Hall, 7:00pm. Free and Open to the Public. Enjoy an evening of poetry read by Ewa Chrusciel distinguished poet, author, professor & the judge of this year's contest. Presented by the Newbury Public Library and the John Hay Literary Society.

THURSDAY APRIL 11

WEBINAR: Sound Mastery with Gerry Putnam 5:30pm. Free for Members, \$10 for non-members. Join us for an exclusive webinar with Gerry Putnam, renowned sound producer and owner of CedarHouse Sound & Mastering in New Hampshire. CFA members register at info@cfnh.org.

FRIDAY APRIL 12

HILLSBORO AMERICAN LEGION: at 5:30pm. Meat Raffle by Legionnaires.

SATURDAY APRIL 13

HILLSBORO AMERICAN LEGION: 9:00am-2:00pm, Auxiliary Craft Fair.

MORNING BREATH



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Q: Why is my breath so terrible in the morning?

A: While you are sleeping, several processes are underway that promote the growth of the bacteria that create bad breath. So you are not alone in this situation. Morning breath is a fact of life for most people. As the bacteria breaks down any tiny food particles left in the mouth, they produce sulfur compounds, which are the source of the foul odor when you first wake up. The body also reduces its production of saliva while we sleep. Saliva is something of a natural mouthwash and the decreased production allows for more bacteria growth.

Another process that occurs while you're asleep is a thickening of nasal mucus, which is another source for bacteria. Also when you sleep, your tongue falls to the back of your mouth and becomes covered with bacteria. The bacteria reproduce every four to six hours, so when you wake in the morning you could have a couple of generations of bacteria living in your mouth.

Before you go to bed you should brush your teeth and your tongue, floss thoroughly and rinse your mouth out with water to help remove all debris. For more advice on fighting morning breath, and on keeping your breath fresh throughout the day, talk with your dentist.

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TAKE YOUR MEDICINE



BY SARAH CHAPIN

A small group of patients with type 2 diabetes significantly improved their long-term blood sugar levels when treated with high-dose tadalafil, a medication used to treat erectile dysfunction according to a study published in *EclinicalMedicine*. Tadalafil is one of the active pharmaceutical substances known as PDE5 (phosphodiesterase type 5) inhibitors, a group that also includes the well-known drug Viagra. PDE5 inhibitors are used to treat impotence or erectile dysfunction (ED). Self-medication with PDE5 inhibitors must never take place because, at worst, it can be life-threatening in combination with certain other drugs.

The Bacillus Calmette-Guérin (BCG) vaccine — which prevents tuberculosis — offers multiple beneficial effects, and it's currently a recommended therapy for non-muscle-invasive bladder cancer. In a new study led by investigators at Massachusetts General Hospital (MGH) and Brigham and Women's Hospital (BWH), treatment with the BCG vaccine was associated with a reduced risk of Alzheimer's disease and related dementias. The findings are published in *JAMA Network Open*.

Antibiotics administered before and during surgery should be discontinued immediately after a patient's incision is closed, according to updated recommendations for preventing surgical site infections. Experts found no evidence that continuing antibiotics after a patient's incision has been closed, even if it has drains, prevents surgical site infections. Continuing antibiotics does increase the patient's risk of *C. difficile* infection, which causes severe diarrhea, and antimicrobial resistance. Strategies to Prevent Surgical Site Infections in Acute Care Hospitals: 2022 Update, published in the journal *Infection Control and Healthcare Epidemiology*, provides evidence-based strategies for preventing infections for all types of surgeries.

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- Plow/Sander Equipment for 10-Wheel Dump Truck
- Conventional Chip Seal of Town maintained roads
- Trailer Caddy/Terminal Tractor

Bid details are available on the town website www.weare.nh.gov or by
contacting the Weare Public Works Department at 224 Merrill Road, Weare,
NH or call 603-529-2469.

All bids will be opened Friday, March 29, 2024 at 9:30am and Bid decisions will
be made Monday, April 1, 2024 at the Weare Board of Selectmen meeting.

The Town of Weare reserves the right to accept or reject any and all bids.

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Certified in CPR and first aid.

For Full job description and application please reach out to the Executive
Administrator: contact Deb DeFosse 603-495-3661/ddefosse@
washingtonnh.org

Job closure April 22, 2024

PUBLIC NOTICE HILLSBORO-DEERING SCHOOL DISTRICT 2024 NOMINATIONS FOR THE RICHARD W. WITHINGTON AWARD

The Richard W. Withington Award is granted to a
member of the Hillsboro-Deering School District
personnel; a teacher, administrator, secretary,
custodian, aide, coach, activities director, or other
full or part-time employee of the District.

The recipient should be recognized as an
ambassador of the school into the Hillsborough
community, a person who has strived for and
achieved excellence, contributed significantly to
the general welfare of the students in ways above
and beyond the normal requirements of their job,
offered students and adults a model of strong
professional behavior and carried this model from
the school into the community. Recognition
and respect in the Hillsborough community as a
representative of the Hillsboro-Deering School
District is a key component.

Please submit nominations in writing to:

Dr. Jennifer L. Crawford
Superintendent of Schools
SAU #34
78 School St.
Hillsboro, NH 03244-4870
or
jcrawford@hdsd.org

Deadline for nominations: Friday, April 12, 2024

The Withington Award is determined annually in
an amount of at least \$1,000 by a Grant Committee
consisting of a representative of the public, the
Chairperson of the Hillsboro-Deering School
Board, and the Superintendent of Schools.

The award recipient will be announced during the
Hillsboro-Deering School District Campus-Wide
Family Fun-Fest on May 8, 2024.

Equal Opportunity Employer/Equal Educational Opportunities

PUBLIC NOTICE HILLSBORO-DEERING SCHOOL DISTRICT

The Hillsboro-Deering School Board will hold
a **Public Hearing** on **Monday, April 1, 2024** at
5:45 pm in the Hillsboro-Deering Elementary
School Media Center.

The Hillsboro-Deering School District School Board
will hold a public hearing in accordance with RSA
198:20-b for the purpose of accepting two SAFE
Grants in the amounts of up to \$100,000 each.

WASHINGTON SCHOOL BOARD PUBLIC HEARING

The Washington School Board will hold a Public
Hearing on **Tuesday, April 2, 2024** at 6:00 pm
in the Washington Elementary School Art Room

The Washington School District School Board will
hold a public hearing in accordance with RSA
198:20-b for the purpose of accepting a SAFE
Grant in the amount of up to \$50,000.

TOWN OF HENNIKER, NEW HAMPSHIRE PUBLIC HEARING

Place: Henniker Community Center 57 Main Street
Henniker, NH 03242

Tuesday April 2, 2024 • 6:30 PM

**Public Hearing
Public Safety Detail Fees**

The Town of Henniker Board of Selectmen will hold a public hearing pursuant
to the provisions of RSA 41:9-a on the proposed Special Detail Fee Schedule
for Police and Fire services to take effect May 1, 2024. Fees are for private
details only.

Proposed Public Safety Detail Fee Schedule:

Police Special Detail = \$100.00 per hour (minimum one officer and
one cruiser per detail)

• Each additional officer will be billed at \$85 per hour. Each additional
cruiser will be billed at \$15 per hour.

Fire/EMS Special Detail

- Fire/EMS staff hourly fee per person = \$75.00
- Fire Engine = \$100.00 per hour
- Ambulance = \$75.00 per hour
- Forestry Truck = \$75.00 per hour

Minimum Public Safety Detail = 4-hour increments

Cancellation Notice = 24 hour minimum (to avoid billing)

Any interested person may present testimony at the public hearing
in-person or submit written comments on this matter to [townadministrator@
hennikernh.gov](mailto:townadministrator@hennikernh.gov) or by mail to 18 Depot Hill Rd Henniker, NH 03242.

The hearing will take place during the regularly scheduled Selectboard
meeting on April 2, 2024, beginning at 6:30pm at the Henniker Community
Center 57 Main Street Henniker, NH 03242.

For questions, please contact the Town Administrator at 603-428-3221 x105.

EDMUNDS ACE HARDWARE

www.edmundsstore.com

Maple St., Henniker 428-3265 • Main St., Antrim 588-6565
www.edmundsstore.com • edmundsstore@conknet.com

Big March Savings!

Valid March 1-31, 2024

* Ace Rewards® Exclusive Instant Savings ("Instant Savings") amount is available only to Ace Rewards members (see store for details). Where applicable by law, tax is charged on the sale price before application of Instant Savings. You must present proof of Ace Rewards Membership to receive Instant Savings. Instant Savings listed in this advertisement are valid through 11/30/22, at participating stores.

SALE YOUR CHOICE **RED HOT BUY**

11⁹⁹ Each

Ace® Steel Tine or Poly Tine Leaf Rake

74978, 7502917



SALE 2 FOR **RED HOT BUY**

22⁰⁰

Ace® Wild Bird Food, 20 Lb.

81995
\$11.00 each.



SALE **RED HOT BUY**

16⁹⁹

Ace® Black Oil Sunflower Seed, 20 Lb.

81121



SALE 2 FOR **RED HOT BUY**

13⁹⁹‡

MIX & MATCH

Rust-Oleum® Painter's Touch® 2x Ultra Cover® Spray Paint + Primer, 12 Oz.

Assorted colors and finishes.
‡MUST BUY 2 OR MORE

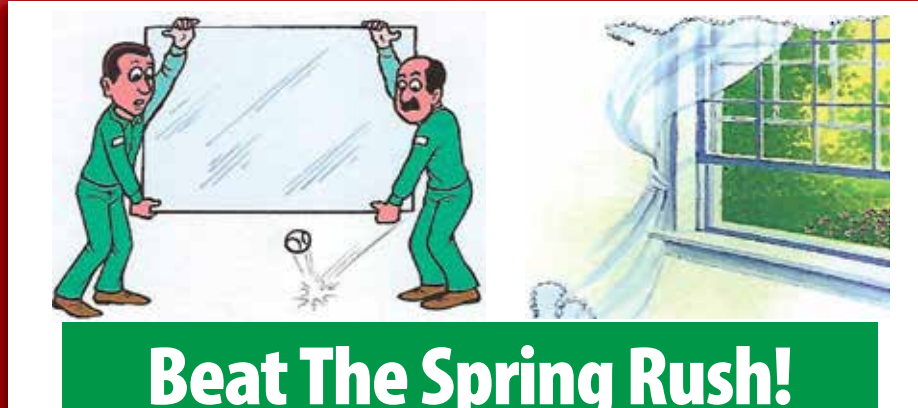


SALE YOUR CHOICE **RED HOT BUY**

21⁹⁹ Each

Ace® Fiberglass Handle Yard & Garden Tools

7011273, 7012818, 7012859, 7011414

SALE **RED HOT BUY**

7⁹⁹

Pennzoil® Platinum® Synthetic Motor Oil, Qt.**

Assorted weights available.
8106411, 8413908, 8498834, 8063885.
Multi-Grade, Synthetic Blend or High Mileage Oil, Qt.,
8165169, 8120453, 84382, 84383, 89703, 84381...SALE \$5.99 each. **Not all eligible products are pictured.



**Beat The Spring Rush!
March Special...**

10% off

All Screen & Window Repairs

SALE **RED HOT BUY**

119⁹⁹

Ace® 6 Cu. Ft. Dual Wheel Steel Wheelbarrow

7331721



\$16.99 - \$3 ACE REWARDS EXCLUSIVE* **RED HOT BUY**

13⁹⁹ YOUR CHOICE Each

Iron-Hold® Heavy Duty Contractor Trash Bags

42 gal., 20 ct. or 55 gal., 15 ct. 6093082, 6038574
Limit 3 each at this price.



SALE 3 FOR **RED HOT BUY**

12⁰⁰

Mrs. Meyer's® Clean Day Dish Soap, Hand Soap or Multi-Surface Cleaner

\$4.00 each.



BUY THIS GET ONE OF THESE FREE **RED HOT BUY**

Milwaukee® M18™ Power Tools (bare tools)

A. Reciprocating Saw, 2802023
B. Oscillating Multi-Tool, 2808962
C. Circular Saw, 2808970
D. Cut-Off/Angle Grinder, 2030592
E. Random Orbit Sander, 2808988. NO LIMIT.

UP TO \$149.00 VALUE

Milwaukee® M18™ FUEL™ REDLITHIUM™ Extended Capacity Battery & Charger

2809424



SALE **RED HOT BUY**

14⁹⁹ Each

Flex Seal®, Flex Paste®, Flex Tape® or Flex Glue® Rubberized Sealants

6238554, 6015026, 6018526, 6215107, 6018525, 6715163, 6015027, 6295950, 6406383, 6406391, 6664999, 6665004, 6004383, 6715171, 6004382. Flex Shot® Rubberized Caulk & Sealant, 6266985, 6266993...SALE \$16.99 each.

